



university of
 groningen

Master Clinical Forensic Psychology & Victimology

Julie Karsten
j.karsten@rug.nl



CFP&V master track starts every
September!

Questions about Admission and Selection?

Check out the presentation on Admission Psychology today, in
M.0061 Snijderzaal at 15.45 (right after this presentation)



university of
 groningen

Master Clinical Forensic Psychology & Victimology

What kind of

⇒ Questions

⇒ Courses

⇒ Jobs



university of
 groningen

Master Clinical Forensic Psychology & Victimology

What kind of
=> questions



Master Clinical Forensic Psychology & Victimology

- Understanding the causes and consequences of criminal behavior
- Contributing to the development of effective interventions for victims and offenders

Offenders ...



- What happened, why?
- How can repeat offending be prevented, what do offenders need?

... and victims!



- What happened, why?
- How does that affect the victim(s), what do they need?



Example

Restorative Justice programme,
where offenders and victims meet

<https://www.youtube.com/watch?v=kVKavi3ovWI>



- › Case closed?
- › Examine causes, correlates, and consequences
- › In order to understand, support, and intervene
 - We are not powerless!



Master Clinical Forensic Psychology & Victimology

What kind of
=> courses



- ⇒ Crime & Psychological vulnerability
- ⇒ Crime & Psychological Assessment & Interventions
- ⇒ Clinical Forensic Skills
- ⇒ Capita Selecta Courses
- ⇒ Thesis
- ⇒ Internship



Crime & psychological vulnerability – foundation course

What is a crime, an offender, a victim

Which (clinical) psychological factors might explain crime,
 its causes and consequences

e.g., aggression, impulsivity, antisocial cognitions,
 substance abuse, psychopathy, vulnerability for psychosis,
 sexual interest, trauma, grief, coping, resilience



- › you will read about the violent encounter between Lotte Kroes and Jaap Smit. It landed Jaap in hospital, and, upon recovery of his health, in prison to await his trial. Jaap has an extensive criminal record (55 convictions: property, drugs related, vandalism, aggression and violence, first conviction at 13 years of age). The '*Rechter Commissaris*' (Investigating Magistrate) is concerned about Jaap's criminal career and requests a mental health assessment to help the judge decide on her sentence: will it be prison or treatment?



Crime & psychological assessment and interventions – foundation course

The theory of clinical forensic practice with victims and offenders:

- What is risk assessment, risk management, how is it done, and why?
- What are effective interventions for offenders, for victims? Why?
- How can we detect deception and malingering?



- › Willem Sterk receives a registration form regarding a new client:
- › sentenced by the court to a partly suspended prison term
- › sexually abused his 12-year-old daughter for a period of six months
- › unemployed and presently living with his wife and his 8-year-old son
- › requested: treatment for mood disorder and excessive use of alcohol



- › Willem also has a 12-year-old daughter. As he is reading the registration form, he is wondering how someone can abuse his own child. He is also wondering whether he is allowed to refuse to treat such a client.



- › Willem decides to treat the man, but during their first session he realizes quite quickly that the client does not want to talk about the sexual abuse, because he is too ashamed of it. What to do next? Willem has some knowledge about sex offender typologies, and he is an expert in motivational interviewing, but how can he deal with this situation?



Clinical forensic skills – skills lab

Go and do it:

- ›- read a patient file and make a state of the art risk assessment
- ›- deal with that aggressive client in your first intake
- ›- motivate client to participate
- ›- challenge client's dysfunctional cognitions
- ›- assess whether client might be suicidal



Capita Selecta's in CFP&V and KP

Read a set of specialized literature and take an (oral or written) exam. Topics e.g.:

- ›- PTSD
- ›- What works for offender rehabilitation
- ›- Child abuse and neglect
- ›- Psychopathy, the construct
- ›- Offender and victim amnesia
- ›- Disgust and sexual excitation
- ›- Risk assessment and threat analysis



Master thesis, e.g.:

- Factors contributing to school shootings
- Living with the disappearance of a loved one
- Public opinions about pedophilia
- Victims becoming offenders
- Police interviewing techniques
- Filicide: when parents kill



Internships

- › Objective: get to know a professional work setting and get some practical experience as a professional
- › Scope 10 or 20 EC, activities match with the content of the forensic master track
- › Own responsibility to find an internship, RuG facilitates
- › In May, prospective master students receive more specific information, e.g. requirements for internships
- › Please start your orientation early: what would you like to learn, where, who could you ask? NOTE: language and country



Internships

- Penitentiary institutions
- (Forensic) mental health centres
- Forensic units in general mental health care
- Outpatient forensic psychiatric care facilities
- Care for people with addictions
- Trauma centers
- Victim support facilities



Programme CFP&V

Block 1a	Block 1b	Block 2a	block2b
Crime & psychological vulnerability 5EC	Crime & assessment and intervention 5 EC		
Methods course 5 EC	Clinical Forensic Skills 5 EC	Elective 5 EC	Elective 5 EC
Master thesis 5 EC	Master thesis 5 EC	Internship 10 EC	Internship 10 EC



Master Clinical Forensic Psychology & Victimology

What kind of
⇒ Jobs



This master track is geared towards

* **Health care worker**

e.g. mental health care, forensic psychiatry, PICU's, penitentiary institutions, victim support services, offender-victim mediation, educational settings, social work, crime prevention

- Junior position
- Postmaster programme “gezondheidszorg psycholoog” (GZ) – 2 years
 - Checklist admission criteria <http://www.ppo-opleidingen.nl/opleidingen/opleiding-gz-psycholoog/vooropleiding>

* **Researcher**



Wishing you a great
 orientation day!

Questions?