

Kilian J. Steigner

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OBJECTIVE

I am interested in the processes unfolding to social inequality. During my studies and work I developed strong interest and experience in family sociology, social-inequality, loneliness, life-course trajectories and quantitative data analysis. Currently working on diversifying family forms and life courses after parental separation as a PhD Candidate.

EXPERIENCE

- **University of Groningen, Population Research Centre**  January 2026 - Current
Groningen, The Netherlands
PhD Candidate
 - Literature research
 - Quantitative data analysis
- **Bundeszentrale für politische Bildung**  April 2024 - October 2025
Bonn/Berlin, Germany
Freelance Employee
 - Literature research
 - Organisation and administration of conferences
- **University of Groningen, Population Research Centre**  February 2025 - August 2025
Groningen, The Netherlands
Student assistant
 - Contribution to academic articles
 - Quantitative data analysis
 - Literature research
 - Organisation and administration of team meetings
- **University of Cologne, Cologne Center for Comparative Politics**  April 2021 - September 2023
Cologne, Germany
Student assistant
 - Teaching as tutor for the lecture "The system of the European Union"
 - Administrative tasks for the lecture "The system of the European Union"
 - Literature research

EDUCATION

- **University of Groningen** September 2024 - August 2025
Groningen, The Netherlands
MSc Population Studies
 - Average grade: 8.7/10.0 Cum laude
 - Thesis title: Lonely parents? The role of becoming a parent, gender and childcare support for loneliness (9.1/10.0)
 - Double masters degree "Demography and Social Inequality"
- **University of Cologne** October 2023 - September 2025
Cologne, Germany
MSc Sociology and Social Research
 - Average grade: 1.3/1.0
 - Thesis title: Lonely parents? The role of becoming a parent, gender and childcare support for loneliness (1.0/1.0)
 - Double masters degree "Demography and Social Inequality"
- **University of Cologne** October 2019 - May 2023
Cologne, Germany
BSc Social Science
 - Average grade 1.4/1.0
 - Thesis title: Clips for politics: European populist party communication on TikTok (1.3/1.0)
 - Erasmus stay Università degli Studi di Roma Tor Vergata (Global Governance)

SCHOLARSHIPS

- **University of Oxford - University of Cologne** October 2025
Research visit at Nuffield College
- **Friedrich-Ebert-Foundation** October 2023 - September 2025
Double masters programme "Demography and Social Inequality"

PUBLICATIONS

- Mulder, C. H., B. J. Gillespie, T. Haartsen, E. T. Jansma, K. J. Steigner, and J. A. K. Thomassen (2026). **Self-reported motives for immobility or constraints to moving: A review and assessment of eight survey measures.** *Population, Space and Place* 32: e70240. <https://doi.org/10.1002/psp.70240>.
- Mulder, C. H., Y. C. Her, Z. Zilincikova, K. J. Steigner (2026). **The roles of siblings and peers in young adults' life course events: A review and a research agenda.** Preprint. <https://doi.org/10.31235/osf.io/zbgs7>
- Steigner, K., Ellwardt, L. (2025). **Lonely parents? The role of becoming a parent, gender and childcare support for loneliness.** Submitted for publication to *Journal of Family Research*.

TALKS & PRESENTATIONS

- Steigner, K. *Bringing families into focus: Future directions in loneliness research across the life-course.* Presented at a research visit to Nuffield College, University of Oxford, Oxford, UK, October 2025.
- Steigner, K. *Parteienkommunikation auf TikTok in Köln - Erkenntnisse aus einer Netzwerkstudie und Anwendung im lokalpolitischen Kontext.* Presented at the district council of the city centre of Cologne, Cologne, Germany, May 2024.

LANGUAGE SKILLS

- **German:** Mother tongue
- **English:** C1
- **Italian:** B1
- **Dutch:** A2

SKILLS

- **Statistical software:** STATA, R, Rmarkdown
- **Microsoft office:** Word, Excel, PowerPoint
- **LaTeX:** TeXstudio, BibLaTeX
- **Reference management:** Citavi, EndNote