

Gabriel Muinos

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06-12-1984, Tenerife, Spain

Education

2011 - 2015 University of La Laguna Tenerife, Spain
PhD in Environmental Psychology (summa cum laude)

2010 - 2011 University of La Laguna Tenerife, Spain
Master's degree in Social and Community Intervention

2002 - 2007 University of La Laguna Tenerife, Spain
Bachelor's and Master's degree in Psychology

Academic experience

2018 - Present University of Groningen Groningen, Netherlands
Assistant professor in Environmental Psychology

2016 - 2017 ISCTE University Lisbon, Portugal
Postdoc position in the EU project:
Inter-sectorial Health and Environment Research for Innovation (INHERIT)

2016 - 2016 University of La Laguna Tenerife, Spain
Lecturer in Social Psychology

2015 - 2015 ISCTE University Lisbon, Portugal
Postdoc position in the project:
Monitorização Psicossocial da LiporII - Risk perception of waste management

2015 - 2016 University of La Laguna Tenerife, Spain
Postdoc position in the project:
Personas más Sostenibles - Impact assessment for an environmental project

2015 - 2016 Education Assessment System Andalucía, Spain
Evaluator for the certification and renovation of bachelor and master programs

2014 - 2014 University of La Laguna Tenerife, Spain
Assistant lecturer in Environmental Psychology

Participation in projects

2021-2023 Role: Partner PI: Nida Bajwa
EU Erasmus+ Program
Behavior and Climate Change - eLearning

2018 - 2019 Role: Principal investigator PI: Gabriel Muinos and Berfu Ünal
Netherlands Studievoorschotmiddelen
Innovative teaching methods: development and impact evaluation

2018 - 2019 Role: Principal investigator PI: Gabriel Muinos
Netherlands Faculty of Behavioural and Social Sciences
Greening Your Backyard! Understanding Climate Change Adaptation Actions

2018 - 2020
Spain
Role: Research team
Fundación CajaCanarias
Pl: Bernardo Hernández
Behavioral protocol for recovering public parks

2017 - 2020
Spain
Role: Research team
Ministry of Economy and Competitiveness
Pl: Ernesto Suárez
Psychosocial predictors and effects of frugality as a dimension of sustainable behavior

2013 - 2016
Spain
Role: External partner
Ministry for Science and Innovation
Pl: Bernardo Hernández
A theoretical and methodological proposal for studying place attachment

Publications

Suárez, E., Rolo-González, G., Muinos, G., China-Montesdeoca, C., Duarte-Lores, I., & Gil-Giménez, D. (2022). Psychological impact of a country-wide lockdown. Role of personal, behavioral, social, and physical conditions on negative and positive affect and meaning in life. *Interamerican Journal of Psychology*, 56(1), 1-29.
<https://doi.org/10.30849/ripijp.v56i1.1533>

Suárez Rodríguez, E. J., Hernández Ruiz, B., Muiños Trujillo, G., & Alonso Valdivia, L. (2022). Autoeficacia en el ahorro, frugalidad y satisfacción vital. ¿Influyen los ingresos en su relación?. *Psicumex*, 12. <https://doi.org/10.36793/psicumex.v12i1.419>

Suárez, E., Rolo-González, G., Muinos, G., China-Montesdeoca, C., Duarte-Lores, I., & Gil-Giménez, D. (2022). Psychological impact of a country-wide lockdown. Role of personal, behavioral, social, and physical conditions on negative and positive affect and meaning in life. *Interamerican Journal of Psychology*, 56(1), 1-29.
<https://doi.org/10.30849/ripijp.v56i1.1533>

Suárez, E., Hernández, B., Muinos, G., & Alonso Valdivia, L. (2022). Autoeficacia en el ahorro, frugalidad y satisfacción vital. ¿Influyen los ingresos en su relación? *Psicumex*, 12(1), 1-27, e419. <https://doi.org/10.36793/psicumex.v12i1.419>

Ríos-Rodríguez, M. L., Rosales, C., Lorenzo, M., Muinos, G., & Hernández, B. (2021). Influence of perceived environmental quality on the restorativeness of public spaces. *Frontiers in Psychology*, 12, 1081. <https://doi.org/10.3389/fpsyg.2021.644763>

Hidalgo, M. C., Moreno-Jiménez, P., Muiños, G., & Hernández, B. (2020). Neighborhood care and neighborhood bonds: an unequal relationship. *Environment and Behavior*, 53(6), 571-600. <https://doi.org/10.1177/0013916520937453>

- Gil-Giménez, D.; Rolo-González, G.; Suárez, E.; & Muinos, G. (2021). The Influence of Environmental Self-Identity on the Relationship between Consumer Identities and Frugal Behavior. *Sustainability*, 13, 9664. <https://doi.org/10.3390/su13179664>
- Vitória, P., Pereira, S. E., Muinos, G., de Vries, H., & Lima, M. L. (2020). Parents modelling, peer influence and peer selection impact on adolescent smoking behavior: A longitudinal study in two age cohorts. *Addictive Behaviors*, 100, 106131. <https://doi.org/10.1016/j.addbeh.2019.106131>
- Kruize, H., van der Vliet, N., Staatsen, B., Bell, R., Chiabai, A., Muiños, G., Higgins, S., Quiroga, S., Martínez-Juarez, P., Aberg Yngwe, M., Tsichlas, F., Karnaki, P., Lima, M. L., García de Jalón, S., Khan, M., Morris, G., & Stegeman, I. (2019). Urban Green Space: Creating a Triple Win for Environmental Sustainability, Health, and Health Equity through Behavior Change. *International Journal of Environmental Research and Public Health*, 16(22), 4403. <https://doi.org/10.3390/ijerph16224403>
- Lima, M. L., Marques, S., Muiños, G., & Camilo, C. (2017). All you need is Facebook friends? Associations between online and face-to-face friendships and health. *Frontiers in Psychology*, 8, 68. <https://doi.org/10.3389/fpsyg.2017.00068>
- Van der Werff, E., Perlaviciute, G., & Muiños, G. (2016). Current developments in environmental psychology: Topics and researchers. *Psychology*, 7(3), 229-235. <https://doi.org/10.1080/21711976.2016.1251105>
- Muiños, G., Suárez, E., Hess, S., & Hernández, B. (2015). Frugality and psychological wellbeing. The role of voluntary restriction and the resourceful use of resources. *Psychology*, 6(2), 169–190. <https://doi.org/10.1080/21711976.2015.1026083>

Contributions in conferences

Symposia and forums

- Muinos, G. (2023, June). *Modeling how perceived inconsistencies motivate psychological and behavioral change*. In F. Reintgen Kamphuisen and G. Muinos (Chairs), Social and temporal dynamics within environmental psychology. Symposium performed at the ICEP 2023 International Conference on Environmental Psychology Aarhus, Denmark.

- Reintgen Kamphuisen, F. & Muinos, G. (2023, June). *Social and temporal dynamics within environmental psychology*. Co-chair of symposium at the ICEP 2023 International Conference on Environmental Psychology Aarhus, Denmark.
- Muinos., G. (2022, June). *Protecting ourselves against climate change*. In A. van Valkengoed (Chair), Symposium climate change adaptation. Symposium performed at the University of Groningen, the Netherlands.
- Muinos, G. (2022, March). Behavior and environment: An approach from the emotional side. In J.A. Corraliza (Chair) Emotions and climate emergency. Psychological contributions to face ecological transitions. Symposium performed at the Universidad Autónoma de Madrid (Spain).
- Muinos, G., van der Werff, E. & Steg, L. (2020, October). *Causa y consecuencia: identidad ambiental y comportamiento*. In C. Gómez-Román (Chair), La psicología ambiental: una disciplina para promover la sostenibilidad. Symposium performed at the XV Congreso Nacional de Psicología Social, Burgos, Spain.
- Muinos, G. (2019, July). *Adaptación al cambio climático y crisis ambientales*. Chair of the symposium at the XV Congreso Internacional de Psicología Ambiental, La Laguna, Spain.
- Muinos, G., & Steg, L. (2019, July). *Un patio verde y protector: factores que predicen comportamientos de adaptación ante el cambio climático*. In G. Muinos (Chair), *Adaptación al cambio climático y crisis ambientales*. Symposium performed at the XV Congreso Internacional de Psicología Ambiental, La Laguna, Spain.
- Muinos, G. (2018, June). *Group, Individual, and Environment. Environmental Group Psychology?* Discussion forum chaired at the 2018 International Congress of Applied Psychology, Montreal, Canada.
- Muinos, G., Suárez, E., & Hernández, B. (2015, June). *Comportamiento frugal positivo como restricción voluntaria del consumo y el uso ingenioso de los recursos*. In E. Suárez (Chair), *Autocontención, Frugalidad y Estilo de vida sostenible*. Symposium performed at the XIII Congreso de Psicología Ambiental – PsicAmb, Granada, Spain.
- Suárez, E. & Muinos, G. (2015, June). *Aproximación psicoambiental al decrecimiento y la autocontención*. In E. Suárez (Chair), *Autocontención, Frugalidad y Estilo de vida sostenible*. Symposium performed at the XIII Congreso de Psicología Ambiental – PsicAmb, Granada, Spain.
- Hernández, B., Muinos, G., Suárez, E., & Corral-Verdugo, V. (2013, July). *Collectivistic dimension of the environment as a promoter of well-being and sustainability*. In V.

Corral-Verdugo (Chair), *Positive Environments: Social and built settings*. Symposium performed at the XXXIV Congreso Iberoamericano de Psicología, Brasília, Brazil.

Papers

Gil-Giménez, D., Rolo, G., Suárez, E., & Muinos, G. (2022, April). *Influencia de la identidad del consumidor sobre el comportamiento frugal*. Congreso de Psicología Ambiental 2022, Algarve, Portugal.

Muinos, G., & Steg, L. (2019, September). *Green and protective backyards: predicting adaptive behaviors*. Paper presented at the International Conference on Environmental Psychology (ICEP) 2019, Plymouth, England.

Contzen, N. et al. (2019, September). *Does it feel morally right or wrong? A cross-cultural study on relationships between moral concerns, emotions and acceptability of Solar Radiation Management*. Paper presented at the International Conference on Environmental Psychology (ICEP) 2019, Plymouth, England.

Suárez, E., Hernández, B., Muiños, G., & Ríos, M.L. (2019, July). *Predicción de las prácticas de frugalidad a partir del modelo valores-creencias-normas (VBN)*. Paper presented at the XV Congreso Internacional de Psicología Ambiental, La Laguna, Spain.

Rosales, C., Muiños, G., Ríos, M.L., Cabrera, A., Febles, M.N., Hernández, B., & Lorenzo, M. (2019, July). *Evaluación condiciones físicas de plazas, parques y jardines*. Paper presented at the XV Congreso Internacional de Psicología Ambiental, La Laguna, Spain.

Muiños, G., Hernández, B., & Suárez, E. (2018, June). *Human-Environment Interdependence Predicting Sustainable Behavior*. Paper presented at the 2018 International Congress of Applied Psychology, Montreal, Canada.

Muiños, G., Hernández, B., Hidalgo, M.C., & Moreno, P. (2017, August). *Are neighborhoods social or environmental places? Social and environmental predictors of neighborhood maintenance*. Paper presented at the International Conference on Environmental Psychology, A Coruña, Spain.

Muiños, G., & Suárez, E. (2017, August). *Beyond pro-environmental behavior: The VBN model explaining sustainable behaviors*. Paper presented at the International Conference on Environmental Psychology, A Coruña, Spain.

Muiños, G., Hernández, B., Suárez, E., & Corral-Verdugo, V. (2015, August). *Pro-environmental and pro-social behaviours predicted by interdependence worldviews*. Paper

presented at the 11th Biennial Conference on Environmental Psychology, Groningen, the Netherlands.

Hernández, B., Corral-Verdugo, V., & Muiños, G. (2015, June). *Nuevo paradigma de la interdependencia humana y justicia distributiva*. Paper presented at the XIII Congreso de Psicología Ambiental – PsicAmb, Granada, Spain.

Muiños, G., Hernández, B., Suárez, E., & Corral-Verdugo, V. (2015, June). *Worldviews de interdependencia en la explicación de conductas prosociales y proambientales*. Paper presented at the XIII Congreso de Psicología Ambiental – PsicAmb, Granada, Spain.

Muiños, G., Suárez, E., Hernández, B., & Corral-Verdugo, V. (2014, July). *Wellbeing predicted by interdependence worldviews and sustainable behavior*. Paper presented at the 28th International Congress of Applied Psychology (ICAP), Paris, France.

Muiños, G., & Hess, S. (2013, September). *Complex patterns explaining the relationship between austere behavior and wellbeing using moderated mediation*. Paper presented at the XIII Congreso de Metodología de las Ciencias Sociales y de la Salud, San Cristóbal de La Laguna, Spain.

Muiños, G., Suárez, E., Corral-Verdugo, V., & Hernández, B. (2013, June). *The role of the socio-environmental interdependence in the explanation of frugal behaviors*. Paper presented at the IAPS International Network Symposium, A Coruña, Spain.

Muiños, G. (2013, May) *Environmental and social interdependence beliefs as predictors of sustainable behavior*. Paper presented at the IX Ph.D. Meeting - ISCTE-IUL, Lisbon, Portugal.

Posters

Rolo, G., Hernández, M., Muiños, G., & Suárez, E. (2016, June). *La significación vital como factor protector ante la situación de desempleo*. Poster presented at the Congreso Internacional de Psicología del Trabajo y Recursos Humanos, Madrid, Spain.

Muiños, G., Suárez, E., Hernández, B., & Hess, S. (2015, August). *Frugal behaviour as voluntary consumption restriction and resourceful use of resources*. Poster presented at the 11th Biennial Conference on Environmental Psychology, Groningen, the Netherlands.

Rolo, G., Suárez, E., & Muiños, G. (2015, June). *La influencia de la identidad social en el fenómeno NIMBY en relación con una intervención petrolífera*. Poster presented at the XIII Congreso de Psicología Ambiental – PsicAmb, Granada, Spain.

Muinos, G., Negrín, F., Suárez, E., & Hernández, B. (2013, June). *Urban-rural differences and human-nature interdependence beliefs*. Poster session presented at the IAPS International Network Symposium, A Coruña, Spain.

Suárez, E., Corral-Verdugo, V., Hernández, B., & Muinos, G. (2013, June). *Validation and predictive capacity of the New Human Interdependence Paradigm Scale*. Poster session presented at the IAPS International Network Symposium, A Coruña, Spain.

Muinos, G., Hernández, B., Martín, B., Abdola, M., Darías, S., & Rodríguez, S. (2011, November). *Hogares Verdes. Evaluación del Programa*. Poster session presented at the Tercer Encuentro Latinoamericano de Psicología Ambiental, México D.F., México.

Professional experience

2013 – 2013	Ataretaco	Tenerife, Spain	Intervention design in an environmental education project
2011 – 2012	Erena Planes Integrales	Tenerife, Spain	Teacher for employment and social skills with long-term unemployed people
2009 – 2010	Asociación Coliseo	Tenerife, Spain	Social worker for young offenders
2008 – 2008	Asociación Mundo Justo	Madrid, Spain	Psychologist with people in drug-dependence situations
2008 – 2008	Asociación Arjé	Madrid, Spain	Social worker with young people in a social exclusion situation
2008 – 2008	Grupo 5	Madrid, Spain	Social worker for people in a homeless situation

Workshops, summer schools, and guest lectures

I have been a repeating guest lecturer for Consumer and Economic Psychology, Environmental Psychology, and Working with Psychology courses. Additionally, I have been an invited lecturer for the Communication and Climate Change module at the Aeres Applied Sciences University (Almere, the Netherlands).

Muinos, G. (2022, May). *Psychology and Sustainability: Contributions to the Planet and Future Career Path* invited by Dr. Cristina Gomez at the University of Santiago de Compostela (Spain).

Muinos, G. (2020, December). *Adaptándonos al cambio climático*. Talk for the VII Jornada de Excelencia e Innovación en Psicología invited by Prof. José Antonio Corraliza.

Muinos, G. (2020, December). *28 grados*. Interview for the 'Random PoZcast' podcast.

- Muinos, G. & Sargisson, R. (2020, July). *Publication Manual of the APA: Not a formatting law but a style guideline*. Guest webinar invited by Prof. Ernesto Suarez, University of La Laguna, Spain.
- Muinos, G. (2020, May). *Social intervention career paths*. Guest lecture with the invitation of lecturer Kenji Frohn, University of Fernando Pessoa, Spain.
- Muinos, G. (2020, February). *Career development in environmental psychology*. Talk for the Career Night organized by the VIP Psychology Student Association of Groningen, the Netherlands.
- Muinos, G. (2019, December). *Structural equation modeling for social and environmental psychology*. Three-day workshop invited by Dr. Ernesto Suárez, University of La Laguna, Spain.
- Muinos, G. (2019, July). *Human behavior and use of spaces*. Talk for the Breve ideario de lo natural cycle of talks invited by Esther Elena Pimienta, Acción Cultural Sociedad–Lugar–Arte, Tenerife, Spain.
- Muinos, G. & Schulte, M. (2018, May). *Psychology of social interventions*. Workshop for the International Week invited by lecturer Maxie Schulte, University of Applied Sciences Bielefeld, Bielefeld, Germany.
- Muinos, G. (2018, April). *Interdependence worldviews and sustainable behavior*. Guest at the Environmental Psychology Colloquium invited by Prof. Immo Fritsche, University of Leipzig, Germany.
- Muinos, G., & Henn, L. (2017, May). *Making people behave - Psychology for sustainability*. Workshop in the Eco Design Forum CGN organized by ökoRausch, Cologne, Germany.
- Muinos, G. (2017, January). *Knowledge, science, and psychology*. Guest lecture with the invitation of lecturer Kenji Frohn, University of Fernando Pessoa, Las Palmas, Spain.
- van der Werff, E., Ruepert, A., & Muinos, G. (2015, July). *Social Aspects of Sustainability Summer School*. Host, co-coordinator, and teacher of the summer school organized by the University of Groningen and held at the University of La Laguna.

Other values

Reviewer for the journals: Journal of Environmental Psychology, Environment & Behavior, Energy Research & Social Science, Frontiers in Psychology, PsyEcology, Research

Studies, Social Sciences, Sustainability, Transportation Research Part A, International Journal of Social Psychology.

Member of the Ph.D. Examination committee for the candidates: Sergio Vila Tojo (University of Santiago de Compostela, Spain), Isabel Duarte Lores (University of La Laguna, Spain), Nieke Lemmen (University of Groningen, the Netherlands).

'Inspire Talk' at the 11th Biennial Conference on Environmental Psychology, Groningen, the Netherlands. Muiños, G., Hernández, B., Suárez, E., & Corral-Verdugo, V. (2015, August). *Pro-environmental and pro-social behaviours predicted by interdependence worldviews*.

Guest co-editor of the special issue Young Researchers in Environmental Psychology for the journal PsyEcology.

Member of the scientific committee of the 2017 International Conference on Environmental Psychology (ICEP) held in A Coruña (Spain) and of the XV Congreso Internacional de Psicología Ambiental 2019-PSICAMB held in Tenerife (Spain).

I have been a supervisor for multiple research assistants at the University of Groningen (the Netherlands) and hosting research assistants from other universities such as Saarland University (Germany) or Universidad Fernando Pessoa-Canarias (Spain).