

November 2018

Sergi Trias-Llimós

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Current Academic Affiliations

Since 11.2018. Research Fellow in Epidemiology at the Department of Non-Communicable Disease within the Faculty of Epidemiology & Population Health at the London School of Hygiene & Tropical Medicine (United Kingdom).

Project “International Project on Cardiovascular Disease in Russia”. PI: Prof. dr. David Leon, funded by Wellcome Trust (award no. 100217), University of Tromsø – Arctic University of Norway and the Ministry of Health and Care Services from Norway. [Link](#)

Since 09.2018. Post-doctoral Researcher at the Population Research Centre, Faculty of Spatial Sciences, University of Groningen (the Netherlands).

VIDI Project: “Smoking, alcohol and obesity – ingredients for improved and robust mortality projections”. PI: Prof. dr. Fanny Janssen, funded by the Netherlands Organisation for Scientific Research (grant no. 452-13-001). [Link](#)

Education

2019 (expected). PhD in Demography, University of Groningen (The Netherlands)

Promotors: Prof. Dr. Fanny Janssen, Prof. Dr. Leo van Wissen

Thesis: “Alcohol-attributable mortality in Europe: Past and future trends and their effects on overall mortality variations” *approved by the assessment committee*

2014. European Doctoral School of Demography. Max Planck Institute for Demographic Research, Rostock (Germany) and Warsaw School of Economics, Warsaw (Poland). Scholarship: Centre d’Estudis Demogràfics.

2012. MSc in Demography and Population Studies. Universitat Autònoma de Barcelona.

2011. BS in Economics. Universitat Autònoma de Barcelona.

Diploma *Programa Universitat-Empresa* (PUE-UAB).

Professional experience

09.2014 - 08.2018 PhD Researcher at the Population Research Centre, Faculty of Spatial Sciences, University of Groningen (the Netherlands). Project: *Smoking, alcohol and obesity – ingredients for improved and robust mortality projections* (NWO, grant no. 452-13-001). Principal investigator: Prof. dr. Fanny Janssen.

11.2011 - 08.2013 Research assistant at Centre d’Estudis Demogràfics. Project: *Five Centuries of Marriages* (ERC-2010-AdG-269796). Principal investigator: Prof. dr. Anna Cabré.

01.2010 – 12.2010 Internship at Employment and Economic Activities Service of the Barcelona City Council. Supervisor: Àngels Santigosa.

PublicationsPeer-reviewed papers

Trias-Llimós, S., Janssen, F. (2018). Alcohol and gender gaps in life expectancy in eight Central and Eastern European countries. *European Journal of Public Health*, 28(4), 687-692 [Link](#)

Vidra, N., Bijlsma, M.J., **Trias-Llimós, S.**, Janssen, F. (2018). Past trends in obesity-attributable mortality in eight European countries: an application of age-period-cohort analysis. *International Journal of Public Health*, 63(6), 683-692. [Link](#)

Trias-Llimós, S., Kunst, A.E., Jasilionis, D., Janssen, F. (2018). The contribution of alcohol to the East-West life expectancy gap in Europe from 1990 onward. *International Journal of Epidemiology*, 47(3), 731-739. [Link](#)

Trias-Llimós, S., Martikainen, P., Mäkelä, P., Janssen, F. (2018). Comparison of different approaches for estimating age-specific alcohol-attributable mortality: The cases of France and Finland. *Plos One* 13(3): e0194478. [Link](#)

Trias-Llimós, S., Bijlsma, M. J., Janssen, F. (2017). The role of birth cohorts in long-term trends in liver cirrhosis mortality across eight European countries. *Addiction*, 112(2), 250-258. [Link](#) [Commentary](#)

Trias-Llimós, S., Muszyńska, M.; Cámara, A.D.; Janssen, F. (2017). “Smoking cessation among European older adults: The differential influences of marital and employment transitions by gender”. *European Journal of Ageing*, 14(2), 189-198. [Link](#)

Zueras, P.; Cámara, A.D.; Blanes, A.; **Trias-Llimós, S.** (2015). “Desigualdad social y niveles de discapacidad entre los mayores españoles”. *Encrucijadas-Revista Crítica de Ciencias Sociales*, 10, 1003. [Link](#)

Cámara, A.D.; Zueras, P.; Blanes, A.; **Trias-Llimós, S.** (2015). “Generational and Socio-Economic Components of Disability Among the Elderly Population in Spain”. *Revista Española de Investigaciones Sociológicas*, 151:23-44. [Link](#)

Submitted papers

Vidra, N., **Trias-Llimós, S.**, Janssen, F. Impact of obesity on life expectancy among different European countries, 1975-2012.

Working papers

Cámara, A.D.; Zueras, P.; **Trias, S.**; Blanes, A. (2013). “Envejecer más allá de la edad. Diferencias de género, generación y clase social en salud en la población española” [Aging beyond age. Gender, Cohort and Social differences in health among the Spanish population]; *Papers de Demografia* 427. Working Paper, Centre d’Estudis Demogràfics, Universitat Autònoma de Barcelona.

Trias-Llimós, S.; Cámara, A.D. (2012). “Condiciones crónicas en edades adultas maduras en España. Aproximación demográfica a partir de datos autodeclarados” [Chronic conditions among adult mature ages in Spain. A demographic approach from self-reported data]; *Papers de Demografia* 398. Working Paper, Centre d’Estudis Demogràfics, Universitat Autònoma de Barcelona.

Cámara, A.D.; **Trias, S.** (2011). “La Encuesta Nacional de Salud (1987-2006): notas técnicas para el estudio de tendencias de salud en la población española” [The National Health Survey (1987-2006): technical notes for the study of health trends in the Spanish population]; *Papers de Demografia* 393. Working Paper, Centre d’Estudis Demogràfics, Universitat Autònoma de Barcelona.

Master’s thesis

Trias, S. (2012). “Condicions cròniques de salut en edats adultes madures: anàlisi sociodemogràfica a Espanya (1987-2009)”. Director: Dr. Antonio D. Cámara. Centre d’Estudis Demogràfics, Universitat Autònoma de Barcelona.

Teaching experience*Practicals*

- 2016-18 “Life Tables and Population Projections”, course responsible: Dr. Fanny Janssen. Master in Population Studies, University of Groningen.
- 2015-16 “Demographic Data, Measures and Methods”, course responsible: Dr. Fanny Janssen. Master in Population Studies, University of Groningen.

Guest lectures and short courses

- 2018 “The role of lifestyle in mortality inequalities in Europe” within the course “Population Health and Place”, course responsible: Dr. Tobias Vogt. Master in Population Studies, University of Groningen
- 2015-2016 “The Epidemiological Transition Theory” within the course “Population: Behaviour in a Context”, course responsible: Dr. Ajay Bailey. Master in Population Studies, University of Groningen.
- 2015-2017 “Population Dynamics in the Netherlands” for exchange students in “Spatial problems and spatial policies: The Dutch experience”. Twice a year. University of Groningen. Including the supervision of 2/3 papers per year.
- 2015-2016 Instructions of “Writing a paper” and “Presenting, giving and receiving feedback”. Master in Population Studies, University of Groningen.
- 2014-2016 “Introduction to Excel and SPSS”. 16h. Master in Population Studies, University of Groningen.
- 2014 “R workshop for the staff members of the PRC”. 24h. With Michael Thomas, University of Groningen.

Courses

- 2018 “31st Residential Summer Course in Epidemiology”. European Educational Programme in Epidemiology. Florence (Italy). June 18-July 5.
- 2016 “Forecasting with R”. Eurandom/TU Eindhoven, Eindhoven (The Netherlands). Instructors: Rob Hyndman. October 19-21.
- 2016 “FLAMES Workshop Graphics in R”. Free University of Brussels, Brussels (Belgium). Instructors: Erik Franssen and An Carbonez. May 17-19.
- 2016 “Statistical Analysis in the Lexis Diagram: Age-Period-Cohort Models”. Max Planck Institute for Demographic Research, Rostock (Germany). Instructor: Bendix Carstensen. May 2-6.
- 2014 “Educational training for PhDs FRW”. Faculty of Spatial Sciences, University of Groningen, Groningen (the Netherlands). 35 hours. September-October.
- 2012 “La medición de las desigualdades sociales en relación con la salud” (Measurement of social inequalities in health) by Dr. Luis Carlos Silva. GREDS-UPF. 20 hours. Barcelona (Spain). October 8-11.

Research stays

- Agència de Salut Pública de Barcelona, September 19-22, 2016.
- Max Planck Institute for Demographic Research, Rostock (Germany), April-May 2016.

Conference and seminar contributions

Reunión anual de la Sociedad Española de Epidemiología, Human Mortality Database Symposium, European Population Conference, International seminar Alcohol-related losses and policy responses in Lithuania and neighbouring countries, Dutch Demography Day, EAPS Health, Morbidity and Mortality Working Group, Southern European Conference on Survey Methodology, and Congreso de Demografía Histórica (detailed list can be requested).

Membership

European Association for Population Studies (EAPS), Sociedad Española de Epidemiología, Dutch Demography Society, EAPS working group on Health, morbidity and mortality, Grupo Español de Jóvenes Epidemiólogos.

Journals reviewed for

BMJ, European Journal of Epidemiology, Addiction, Drug and Alcohol Dependence, PlosOne, Alcohol, Scandinavian Journal of Public Health.

Awards

SEE-CIBERESP award to one of the top-10 best communications presented by young researchers (<36y). Annual meeting of the Spanish Society of Epidemiology, September 2018, Lisbon (Portugal).

Other academic activities

Co-organization of URSI Lunch Seminars (Faculty of Spatial Sciences, University of Groningen), 2017 and 2018.

Co-organization of the workshop “Improving Mortality Forecasts”, EAPS Health, Morbidity and Mortality Working Group, Johannes Gutenberg University, Mainz (Germany). 2016, August 31.

Broad cast media

Demografische Forschung Aus Erster Hand, 2018, Jahrgang 15, 1. Quartal “Weniger Alkohol, mehr Leben” [Less alcohol, more life]. [Link](#)

Population Europe, March 20th, 2017. “Better Understanding of Alcohol-related Mortality Trends in Europe”. [Link](#)

Related skills

Languages: Catalan and Spanish (native), English (fluent) and Italian (intermediate).

Computer skills: R, Microsoft Office, STATA and SPSS.