Differential deposition of antimicrobial proteins in blue tit (Cyanistes caeruleus) clutches by laying order and male attractiveness

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Abstract Female birds can influence offspring fitness by varying the relative quantities of egg components they deposit within and between clutches. Antimicrobial proteins (lysozyme, ovotransferrin, and avidin) are significant components of the avian albumen and likely aid in defense of embryos from microbial infection. Within clutches, females may enhance antimicrobial defense of early-laid eggs to protect them from the high risk of infection incurred before the onset of incubation. Among entire clutches, females may invest more resources in young sired by more attractive males because they have higher reproductive value. We tested these hypotheses by quantifying antimicrobial protein distribution within and among clutches in blue tit eggs. Contrary to our hypothesis, clutches showed no differential deposition of lysozyme or avidin within clutches, but eggs laid in the middle of the sequence had higher concentrations of ovotransferrin than eggs in the beginning and end. Consistent with our second hypothesis, we found that females produced eggs with higher concentrations of lysozyme (although not ovotransferrin or avidin) when mated to more attractive (more UV-reflective) males. Furthermore, females mated to polygynous males deposited less lysozyme than those mated to monogamous males. These data suggest that allocation of lysozyme at the clutch level may be a maternal effect mediated by male qualities.

Keywords Maternal effects · Antimicrobial proteins · Differential allocation · Egg infection

Introduction

Maternal effects are non-genetic factors that females can manipulate to influence the phenotype and fitness of their offspring (Mousseau and Fox 1998). In birds, females can adaptively modify egg composition through the differential deposition of specific components that influence offspring growth (e.g., hormones, Williams 1994) and that defend embryos from external pathogens capable of causing infection (Tranter and Board 1982). Females transfer a complex array of immune factors and antibiotic proteins to their eggs (Kowalczyk et al. 1985; Board et al. 1994). Lysozyme, ovotransferrin, and avidin are three of the best characterized and most abundant proteins in egg albumen that are thought to play an important role in defense against
microbial infection (Tranter and Board 1982). Lysozyme can break down the polysaccharide walls of a broad spectrum of Gram-positive bacteria (Rogers and Perkins 1968). Ovo-transferrin sequesters iron that is essential for bacterial growth and is a major egg white protein, representing 12% of chicken albumen protein (Li-Chan et al. 1995). Similarly, avidin makes biotin unavailable for microbes and thereby inhibits their growth (Board and Fuller 1974). These antimicrobials protect the egg from infectious bacteria entering through the shell and, after being swallowed with the rest of the albumen at hatching, can be used in immune defense by the hatchling for several days (Saino et al. 2002).

Egg production is energetically costly for mothers (see review in Williams 2005) and eggs with high protein content may be particularly costly because birds might be protein-limited (Reynolds et al. 2003; Ramsey and Houston 1998). Nevertheless, it is unclear if allocation of antimicrobial proteins to eggs is particularly costly for mothers in terms of energy and nutrients (Saino et al. 2002; Shawkey et al. 2008). Deposition of antimicrobials may reduce the amount of vitamins and other components that can be deposited in the albumen. Thus, defense against microbial invaders may be traded off against nutrition in avian eggs, and females may adaptively partition these components to individual eggs within a clutch or to entire clutches.

Egg viability can decline dramatically after 3 to 5 days of exposure to ambient conditions prior to the onset of full incubation (Arnold et al. 1987; Stoleson and Beissinger 1999; Beissinger et al. 2005). Non-incubated eggs experience greater microbial growth than incubated eggs and are more prone to infection by microbes (Cook et al. 2003, 2005a; Shawkey et al. 2009). Because earlier-laid eggs are frequently not immediately incubated and are exposed longer before full incubation than subsequently laid eggs, they may be more susceptible to microbial infection (Cook et al. 2003, 2005b; Shawkey et al. 2008). Selection may therefore favor higher levels of antimicrobial compounds in earlier-laid eggs compared to later-laid eggs (Saino et al. 2002, Shawkey et al. 2008), but Shawkey et al. (2008) found little evidence that lysozyme, avidin, or ovotransferrin concentrations declined with laying order in eight bird species. However, the exposure periods for first-laid eggs of most species in their study only ranged from 1 to 3 days, with the exception of one waterfowl species with an exposure period of 8 days. Examination of other species with long exposure periods is needed to further test this hypothesis.

While the extent of systematic variation within clutches is presently unclear, inter-female variation in antimicrobial concentration of entire clutches appears quite high (Saino et al. 2002; Shawkey et al. 2008). Variation in resource allocation among females may be due to differences in female phenotype (e.g., age or physical condition; Christians 2002) or to environmental conditions (Verboven et al. 2005). Females might also vary the quality of their eggs in relation to mate attractiveness. Indicator models of sexual selection postulate that male ornamentation has evolved under the influence of female preferences for traits that reliably reflect the quality of potential partners (Andersson 1994). Females may use male ornaments as indicators of direct benefits, like high parental investment or high quality territories, or as indicators of indirect benefits like genes for attractiveness or viability (Andersson 1994). Therefore, females might invest more in current reproduction when mated to more attractive partners (the differential allocation hypothesis, DAH; Burley 1986). A number of studies have supported the DAH (Burley 1988; reviewed in Sheldon 2000); for example, females mated to attractive males increase the size (Cunningham and Russell 2000; Velando et al. 2006) and number (Petrie and Williams 1993) of eggs they lay. They may also improve the quality of their offspring by producing eggs with more antioxidants (Williamson et al. 2006; Szigeti et al. 2007), testosterone (Gil et al. 1999; Loyau et al. 2007), and antibodies (Saino et al. 2002). As far as we are aware, no study has tested whether females differentially allocate antimicrobial compounds in a similar manner.

Here we test the hypotheses that female blue tits Cyanistes caeruleus deposit more antimicrobial proteins in earlier-laid eggs within their clutch and in clutches sired by more attractive males. Blue tits serve as an excellent study species for both questions. First, they lay large clutches (typically nine to 14 eggs) and generally do not begin full incubation until 1 day before the final egg is laid (Nilsson 2000), potentially exposing the first-laid egg for up to 13 days. Thus, we predicted a strong decrease in antimicrobial depositions with laying order. Second, the bright ornamental plumage color of male blue tits appears to be a sexually selected trait. Reflectance in ultraviolet wavelengths (UV) is related to male attractiveness and viability (Andersson et al. 1998; Sheldon et al. 1999; Delhey et al. 2003; Griffith et al. 2003), to maternal hormone deposition in eggs (Kingma et al. 2009), and to female provisioning of chicks (Limbourg et al. 2004; Johnsen et al. 2005). Moreover, polygynous males (found regularly in the species; D’Hondt et al. 1983, Kempenaers 1993) are considered highly attractive individuals (Kempenaers 1994). Thus, based on the DAH, we predicted that females mated to more UV-reflective and or polygynous males would deposit more antimicrobial proteins in their eggs.

Methods

Study area, egg collection, and bird handling

The study was carried out in the breeding season of 2005 (April–June) in a population of blue tits breeding in nestboxes at “De Vosbergen” estate (ca. 50 ha; 53°08’ N, 06°35’ E) near
Groningen, The Netherlands. This population has been intensively studied since 2001. The study area consists of patches of mixed deciduous and coniferous forest interspersed by open grassland.

All nest boxes were initially checked weekly and then were checked daily as soon as they contained completed nests. Newly laid eggs were individually marked with non-toxic markers. We collected eggs 2, 5, 7, and 9 from each brood (n = 44 clutches) on the day they were laid and immediately replaced them with plastic dummy eggs. Collected eggs were checked daily as soon as they contained completed nests.

Eggs were incubated for 72 h in an incubator at 35°C to induce embryonic development for extraction of DNA for molecular sexing. Although fertility of eggs in this study population is normally high (93%; Magrath et al. 2009), embryos failed to develop likely because of a deficient artificial incubation protocol, including a somewhat low temperature and lack of humidity control. Incubation at this temperature increases enzymatic activity and thus may have some effect on the enzymes themselves. However, all eggs were treated equally and thus, should have been affected equally. After incubation, eggs were stored individually in sealed plastic bags at −20°C until they were assayed for their antimicrobial contents.

Blue tit parents were captured inside their nestbox using a spring trap 6–10 days after hatching and were transported in a dark bird bag to the nearby field station, where the reflectance of their crown plumage was measured (see below). We also measured body mass (to the nearest 0.1 g using a 30 g spring balance). Because body mass varied with time of the day (r = 0.31, p = 0.004, n = 84), the residual mass after correcting for time of weighing was used in analyses. We determined parental age (1 or >1 year) based on the color of the primary coverts following Svensson (1992). Birds were released in their own territory after the measurements. Males captured at two different nestboxes were defined as polygynous. As we identified males at all nest boxes, males could be reliably assigned as socially monogamous or polygynous.

Crown reflectance measurements

Spectral reflectance of the crown feathers was measured with a USB-2000 spectrophotometer with illumination by a DH-2000 deuterium-halogen light source (both Avantes, Eerbeek, The Netherlands). The measuring probe was held at a right angle against the plumage so that both illumination and recording were at a 90° angle to the feathers. We then took five replicate readings and smoothed these reflectance spectra by calculating the running mean over 10 nm intervals. Following previous studies of crown coloration in blue tits (Andersson et al. 1998; Sheldon et al. 1999; Korsten et al. 2006), we calculated three indices describing the variation in crown coloration—“brightness,” “hue,” and “UV chroma”—from each reflectance spectrum and averaged these across the five replicate spectra. “Brightness” was the sum of reflectance between 320 and 700 nm (R_{320-700}), which corresponds to the spectral range visible to blue tits (Hart et al. 2000). “Hue” was the wavelength of maximum reflectance, λ_{R_{max}}. “UV chroma” was the sum of reflectance between 320 and 400 nm divided by the sum of reflectance between 320 and 700 nm (R_{320-400}/R_{320-700}). See Korsten et al. (2007) for estimates of the repeatability of these measures (varying between 0.50 and 0.75).

The capture of males (n = 40) and females (n = 44) for crown reflectance measurements occurred within relatively a short period (12 April to 18 June), leading to little variation in crown feather wear (crown coloration was not significantly related to the date of capture in either males (brightness: r = 0.03, p = 0.81; hue: r = 0.25, p = 0.12; UV chroma: r = −0.19, p = 0.21; all n = 40) or females (brightness: r = −0.16, p = 0.91; hue: r = 0.013, p = 0.93; UV chroma: r = 0.08, p = 0.56; for all, n = 44).

Protein assays

Each egg was cracked into a sterile petri dish, and its yolk and albumen were separated by manual pipetting into separate sterile tubes. To measure lysozyme concentration, we used a version of the lyso-plate method of Osserman and Lawlor (1966). We added 25 mg dried Micrococcus lysodeikticus (Sigma, St. Louis, MO, USA) to 50 ml 1% agar (Difco, Detroit, MI, USA) and kept the suspension at a temperature of 50–60°C. Then this suspension was added to a small or medium size gel rig plate with combs for wells. Once dry, we added 10 μl of albumen to every other well. Positive (chicken egg albumen) and negative (deionized water) controls were included with every plate. We obtained a standard curve by adding serial dilutions of a standard lysozyme solution (10 to 0.3125 mg/ml) to the bottom row of each plate. Plates were incubated for 8 h at room temperature and then digitized using a scanner at 400 dpi. Width of the zones of clearing in the agar was measured ten samples five times each on ten different plates.
All three assays were highly repeatable (lysozyme: $r=0.85$, $p<0.001$; avidin: $r=0.75$, $p<0.001$; ovotransferrin: $r=0.78$, $p<0.001$). Due to limitations on the volume of albumen used for each assay in a few cases it was not possible to measure all three proteins for all eggs so final sample sizes of antimicrobial content were 170, 162, and 176 (of 44 clutches) eggs for lysozyme, avidin, and ovotransferrin, respectively.

Statistical analyses

Albumen lysozyme concentrations were not normally distributed (Kolmogorov–Smirnov test, $p<0.05$) and were log-transformed ($p=0.20$) prior to using parametric tests. Avidin and ovotransferrin concentrations also deviated from normality, but transformation did not improve their distribution. Therefore, we employed linear models on the ranked variables (Conover and Iman 1981). Figures present non-transformed data.

To analyze within-clutch variation of antimicrobial proteins, we performed general linear mixed models using the “lme” function in R software (V.2.3.1) with concentrations of lysozyme, avidin, or ovotransferrin as dependent variables, nest of origin as random factor and laying order, and clutch size as covariates. To assess the effect of male attractiveness and parental condition on antimicrobial investment, we used the mean concentration of lysozyme and avidin of each clutch. We obtained data from both parents in 40 out of the 44 clutches; thus our sample size for these analyses was 40 nests. For ovotransferrin, we used all egg values ($n=176$) to account for variation related to laying sequence (see “Results” section). We fit a set of linear models with antimicrobial concentrations as the response variables for lysozyme and avidin, and linear mixed-effect models (procedure “lme”) for ovotransferrin, which included nest identity and laying order as random effects.

The predictor variables used in the set of candidate models were age, mass, laying date, brightness, UV chroma, and hue for females and polygyny, age, mass, brightness, UV chroma, and hue for males. To reduce the number of predictors tested in each set of candidate models, we chose models in two steps. In a preliminary step, we evaluated a set of standard models with all single parameters from either males or females for all three antimicrobials. We ranked the models based on the Akaike’s Information Criterion corrected for small sample size (AICc; Burnham and Anderson 2002) and variables which showed support from the data (models with a $\Delta$AICc $<10$; Burnham and Anderson 2002) were kept and tested in the second step as part of the final candidate set for each antimicrobial. We evaluated 16 models in the final candidate set which included combinations of variables from both sexes (avoiding the inclusion of highly correlated variables in a same model). When more than one candidate model showed explanatory ability as indicated by an AICc value that differed from the best model (i.e., the one with the smallest AICc) by $\leq 2$, we model-averaged parameter estimates to get effect sizes (“$\beta$”) and the associated variances from the 95% confidence set of candidate models (Burnham and Anderson 2002). Effects were considered significant when the 95% confidence interval did not include zero.

Results

Variation of lysozyme and avidin was unrelated to laying order (Fig. 1, Table 1). Only concentrations of ovotransferrin varied with laying sequence (Table 1) and this occurred in a quadratic fashion, with eggs laid early and late in the sequence showing lower ovotransferrin levels than eggs laid in the middle of the sequence (Fig. 1). Variation among females in concentration of lysozyme and avidin was significant (Table 1), but not for ovotransferrin (Table 2), and the interaction term with clutch size was never significant. Concentrations of lysozyme were not correlated with avidin ($r=0.04$, $p=0.60$, $n=162$ eggs) or ovotransferrin levels ($r=0.12$, $p=0.11$, $n=170$ eggs). Albumen concentrations of avidin and ovotransferrin were positively correlated ($r=0.21$, $p<0.01$, $n=162$ eggs). Egg mass was not correlated with concentrations of any of the antimicrobial proteins (lysozyme: $r=0.002$, $p=0.97$; avidin: $r=0.07$, $p=0.34$; ovotransferrin: $r=0.12$, $p=0.10$). Concentrations of antimicrobial proteins in egg albumen were highly variable (lysozyme: 0.65±0.76 SD $\mu$g/ml; avidin: 1.10±9.04 SD $\mu$g/ml; ovotransferrin: 26.81±35.61 SD mg/ml).

There was evidence that parental traits affected antimicrobial allocation to eggs. For lysozyme concentrations, male body mass, male UV chroma, polygyny, and female brightness occurred in the three most parsimonious models (Table 2). The top ranked model had a coefficient of determination (adjusted $R^2$) equal to 0.29. Model-averaged parameter estimates showed that concentrations of lysozyme increased with male UV chroma ($\theta$: 8.671 95% CI 4.45, 12.88; Fig. 2a) and were significantly lower in clutches in which the father was polygynous ($\theta$: −0.262 95% CI −0.481, −0.043, Fig. 2b). However, lysozyme did not vary significantly with male body mass ($\theta$: −0.0890, 95% CI −0.180, 0.002) or female brightness ($\theta$: 0.002, 95% CI −0.002, 0.008). UV chroma did not differ between polygynous ($n=5$) and monogamous ($n=35$) males ($t=0.132$, $p=0.24$).

None of the predictors produced a model with high explanatory power for concentration of avidin (Table 2), and the top ranked model had a low adjusted $R^2$ (0.005). Concentrations of avidin did not vary with any of the variables included in the three top models: male age ($\theta$: −0.376 95% CI −0.815, 0.438), male UV chroma ($\theta$: 1.69 95% CI −20.16, 23.54), and male mass ($\theta$: 0.011 95% CI
−0.019, 0.020). The best model for concentrations of ovotransferrin included only male UV chroma (Table 2). However, ovotransferrin did not change substantially with UV chroma ($\theta$: −0.605, 95% CI −9.677, 8.467).

We evaluated whether the increased deposition of lysozyme with male UV chroma could have been caused by correlations between male and female phenotypes. We found strong assortative mating by age; first-year breeders were paired to other new breeders ($\chi^2$=9.01, df=1, $p=0.003$, $n=40$ males and 40 females). However, there was no significant correlation between males and females for any parameter of body size or plumage coloration (all $p>0.10$), as previously reported for this population (Korsten 2006). Older females (mean: 0.24±0.004 SE, $n=17$) had significantly higher UV chroma ($t=2.93$, $p=0.007$) than younger females (mean: 0.22±0.002 SE, $n=27$). There was no significant difference ($t=1.43$, $p=0.17$, $n=40$) in UV chroma between young and old males (young: mean=0.268±0.003 SE, $n=28$; old: mean=0.275±0.005 SE, $n=12$).

**Discussion**

We found that differential allocation of antimicrobial proteins to blue tit eggs occurred both within and among clutches. We found little support for variation in antimicrobials in relation to laying order, as predicted by the “exposure hypothesis.” We did not find any sequence effect for lysozyme and avidin, but allocation of ovotransferrin to eggs varied with laying order in a quadratic fashion. The quadratic distribution of ovotransferrin, with lower concentrations in early- and late- than in middle-laid eggs, does not support our hypothesis that within-clutch variation of antimicrobials should be highest in first-laid eggs that are exposed longer to ambient conditions prior to the onset of full incubation. Perhaps a strong evolutionary constraint prevents females from optimally adjusting the deposition of antimicrobial proteins in relation to laying order, or perhaps there is little risk of infection by microbes in the temperate environment experienced by tits prior to the onset of full incubation to select for differential allocation. In addition, we did not find any significant relationship between overall antimicrobial content and female condition (e.g., the final model in Table 2) suggesting that it is unlikely that females in worse condition differentially allocate antimicrobials to eggs while those in good condition do not.

The observed pattern in ovotransferrin levels may also be a non-adaptive side-effect of, for example, hormone-
induced changes in the female reproductive tract during the formation of the clutch.

Albumen proteins are synthesized in the magnum portion of the oviduct under control of steroid hormones (Palmiter 1972). Plasma estrogen is transported to the oviduct where it activates the differentiation and proliferation of cells that produce egg white proteins. Because plasma hormone levels change during the laying cycle (Etches 1996), early and late developing follicles may be exposed to very different hormonal environments during egg formation (Williams et al. 2005). For example, in blue tits a similar pattern has been observed for the deposition of testosterone in eggs in relation to laying order (Kingma et al. 2009). In female starlings (Sturnus vulgaris) plasma estradiol has been reported to also follow a bell-shaped curve, increasing from the onset of yolk development and then decreasing linearly with later follicle development (Williams et al. 2004). If estrogen binding by receptors in oviductal cells mirrors this pattern, hormonal changes in the laying female could potentially result in a laying sequence pattern of albumen protein deposition like that observed in our study. This would indicate that females are unable to tailor albumen quality independently of their plasma androgen levels, as has been suggested for the deposition of androgens to egg yolks (Birkhead et al. 2000, Williams et al. 2005).

Table 2 General linear models of lysozyme and avidin (n = 40 clutches) and mixed model of ovotransferrin concentrations 592 (n = 176 eggs) in blue tit eggs. The number of estimated parameters (k, including the intercept and error terms), difference in AICc relative to the top model (ΔAICc), and Akaike weights (w) are shown for each model. Two additional parameters were considered in ovotransferrin models to account for the random effects. Female predictor variables include age (FAGE), mass (FMASS), brightness (FBRI), UV chroma (FUVCHROM), HUE (FHUE), clutch size (CS), and laying date (LD). Male predictor variables include polygyny (POL), age (MAGE), mass (MMASS), brightness (MBRI), UV chroma (MUVCHROM), and hue (MHUE). Bold numbers denote the top-ranked models (with the smallest AIC+≤2).

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progesterone for avidin synthesis) or different concentrations of estrogen might regulate the production of specific albumen proteins (Palmiter 1972). Although lysozyme and ovotransferrin are present in uterine fluid during all phases of egg production (Gautron et al. 1997), it is unknown whether deposition of antimicrobial proteins to eggs is the result of a simple diffusion or whether there is a mechanism that allows fine control of the deposition of lysozyme. Neither is there evidence that there are any physiological costs for the deposition of antimicrobials in the albumen (Shawkey et al. 2008). An experimental approach may be able to determine the temporal scale at which changes in deposition of antimicrobials might occur during egg formation (see, Kingma et al. 2009 for an example of such an approach for yolk hormones).

Females increased the amount of lysozyme they transferred to their eggs when mated to a more attractive male (higher UV chroma) and variation of lysozyme and avidin among clutches was significant (Table 1; Figs. 1 and 2). This result is consistent with the differential allocation hypothesis (Burley 1986; Sheldon 2000). The correlation may reflect a response to the likely direct or indirect benefits that attractive males might provide for females by increasing the value of the given reproductive attempt. Further experiments manipulating male UV reflectance are needed to test this hypothesis.

Some studies in blue tits have shown that females adjust their reproductive effort as a function of the attractiveness of the male they are paired with (e.g., Limbourg et al. 2004; Johnsen et al. 2005). Furthermore, some of those studies have shown that females vary their investment in specific components of eggs, for example carotenoids (Szigeti et al. 2007) and androgens (Kingma et al. 2009). To our knowledge, this is the first investigation of differential maternal investment in egg antimicrobial defense in relation to male attractiveness. Lysozyme defends the embryo from bacterial infection, but may also play an important role complementing the immune system of chicks during the first days after hatching (Saino et al. 2002). Therefore, the DAH may suggest that females mated to attractive males would favor their offspring by providing them with more antimicrobial protection. Further research on the cost of the deposition of antimicrobial proteins in eggs and their benefits to offspring health and survival is needed to test this hypothesis, as well as experimental manipulations of male attractiveness.

An causal explanation for the observed differential allocation of lysozyme to clutches that we observed is that it is an epiphenomenon of the influence of attractive male traits on the hormonal state of females. An elevation in the production of lysozyme by tubular gland cells of the oviduct can be induced by increases in estrogen and progesterone (Palmiter 1972). Female blue tits could respond to male attractiveness by increasing plasma estrogen levels, which has been shown in female canaries (Serinus canaria) that elevate circulating estrogen after exposure to attractive male songs (Marshall et al. 2005). Contrary to our prediction, females produced clutches with lower concentrations of lysozyme when mated to polygynous males. This could be explained if prospects of being deserted increase with polygyny (Trivers 1972). Alternatively, females may perceive a lower disposition in polygynous males to invest in paternal care. For example, blue tit females mated to polygynous males receive reduced (primary female) or no assistance (secondary female) from their partners during chick rearing in comparison with monogamous females (Kempenaers 1995). Females may
compensate for reduced parental investment of polygynous males by producing larger eggs (Kempenaers 1995). Females may also trade off additional nutrients or vitamins against antimicrobial proteins in eggs sired by polygynous males. Examination of total albumen content, including proteins, water, and vitamins, will allow us to test this hypothesis. Furthermore, examination of the antimicrobial activity of total albumen, including all of the antimicrobial proteins and other agents it contains, will also be an exciting prospect for future study.

Overall, our results demonstrate that variation in antimicrobial concentration in blue tits occurs both within and among clutches. In the latter case this may represent increased female provisioning of antimicrobial protection to eggs sired by attractive males. However, despite the large body of evidence showing the antimicrobial properties of albumen proteins in studies in vitro, our knowledge about the fitness consequences of the deposition of these compounds to the eggs of wild species is almost negligible. For example, does hatchability improve with higher concentrations of antimicrobials? Does antimicrobial deposition to eggs increase in environments with high exposure to pathogens? To answer these questions, future research should examine the fitness consequences of variation in antimicrobial defenses of avian eggs. It is also essential to assess both, the total bactericidal capacity of albumen and the capacity of its different components, paying particular attention to the environmental and ecological factors that influencing variation in albumen quality and protection from microbial infection.

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Conflict of interest The authors declare that they have no conflict of interest.

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