The BaLROG project – II. Quantifying the influence of bars on the stellar populations of nearby galaxies

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ABSTRACT

We continue the exploration of the BaLROG (Bars in Low Redshift Optical Galaxies) sample: 16 large mosaics of barred galaxies observed with the integral field unit Spectrographic Areal Unit for Research on Optical Nebulae. We quantify the influence of bars on the composition of the stellar component. We derive line-strength indices of H β, Fe5015 and Mg b. Based on single stellar population (SSP) models, we calculate ages, metallicities and [Mg/Fe] abundances and their gradients along the bar major and minor axes. The high spatial resolution of our data allows us to identify breaks among index and SSP profiles, commonly at 0.13 ± 0.06 bar length, consistent with kinematic features. Inner gradients are about 10 times steeper than outer gradients and become larger when there is a central rotating component, implying that the gradients are not independent of dynamics and orbits. Central ages appear to be younger for stronger bars. Yet, the bar regions are usually old. We find a flattening of the iron (Fe5015) and magnesium (Mg b) gradients along the bar major axis, translating into a flattening of the metallicity gradient. This gradient is found to be 0.03 ± 0.07 dex kpc$^{-1}$ along the bar major axis while the mean value of the bar minor axis compares well with that of an unbarred control sample and is significantly steeper, namely −0.20 ± 0.04 dex kpc$^{-1}$. These results confirm recent simulations and discern the important localized influence of bars. The elevated [Mg/Fe] abundances of bars and bulges compared to the lower values of discs suggest an early formation, in particular for early-type galaxies.

Key words: techniques: spectroscopic – galaxies: bulges – galaxies: evolution – galaxies: formation – galaxies: stellar content.

1 INTRODUCTION

Barred galaxies are ubiquitous in the local Universe (e.g. Eskridge et al. 2000; Knapen, Shlosman & Peletier 2000; Whyte et al. 2002; Marinova & Jogee 2007; Menéndez-Delmestre et al. 2007; Barazza, Jogee & Marinova 2008; Aguerri, Méndez-Abreu & Corsini 2009; Méndez-Abreu, Sánchez-Janssen & Aguerri 2010; Masters et al. 2011; Cisternas et al. 2015; Méndez-Abreu et al. 2014) and can even be found at higher redshifts (z) (e.g. Abraham et al. 1996; Elmegreen, Elmegreen & Hirst 2004; Jogee et al. 2004; Simmons et al. 2014), but their fraction at higher z is still under debate and also might depend on the galaxy’s mass (e.g. Sheth et al. 2008; Nair & Abraham 2010; Melvin et al. 2014). Their presence at different redshifts along with their prominence at lower redshifts has motivated many theoretical as well as observational studies on their formation and their influence on the evolution of their host galaxy.

Bars are proposed to act as a major driver of the so-called secular evolution (e.g. Kormendy & Kennicutt 2004; Athanassoula 2013; Sellwood 2014). They are predicted to have a crucial influence on their host galaxies due to their ability to redistribute angular momentum as well as gas, which can lead to a central mass concentration or build-up of bulges (e.g. Knapen et al. 1995; Bureau & Freeman 1999; Sakamoto et al. 1999; Fathi & Peletier 2003; Chung & Bureau...
BaLROG II. Bar influence on stellar content

2 DATA AND REDUCTION

2.1 Observations

We have obtained large-scale two-dimensional spectroscopic data for a sample of 16 barred galaxies, using the integral field unit (IFU) SAURON (Spectrographic Areal Unit for Research on Optical Nebulae; Bacon et al. 2001) at the William Herschel Telescope (WHT) in La Palma at the Observatorio del Roque de los Muchachos. The sample is drawn from the Spitzer Survey of Stellar Structure in Galaxies (S^2G; Sheth et al. 2010), restricting in declination,
inclination, magnitude and redshift (for details, please refer to Paper I). We sample both early- and late-type barred galaxies, covering various Hubble types and bar strengths representative for a sample of local barred galaxies. We sample galaxies with morphological types from SB0 to SBc and thus have a slight bias towards early types. Throughout the paper, we will call early types to the SBa while we will consider the rest (SBb and later) as late-type galaxies. We list our sample and its basic characteristics, including stellar population properties obtained in this work, in Table 1. While our sample is limited in numbers compared to ongoing integral field surveys such as SAMI (Croom et al. 2012), CALIFA (Sánchez et al. 2012) or MaNGA (Bundy et al. 2015), it provides us with the necessary spatial detail. We sample at typically 100 pc, even maintained with our Voronoi-binning (within the bar region), which is in most cases at least a factor 10 better than the larger surveys. We achieve the combination of high spatial resolution and large field of view by creating mosaics using up to seven SAURON IFU pointings.

The observations were conducted between 2012 March and 2014 January in four consecutive runs. We used the low-resolution mode of SAURON which leads to a field of view of 33 arcsec × 41 arcsec, spatial sampling of 0.94 arcsec × 0.94 arcsec per lenslet (1431 in total) and a spectral resolution of full width at half-maximum (FWHM) of 3.9 Å. The wavelength coverage ranges from 4760 to 5300 Å.

Apart from our own data, the BaLROG data set, we use subsets of other data sets for this work. Up to date, unfortunately, there is no sample of unbarred galaxies available that perfectly matches the BaLROG data set in spatial resolution and spatial extensions and it surpassed our means to additionally observe a matching unbarred sample. Since our aim is to best restrict bar driven influences (comparing to unbarred galaxies), we profit from available data and build a subsample of unbarred galaxies from major surveys that used the same instrument, the SAURON IFU. We hence chose unbarred galaxies from several surveys, always matching our inclination and redshift constraints. For early types, we took galaxies from the ATLAS3D survey (Cappellari et al. 2011). For early-type spirals (Sa), we chose galaxies from the SAURON (Falcón-Barroso et al. 2006) studies, taking data from Peletier et al. (2007). To include later types, we also took galaxies from the late-type extension of the SAURON survey, using data from Ganda et al. (2007). As some of our investigations focus on correlations with the bar strength parameter developed in Paper I, we do not use this comparison for our entire work. Instead, we try to reach out for it, whenever a comparison is possible and helps us to better understand the influence of bars and in particular trying to distinguish it from a Hubble type driven effect.

2.2 Data reduction and emission line corrections

The data were reduced using the SAURON pipeline xSAURON described in detail in Bacon et al. (2001). In Paper I we give a more detailed description, here we only provide a brief summary. The reduction included overscan and bias subtraction, flat-fielding with a combination of twilight and continuum exposures and wavelength calibration using arc (neon) lamp exposures. Cosmic rays were removed and a flux calibration applied using spectrophotometric standards. Finally, we merged the mosaics also using the xSAURON software comparing integrated intensity contours with those of a g-band SDSS image.

Similar to our analysis in Paper I, we again adopted the Voronoi binning scheme of Cappellari & Copin (2003) for our work here. To ensure high-quality spectra for our stellar population analysis, we chose in this case a minimum S/N of ≈80 per pixel for all galaxies, which is double than that for the kinematic analysis. The central spectra remained unbinned nevertheless in all cases and exceeded this S/N level (e.g. S/N > 100). The reason to elevate the S/N for this work is the delicacy of the extraction of absorption line strengths (connected with the emission line removal). Before the binning, we also excluded spaxels with an S/N below 3 in order to avoid contamination by poor quality measurements. The extensions of the maps are therefore not only given by the mosaic, but also by this

<table>
<thead>
<tr>
<th>Galaxy</th>
<th>Hubble type</th>
<th>Inclination (°)</th>
<th>$V_\text{sys}$ (km s$^{-1}$)</th>
<th>$Q_b$</th>
<th>Bar length (arcsec)</th>
<th>$R_{\text{eff}}$ (arcsec)</th>
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<tr>
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Notes. All morphological classifications and $V_\text{sys}$ are from the NASA Extragalactic Database (NED). Bar strengths are taken from Paper I, effective radii of the galaxy ($R_{\text{sys}}$) are from the S$^4$G P4 (Salo et al. 2015) while bar lengths are determined by Herrera-Endoqui et al. (2015, submitted).
imposed S/N minimum threshold. This threshold remains the same as in Paper I.

In Paper I, we already used the PPXF – penalized pixel fitting – code developed by Cappellari & Emsellem (2004) in order to extract the stellar kinematics. Further, we already used the Gas AND Absorption Line Fitting (GANDALF) package by Sarzi et al. (2006) and Falcón-Barroso et al. (2006) to determine the ionized-gas distribution and kinematics. Several nebular emission lines are found within the SAURON spectral range, namely \( \text{H} \beta, \text{H} \alpha, 4861 \) and the doublets \([\text{O} \text{II}]\lambda\lambda 4959, 5007\) and \([\text{N} \text{I}]\lambda\lambda 5200, 5202\) Å. The first, \( \text{H} \beta \), is present in emission and absorption and it is crucial for line-strength analysis. The \([\text{O} \text{II}]\) doublet is important to be removed correctly as it can strongly affect the Fe5015 index. The \([\text{N} \text{I}]\) doublet falls within the Mgb index and hence needs to also be corrected for. In Fig. 1, we show an example spectrum of one of our galaxies indicating the emission lines and their correction in the top panel and the cleaned spectrum at 8.4 Å in the bottom panel.

The optimal correction was achieved tying spectral lines kinematically to the \([\text{O} \text{II}]\) doublet to lower the number of free parameters given to GANDALF. To constrain the freedom of the doublet lines during the fitting process even further, known relations, namely \( F([\text{O} \text{II}]\lambda 4959) = 0.350 \cdot F([\text{O} \text{II}]\lambda 5007) \), were imposed. The obtained gas kinematics were presented in Paper I.

3 STELLAR POPULATION ANALYSIS

In this paper, we focus our analysis on the classical approach of using absorption line-strength indices measured on observed spectra. These indices can be compared with those computed via SSP models in order to derive stellar population parameters from integrated spectra (e.g. Faber 1973; Davies, Sadler & Peletier 1993; Worthey et al. 1994; Vazdekis 1999; Thomas et al. 2005; Kuntschner et al. 2006; Sánchez-Blázquez et al. 2006b; MacArthur et al. 2009; Mcdermid et al. 2015).

The most commonly used method to probe the luminosity-weighted age, metallicity and \( \alpha \) abundance ratios of specific elements is the measurement of Lick/IDS indices in the Lick system. This system suffers, however, from intrinsic uncertainties due to a multi-object and multi-instrument approach of the spectra leading to an inhomogeneous spectral resolution (Vazdekis et al. 2010). To avoid those and profit from flux-calibrated spectra with a constant resolution as a function of wavelength, we chose to measure the absorption line strengths in the Line Index System at FWHM = 8.4 Å (LIS-8.4 Å; Vazdekis et al. 2010). For several galaxies however (namely NGC 2859, NGC 2962, NGC 4262, NGC 4267 and NGC 4643), a few central spectra reach up to \( \approx 9 \) Å which exceeds the 8.4 Å value. Testing the resulting effect, we found that this would lead to a shift of \( \approx 0.02 \) Å in \( \text{H} \beta \) and \( \approx 0.05 \) Å in Mgb. This corresponds to a difference of 0.2 Gyr and up to 1.5 Gyr (for ages older than 10 Gyr) in age from our measured value which is well within our uncertainties for old populations. Given this small effect, and for simplicity, we chose to not convolve the data further and use the models at 8.4 Å. We made sure that this is not affecting any of our conclusions.

Within the wavelength range of SAURON, we can detect the following lines and measure their strengths: \( \text{H} \beta \) as an age indicator, Mgb and Fe5015 as proxies for metallicity. We also combine the Mgb and Fe5015 indices to obtain the \([\text{MgFe}50]\) index following Kuntschner et al. (2010):

\[
\text{[MgFe}50] = \frac{0.69 \times \text{Mgb} + \text{Fe5015}}{2}.
\]

This combined iron-magnesium index is almost insensitive to the \([\text{Mg/Fe}]\) overabundance (e.g. Kuntschner et al. 2010). For our analysis, we relate the index measurements to MILES model predictions (Sánchez-Blázquez et al. 2006a; Vazdekis et al. 2010; Falcón-Barroso et al. 2011).

We obtain the mean luminosity-weighted age and metallicity by employing the RMODEL code (Cardiel et al. 2003). Here, we use the \( \text{H} \beta \) index as a proxy for age and we implemented the combined iron-magnesium index, as given above, as a proxy for metallicity. We represent our results in index–index diagrams with the MILES SSP models for different ages and metallicities overlaid, compute gradients and average values for different regions in the galaxy. Throughout this work, we assume a Kroupa initial mass function (IMF; Kroupa 2001). Furthermore, we use the difference of the metallicities of magnesium and iron (denoted as \([Z_{\text{Mg}} - Z_{\text{Fe}}]\) in our work) as a proxy to determine the \([\text{Mg/Fe}]\) abundance. Even though a linear relation between \([\text{Mg/Fe}]\) and \([Z_{\text{Mg}} - Z_{\text{Fe}}]\) exists (Peletier et al. 2007; Vazdekis et al. 2010), the absolute value of our measurements cannot be compared directly with literature values because most other authors take combined iron indices into account. Due to the limited SAURON spectral range, we are however restricted to the above proxy (which has been successfully used in former SAURON and ATLAS3D studies, e.g. Kuntschner et al. 2006).

We are conscious about the simplification and hence introduced bias when representing the stellar populations by an SSP (e.g. Serra & Trager 2007). Therefore, this method has been commonly used in galaxies where variations in the locally averaged ages and metallicities are expected to be minimal, but has also been performed on systems with extended star formation histories (e.g. Ganda et al.).

http://www.ucm.es/info/astrof/software/rmodel/rmodel.html
2007; Peletier et al. 2007). In particular, this classical approach provides SSP-weighted population parameters which are similar to luminosity-weighted values and very valuable for our study: bars are prominent structures seen visually, as an additional luminous component. Therefore, we restrict our analysis in this work to the index measurements and SSP parameters derived from the former.

### 4 LINE-STRENGTH INDICES

This section summarizes the results of the line-strength measurements of the BaLROG sample. We start by investigating global properties comparing with trends found in the literature for both, barred and unbarred galaxies. Later, we will focus on the details revealed by the two-dimensional maps, looking at specific regions and radial trends, as well as gradients. We will discuss our findings in the context of former works and their implications in Section 6.

In several parts, we only show a few maps of one galaxy as an example, but maps of our entire sample can be found in the Appendix A. We will use the bar length $R_{bar}$ and fraction of it as reference points, as well as the effective radius $R_{eff}$ (values taken from Paper I).

#### 4.1 Aperture absorption line index measurements

We start with a comparison of the global values obtained from the index measurements in order to situate our sample amongst statistically larger sample and detect possible offsets or outliers. We determined line strengths within different circular apertures. Fig. 2 displays these measurements for an aperture size of one effective radius $R_{eff}$ of the galaxy. We also computed relations for half the effective radius and for a central aperture ($R_{eff}/8$) which show a similar good agreement (not displayed here) between barred and unbarred galaxies following the same global relations. This choice of apertures has been applied in various literature works, including long-slit studies (e.g. Trager et al. 2000; Thomas et al. 2005) and allows a direct comparison with the values from the ATLAS3D sample (McDermid et al. 2015) as well as spiral galaxies taken from the SAURON study of Peletier et al. (2007) and Ganda et al. (2007), recalculating the values from their data to match our resolutions and methodology. These values are shown in the figure, where the ATLAS3D galaxies are shown in grey – dots for barred and triangles for unbarred galaxies and the SAURON sample is shown by open diamonds. Our own sample is colour-coded according to morphological type, where early types lie to the right exhibiting a higher central velocity dispersion. The kinematic values are determined from the BaLROG data (see our kinematic paper; Seidel et al. 2015b).

The trends found with central velocity dispersion as well as with Hubble type are consistent with what is found in larger surveys, such as the ATLAS3D study (McDermid et al. 2015). There is no difference between barred and unbarred galaxies and our sample does not reveal any outliers. Bars do not seem to have an influence on these global relations, as partly expected since barred and unbarred galaxies share the same Tully–Fisher relations (Courteau et al. 2003). The range of values covers a similar magnitude for early- and late-type galaxies and follows the correlations found by e.g. Trager et al. (2000): the age-sensitive $H_{beta}$ index reveals a negative correlation with velocity dispersion while the metal-sensitive indices show positive trends with this parameter. Even the smaller scatter for early types and larger scatter for later types (lower velocity dispersion) are reproduced by our small data set. The correlations are clearly tighter for the high-velocity dispersion end while the lower end exhibits a larger range of values. The stellar population parameters in these systems therefore might be more complex as they display a larger variety of index values at the same central velocity dispersion. This is found generally for later types, usually lower mass galaxies, than for the more massive, more early-type systems.

Overall, bars do not seem to affect the global trends, as they share the same type line-strength–velocity-dispersion relations as unbarred galaxies. Locally however, we do detect their influence as outlined in the following sections.

#### 4.2 Line-strength maps and profiles

In this section, we explore the details of each index map and analyse their profiles along different axes to better understand the local influence of bars on their host galaxy.
Figure 3. The top panel shows a colour SDSS image of NGC 4394 with the IFU mosaic indicated in white dashed lines. The central stellar bar is well distinguished and the colour already reveals different populations: redder (older) inside the bar and bluer in the disc and spiral arms around it. The scale of 20 arcsec is given in the left top corner of the image. Below, in the middle row, we present the index maps of our SAURON mosaic of this galaxy (in this case a composite of six pointings). The lines explored in our wavelength range are H\textbeta, Fe5015 and Mg\textit{b}. The major axis of the galaxy is indicated by a straight black line, the bar major axis by a thick dashed black line and the bar minor axis by a slightly thinner dashed line. The isophotes also clearly show the bar’s extensions. The bottom panels show the profiles along the bar major axis directly extracted from the map with a slit of width of 3 arcsec. We show individual measurements in grey and averaged values overlapped in black. Half and three quarters of the bar length are indicated by dashed black and grey lines, respectively.

Fig. 3 shows NGC 4394 as an example of one of the galaxies in our sample. We show a colour (ugri) SDSS image\textsuperscript{2} in comparison with the line-strength maps that we obtain from our SAURON data. Comparing the index measurements with the colour image, several similarities can be seen: the bar itself seems to be dominated by older populations as H\textbeta is only starting to increase towards the beginning of the disc where the spiral arms start. None the less, in the very centre, we can appreciate higher H\textbeta values in the line-strength maps, unlike in the photometric image where no blue star-forming region can be seen. The iron and magnesium indices also show high values in the centre and along the bar. In particular, Fe5015 seems to exhibit higher values towards the edges of the bar. These enhancements can be distinguished as areas of elevated (red) values. We note, that the enhancement can be an effect of contrast between the bulge and the bar components. Considering the high steep gradient of the inner structure and the light contribution of the bulge, compared with the flatter gradient of the bar and its light, the combination of both can make the gradient in the inner bar to be less steep, flat or even positive. In that sense, the ‘bumps’ could equally be seen as ‘dips’ interior to them, due to the presence of the overlapping structures. In the Mg\textit{b} map, the region seen as the photometric bar is dominated by constant elevated values, while the disc around it exhibits lower values and no bumps are seen at the edges of the bar.

Below the line-strength maps, we show profiles along the major axis of the bar, in the bottom row of Fig. 3. We extracted the values directly from the Voronoi-binned maps taking a slit of \(\sim 3\) arcsec width (in the centre slightly less and enlarging its width in a cone-like way towards the outskirts for better sampling). We show individual (grey) and averaged (black) measurements, indicating on each side half and three quarters of the bar length (vertical dashed lines, black and grey, respectively).

The H\textbeta profile nicely shows the elevated values around the centre, but with a slight central dip. After the centre, we observe a steep decrease followed by increasing values towards the outside of the bar into the disc, where the spiral arms start dominating. The behaviour of the H\textbeta profiles depends very much on the galaxy and is not systematic among our sample as it is reflecting the most recent bursts.

\textsuperscript{2} SDSS images are from http://skyserver.sdss.org/dr7/en/tools/chart/list.asp
The Fe5015 profile is clearly different from the Hβ index profile. Instead of a central dip, we find a central peak, dropping off steeply to either side. Following this valley, the profile reveals the aforementioned particular feature: we find enhanced Fe5015 values at around 0.5–0.75 bar length. Inspecting the profiles along several galaxies in our sample, we can detect this feature in seven galaxies (NGC 1015, NGC 2893, NGC 4262, NGC 4394, NGC 4643, NGC 5375 and NGC 5701). In some galaxies, it is not seen very clear and only four galaxies of our sample do not exhibit this feature at all. In some cases, it is more apparent in the maps while others reveal it better in the profiles. It is however not always found at the same radius – even in this galaxy, the bumps seem to be located at different distances from the centre. Correcting for possible deprojection effects, we could not account for the offsets.

This feature is very mild – although appreciable – but based on a qualitative examination of the profiles and maps. Due to the varying location, no clear ratio of the higher areas to the lower ones could be established. With even better data in the future, e.g. MUSE, this could be possibly better explored. We could however establish, that this feature is detected more strongly among the early types in our sample than in the later types. It does not depend on entering spiral arms (examinied visually).

Mgb, similar to Fe5015, displays a central peak value, quickly dropping off to a stable level. No clear enhancements are seen in this index at certain regions along the bar length. Instead, similar to Fe5015, after 0.75–1.0 bar length, the values start to decrease, when entering the disc/spiral arm regime. Overall, the Mgb index seems to best trace the entire bar extensions, i.e. it exhibits elevated values within the entire bar region constrained by the isophotes.

4.3 Analysis of distinct components

Apart from the radial trends, we also compared values of distinct regions in order to check for a common behaviour in potential resonance positions. Based on our previous analysis, we obtained radial measurements along the bar major axis in five regions, mainly related to the bar length. We use the parameter of bar length $R_{bar}$ and fraction of it as reference points as it is closely related to the corotation radius $R_{CR}$ of the bar as shown by recent results by Aguerri et al. (2015). Using the Tremaine & Weinberg (1984) method, they determined that the mean value of the ratio $R_{CR}/R_{bar}$ is around 1. Therefore, we use the bar length found from an analysis of Spitzer images (Herrera-Endoqui et al. 2015) as an approximation.

We sampled the following regions: the centre (here denoted as 0.01 bar length), the potential spot of bar-induced influence at 0.13 bar length, half the bar length, full bar length and 1.5 effective radii $R_{eff}$ (2.5 scalelengths of the disc). For some of the galaxies in our sample, we do not reach this last point due to the limited extensions of the mosaic. In those cases, we take the value that is the furthest into the disc.

Fig. 4 depicts the result of our analysis. Regardless of the individual colour-code, we distinguish several known trends independent of barred or unbarred galaxies, in particular for the early types (red dashed lines). As already seen in Kuntschner et al. (2006) for the original SAURON sample of early-type galaxies, we find generally negative gradients (with increasing radius) of the metal line-strength maps. Similarly, we confirm flat or slightly positive trends for the Hα measurements. We also find central or circumcentral elevated Hα values likely connected to recent star formation activity.

Overall, we observe a higher scatter for the central and circumcentral values, than for the barred region (half or full bar length). The spread increases again at 1.5 $R_{eff}$. The fact that the central values as well as disc values exhibit larger scatter, implies likely a more complex star formation history with recent star formation activity in the centre, given the elevated Hα strengths. Qualitatively, we do not find significant difference between major and minor axes, apart from a tentative higher scatter for the minor axis. This is however only based on a few galaxies and the limitations of our sample size are obvious.

The colour-code indicates the bar strength, starting with weak bars (red), over intermediate (from orange, yellow, green to blue) to strong bars (purple). The bar strengths are also closely coupled with Hubble type for our sample. Hence, the observed trends might be also linked to that latter parameter. As already seen in Fig. 2, the early-types galaxies show lower Hα and higher Mgb values overall than the later types. Considering that bars drive fuel towards the central parts to aliment or even initiate star formation (e.g. Heller & Shlosman 1994; Knappen et al. 1995), we find higher values and steeper drop-off slopes in the centre and circumcentral parts for the stronger barred galaxies, seen in the top panel. Several observational studies have already related star-forming nuclear rings to bars (e.g. Allard et al. 2006; Knappen et al. 2010; van der Laan et al. 2013b) and our finding of higher Hα values in those regions for stronger barred galaxies supports this result.

From the indices alone, we could already confirm certain trends and find new evidence for a local bar-driven influence on the host galaxies in our sample, namely along the bar major axis. Global values however, such as aperture absorption line index measurements seem to be unaffected by the presence of a bar. In the following section, we will now relate the indices to SSP parameters.

5 SINGLE STELLAR POPULATIONS

In this section, we will relate the measured line-strength values to SSP parameters deducing the SSP equivalent age, metallicity and [Mg/Fe] abundances for our sample. Since bars are structures seen prominently in the photometry, light-weighted quantities are of great interest. Similar to the index analysis, we first present global trends and then analyse the details of the maps and radial profiles. A quantitative analysis of the profiles' gradients will be discussed in Section 6.

5.1 Index–index diagrams

Index–index diagrams intuitively relate line-strength indices to SSP parameters, using a grid of model predictions. Fig. 5 presents the measurements of absorption line strengths in an index–index diagram for the galaxies of our sample, showing isophotal integrated radial profiles indicating the centres as large dots (the individual grids per galaxy can be found in the appendix). The values are the average of the index measurements along a given isophote, moving from the centre towards the outskirts of the galaxies. We plot H β as an age indicator against the combined index of magnesium and iron, [MgFe50′] (using Mgb and Fe5015, see Section 3) as a proxy for metallicity, independent of [Mg/Fe]. A grid of MILES SSP models for Kroupa IMF is overplotted.

Overall, we observe a large variety of distributions within the full grid amongst our sample. Clear differences can be detected between early and late types: most early types seem to be older and more metal-rich overall with a more prominent gradient in metallicity and exhibit a more confined distribution for all points while late types show a much larger spread among themselves, but also radially in the diagram. This behaviour is of course optically enhanced or even driven by the age difference due to a larger area of
BaLROG II. Bar influence on stellar content

Figure 4. Index measurements within different regions along the bar major axis of the galaxies. We sample the centre (within 0.01 bar length), the potential spot of bar-induced influence at around 0.13 bar length and denoted as the ‘dip’ because we found dips in e.g. the angular momentum profiles (see Paper I); then at half the bar length, full bar length and 1.5 effective radii $R_{\mathrm{eff}}$ (2.5 scalelengths of the disc). The individual profiles are colour-coded according to increasing bar strength, from red (weakest), over orange, yellow, green, blue up to purple (strongest) in the left-hand panel. The right-hand panel shows averaged profiles according to the Hubble type with dashed lines: red for early types and blue for late types among our sample.

the grid covering young ages which makes the range more obvious and spread out than for older populations. Furthermore, we find that for a few galaxies of our sample, the central spectra tend to fall slightly outside the grid (at the high metallicity end). As these are mainly the central spectra, the signal to noise is usually well over 100, hence the quality of the spectra should not be the scapegoat. In the appendix of Seidel et al. (2015a), we already analysed this behaviour and found that it is likely due to the complex mixture of populations present in those regions. This would be a very plausible explanation given the peculiarities already observed. In most cases, the central value is slightly younger and particularly metal-rich which hints towards a younger population formed from an already metal-enriched medium.

Within this context, we compared the inner $h_3 - v/\sigma$ anticorrelation of Paper I (see Seidel et al. 2015b, fig. 8) with the grids and found that those galaxies that show strong $h_3 - v/\sigma$ anticorrelations within the central 0.1 bar lengths are the same whose central index measurements are found outside the grid (mainly shifted to the right at the high metallicity end). These are: NGC 2859, NGC 2962, NGC 4245, NGC 4394, NGC 4262 and NGC 4643. Their individual point measurements can be seen in Appendix A. Most of these galaxies exhibit substantial inner components or are even double-barred (e.g. de Lorenzo-Cáceres, Falcón-Barroso & Vazdekis 2013). In her analysis, de Lorenzo-Cáceres et al. (2013) find that inner bars are younger and more metal-rich than their surrounding bulges and outer bars.

Those galaxies with straight horizontal or circular accumulated $h_3 - v/\sigma$ relation (as seen in fig. 8 in Seidel et al. 2015b) are corresponding to those that seem to have less spread and fall (almost) completely within the grid: NGC 1015, NGC 2893, NGC 3485 and NGC 5701. Those with very large variations in age and metallicity as seen in the grids, also show a very extensive $h_3 - v/\sigma$ distribution for all radial apertures: NGC 2712, NGC 3504 and NGC 5350. Hence, the $h_3 - v/\sigma$ relation can already give qualitative hints on the present stellar population properties.

Trying to quantify this observation, we show the central age and metallicity against the linear Pearson correlation coefficient of the line ($h_3 - v/\sigma$ anticorrelation) in Fig. 6, top and bottom panels, respectively. In colour, we show the BaLROG sample and in open grey symbols unbarred and overall undisturbed galaxies from our control sample. We measured the quantities in the same way and Appendix B shows examples of the $h_3 - v/\sigma$ anticorrelation for the three surveys. For the BaLROG data, we find that a tentative relation exists with metallicity (linear Pearson correlation coefficient $R = 0.64$).
Figure 5. Index–index diagram displaying isophotal radial profiles for our entire sample, colour-coded by Hubble type. The values are the average of the index measurements along a given isophote. The centres are always indicated by a large circle. H β is used as an age discriminator versus the combined index of [MgFe50]', employed as a proxy for metallicity. Overplotted is a model grid of SSP, indicating the ages (in Gyr) and metallicities (dex, shown on the side of this grid). In the left lower corner, we indicate a typical uncertainty (weighted mean of individual errors) of the individual points with representative error bars – this error can vary depending on the galaxies and individual radial (as well as complete) index–index diagrams can be found in the appendix for each galaxy.

and p-value = 0.008) and not with age (linear Pearson correlation coefficient $R = 0.48$ and p-value = 0.06, hence not significant). Furthermore, the correlation seems to be stronger for earlier types, but is not entirely driven by Hubble type (colour-coded in the plot). This behaviour is however reflected by the control sample where the early-type ATLAS galaxies (open squares) seem to lie on a tighter correlation than the other galaxies. It is interesting to note that the unbarred sample seems to show on average lower metallicities, in particular at high $h_3-v/\sigma C_{corr}$ values. This might indicate that the relation between higher metallicity and a stronger anticorrelation is independent of a bar, as expected, but that the presence of a bar can increase the central metallicity. Therefore, an inner rotating disc (as suggested by a strong anticorrelation) might be more metal-rich due to more and more continuous gas infall through the bar and stars continuously forming from a more enriched medium.

We also analysed the slope of the $h_3-v/\sigma$ anticorrelation (not shown), which seems to be steeper for higher central metallicities. This could be another hint of a connection between the dynamical parameters and their stellar populations.

The overall properties of the isophotal SSP profiles as seen in the index–index diagram are still dominated by their Hubble type and no crucial global influence of the bar can be detected, apart from tentatively on the central values. Those might be influenced by substructures, such as central star formation resulting in inner rings or discs, which are enhanced by the bar’s ability to provide the necessary fuel for their creation. In the following section, we will further investigate central regions.

5.2 Central and bar values

Our previous analysis coupled with hints towards a potential influence of bars in the central regions, predicted by simulations and already seen in observations (e.g. Fathi & Peletier 2003; Chung & Bureau 2004), leads us to systematically test the central parameters against the strength of the bar. We use the average found within the aperture of $R_{e\text{eff}}/8$.

Fig. 7 shows a weak correlation of age and $Q_b$, such that stronger bars have younger central stellar populations (linear Pearson correlation coefficient $R = 0.57$ and p-value = 0.02). This is consistent with the proposed scenarios of bars funneling material to the centre triggering or nourishing star formation (e.g. Knapen 2005; Allard et al. 2006; van der Laan et al. 2013a). Very recent studies in fact found a central enhancement of the nitrogen-to-oxygen abundance and a larger star formation rate per unit area (Florido et al. 2015) for barred galaxies.

At the same time, we also observe slightly lower metallicities with increasing bar strength. We notice however, that the galaxies
Central ages, metallicities and $\alpha$ abundances, measured within the central aperture of $R_{\text{eff}}/8$, as a function of bar strength and colour-coded by Hubble type.

in our sample seem to have metallicity offsets with respect to each other such that most late types have generally lower metallicities, a known Hubble type effect. Overall, the central metallicities are found to not correlate strongly with bar strength (linear Pearson correlation coefficient $R = 0.45$ and $p$-value $= 0.08$). The bottom panel of the figure displays the trend with $\alpha$ abundance. We observe again a large scatter similar to the metallicity. Our sample in this case is definitely too small to draw any firm conclusion.

The trends discussed above could also result as a consequence of different Hubble types. Apart from the trends already revealed through the colour-code in the figure, we explored the correlation with Hubble type for our barred sample and other comparison samples, only selecting unbarred galaxies. The age and metallicity trends are both found for Hubble type, too, but bars seem to lower them slightly. In particular, they seem to lower the metallicity in later types. Nevertheless, the statistics are very low and the scatter is large, probably due to yet other mechanisms that come into play in the central parts of galaxies altering these parameters.

Apart from the central values, we also calculated values at specific regions, namely for the bar (filled, grey), bulge (red lines) and disc region (blue lines), shown in Fig. 8 for our sample. The top panels show histograms of the regions and the bottom panels the correlation of the different parameters. The regions are approximated based on the photometric decompositions provided by the S$^4$G Pipeline 4 (Salo et al. 2015). We do not take the exact decompositions because there are large uncertainties and we aim to clearly separate regions. Therefore, we chose the bar region to contain bins well outside the inner regions (from 0.35 to 0.95 bar length, only sampling spaxels that fall in the bar structure). The bulge contains bins between 0.05 up to 0.2 bar length (which corresponds to a clear area of the bulge in the decompositions) and the disc everything further away than one full bar length. We disregard the spaxels in between these areas as those are transition regions that could blur out clear differences.

The histograms show a similarity between bulge and bar in all three panels. The discs are also following these overall trends but are more different from the former two components, as expected (e.g. Pérez et al. 2007). In particular in the $\alpha$ abundance (right-hand panel), they show a significant offset towards lower values compared with bulges and bars and in general a broader range of $\alpha$ abundances.

In the age distribution, we distinguish two peaks, one old and one at a younger age. As there remains a large number of young discs however, some of the older bars and bulges must be residing in these younger discs. Investigating the obtained maps, we find that many early types show bars of $\sim$10 Gyr in a younger disc. Late types are overall younger, i.e. the bar, bulge and the disc. The metallicity shows that a large fraction of bars have a common metallicity just below solar. They are slightly less metal-rich than the bulge but significantly more than the disc. Bars and bulges also seem to be very similar in their [Mg/Fe] abundance while discs show significantly lower values. Table 2 summarizes the central and bar measurements for indices and SSP parameters.

In the bottom row of Fig. 8, we show the correlations between the SSP parameters of the different regions. There seems to be a tentative trend among bars and bulges. Despite being rather more metal-rich overall, they seem to get more metal-rich towards younger ages. In particular at the youngest ages, a large spread of metallicities, especially in discs, is found. The trends between $\alpha$ abundance versus age are as expected: older ages show higher $\alpha$ abundances. Although some bars and bulges, despite being young, show high $\alpha$ abundances. This can be an effect of the luminosity weighted age, which is biased towards younger populations. Furthermore, we cannot fully exclude an influence of the bulge light contributing to the bar (or vice versa). The offset between bars and bulges compared with discs is best seen in the last panel: while the former show higher metallicities coupled with higher $\alpha$ abundance values, discs show the opposite.

5.3 SSP profiles

Apart from central and regional values, we have the entire two-dimensional maps for all galaxies available. These maps and profiles for all galaxies can be found in the appendix and are displayed for NGC 4394 as an example in Fig. 9. As expected, the SSP maps and radial results are closely related to the indices. The age map shows younger ages corresponding to high H$_{\alpha}$ values (in the presence of spiral arms in this case). The very centre seems to be young, but sitting in an older structure, as seen due to the very steep rise at
Figure 8. Top row: mean ages, metallicities and $\alpha$ abundances of the bar (grey, filled) in comparison with those of the bulge (red line) and disc (blue line) for the BaLROG sample. Bottom row: correlations between ages, metallicities and $\alpha$ abundances for the different regions.

Table 2. Stellar population parameters for the BaLROG sample. (1) Galaxy name, (2)–(4) central line-strength values and (5), (6) central age and metallicity values, (7), (8) age and metallicity of the bar region. Objects forming part of the Virgo cluster are marked with a small $v$ next to their name.

<table>
<thead>
<tr>
<th>Galaxy</th>
<th>$H_\beta_{R_{eff}/8}$ (Å)</th>
<th>$Fe5015_{R_{eff}/8}$ (Å)</th>
<th>$Mg_{b_{R_{eff}/8}}$ (Å)</th>
<th>$Age_{R_{eff}/8}$ (Gyr)</th>
<th>$[Z/H]<em>{R</em>{eff}/8}$ (dex)</th>
<th>$Age_{R_{bar}}$ (Gyr)</th>
<th>$[Z/H]<em>{R</em>{bar}}$ (dex)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NGC 1015</td>
<td>1.77</td>
<td>4.53</td>
<td>3.60</td>
<td>8.59</td>
<td>0.11</td>
<td>8.17</td>
<td>−0.096</td>
</tr>
<tr>
<td>NGC 2543</td>
<td>3.18</td>
<td>3.58</td>
<td>1.85</td>
<td>1.24</td>
<td>0.37</td>
<td>2.44</td>
<td>0.024</td>
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<tr>
<td>NGC 2712</td>
<td>2.49</td>
<td>1.77</td>
<td>1.83</td>
<td>4.76</td>
<td>−0.93</td>
<td>8.62</td>
<td>−1.033</td>
</tr>
<tr>
<td>NGC 2859</td>
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<td>4.99</td>
<td>3.88</td>
<td>6.86</td>
<td>0.31</td>
<td>10.0</td>
<td>−0.088</td>
</tr>
<tr>
<td>NGC 2893</td>
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<td>−0.37</td>
<td>2.17</td>
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<td>3.55</td>
<td>0.49</td>
<td>8.91</td>
<td>−0.065</td>
</tr>
<tr>
<td>NGC 3485</td>
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<td>−0.02</td>
<td>2.59</td>
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<td>−0.52</td>
<td>1.91</td>
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<tr>
<td>NGC 4245</td>
<td>2.18</td>
<td>5.24</td>
<td>3.72</td>
<td>1.02</td>
<td>0.67</td>
<td>4.81</td>
<td>−0.053</td>
</tr>
<tr>
<td>NGC 4262$^v$</td>
<td>1.19</td>
<td>4.72</td>
<td>4.72</td>
<td>13.0</td>
<td>0.17</td>
<td>15.8</td>
<td>−0.343</td>
</tr>
<tr>
<td>NGC 4267$^v$</td>
<td>1.61</td>
<td>5.28</td>
<td>4.35</td>
<td>8.64</td>
<td>0.34</td>
<td>12.2</td>
<td>−0.069</td>
</tr>
<tr>
<td>NGC 4394$^v$</td>
<td>2.58</td>
<td>4.35</td>
<td>2.92</td>
<td>1.70</td>
<td>0.57</td>
<td>3.10</td>
<td>−0.049</td>
</tr>
<tr>
<td>NGC 4643</td>
<td>1.97</td>
<td>5.55</td>
<td>4.01</td>
<td>1.65</td>
<td>0.58</td>
<td>7.42</td>
<td>0.103</td>
</tr>
<tr>
<td>NGC 5350</td>
<td>2.23</td>
<td>3.98</td>
<td>2.85</td>
<td>3.39</td>
<td>0.06</td>
<td>2.67</td>
<td>0.041</td>
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<tr>
<td>NGC 5375</td>
<td>1.91</td>
<td>4.30</td>
<td>3.23</td>
<td>6.91</td>
<td>0.06</td>
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<td>NGC 5701</td>
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<td>4.54</td>
<td>3.63</td>
<td>7.68</td>
<td>0.17</td>
<td>9.37</td>
<td>−0.125</td>
</tr>
</tbody>
</table>

Notes. Line-strength indices, ages and metallicities are determined in this work and values are given within $R_{eff/8}$ as a central measurement.

both sides of it. The age of the centre in fact compares well to that of the disc, suggesting that their star formation events might have occurred at a similar epoch. However, this could also be an influence of the bar which could produce younger stellar populations at the centre and at the end of the bar as predicted by Wozniak (2007). We also observe that the average age of bars in mainly our early-type galaxies is of the order of the bulge and rather old, usually up to 10 Gyr, no matter if they reside in a young, star-forming disc.
Figure 9. SSP profiles for NGC 4394. On top we present the SSP maps of age, metallicity and $\alpha$ abundance with the major axis indicated by a straight black line, the bar major axis by a thick dashed black line and the bar minor axis by a thin dashed line. The panels below show the profile along the bar major axis directly extracted from the map with a slit of width of 3 arcsec in order to trace along the bins. We show individual measurements in grey and averaged values overplotted in black. Half and three quarters of the bar length are indicated by dashed black and grey lines, respectively.

(see Fig. 8 and individual maps in Appendix A). The later types host younger populations in their bars however as they are overall younger.

The metallicity reflects best the structure seen in the Fe5015 profiles. The central peak, as well as the peaks around half to three quarters $R_{\text{bar}}$ are clearly visible. This is the case for several of the other galaxies, too, although some of the profiles suffer from larger scatter than the index profiles. This dip in between the centre and the bar’s edges can however also be a contrast effect of the bulge which we cannot fully exclude. About 40 per cent of our sample shows higher metallicities along the major than the minor axis (in agreement with Mg$b$ and Fe5015 indices).

The $\alpha$ abundance is very similar and agrees within error bars along both axes. The $\alpha$ abundance map of NGC 4394 in the example figure shows indeed a clear difference between the centre, the barred region and the outskirts where the spiral arms start. Within the barred region, it remains practically flat and lower than for the inner and outer regions. This is not typically the case. We find a large variety showing central enhancements as well as drops amongst the galaxies of our sample.

6 STELLAR POPULATION GRADIENT ANALYSIS

One of the most studied aspects of bar-driven secular evolution is the effect on the stellar population gradients. Early theoretical work (e.g. Friedli et al. 1994) suggests a significant flattening of the abundance (metallicity) gradients in barred galaxies. This result is further strengthened by more recent numerical simulations also finding weaker metallicity gradients in the presence of a strong bar (e.g. Minchev & Famaey 2010).

6.1 Break position

While observations and theory have primarily considered the overall gradient, we attempt to separate gradients and investigate their behaviour in dependence of the host galaxy’s bar properties, i.e. their strength. This step is further motivated in the light of our results suggesting a noticeable, although very small, bar influence in the central regions. In fact, changes in the slope of the gas-phase metallicity gradient have been distinguished and studied in numerous works (e.g. Vila-Costas & Edmunds 1992; Zaritsky 1992; Martin & Roy 1995; Zahid & Bresolin 2011). Their existence is usually attributed to variations of the gas density as a result of bar-driven large-scale mixing (Friedli & Benz 1995). However, Sánchez et al. (2012) have found no variation in the gas phase metallicity gradient between barred and unbarred galaxies using the CALIFA sample.

Earlier works on stellar metallicity gradients such as MacArthur et al. (2009) or Pérez & Sánchez-Blázquez (2011) have also separated gradients based on a bulge-disc decomposition. In some of their profiles, this transition coincides with the innate breaks of the profiles. In other cases however, the structure of the profile itself is not taken into account and the gradients are fitted within the pre-determined bulge region (bar, disc regions). Our analysis is based only on the shape of the index and SSP profiles in order to avoid biases coming from the photometry or applied bulge-disc...
decompositions. The work by Sánchez-Blázquez et al. (2014a) uses this same method to differentiate regions of different metallicity and metallicity gradients. This is crucial, in particular as former studies have not distinguished these breaks (e.g. Sánchez et al. 2011). The comparison between line-strength indices and full spectral fitting results are in a good agreement, which gives particular confidence in our results. We conclude that it is important to differentiate between areas of distinct slope either by a prior decomposition or by directly observing the profiles. Both attempts bear advantages and disadvantages of course and are simply based on different assumptions.

We investigated the position of the break in the index and SSP profiles (see Fig. 10) which determined two regimes of different gradients. Fig. 11 illustrates this analysis, showing the locations for the SSP profile breaks (averaged values from all profiles). They are very similar to the positions of the index profile breaks. In both cases, more than 50 per cent of the galaxies have their break at around 0.1$R_{\text{bar}}$, a few up to 0.2–0.3$R_{\text{bar}}$. Summarizing our kinematic as well as population analysis, it seems that this location, around $0.13 \pm 0.06R_{\text{bar}}$, is a key location in barred galaxies.

6.2 Connection between inner gradients and distinct inner dynamics

Using the inner gradients, we tried to further quantify the impact of bars on creating inner substructures. Fig. 12 (left-hand panel) shows strong correlations between inner index gradients and $h_\lambda - v/\sigma$ anticorrelation, which was already shown in Fig. 6 in connection with central SSP values. This correlation is found for all inner index gradients, but mainly for the inner gradients of $Mgb$ and Fe5015. This behaviour is seen along both axes, along the major and minor bar axes, which is expected as the anticorrelation of $h_\lambda - v/\sigma$ was obtained using an aperture of 0.13 bar lengths. This roughly corresponds to the area in which the index (and SSP) gradients have been measured, also corresponding to the inner structure, mostly axisymmetric. We also show values for our comparison sample for all three data sets. We find that in particular for strong anticorrelations, the gradients fall within the same area as for the barred galaxies, while lower anticorrelations deviate from the barred sample. The right-hand panel of Fig. 12 shows the same measurement for the SSP gradients. Here, a significant correlation is only found for the metallicity gradients. Again, unbarred galaxies agree with the barred ones for high values of $h_\lambda - v/\sigma$ anticorrelation.

The shown correlations illustrate mainly, that the presence of an inner dynamically differently rotating structure seems to be closely linked to a steeper inner negative metallicity gradient. The Hubble type seems to influence this relation but does not appear to be the only driver. Early-type galaxies show in general steeper relations and a stronger anticorrelation, but we lack enough data points for the later types in order to fortify this result. Instead, on the right-hand panel, which is colour-coded with the bar strength values, the relation with this colour-code appears to be slightly stronger. However, it demonstrates that weaker bars show steeper gradients and stronger anticorrelations. So if these structures were due to an influence by the bar, the impact could have occurred at an earlier stage of its evolution and took time to develop. Former works, in particular simulations, suggest that the strongest influence of the bar happens during its buckling phase (e.g. Martinez-Valpuesta, Shlosman & Heller 2006), which is an early phase of the bar formation.

In any case, these correlations clearly illustrate a relation between distinct inner dynamics and the steepness of inner gradients, possibly under the influence of a barred structure.

6.3 Line-strength gradients as a function of bar strength

As the SSP values are based on the line-strength values which are directly measured on the data, we first determine the gradients directly from the index values. In Fig. 10, we show the profiles with the gradients indicated for $Mgb$ as an example. Doubtlessly, the break in most profiles stands out clearly for our data. At the same time, we wish to point out the necessity for sufficient spatial resolution in order to resolve these profiles and thus be able to distinguish between the two gradients. This distinction is particularly important in barred galaxies as they have rich inner substructures such as inner discs or rings that could alter the overall gradient significantly (e.g. Erwin & Sparke 2002; MacArthur et al. 2004, 2009; de Lorenzo-Cáceres et al. 2013).

Fig. 13 reveals a clear difference between the inner and outer index gradients, each consistent for major (black points) and minor axis (grey points) measurements. Apart from the major difference in magnitude, much stronger correlations with bar strength are observed for the inner gradients. In particular for the Fe5015 gradients, the correlation is found to be strong, resulting in a linear Pearson correlation coefficient of $R = 0.71$ (p-value = 0.002). For the other two indices, tentative correlations with bar strength can be observed, but among our small sample, the scatter is large and it is difficult to deduce a definite conclusion. The linear Pearson correlation coefficients are $R = 0.31$ (p-value = 0.24) for the $H_{\alpha}$ gradients and $R = 0.61$ (p-value = 0.01) for $Mgb$. Overall, the $H_{\alpha}$ gradient (as a proxy for age) seems to decrease with bar strength while the two gradients of the metallicity proxies, Fe5015 and $Mgb$ seem to increase consistently.

The outer gradients are all much lower in magnitude. While the $H_{\alpha}$ outer gradients seem to correlate with bar strength, the two metallicity indicators show a scatter around zero or below. The fact that the $H_{\alpha}$ gradients seem to increase with bar strength could imply an effect of bars or a relation of them to the disc. The linear Pearson correlation coefficient in this case is $R = 0.62$. Its p-value of 0.01 only gives a tentative significance. As often, this could also be an effect of the galaxies’ Hubble type. In our sample (as found in general, see, e.g. Laurikainen et al. 2007), later types exhibit stronger bars. Numerous earlier studies using colours (e.g. de Jong 1996; Peletier & Balcells 1996; MacArthur et al. 2004; Muñoz-Mateos et al. 2007, 2009) already found bluer outer parts in disc galaxies. This was confirmed by spectroscopic studies measuring elevated $H_{\alpha}$ (corresponding to younger ages) in the external regions (e.g. Yoachim & Dalcanton 2008; MacArthur, González & Courteau 2009; Sánchez-Blázquez et al. 2011, 2014a; Yoachim, Roškar & Debattista 2012; Ruiz-Lara et al. 2013). Therefore, we expect to find positive values when measuring the gradient towards the edge of the bar. The value of these gradients is further expected to increase when going to later types as the discs are found to be even bluer. This effect could be enhanced by the presence of a bar due to bar–spiral coupling (e.g. Minchev & Famaey 2010). On the one hand, the process of bar–spiral coupling is supposed to make mixing mechanisms more efficient and therefore possibly erase strong gradients, although this effect is much more pronounced at larger radii. On the other hand, through the enhanced perturbations, gas could be funnelled more efficiently to these regions and star formation might be triggered easier. However, the flattening of the gradient occurs on a large timescale. The effect of recent young populations could be therefore.
Figure 10. Bar major axis profiles and linear inner (red) and outer (blue) gradients of the Mg$b$ index as an example of the index measurements for the entire BaLROG sample. The mean uncertainty is indicated in each panel in the lower right corner. Dashed lines indicate the region between 0.1 and 0.15 $R_{\text{bar}}$, dotted lines the position of 0.5 $R_{\text{bar}}$, and dash–dotted lines the position of 1.5 $R_{\text{eff}}$.

enough to raise the luminosity weighted line-strength gradient of H$_\beta$.

For a comparison with galaxies without bars, we return to our sample of unbarred galaxies from the ATLAS3D and SAURON studies. We performed our analysis analogously to the BaLROG sample on these galaxies and also obtained slopes of inner and outer gradients. When trying to detect breaks in the index gradients of the unbarred sample, we found that in some cases, they were not
Figure 11. Location of the break position for the SSP profiles (almost identical with that for the index profiles).

as obvious as in the barred galaxies, in particular for the later types. We illustrate examples of these gradients in Fig. D1 in the appendix, showing Mgb and Hβ profiles. In certain cases, the profile did not exhibit a strong break, but rather showed a continuity, leading to similar inner and outer gradients. This confirms former results, e.g. by Morelli et al. (2008) who only found very weak age gradients in a sample of unbarred galaxies. Hence, we suggest that this lack of breaks in the index profiles is not due to the outer gradients, as their magnitude remains comparable to the ones measured in BaLROG, but to the lack of inner substructures such as nuclear discs or rings or an influence of the bulge. The fact that we find a strong difference of inner and outer gradients in our sample of barred galaxies indicates a possible influence of bars in creating substructures, particularly by providing the fuel for subsequent star formation (e.g. Knapen 2005; Knapen et al. 2006; Peletier et al. 2007; Comerón et al. 2010). It might however also be due to the influence of a bulge that starts to dominate in the inner regions, as we do detect difference in the profiles also in the unbarred sample.

Comparing the value of the observed gradients in Hβ, we find a stronger dependence on Hubble type than the presence of bars: our average major and minor bar gradients are practically the same, 0.10 ± 0.07 and 0.11 ± 0.16 Å kpc⁻¹, respectively. The ATLAS3D sample of unbarred galaxies yields a value of 0.13 ± 0.06 Å kpc⁻¹, the SAURON (S0 and Sa galaxies) a value of 0.14 ± 0.11 Å kpc⁻¹ and the late-type SAURON sample 0.24 ± 0.09 Å kpc⁻¹. In context

Figure 12. Inner gradients as a function of $h_\alpha – v/\sigma$ anticorrelation (the latter is analysed in Paper I and Fig. 6 of this paper). Hubble types (and bar strength for the right-hand panel) are indicated in colours for the bar major axis gradients while bar minor axis gradients are shown as dots in grey. Values from our unbarred comparison sample are shown as open symbols distinguishing between the three data sets. The linear Pearson correlation coefficient (calculated for the bar major axis points), if significant, is given in all cases as the value $R$ in the respective panels.
BaLROG II. Bar influence on stellar content

Figure 13. Inner and outer index gradients for H\textbeta, Fe5015 and Mg\textit{b}. We depict the outer gradient twice to (1) highlight its difference in magnitude to the inner gradient (middle panel) and (2) illustrate its values in greater detail (right). Black points represent bar major axis measurements while grey points can be attributed to the corresponding minor axis results. The linear Pearson correlation coefficient is indicated in two cases as \( R \), for the rest it was not significant. In the right-hand panels, we furthermore indicate the averaged values (by weight) for the bar major axis measurements (green – upper bar) and for a combination of bar minor axis measurements and measurements on unbarred galaxies from the SAURON and ATLAS3D surveys (grey – lower bar).

with former studies finding bluer (younger) outer regions of disc galaxies (e.g. de Jong 1996; Peletier & Balcells 1996; MacArthur et al. 2004), we conclude that the measured gradients are dominated by this effect: for later types the outer disc regions become increasingly bluer and hence steepen the overall H\textbeta gradient, with or without a bar.

The gradients determined from Fe5015 as well as Mg\textit{b} profiles however are systematically steeper along the minor bar axes compared to the major bar axis. The latter are closer to zero, in particular for Fe5015. We indicate the mean values of the bar major axis measurements for iron and magnesium gradients for the same samples as for H\textbeta. For these metallicity indicating gradients, we observe a much larger similarity of the unbarred galaxies with the bar minor axis measurements. Quantitatively, we find a mean value for the outer gradients in Fe5015 along the bar major axis in our BaLROG sample of \(-0.55 \pm 0.23 \text{ Å kpc}^{-1}\) and the ATLAS3D (mainly S0 and S0-a galaxies) show \(-0.34 \pm 0.12 \text{ Å kpc}^{-1}\) and the late-type galaxies \(-0.58 \pm 0.12 \text{ Å kpc}^{-1}\). The weighted mean value of the comparison samples is \(-0.49 \text{ Å kpc}^{-1}\) in comparison with \(-0.05 \text{ Å kpc}^{-1}\) for the bar major axis measurements. For the Mg\textit{b} index, we find a mean value of \(-0.34 \text{ Å kpc}^{-1}\) amongst the comparison samples and a value of \(-0.13 \pm 0.05 \text{ Å kpc}^{-1}\) along the bar major axis.

The results for the Fe5015 gradients are summarized in Fig. 14, where each curve represents the mean value and its error. The difference can clearly be appreciated. We also observe a trend that earlier types (ATLAS3D) seem to show shallower gradients than late types. Therefore, we furthermore separated early- and late-type galaxies for the bar major axis measurements and within this sample, we actually find that the earlier types are not necessarily shallower but actually more positive. Nevertheless, the separation is small and hence we conclude that in this case, the bar is in fact the driver and not the Hubble type.

This analysis confirms our hypothesis that bars display flatter gradients, but only along the bar major axis. A similar result was found in a pilot study by Sánchez-Blázquez et al. (2011), but only using two galaxies. Other studies have not compared profiles


Figure 14. Mean values and their uncertainties shown as Gaussians for the Fe5015 outer gradients for the BaLROG bar major and minor axis in comparison with the ATLAS3D, SAURON and late-type SAURON samples. Additionally, we separate early and late types for the BaLROG galaxies.

6.4 SSP gradients as a function of bar strength

Similarly to the index gradients, we determined the slopes along the SSP profiles (age, metallicity and \( \alpha \) abundance), again considering two distinct regions within the bar region. An example for the metallicity is shown in Fig. E1 in appendix E. The absolute values found for the outer gradients are comparable in magnitude to the ones found in previous studies, such as the recent study of CALIFA galaxies (e.g. Sánchez-Blázquez et al. 2014b). As found for the index profiles, there is a clear difference between two gradients in our SSP profiles. To make this distinction and to identify the break in the profiles is crucial for unravelling the influence of bars.

Figure 15. Inner and outer index gradients for age, metallicity and \( \alpha \) abundance. We depict the outer gradient twice to (1) highlight its difference in magnitude to the inner gradient (middle panel) and (2) illustrate its values in greater detail (right). Black and grey points represent the same as in Fig. 13. The linear Pearson correlation coefficient is indicated in the case of the inner metallicity gradient as \( R=0.71 \), for the rest it was not significant. In this same panel, we also show the difference between early (red) and late (blue) types within our sample.
As already seen for the indices, the magnitude of the inner gradients is much higher (see Fig. 15). This time, we only find a correlation of the inner metallicity gradients with bar strength. Weaker bars show a stronger negative metallicity gradient, however this seems to be influenced by the Hubble type, too. Early type do not show a strong correlation whereas the correlation is maintained for the late types. Supposing an initial negative metallicity gradient (e.g. Di Matteo et al. 2013), this finding implies that weak bars allow it to survive – or that there is a significant difference between the initial metallicity gradient between early- and late-type galaxies. Towards stronger bars, this gradient seems to flatten and even turns into a positive gradient in fact, such that metallicities get higher in the bar regions compared to the centre. In addition, we observe once more an agreement of the results along major and minor axes. This could also suggest that the influence of the bar, if it reaches these regions, is rather quickly distributed radially around the centre or that bars have only a limited influence in these galaxies.

While the gradients agree for the inner regions between major and minor axes, the outer gradients along the different axes are slightly different. In the amplification of the panels on the right-hand side of Fig. 15, it can be seen that the age gradients along the major axis are slightly negative. The opposite is the case for the age gradients along the bar minor axis. As our gradients stop at the maximum bar length, this could be the result of the entering spiral arms along the major axis which leads the gradients to be slightly negative, hence going towards younger populations towards the outer parts. Simulations by Wozniak (2007) suggest that young populations are indeed found at the edges of bars. Furthermore, the disc region with the spiral arms might not have been reached along the minor axis. Therefore, the gradient in those cases can result to be slightly positive, i.e. the population is younger in the inner parts.

The outer metallicity gradient exhibits a similar behaviour as the Fe5015 (and Mg_b) index: bar major axis gradients are found to be closer to zero, while bar minor axis gradients are found to be slightly more negative. This supports the notion of increased flattening of the metallicity gradient along the bar major axis, also found for two galaxies in Sánchez-Blázquez et al. (2011). We furthermore compute metallicity gradients of three unbarred control samples already mentioned above, namely ATLAS3D (Cappellari et al. 2011), SAURON S0 and Sa galaxies (Peletier et al. 2007) and late-type SAURON galaxies (Ganda et al. 2007). We use the same method as for our sample: we first derive the metallicities with model from the line-strength maps provided by the published work; then we determine the profile and identify its break to measure the two slopes. Fig. 16 illustrates the clear difference between the outer metallicity gradient along the bar major axis and the significantly steeper metallicity gradients found along the minor axis and in all unbarred samples. Along the bar major axis, we find the metallicity gradient to be 0.03 ± 0.07 dex kpc-1 whereas the mean value of the minor axis and unbarred control sample is −0.20 ± 0.04 dex kpc-1. We mention once more that the contrast effect between the bulge and bar component (see Section 4.2) can alter the gradient, but cannot account for the general flattening along the bar major axis. It might lead however to some of the positive gradients that we measure, which are not necessarily expected according to bar-driven secular evolution. We further note a very mild trend with Hubble types among the unbarred control samples in the sense that steeper negative gradients are found in later type galaxies. Consistent with our former results on Mg_b and Fe5015 gradients, this trend is well within the uncertainties and the difference of barred (along the bar major axis) versus unbarred (or barred, but not along the bar axis) is much higher. We therefore suggest the bar as the responsible agent for this flattening.

The α abundance profiles do not reveal any tendency. We note however, that those values need to be taken with care due to the mixture of populations already revealed and observed in the index–index diagrams.

7 DISCUSSION

7.1 Discrepancies in the literature

As already illustrated in the introduction, numerous works have been studying the influence of bars on the metallicity and α abundance gradients. Simulations and theoretical studies mainly propose a flattening of these gradients, which is even stronger for older stellar populations (e.g. Friedli et al. 1994; Minchev & Famaey 2010). These theoretical results have only been partly corroborated by observations. While some studies (e.g. Martin & Roy 1994; Sánchez-Blázquez et al. 2011; Williams et al. 2012) confirm the flattening, others observe a large variety (e.g. Pérez et al. 2009) and recent results do not find any difference in the gradients of barred or unbarred galaxies for stellar and gas-phase metallicity (e.g. Sánchez et al. 2014; Sánchez-Blázquez et al. 2014b; Cheung et al. 2015b; Ho et al. 2015). There are however significant differences between the studies that could lead to this disagreement. In particular, it is crucial where the gradient is measured and also along which axis and at which possible spatial resolution – in order to distinguish different types of gradients which are related to different drivers.

To start with, simulations disagree on the initial overall gradient and its temporal evolution. While most chemical evolution models predict an initially negative metallicity gradient that flattens in time (e.g. Mollá, Ferrini & Díaz 1997; Mollá & Díaz 2005; Fu et al. 2009; Schönrich & Binney 2009) others start with flat or even initially inverted gradients that steepen with time (e.g. Samland, Hensler & Theis 1997; Chiappini, Matteucci & Romano 2001). These differences in the models are attributed to (i) the degree of enrichment of infalling material and (ii) distinct efficiencies between enrichment processes of inner and outer disc regions. The works of Pilkington et al. (2012) and Gibson et al. (2013) further analyse metallicity gradients and their evolution in fully cosmological hydrodynamical simulations. They attribute the discrepancies in the resulting

Figure 16. Mean values and their uncertainties shown as Gaussians for the metallicity gradients for the BaLROG bar major and minor axis in comparison with the ATLAS3D, SAURON and late-type SAURON samples.

![Figure 16](https://example.com/figure16.png)
gradients to the influence of the subgrid physics employed in the hydrodynamical codes used in cosmological simulations, where galaxy formation crucially depends on the implemented feedback schemes. Observationally, an inside-out formation scenario, leading to final overall negative metallicity gradients is commonly confirmed (e.g. de Jong 1996; Bell & de Jong 2000; MacArthur et al. 2004; Muñoz-Mateos et al. 2007). Our results on the outer metallicity gradients confirm this finding. We typically observe negative metallicity gradients, in particular when extending to the outer disc regions. Only when measuring the gradient along the bar major axis, we observe differences.

So, which influence can bars have? Do they or not produce a flattening and if so where and why? A flattening of the overall gradient is supposed to be most obvious in the outer parts, beyond bar corotation due to a bar-spiral coupling (e.g. Di Matteo et al. 2013; Minchev, Chiappini & Martig 2013). Studies such as done by Sánchez-Blázquez et al. (2014b) examined exactly this metallicity gradient and found no hint for a flattening introduced by the bar. This result is supported by other works also studying the global (or integrated) metallicity and metallicity gradients and which also do not detect any difference between barred or unbarred galaxies (e.g. Cacho et al. 2014; Cheung et al. 2015b).

However, one has to distinguish between this outer (and global) and yet another inner gradient: due to the bar providing the necessary fuel to trigger central star formation in the nuclear region, abundance gradients can steepen significantly in these regions (e.g. Friedli et al. 1994). In fact, even in unbarred galaxies, a clear break in the stellar metallicity profile has been detected and inner and outer gradients have been distinguished (e.g. Sánchez-Blázquez et al. 2014a). Furthermore, the axis along which the gradient is measured is important. Scarce former studies have compared the metallicity gradients along the bar with that perpendicular to it or along the disc major axis and detected flatter gradients along the bar major axis (Pérez et al. 2009; Sánchez-Blázquez et al. 2011; Williams et al. 2012). This difference is predicted by simulations (e.g. Di Matteo et al. 2013; Martínez-Vázquez & Gerhard 2013), although the absolute value of the gradient is strongly dependent on the initial metallicity gradient in the disc. In simulations by Martínez-Vázquez & Gerhard (2013), the initial gradient along the bar of $-0.4$ dex kpc$^{-1}$ evolves to a final value of $-0.26$ dex kpc$^{-1}$, while (Friedli 1998) starts with an initial gradient of $-0.1$ dex kpc$^{-1}$ and hence also obtains a lower final value.

Our work clearly distinguishes the regions of different gradients. This allows us to differentiate between the influence of inner substructures and overall properties along the bar compared to the overall galaxy. We do observe a flattening of the metallicity gradient, but only along the bar major axis. This flattening is a small effect as expected from former studies that did not reach a consensus on a difference in stellar metallicity gradients in barred or unbarred galaxies, and confirms the flattening seen along the bar major axis (Pérez et al. 2007, 2009; Sánchez-Blázquez et al. 2011, 2014b; Williams et al. 2012; Cheung et al. 2015b). The implication of our finding of a flattening along the bar compared with steeper gradients observed along other axes or in unbarred galaxies is discussed in the following section.

7.2 The role of bars in galaxy evolution

The results obtained in our work clearly indicate only a very weak influence of bars on the stellar populations of their host galaxies, definitely less than suggested by numerical simulations. As explained above, this minor yet existing bar influence does not contradict former studies that claim no difference between stellar population parameters of inner regions (bulge) or metallicity gradients between barred and unbarred galaxies. Most of the differences and discrepancies between former studies arise due to different analysis techniques and/or spatial resolution effects (see above, Section 7.1).

Our results reveal a subtle but noticeable influence of bars in the central regions. They are able to trigger or at least favour the build-up of substructures leading to younger ages, higher metallicities and different orbital configurations. This confirms numerous former studies on central star formation, nuclear-rings and inner discs (e.g. Heller & Shlosman 1994; Knapen et al. 1995, 2010; Allard et al. 2006; van der Laan et al. 2013b; Florido et al. 2015).

Furthermore, we demonstrate for the first time with a representative sample of barred galaxies, compared with a large number of unbarred galaxies, that the metallicity gradients along the bar are significantly shallower than along another axis or in the unbarred control sample. We stress here that we do not sample these gradients in the outer discs, but within the bar regions. Simulations of chemical evolution models investigating bar-driven secular evolution predict a flattening of the metallicity gradients of barred versus unbarred galaxies in their discs (e.g. Friedli et al. 1994; Di Matteo et al. 2013). This has yet to be observed, in particular in these outer parts, beyond corotation, where the effect is supposed to be strongest (e.g. Brunetti, Chiappini & Pfenniger 2011). So far, studies have found no difference (see above and Sánchez-Blázquez et al. 2014b). However, Di Matteo et al. (2013) also predicts a flattening in the inner regions of barred systems and as such the behaviour observed in Sánchez-Blázquez et al. (2011) and our study. In other words, their predictions fit our findings of bars showing higher metallicities and flatter gradients than disc stars in the same region. Simulations of the Milky Way confirm this behaviour (e.g. Martínez-Váupels & Gerhard 2013).

Our interpretation of the flattened metallicity gradients along the bar (and no other axis) coupled with the absence of a difference of gradients of barred and unbarred galaxies beyond corotation (Sánchez-Blázquez et al. 2014b) or integrated (Cacho et al. 2014; Cheung et al. 2015b) is that bars seem to be confined structures, rotating as cylinders within the galaxy. Under the assumption that bars are long-lived, consistent with the latest numerical simulations (e.g. Athanassoula, Machado & Rodionov 2013, but proposed since a long time) and observations detecting bars out to redshift $z \approx 2$ (e.g. Simmons et al. 2014), we would expect to find a mixing effect if present. However, it seems that bars mostly affect themselves and remain rather confined structures within the galactic discs without too much interaction with it. As gas is more susceptible to non-axisymmetric components, such as bars, they seem to be able to funnel it to the centre and trigger the growth of circumcentral substructures. The properties along the bar however resemble the bulge properties largely (see Fig. 8) and additionally exhibit higher metallicities (e.g. as predicted by Di Matteo et al. 2013). The flatter metallicity gradient along the bars could hence be the result of orbital mixing – but only within the bar, as a confined structure, because it is only observed along it.

Another possibility is that the flat gradient is already produced at higher redshifts due to strong radial mixing which can be achieved by strong galaxy interactions (e.g. Rupke, Kewley & Barnes 2010). Then, in some galaxies, bars formed from this material which already showed enhanced metallicity and flatter metallicity gradients, while in others, only the bulge remains and consists of this material. In both cases, the disc with different properties settles around the system. The similarity of bars and bulges concerning their age, metallicity and also $\alpha$ abundance supports this idea. There could
be an effect of overlap between the two components, but its effect
would be minor. The clear offset in $\alpha$ abundance to lower values
for discs further underscores their distinct formation scenario and
the different time-scales of it. While higher $\alpha$ abundances, such as
seen in the bars and bulges of our sample, suggest short formation
time-scales, lower values indicate more extended formation scenar-
ios. The fact that bars are observed up to high redshifts also enables
the possibility of this scenario. Further, recent simulations also find
that bars form very fast (within a few rotation time-scales) and early
on (e.g. Saha 2015) as soon as a cool stellar disc is assembled around
the bulge spheroid, which in turn is then altered by bar-driven secu-
lar processes. As our sample is slightly biased towards early types,
the strong connection between bars and their bulges might be even
more explicit amongst this sample and could be valid in particular
for bars in early-type galaxies. In particular, bars also empty the
region around them, so anything that happens in the disc, does not
reach the bar such that the bar is a proxy of the state of the disc
when the bar formed.

In fact, the average age of bars depends on the Hubble type.
However, in the early-type galaxies of our sample, it is of the order
of the bulge and rather old, usually up to 10 Gyr. At the same
time they often reside in a younger, star-forming disc. The fact that
the age of the bar in those systems is old, despite the presence of
younger populations in other parts of the galaxy, argues against
a recent bar formation from disc stars, but for an early formation of
a bar that survived a long time, already put forward by Gadotti &
de Souza (2006), Pérez et al. (2007) and Sánchez-Blázquez et al.
(2011) and supported by recent studies of the bar fraction at high-
redshift finding bars out to $z \sim 2$, using the HST CANDELS data
(Simmons et al. 2014).

None the less, for both early- and late-type galaxies, we conclude
that bars produce a noticeable local effect on their host galaxies.
This is to be expected as barred and unbarred galaxies share the same
large-scale dynamical properties, i.e. they both belong to the same
Tully–Fisher relations (Courteau et al. 2003). This should indicate
that they share a similar baryon/dark matter global distribution,
which implies that secular evolution should be a local phenomenon
– as we observe it. We summarize the most important results and
conclusions in the following section.

8 SUMMARY AND CONCLUSIONS

In this work, we explored the BaLROG sample further, focusing on
the stellar populations. The sample comprises 16 large mosaics of
nearby barred galaxies observed with the IFU SAURON. Similar to
our kinematic analysis (Seidel et al. 2015b, Paper I), we note once
again the necessity of our spatial resolution (typically 100 pc) in
order to be able to detect features induced by bars.

Using the classical method of line-strength index measurements,
we determine SSP ages, metallicities and $\alpha$ abundances and their
gradients which lead us to the following results and conclusions.

(i) Bars among our sample exhibit a large variety of index mea-
surements, and hence ages and metallicities. Global values, such as
integrated quantities within the effective radius, do not seem to be
influenced by the bar as already observed in larger samples (e.g.
McDermid et al. 2015), but follow general galaxy trends according
to Hubble type and central velocity dispersions.

(ii) Elevated Fe5015 values are found at the edges of seven of
the bars of our sample, compared to their discs, reflected by an
elevation in the metallicity profile around 0.5–0.75 bar lengths. We
cannot fully exclude that this is due to a contrast effect of the bulge.

(iii) Galaxies with their central spectra falling outside the SSP
grid (towards the high metallicity end) overlap with those exhibiting
a strong $h_{\alpha}/\sigma$ anticorrelation within 0.1$R_{\text{eff}}$ (found in our
Paper I), suggesting a strong connection between this dynamical feature and
the presence of a complex mixture of populations.

(iv) Ages, metallicities and $\alpha$ abundances are found to be similar
in bars and bulges, while discs show offsets. They exhibit in particu-
lar younger ages and lower $\alpha$ abundances. Although some of the
early-type bars are rather old, up to 10 Gyr, they reside in a young,
star-forming disc. This supports theoretical predictions that bars are
long-lived structures and might have formed a long time ago and
survived until the present day.

(v) We identify breaks among all index as well as SSP profiles
and therefore measure two different gradients. The location of the
break between the two different slopes is mainly located at 0.13 ±
0.06 bar lengths, confirming this place as a particular region al-
ready identified in Paper I, and possibly linked to an inner Lindblad
resonance (Elmegreen 1994).

(vi) Inner gradients are found to be much steeper than outer
gradients, for both index and SSP profiles in bar major and minor
axes. Inner gradients commonly agree for bar major and minor
axes and might be a result of the bulge dominated region here. They
become larger when there is a central rotating component. This
implies a close connection between gradients with dynamics and
orbits.

(vii) Outer gradients show offsets between major and minor bar
axes. In particular for Fe5015, Mgb and metallicity, we find that
major axis gradients scatter around zero while minor axis gradients
are steeper and negative towards the outside. This might be a hint
of flattening of these parameters along the bar major axis. This is
confirmed by analysing unbarred galaxies from the SAURON and
ATLAS3D surveys that also show steeper outer gradients compara-
able to the minor axis gradients found in the barred galaxies. Along
the bar major axis, the metallicity gradient is found to be 0.03 ±
0.07 dex kpc$^{-1}$ whereas the mean value of the minor axis and the
unbarred control sample is $-0.20 \pm 0.04$ dex kpc$^{-1}$. This trend was
seen for two galaxies analysed in Sánchez-Blázquez et al. (2011)
and is predicted by models (e.g. Di Matteo et al. 2013; Martinez-
Valpuesta & Gerhard 2013). We note however, that the exact values
of the mean gradients are still based on a small sample and could be
slightly altered due to the contrast effect of the overlying structures
of bulge, disc and bar.

(viii) We further observe a good correlation between inner
Fe5015 and metallicity gradients versus bar strength, such that
stronger bars show positive gradients, while weak bars show nega-
tive gradients. This might be an influence of the bar providing fuel
for nuclear star formation. This result is supported by the increas-
ing central H$\alpha$ values and decreasing younger central ages with bar
strength. Hence, the bar would alter the composition of the bulge.
We note that all results on individual galaxies are shown in the
appendix.

In conclusion, we reiterate our statement from Paper I which is that
bars do not seem to alter global galaxy properties but do influence
their host galaxies in a consistent way, localized, in different regions.
In particular, the region around 0.13 ± 0.06 bar lengths seems
to be a common point where this influence can be detected, but
sufficient spatial resolution is needed. Furthermore, in agreement
with former pilot studies (e.g. Sánchez-Blázquez et al. 2011), we
find a flattening of the metallicity gradient – only along the major
axis of the bar – and when taking the gradient separately from
the inner slope which is clearly different. The spatial resolution

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coupled with the method to obtain gradients and the area where they are taken is very likely the reason for the lack of difference found in recent large statistical studies (Sánchez-Blázquez et al. 2014b; Cheung et al. 2015b). In upcoming work, we will investigate in detail the resonance points in order to identify reasons for the behaviour found in kinematics and stellar populations. Furthermore, observations by even better (higher spatial and spectral resolution, larger FoV) IFUs such as MUSE will enable us to improve our understanding of substructures in galaxies, their origin and relation to large-scale structures such as bars and bulges.

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REFERENCES

APPENDIX A: COMPLETE SET OF MAPS OF LINE-STRENGTH INDICES, SSP-GRIDS AND SSP PARAMETERS FOR THE BaLROG SAMPLE

We show maps of the obtained line-strength indices and derived SSP parameters for the entire BaLROG sample of galaxies in Figs A1–A16. In each figure, we show different maps of each galaxy in landscape format, top to bottom and left to right: (i) SDSS ugri-colour image of the galaxy, (ii) parameters of the galaxy along with the inclination, the bar strengths measured, the central stellar velocity dispersion and central line-strength indices for H$_\alpha$, Fe5015 and Mg$b$. Bottom left: (i) index–index diagram with age-sensitive index H$_\alpha$ versus metallicity-sensitive combined index of MgFe50', individual measurements from each bin are shown in grey and the isophotal profile with dark blue (and larger) dots showing the central measurement going from yellow to red towards the outer parts, representative uncertainties are indicated in the right top corner for individual measurements. On the left, top to bottom we show index maps and SSP maps and their corresponding profiles along the bar major, after the maps we show the (i) major axis profile: grey values show individual Voronoi measurements while black ones indicate averaged quantities, grey dashed vertical lines indicate 3/4 of the bar length and black dashed lines half the bar length. From left to right, we show (i) H$_\alpha$ index, (ii) Fe5015 index, (iii) Mg$b$ index; below the SSP parameters: (i) age (in logarithmic units and in Gyr), (ii) metallicity (in dex), (iii) $\alpha$ abundance (as a measure of the difference between metallicities of Mg and Fe). In all maps, isophotes are separated by half a magnitude.
Figure A1. Summary of the stellar population maps and important parameters for each galaxy. On the top left, we show a colour SDSS image with an indication of the IFU mosaics in white dashed lines, below an index-index diagram and to the right index and SSP profiles. For more details please refer to the text.
BaLROG II. Bar influence on stellar content

NGC2543
SB(s)b
α: 08h12m57.92s
δ: +36°15'16.7"
incl 59.9
Q 0.36
σ_0 89.8 km/s

Hβ 3.73
Fe5015 3.44
Mgb 1.56

Figure A2. Fig. A1 continued.
Figure A.3. Fig. A1 continued.
NGC2859
(R)SB0+(r)
α: 09°24'18.53''
δ: +34°30'48.6''
incl. 37.2
Q_α 0.17
σ_α 176.6 km/s
H_α 1.78
Fe5015 4.86
MgB 3.83

Figure A4. Fig. A1 continued.
NGC2893
SB0-a
$\alpha$: 09h30m16.96s
$\delta$: +29\degree32\arcmin23.9\arcsec
incl 17.4
$Q_0$ 0.16
$\sigma_{\text{ms}}$ 75.1 km/s
H$\beta$ 3.68
Fe5015 2.25
Mgb 1.12

Figure A5. Fig. A1 continued.
Figure A7. Fig. A1 continued.
NGC 4245
SBO(a_0)
α: 12°17'36.77''
δ: +29°36'28.8''
incl: 33.3°
Q_0: 0.18
σ_v: 91.2 km/s
Hβ: 2.45
Fe5015: 4.75
Mgb: 3.34

Figure A9. Fig. A1 continued.
NGC4262
SB0-
α: 12h19m35.57s
δ: +14°52'39.6"
ind 24.5
Qv 0.069
σv 180.7 km/s
Hβ 1.27
Fe5015 4.63
Mgb 4.51

Figure A10. Fig. A1 continued.
Figure A11. Fig. A1 continued.
Figure A13. Fig. A1 continued.
NGC5350
SBbc
α: $13^h53^m21.63^s$
δ: $+40^\circ21'50.2''$
incl 50.3
$Q_0$ 0.44
$\sigma_{\text{rms}}$ 99.1 km/s
$H_\beta$ 2.28
Fe5015 3.20
Mgb 2.49

Figure A14. Fig. A1 continued.
NGC5375
SBab
$\alpha$: 13°56'56.00''
$\delta$: +29°09'51.7''
incl 29.8
Q_b 0.23
$\sigma_{\text{tot}}$ 119.3 km/s

H$\beta$ 1.90
Fe5015 4.24
Mgb 3.21

Figure A15. Fig. A1 continued.
APPENDIX B: MEASUREMENT OF THE $h_3 - v/\sigma$ ANTICORRELATION ON THE CONTROL SAMPLE

Just for illustration, we show the $h_3 - v/\sigma$ anticorrelation measurement done on the control sample analogue to Paper I. Fig. B1 shows this measurement for all the three surveys, two galaxies as examples. The top-left panel shows a strong anticorrelation within 0.1 effective radii (red points) for example while the right-hand panel does not show this. In every data set, we find both scenarios.

![Figure B1](https://example.com/figure_b1.png)

**Figure B1.** Example of six galaxies (two per survey) of the $h_3 - v/\sigma$ anticorrelation measurement on the unbarred control sample. Black points indicate the extend of one effective radius, green points within half the effective radius and red points within 0.1 of the effective radius.
APPENDIX C: INDEX GRADIENTS

We determine two gradients along the index profiles for major and minor axes of our galaxies. As examples we show in the text, the major axis gradients for Mg$b$ in Fig. 11. Here, we show the other gradient measurements: (i) H$\beta$ gradients in Fig. C1 and (ii) Fe5015 gradients in Fig. C2.

Figure C1. Bar major axis profiles and linear inner (red) and outer (blue) gradients of the H$\beta$ index. The mean uncertainty is indicated in each panel in the lower right corner. Dashed lines indicate the region between 0.1 and 0.15$R_{\text{bar}}$, dotted lines the position of 0.5$R_{\text{bar}}$ and dash–dotted lines the position of 1.5$R_{\text{eff}}$. 
Figure C2. Bar major axis profiles and linear inner (red) and outer (blue) gradients of the Fe5015 index. The mean uncertainty is indicated in each panel in the lower right corner. Dashed lines indicate the region between 0.1 and 0.15R_{bar}, dotted lines the position of 0.5R_{bar} and dash–dotted lines the position of 1.5R_{eff}.
APPENDIX D: CONTROL SAMPLE

Fig. D1 shows the profiles of examples of the unbarred control data sets. The breaks are clearly less visible in all of the profiles compared to the barred sample. We indicate fractions of the effective radius, but it does not seem to be strongly related to the break position.

Figure D1. Radial profiles and linear inner (red) and outer (blue) gradients of the $H_β$ and Mg$b$ index for examples of the three control data sets. The mean uncertainty is indicated in each panel on the right. Dashed lines indicate the region between 0.1 and 0.15 $R_{\text{eff}}$, dotted lines the position of 0.5$R_{\text{eff}}$ and dash–dotted lines the position of 1.5$R_{\text{eff}}$. 
APPENDIX E: SSP GRADIENTS

We also determined the two gradients along the SSP profiles, shown here for the metallicity gradients in Fig. E1, age gradients in Fig. E2 and $\alpha$ abundance gradients in Fig. E3.

Figure E1. Bar major axis profiles and linear inner (red) and outer (blue) gradients of the metallicity. The mean uncertainty is indicated in each panel in the lower right corner. Dashed lines indicate the region between 0.1 and 0.15$R_{\text{bar}}$, dotted lines the position of 0.5$R_{\text{bar}}$ and dash–dotted lines the position of 1.5$R_{\text{eff}}$. 

Figure E2. Bar major axis profiles and linear inner (red) and outer (blue) gradients of the age. The mean uncertainty is indicated in each panel in the lower right corner. Dashed lines indicate the region between 0.1 and $0.15R_{\text{bar}}$, dotted lines the position of $0.5R_{\text{eff}}$ and dash–dotted lines the position of $1.5R_{\text{eff}}$. 

Figure E3. Bar major axis profiles and linear inner (red) and outer (blue) gradients of the $\alpha$ abundance. The mean uncertainty is indicated in each panel in the lower right corner. Dashed lines indicate the region between 0.1 and 0.15$R_{\text{bar}}$, dotted lines the position of 0.5$R_{\text{bar}}$ and dash–dotted lines the position of 1.5$R_{\text{eff}}$. 

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