

University of Groningen

Antecedents and consequences of helping among adolescents

van Rijsewijk, Louise

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version

Publisher's PDF, also known as Version of record

Publication date:

2018

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):

van Rijsewijk, L. (2018). Antecedents and consequences of helping among adolescents. [Groningen]: Rijksuniversiteit Groningen.

Copyright

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

Take-down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

Antecedents and consequences of helping among adolescents

Loes van Rijsewijk

ISBN (print)	978-94-034-0927-6
ISBN (digital)	978-94-034-0926-9
Printed by	Ridderprint BV, Ridderkerk
Cover illustration	Marleen Wienk (cargocollective.com/marleenwienk)
Funding	This research was funded by the Netherlands Organization for Scientific Research (NWO) Research Talent Grant project number 406-13-017 awarded to prof dr. R. Veenstra, dr. J. K. Dijkstra, dr. C. Steglich, and L. G. M. van Rijsewijk MSc (2013). The SNARE datacollection has been financed by the Netherlands Organization for Scientific Research (NWO) grant numbers 431-09-027 and 451-10-012.

©Loes van Rijsewijk

Bij de boterham met pindakaas en hagelslag vertelt onze achterkleinzoon over een vriendje, Marijn.

“Wie is Marijn?”

“Een klasgenootje.”

“Een klasgenootje? Wat is dat voor een nootje: een walnootje, een okkernootje...?”

“Nee, geen nootje, een klásgenootje...” - denkt even na
- “dat komt van genieten.”

Naar Peter Vormer, NRC, 05-12-2017



Contents

Chapter 1	Introduction: Navigating the turbulence of adolescence	9
Chapter 2	Who helps whom? Investigating predictors of adolescent help relationships	27
Chapter 3	Disentangling the interplay between adolescents' friendships and help relationships	53
Chapter 4	A description of classroom help networks, individual network position, and their associations with achievement	79
Chapter 5	Consequences of receiving peer help for depressive symptoms in adolescents	105
Chapter 6	Conclusion: Antecedents and consequences of helping among adolescents	125
	Nederlandse Samenvatting (Summary in Dutch)	157
	References	167
	Dankwoord (Acknowledgements)	195
	Curriculum Vitae	201
	ICS Dissertation series	205

