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Strain imaging to predict response to cardiac resynchronization therapy: a systematic comparison of strain parameters using multiple imaging techniques

Alwin Zweerink1*, Wouter M. van Everdingen1, Robin Nijveldt1,8, Odette A.E. Salden2, Mathias Meine2, Alexander H. Maass3, Kevin Vernooy4,8, Frederik J. de Lange5, Marc A. Vos6, Pierre Croisille7, Patrick Clarysse7, Bastiaan Geelhoed3, Michiel Rienstra3, Isabelle C. van Gelder3, Albert C. van Rossum3, Maarten J. Cramer2† and Cornelis P. Allaart1†

1Department of Cardiology, and Amsterdam Cardiovascular Sciences (ACS), VU University Medical Center, Amsterdam, The Netherlands; 2Department of Cardiology, University Medical Center Utrecht, Utrecht, The Netherlands; 3Department of Cardiology, Thorax Centre, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands; 4Department of Cardiology, Maastricht University Medical Center, Maastricht, The Netherlands; 5Department of Cardiology, Academic Medical Center, Amsterdam, The Netherlands; 6Department of Medical Physiology, University of Utrecht, Utrecht, The Netherlands; 7Univ Lyon, UJM-Saint-Etienne, INSA, CNRS UMR 5520, INSERM U1206, CREATIS, F-42023, Saint-Etienne, France; 8Department of Cardiology, Radboud University Medical Center, Nijmegen, The Netherlands

Abstract

Aims Various strain parameters and multiple imaging techniques are presently available including cardiovascular magnetic resonance (CMR) tagging (CMR-TAG), CMR feature tracking (CMR-FT), and speckle tracking echocardiography (STE). This study aims to compare predictive performance of different strain parameters and evaluate results per imaging technique to predict cardiac resynchronization therapy (CRT) response.

Methods and results Twenty-seven patients were prospectively enrolled and underwent CMR and echocardiographic examination before CRT implantation. Strain analysis was performed in circumferential (CMR-TAG, CMR-FT, and STE-circ) and longitudinal (STE-long) orientations. Regional strain values, parameters of dyssynchrony, and discoordination were calculated. After 12 months, CRT response was measured by the echocardiographic change in left ventricular (LV) end-systolic volume (LVESV). Twenty-six patients completed follow-up; mean LVESV change was $-29 \pm 27\%$ with 17 (65%) patients showing $\geq 15\%$ LVESV reduction. Measures of dyssynchrony (SD-TTPLV) and discoordination (ISFLV) were strongly related to CRT response when using CMR-TAG ($R^2 0.61$ and $R^2 0.57$, respectively), but showed poor correlations for CMR-FT and STE (all $R^2 \leq 0.32$). In contrast, the end-systolic septal strain ($ESS_{sep}$) parameter showed a consistent high correlation with LVESV change for all techniques (CMR-TAG $R^2 0.60$; CMR-FT $R^2 0.50$; STE-circ $R^2 0.43$; and STE-long $R^2 0.43$). After adjustment for QRS duration and QRS morphology, $ESS_{sep}$ remained an independent predictor of response per technique.

Conclusions End-systolic septal strain was the only parameter with a consistent good relation to reverse remodelling after CRT, irrespective of assessment technique. In clinical practice, this measure can be obtained by any available strain imaging technique and provides predictive value on top of current guideline criteria.

Keywords Cardiovascular magnetic resonance (CMR); Myocardial tagging (CMR-TAG); Feature tracking (CMR-FT); Speckle tracking echocardiography (STE); Myocardial strain analysis; Cardiac resynchronization therapy (CRT)

Introduction

Guideline recommendations for cardiac resynchronization therapy (CRT) primarily depend on QRS duration and left bundle branch block (LBBB) morphology, resulting in approximately one-third of patients becoming ‘non-responders’. Despite substantial efforts to improve patient selection for CRT, parameters that better predict CRT response are...
This pre-defined sub-study with focus on myocardial strain imaging techniques is part of the Markers and Response to CRT (MARC) study, designed to investigate predictors of CRT response. The MARC study included 240 patients planned for CRT implantation in six medical centres in the Netherlands. Details on the original MARC study were published previously. In this sub-study, 27 patients were included, including a parasternal short-axis (PSAX) view at the papillary muscle level and at the mitral valve level and an apical four-chamber (AP4CH) view, zoomed, and focused on the LV. An additional zoomed and trimmed image of the interventricular septum in the AP4CH was recorded for septal single wall analysis with higher frame rates. Images were obtained at three consecutive beats. Image quality and frame rate of all images were optimized for offline speckle tracking analysis. Pulsed-wave Doppler images of the LV outflow tract and mitral valve inlet were obtained for definition of aortic valve and mitral valve closure, respectively.

**Image acquisition: echocardiography**

Echocardiographic examinations were performed by participating centres and sent to the echocardiographic core lab (University Medical Center Utrecht, Utrecht, The Netherlands) for detailed analysis. Examinations were performed on GE Vivid7, GE Vivid9, or Philips IE33 ultrasound machines. Standard echocardiographic images were obtained, including a parasternal short-axis (PSAX) view at the papillary muscle level and at the mitral valve level and an apical four-chamber (AP4CH) view, zoomed, and focused on the LV. An additional zoomed and trimmed image of the interventricular septum in the AP4CH was recorded for septal single wall analysis with higher frame rates. Images were obtained at three consecutive beats. Image quality and frame rate of all images were optimized for offline speckle tracking analysis. Pulsed-wave Doppler images of the LV outflow tract and mitral valve inlet were obtained for definition of aortic valve and mitral valve closure, respectively.

**Methods**

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**Image acquisition: cardiovascular magnetic resonance imaging**

All patients underwent CMR examination at the VU University Medical Center (Amsterdam, The Netherlands) on a 1.5T whole body system (Magnetom Avanto, Siemens, Erlangen, Germany) with the use of a phased array cardiac receiver coil. Both CMR cine images for CMR-FT analysis and CMR-TAG images were obtained in the same examination. Standard CMR cine images were acquired using a retrospectively electrocardiogram-gated balanced steady-state free-precession sequence during end-expiratory breath holding. A stack of short-axis cine images was acquired covering the full LV. Subsequently, high temporal resolution cine imaging of the LV in the three-chamber view was performed to assess the opening and closure times of the mitral and aortic valve. Tagged images were acquired at the basal and mid-LV short-axis slices using a complementary spatial modulation of magnetization line tagging sequence with segmented electrocardiogram-gated acquisitions and serial breath holds. Typical image acquisition parameters are reported in the Supporting Information.

**Image post-processing**

Strain analysis was performed in the circumferential (CMR-TAG, CMR-FT, and STE-circ) and longitudinal (STE-long) orientations. Post-processing of CMR-TAG images was performed...
by dedicated software using the SinMod technique (inTag v2.0, CREATIS, Lyon, France),\textsuperscript{19} as a plug-in for OsiriX (v6.5, Pixmeo, Switzerland). Semi-automated CMR-FT analysis software (QStrain Research Edition v1.3.0.10 evaluation version, Medis, Leiden, The Netherlands) was used to analyse short-axis cine images corresponding with the mid-LV and basal slice location of the CMR-TAG images. Echocardiographic images of the two PSAX views (STE-circ), AP4CH view, and septal single wall (STE-long) were used for offline speckle tracking analysis. Images were exported as DICOM files for vendor independent strain analysis with TomTec 2D Cardiac Performance Analysis (v1.2.1.2, TomTec Imaging Systems GmbH, Munich, Germany). A detailed description of the post-processing steps for the CMR-TAG, CMR-FT, and STE analyses has been published previously and is given in the Supporting Information.\textsuperscript{20}

**Strain parameters**

Five subsets of strain parameters were evaluated. Firstly, basic strain values were quantified by the septal and lateral peak negative strain (peak strain) and end-systolic strain (ESS) at aortic valve closure. Secondly, dyssynchrony was measured as septal to lateral delay in onset shortening (onset-delay), peak contraction (peak-delay),\textsuperscript{21} and the standard deviation in time to peak of the total LV (SD-TTP LV).\textsuperscript{22} Thirdly, discoordination of the septal and lateral wall was measured by systolic rebound stretch of the septum (SRS\textsubscript{sep}),\textsuperscript{7} systolic stretch index (SSI\textsubscript{sep–lat}),\textsuperscript{9} and the internal stretch index (ISF\textsubscript{sep–lat}). Fourthly, discoordination parameters that include all LV segments were calculated by the circumferential uniformity ratio estimate (CURE\textsubscript{LV}) index\textsuperscript{13} and the internal stretch index of the total LV (ISF\textsubscript{LV}).\textsuperscript{8} Lastly, septal strain patterns were visually categorized to the following pre-specified septal strain patterns: double peaked systolic shortening (LBBB-1); early pre-ejection shortening followed by prominent systolic stretch (LBBB-2); or pseudo-normal shortening with a late-systolic shortening peak and less pronounced end-systolic stretch (LBBB-3).\textsuperscript{23} Strain parameters are illustrated in Figure 1 and further explained in the Supporting Information.

**Assessment of cardiac resynchronization therapy response**

Echocardiographic assessment of LV volumes was performed before and 12 months after CRT implantation. Left ventricular end-systolic volume (LVESV) was measured using the biplane Simpson’s method by two experienced observers. Volumetric response was calculated as the per cent change in LVESV between baseline and 12 months’ follow-up. Patients with $\geq 15\%$ reduction in LVESV were classified as CRT responders.

**Statistical analysis**

Statistical analysis was performed in the study core lab (University Medical Center Groningen, Groningen, The Netherlands) by B. G. and M. R. using the commercially available R software (R Foundation for Statistical Computing, Vienna, Austria). Continuous variables are expressed as mean ± standard deviation or in absence of a normal distribution as median and interquartile range. Categorical variables are presented as absolute numbers and percentages. Strain parameters were compared between CRT responder groups by an independent Student’s t-test or a non-parametric test when appropriate. Correlations between strain parameters and volumetric CRT response were assessed using the Pearson’s correlation coefficient or when normal distribution was absent, the Spearman’s rho correlation coefficient. Receiver operating characteristic curve analysis was used to determine the predictive value of all parameters. To test the additional value of strain parameters on top of guideline criteria, multivariable linear regression analysis was performed by addition of the best performing strain parameter (based on $R^2$) to a model with QRS duration and QRS morphology. A $P$-value of $<0.05$ was considered statistically significant.

**Results**

Twenty-six patients completed the study protocol including clinical follow-up of 12 months. One patient was lost to follow-up because of non-cardiac death (lung carcinoma). A detailed description of the patient characteristics is given in Table 1. Mean LVESV change after 12 months was $-29 \pm 27\%$ with 17 (65\%) patients becoming CRT responders.

**Strain parameters and their relation to cardiac resynchronization therapy response**

Basic strain values measured as peak strain of the septal and lateral wall showed weak correlations with LVESV change as demonstrated in Figure 2. On the other hand, $ESS_{sep}$ showed one of the highest coefficients of determination of all parameters using CMR-TAG ($R^2 0.60; P < 0.001$). Other imaging techniques showed good results for $ESS_{sep}$ as well (CMR-FT $R^2 0.50$, STE-circ $R^2 0.43$, and STE-long $R^2 0.43$) as illustrated in Figure 3. Dyssynchrony of all LV segments measured by SD-TTP\textsubscript{LV} showed high correlations using CMR-TAG ($R^2 0.61; P < 0.001$), but was disappointing for other imaging techniques (all $R^2 \leq 0.14$). Other dyssynchrony measures (onset-delay and peak-delay) showed weaker coefficients of determination with LVESV change, and results were subject to large variation between imaging techniques. Discoordination...
markers measured from the septal and lateral wall were all moderately associated with LVESV change, and predictive performance was similar for different imaging techniques. Of these parameters, ISFsep–lat showed best results (CMR-TAG $R^2 0.47$, CMR-FT $R^2 0.39$, STE-circ $R^2 0.48$, and STE-long $R^2 0.39$; all $P < 0.001$). Discoordination of all LV segments measured by ISF$_{LV}$ yielded one of the highest coefficients of determination using CMR-TAG ($R^2 0.57$; $P < 0.001$) while other imaging techniques showed poor results (all $R^2 \leq 0.32$). The CURE$_{LV}$ parameter showed weak coefficients of determination with LVESV change, irrespective of imaging technique.

**Visual classification of septal strain patterns**

As demonstrated in Figure 4, CMR-TAG and CMR-FT classified half of the patients as LBBB-2 pattern, whereas LBBB-2 pattern was found in only a quarter of the patients by means of STE
techniques. In general, the LBBB-2 pattern was associated with the largest reduction in LVESV, irrespective of its technique. Patients with pattern LBBB-1 showed less reverse remodelling, and results differed more between techniques. The LBBB-3 pattern is in particular of interest to exclude non-responders to CRT, but only CMR-TAG was accurate in doing this.

### Table 1 Patient characteristics at baseline and at 12 months' follow-up

<table>
<thead>
<tr>
<th>Variable</th>
<th>Total group (n = 26)</th>
<th>Responders (n = 17)</th>
<th>Non-responders (n = 9)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>65 ± 9</td>
<td>63 ± 10</td>
<td>68 ± 8</td>
</tr>
<tr>
<td>Gender (n, % male)</td>
<td>15 (58%)</td>
<td>9 (53%)</td>
<td>6 (67%)</td>
</tr>
<tr>
<td>QRS duration (ms)</td>
<td>182 (166–193)</td>
<td>187 (180–202)**</td>
<td>165 (143–176)**</td>
</tr>
<tr>
<td>QRS morphology (n, % LBBB)</td>
<td>21 (81%)</td>
<td>16 (94%)*</td>
<td>5 (56%)*</td>
</tr>
<tr>
<td>Aetiology (n, % ICMP)</td>
<td>7 (27%)</td>
<td>1 (6%)*</td>
<td>6 (67%)**</td>
</tr>
<tr>
<td>NYHA class (n, %)</td>
<td>17 (65%)</td>
<td>12 (71%)</td>
<td>5 (56%)</td>
</tr>
<tr>
<td>Medication (n, %)</td>
<td>21 (8%)</td>
<td>15 (88%)</td>
<td>7 (78%)</td>
</tr>
<tr>
<td>ACE/ATII inhibitors</td>
<td>17 (65%)</td>
<td>11 (65%)</td>
<td>6 (67%)</td>
</tr>
<tr>
<td>Aldosterone antagonist</td>
<td>10 (38%)</td>
<td>8 (47%)</td>
<td>2 (22%)</td>
</tr>
<tr>
<td>Creatinine value (unit)</td>
<td>76 (68–85)</td>
<td>76 (67–79)</td>
<td>80 (69–95)</td>
</tr>
<tr>
<td>BNP value (unit)</td>
<td>636 (230–1603)</td>
<td>686 (276–1591)</td>
<td>554 (214–1607)</td>
</tr>
<tr>
<td>LVEDV (mL)</td>
<td>313 ±100</td>
<td>348 ±105**</td>
<td>248 ± 46**</td>
</tr>
<tr>
<td>LVESV (mL)</td>
<td>234 ± 98</td>
<td>266 ±105**</td>
<td>174 ± 44**</td>
</tr>
<tr>
<td>LVEF (%)</td>
<td>27 ± 9</td>
<td>25 ± 10</td>
<td>30 ± 6</td>
</tr>
<tr>
<td>LV mass (g)</td>
<td>130 (117–156)</td>
<td>145 (124–173)*</td>
<td>115 (97–132)*</td>
</tr>
<tr>
<td>Scar (% LV mass)</td>
<td>1.8 (0.0–8.6)</td>
<td>0.0 (0.0–1.9)**</td>
<td>9.4 (5.0–19.5)**</td>
</tr>
<tr>
<td>Scar pattern (n, % ICMP)</td>
<td>8 (31%)</td>
<td>2 (12%)*</td>
<td>6 (67%)*</td>
</tr>
<tr>
<td>RVEF (%)</td>
<td>51 ± 12</td>
<td>49 ± 13</td>
<td>54 ± 10</td>
</tr>
<tr>
<td>Echo change in LVESV after 12 months (%)</td>
<td>–29 ± 27</td>
<td>–44 ± 17**</td>
<td>0 ± 14**</td>
</tr>
</tbody>
</table>

ACE/ATII, angiotensin-converting enzyme/angiotensin II; BNP, brain natriuretic peptide; CMR, cardiovascular magnetic resonance; ICMP, ischaemic cardiomyopathy; LBBB, left bundle branch block; LV, left ventricular; LVEDV, left ventricular end-diastolic volume; LVEF, left ventricular ejection fraction; LVESV, left ventricular end-systolic volume; NYHA, New York Heart Association; RVEF, right ventricular ejection fraction.

*Statistical difference between responders and non-responders marked with P < 0.05.
**Statistical difference between responders and non-responders marked with P < 0.01.

### Patient characteristics and their role in cardiac resynchronization therapy response

In this study, patients with ischaemic cardiomyopathy (ICMP) showed less reduction in LVESV compared with patients with non-ICMP (−7 ± 30% vs. −36 ± 21%; P = 0.010). In addition, scar size was significantly related with LVESV change (R² = 0.42; P < 0.001). Subgroup analysis by gender revealed no significant differences in LVESV change between men and women (−24 ± 27% vs. −35 ± 26%; P = 0.295). Patients with QRS duration ≥150 ms showed a trend towards more LVESV change compared with <150 ms patients (−33 ± 24% vs. −6 ± 33%; P = 0.063). However, patients with strict LBBB morphology showed a significantly larger LVESV reduction compared with patients with intraventricular conduction delay morphology (−35 ± 24% vs. −3 ± 22%; P = 0.013).

### Septal strain in relation to present guideline criteria

QRS duration and QRS morphology were both significantly related with CRT response in univariable linear regression analysis. Subsequently, the best overall performing strain parameter by means of the highest R² in relation to LVESV change, ESSsep, was implemented in a multivariable model. Multivariable linear regression analysis showed that ESSsep remained independently related to LVESV change after adjustment for QRS duration and QRS morphology as demonstrated in Table 2. This finding was irrespective of the imaging technique used for ESSsep assessment (adjusted models 1–4).

### Discussion

This study offered the unique opportunity to compare a variety of strain parameters using multiple imaging techniques in a population that is eligible for CRT. Measures of dysynchrony (SD-TTPv) and discoordination (ISFv) were strongly related to CRT response when using CMR-TAG. However, these parameters showed weaker correlations for CMR-FT and STE techniques. In contrast, the end-systolic septal...
strain parameter showed a consistent good relation to reverse remodelling after CRT, irrespective of assessment technique. This parameter demonstrated predictive value on top of current guideline criteria for each imaging technique.

Comparison of strain parameters

Two types of strain parameters that can be assessed are dyssynchrony (regional timing differences in time units) and discoordination (inefficient contraction patterns in percentage strain units). Both types can be calculated on a regional (i.e. septal to lateral) and segmental (i.e. 17 segments model) scale. In patients with LBBB, dyssynchrony is a direct consequence of the conduction disorder with early activation of the septum and delayed activation of the lateral wall. Contraction of the septum takes place under low LV pressure (i.e. low wall tension) whereas the lateral wall contracts during rising LV pressures, thus increasing regional workload. Consequently, compensatory mechanisms increase contractility of the lateral wall whereas contractility of the septum is reduced. This results in the lateral wall pushing the septum back during systole (i.e. discoordination), reducing LV pump function efficiency. Our results indicate that both dyssynchrony and discoordination parameters measured on a segmental scale (i.e. SD-TTP_{LV} and ISF_{LV}) were strongly related with CRT response. These measures use 12 individual segments distributed over the basal and mid-LV slice to quantify the total amount of mechanical substrate for resynchronization. From a physiological point of view, the ISF_{LV} parameter proposed by Kirn et al. is closest related to the amount of inefficient pump function that can be attributed to the LBBB conduction disorder by indexing the amount of systolic stretching (i.e. wasting myocardial work) to the amount of systolic shortening (i.e. useful myocardial work). In contrast, assessing the circumferential uniformity of segmental strain values by complex Fourier analysis (i.e. CURE index) showed rather disappointing association with CRT response. Possibly, the presence of stretching segments instead of non-uniformity in contraction determines benefit from CRT.

Septal strain analysis

Typical septal contraction patterns have been described to identify ‘true’ LBBB activation using patient data combined

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**Figure 2.** Coefficient of determination ($R^2$) of all strain parameters towards reverse remodelling after cardiac resynchronization therapy. Coefficient of determination of all strain parameters towards changes in LVESV after 12 months’ cardiac resynchronization therapy is displayed for CMR-TAG (red), CMR-FT (blue), STE-circ (green), and STE-long (orange). For other abbreviations, see Figure 1.
with computer modelling. Typical LBBB strain patterns were characterized by double peaked shortening (LBBB-1) or predominant stretching (LBBB-2) of the septum. Patients lacking true LBBB activation were characterized by pseudo-normal shortening of the septum (LBBB-3) and showed less reverse remodelling compared with LBBB-1 and LBBB-2 patients. Quantification of septal behaviour by end-systolic septal strain (ESS$_{sep}$) showed a consistent high correlation with LVESV change, irrespective of imaging technique (Figure 3). Of note, ESS$_{sep}$ and the septal strain patterns are interdependent as a negative ESS$_{sep}$ value represents LBBB-3 pattern whereas positive ESS$_{sep}$ values represent LBBB-2 pattern. Assessment of ESS$_{sep}$ and the septal strain patterns are interdependent as a negative ESS$_{sep}$ value represents LBBB-3 pattern whereas positive ESS$_{sep}$ values represent LBBB-2 pattern. Assessment of ESS$_{sep}$ is relatively simple as illustrated in Figure 1 and requires strain analysis of the septum only. We found more positive ESS$_{sep}$ values (i.e. net septal stretch throughout systole) to be associated with more extensive reverse remodelling after CRT. Preserved septal contraction by a negative ESS$_{sep}$ on the other hand, showed less room for improvement after CRT. Previous studies showed that electrical resynchronization improves systolic function by recruiting myocardial work from the septum. Therefore, SRS$_{sep}$ is used to predict CRT outcome. In our study, ESS$_{sep}$ was even closer related with LVESV changes than SRS$_{sep}$, possibly because ESS$_{sep}$ merely measures the cumulative amount of systolic stretching. In a multivariable model, ESS$_{sep}$ demonstrated predictive value on top of guideline criteria (i.e. QRS duration and QRS morphology) irrespective of the imaging technique used.

**Comparison of strain imaging techniques**

Previously, we compared strain values between imaging techniques and found that most parameters were not interchangeable for different modalities. The present study demonstrates that there is only one parameter that performs equally well for all techniques, when related to CRT response. For the other strain parameters, CMR-TAG demonstrated higher correlation coefficients with LVESV change compared with other imaging techniques. Strain parameters including
Figure 4 Classification of septal strain patterns to estimate cardiac resynchronization therapy response. Septal strain patterns are classified to prespecified categories: double peaked shortening (LBBB-1); predominant stretching (LBBB-2); or pseudo-normal shortening (LBBB-3) using (A) cardiovascular magnetic resonance (CMR) tagging (CMR-TAG), (B) feature tracking (CMR-FT), (C) speckle tracking echocardiography (STE)-circ, and (D) STE-long. Statistical differences between septal strain patterns are marked with an asterisk.

Table 2 Linear regression analysis to test the additional value of end-systolic septal strain on top of guideline criteria per imaging technique

<table>
<thead>
<tr>
<th>Guideline criteria + ESSsep per imaging technique</th>
<th>Univariable analysis</th>
<th>Adjusted Model 1</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Beta</td>
<td>95% CI</td>
</tr>
<tr>
<td>CMR tagging</td>
<td></td>
<td></td>
</tr>
<tr>
<td>QRS duration (per ms)</td>
<td>-0.41</td>
<td>-0.74 to -0.09</td>
</tr>
<tr>
<td>QRS morphology (LBBB)</td>
<td>-31.99</td>
<td>-56.45 to -7.53</td>
</tr>
<tr>
<td>CMR-TAG ESSsep (per %)</td>
<td>-3.54</td>
<td>-4.77 to -2.32</td>
</tr>
<tr>
<td>CMR feature tracking</td>
<td></td>
<td></td>
</tr>
<tr>
<td>QRS duration (per ms)</td>
<td>-0.41</td>
<td>-0.74 to -0.09</td>
</tr>
<tr>
<td>QRS morphology (LBBB)</td>
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<td>-56.45 to -7.53</td>
</tr>
<tr>
<td>CMR-FT ESSsep (per %)</td>
<td>-3.69</td>
<td>-5.26 to -2.13</td>
</tr>
<tr>
<td>STE circumferential</td>
<td></td>
<td></td>
</tr>
<tr>
<td>QRS duration (per ms)</td>
<td>-0.41</td>
<td>-0.74 to -0.09</td>
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</tr>
<tr>
<td>STE-circ ESSsep (per %)</td>
<td>-2.41</td>
<td>-3.59 to -1.23</td>
</tr>
<tr>
<td>STE longitudinal</td>
<td></td>
<td></td>
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<tr>
<td>QRS duration (per ms)</td>
<td>-0.41</td>
<td>-0.74 to -0.09</td>
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<tr>
<td>QRS morphology (LBBB)</td>
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<td>-56.45 to -7.53</td>
</tr>
<tr>
<td>STE-circ ESSsep (per %)</td>
<td>-3.43</td>
<td>-5.08 to -1.79</td>
</tr>
</tbody>
</table>

CI, confidence interval; CMR, cardiovascular magnetic resonance; CMR-FT, CMR feature tracking; CMR-TAG, CMR tagging; ESSsep, end-systolic septal strain; LBBB, left bundle branch block; STE, speckle tracking echocardiography.

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all LV segments (i.e. ISF<sub>LV</sub> and SD-TTP<sub>LV</sub>) performed best for CMR-TAG, but results were rather disappointing for CMR-FT and STE techniques. Differences were most pronounced for SD-TTP<sub>LV</sub> measuring the standard deviation in segmental time to peak contraction throughout the LV. A possible explanation for this finding might be that measuring SD-TTP<sub>LV</sub> requires not only high image quality to visualize all individual segments, but also sufficient temporal resolution to measure segmental timing differences. CMR-TAG combines excellent image quality with high frame rates whereas CMR-FT might be hampered by the lower temporal resolution that was used for cine imaging and STE by the lower image quality and higher inter-study variation compared with CMR-TAG.27 In this study, temporal resolution of the cine images for CMR-FT analysis was lower compared with the high temporal resolution of the CMR-TAG sequence (~40 vs. ~14 ms). Using higher temporal resolutions for CMR-FT might improve predictive performance of this technique, although a temporal resolution of ~40 ms is typically used in standard cine-imaging protocols. CMR-FT enables myocardial strain analysis using specialized post-processing software on standard cine images.12,28 Although this relatively new technique has not been extensively validated yet, we recently showed reasonable agreement with CMR-TAG.20 Predictive performance of CMR-FT was highest for strain parameters derived from the septal and lateral wall (ESS<sub>sep</sub>, peak-delay, SRS<sub>sep</sub>, and ISF<sub>sep-lat</sub>) whereas parameters including all LV segments (SD-TTP<sub>LV</sub> and ISF<sub>LV</sub>) were poorly related to CRT response. Possibly, the measurement variability of CMR-FT is too high to sample strain on a segmental scale.29 Despite promising results of septal strain measures in the present study, data on CMR-FT in this specific patient population are scarce and further validation of this technique is needed.

In general, performance of STE was comparable with CMR-FT. Speckle tracking echocardiography analysis was performed in both the circumferential and longitudinal directions, each with associated strengths and weaknesses. Circumferential strain markers are considered to be more sensitive to deformation abnormalities because of the predominant circumferential fibre orientation.30 Echocardiographic image quality, however, is often more favourable in the AP4CH view (STE-long) compared with the PSAX view (STE-circ). Taken together, overall performance of STE-circ and STE-long was very similar.

**Clinical implications**

Myocardial strain imaging provides new diagnostic tools that could potentially improve patient selection for CRT. At present, various strain parameters and multiple imaging techniques have been proposed to serve as clinical markers of CRT response. In a first step to evaluate the clinical implications of these markers, we performed a systematic comparison of strain parameters on a multi-modality level. We found the end-systolic septal strain parameter to be strongly related to CRT response, irrespective of modality. Although CMR-TAG demonstrates overall superior results compared with other imaging techniques, its availability is limited in clinical practice. On the other hand, standard CMR imaging is increasingly used to screen CRT candidates by measuring LV ejection fraction combined with scar visualization to target LV lead placement.31 Additional CMR-FT strain analysis of the septum could potentially expand diagnostic yield of this comprehensive imaging technique. When CMR imaging is not accessible, STE can also be used as a good alternative to estimate CRT benefit. In general, the end-systolic septal strain parameter can be obtained by any available strain imaging technique and provides predictive value on top of current guideline criteria. The application of strain imaging has yet not been included in daily practice, but it is likely to become a useful application when evaluating heart failure patients for CRT implantation. This may be of particular interest in CRT candidates with unfavourable patient characteristics (ICMP, intraventricular conduction delay morphology, and shorter QRS duration), in whom benefit from CRT is doubted.

**Limitations**

The relatively small sample size is the main limitation of this study. Because of the limited availability of CMR-TAG sequences and post-processing software in clinical practice, only a small proportion of the original MARC population was included in the present sub-study. Despite the limited sample size, this is the first study to perform a systematic comparison between strain parameters and strain imaging techniques in relation to CRT response. Secondly, only a small proportion of the patients had ICMP, which limits the confounding effects of scar tissue on strain parameters. For example, a myocardial infarction located at the septum might influence septal strain assessment with less negative or even positive strain values due to akinetic tissue or passive stretching, thus resembling strain patterns seen in patients with explicit discoordination. Unfortunately, the number of patients with myocardial infarction was too low to evaluate the effects of septal scar on strain parameters. The influence of scarred segments, however, has previously been investigated for other discoordination parameters. These studies showed a limited effect of myocardial scarring on the predictive value of these parameters.7,9,23

**Conclusions**

In conclusion, end-systolic septal strain showed a consistent good relation to reverse remodelling after CRT, irrespective of the technique used for assessment. Measuring end-
systolic septal strain by any available strain imaging technique provides predictive value on top of current guideline criteria.

**Conflict of interest**

K.V. received consultancy fee from Medtronic, research grants from Medtronic, and speaker fees from St. Jude Medical. A.H.M. received lecture fees from Medtronic and LivaNova. M.A.V. received funding from CTMM COHFAR, CVON Predict, EU TrigTreat, EU CERT-ICD, and GiLead to perform (pre)clinical studies. All remaining authors declare that they have no conflict of interests.

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**Supporting information**

Additional supporting information may be found online in the Supporting Information section at the end of the article.

**Figure S1.** Correlation between conventional strain markers quantified by the CMR-TAG technique and LVESV change.

**Figure S2.** Correlation between the internal stretch factor of the septal and lateral wall (ISFsep-lat) and LVESV change per imaging technique.

**Table S1.** Comparison of strain parameters between responders (R) and non-responders (NR).

**Table S2.** Coefficient of determination ($R^2$) and area under the curve (AUC) of strain parameters and CRT response (echocardiographic LVESV change after 12 months).

**Table S3.** Predictive value of strain parameters for CRT volumetric response (reduction in LVESV at 12 months ≥15%).

**Table S4.** Septal strain patterns and volumetric CRT response (echocardiographic LVESV change after 12 months).

**Table S5.** Predictive value of septal strain patterns for volumetric CRT response (reduction in LVESV at 12 months ≥15%).
Strain imaging techniques in cardiac resynchronization therapy


