Biodegradability of dissolved organic carbon in permafrost soils and aquatic systems: a meta-analysis

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Abstract. As Arctic regions warm and frozen soils thaw, the large organic carbon pool stored in permafrost becomes increasingly vulnerable to decomposition or transport. The transfer of newly mobilized carbon to the atmosphere and its potential influence upon climate change will largely depend on the degradability of carbon delivered to aquatic ecosystems. Dissolved organic carbon (DOC) is a key regulator of aquatic metabolism, yet knowledge of the mechanistic controls on DOC biodegradability is currently poor due to a scarcity of long-term data sets, limited spatial coverage of available data, and methodological diversity. Here, we performed parallel biodegradable DOC (BDOC) experiments at six Arctic sites (16 experiments) using a standardized incubation protocol to examine the effect of methodological differences commonly used in the literature. We also synthesized results from 14 aquatic and soil leachate BDOC studies from across the circum-arctic permafrost region to examine pan-arctic trends in BDOC.

An increasing extent of permafrost across the landscape resulted in higher DOC losses in both soil and aquatic systems. We hypothesize that the unique composition of (yedoma) permafrost-derived DOC combined with limited prior microbial processing due to low soil temperature and relatively short flow path lengths and transport times, contributed to a higher overall terrestrial and freshwater DOC loss. Additionally, we found that the fraction of BDOC decreased moving down the fluvial network in continuous permafrost regions, i.e. from streams to large rivers, suggesting that highly biodegradable DOC is lost in headwater streams. We also observed a seasonal (January–December) decrease in BDOC in large streams and rivers, but saw no apparent change in smaller streams or soil leachates. We attribute this seasonal change to a combination of factors including shifts in carbon source, changing DOC residence time related to increasing thaw-depth, increasing water temperatures later in the summer, as well as decreasing hydrologic connectivity between soils and surface water as the thaw season progresses. Our results suggest that future climate warming-induced shifts of continuous permafrost into discontinuous permafrost regions could affect the degradation potential of thaw-released DOC, the amount of BDOC, as well as its variability throughout the Arctic summer. We lastly recommend a standardized BDOC protocol to facilitate the comparison of future work and improve our knowledge of processing and transport of DOC in a changing Arctic.
1 Introduction

Boreal and Arctic ecosystems contain more than half of global terrestrial organic carbon (Tarnocai et al., 2009; Hugelius et al., 2014), part of which will be vulnerable to microbial processing and release to the atmosphere by the end of the century (Slater et al., 2013; Schaefer et al., 2014; IPCC, 2013). At high latitudes, ecosystem carbon balance depends largely on aquatic processes (Kling et al., 1992; Striegl et al., 2012; Vonk and Gustafsson, 2013) with lakes, wetlands, rivers, and streams covering more than half of the land surface in many regions (McGuire et al., 2009; Loveland et al., 2000; Lammers et al., 2001; Aufdenkampe et al., 2011; Avis et al., 2011). However, little is known about mechanistic controls on persistence or processing of organic carbon currently flowing through Arctic watersheds (Mann et al., 2012; Wickland et al., 2012), and even less is known about the behaviour of permafrost-derived organic carbon that is delivered to arctic freshwater and marine ecosystems (Cory et al., 2013; Vonk and Gustafsson, 2013).

Arctic watersheds transport an average of 34 Tg C yr\(^{-1}\) of dissolved organic carbon (DOC) and 6 Tg C yr\(^{-1}\) of particulate organic carbon (POC) to the Arctic Ocean (Holmes et al., 2012; McGuire et al., 2009), not including fluxes from coastal erosion. Though no model projections of future circumpolar hydrologic carbon flux exist, a few recent studies predict that organic carbon loading to the circumpolar watershed may increase in the future (Abbott et al., 2015; Laudon et al., 2012; Kicklighter et al., 2013). However, observed patterns of changes in hydrological carbon loading in permafrost regions are inconsistent, with increases in DOC export from areas with extensive peat deposits (Frey and McClelland, 2009), but decreases in discharge-normalized DOC export in other regions, due to increasing flow path lengths and increased mineralization in soils (McClelland et al., 2007; Petrone et al., 2006; Striegl et al., 2005; Tank et al., 2012). Furthermore, conflicting patterns of DOC biodegradability exist with respect to seasonality and permafrost extent (Kawahigashi et al., 2004; Striegl et al., 2005; Holmes et al., 2008; Balcarczyk et al., 2009; Frey and McClelland 2009; Vonk et al., 2013b; Abbott et al., 2014; Larouche et al., 2015). The scarcity of long-term data as well as a lack of conceptualization of the processes controlling DOC transport and processing represent an important source of uncertainty in the permafrost-regional carbon balance.

In both terrestrial and aquatic ecosystems, much of the overall carbon mineralization takes place in the dissolved form, since part of the DOC is composed of lower molecular weight compounds that can be directly transported across microbial cell membranes (Battin et al., 2008), though particulate matter provides surface area for bacterial attachment in aquatic ecosystems (del Giorgio and Pace, 2008). Biodegradable DOC (BDOC), therefore, is a key regulator of ecosystem metabolism in general and the rate of permafrost carbon release to the atmosphere specifically (Holmes et al., 2008; Mann et al., 2012; Wickland et al., 2012; Abbott et al., 2014). While promising proxies of BDOC have been identified, including optical signatures, molecular characteristics and nutrient concentrations (Balcarczyk et al., 2009; Wickland et al., 2012; Abbott et al., 2014), BDOC is typically assessed through incubation experiments, representing a simple metric of microbial uptake and mineralization. Throughout this study we will use BDOC as a measure of DOC biodegradability. While incubation experiments carried out in the laboratory do not necessarily reflect in situ DOC biodegradability due to many differences including temperature, light, and microbial community, they provide a useful relative measure of the reactivity of different types of DOC. Most studies measure BDOC through: (i) production of dissolved inorganic carbon (DIC), (ii) consumption of DOC, or (iii) consumption of O\(_2\) (McDowell et al., 2006). While these methods can give comparable results, differences in experimental factors can directly influence the quantification of BDOC, including duration of incubation, temperature, light exposure, type of filtration, and the addition of bacterial inoculum. While this methodological diversity complicates direct comparison of BDOC measurements from across the Arctic permafrost-region, it also represents an opportunity to identify fundamental controls on DOC processing.

We synthesized results from 14 BDOC studies within the Arctic Ocean watershed representing a total of 551 individual incubations to identify controls and patterns of DOC biodegradability across spatial and temporal scales (Sect. 2.1). Based on findings from these studies we developed a standard incubation method, which we tested on water from soils, streams, and rivers from throughout the permafrost region and across seasons (Sect. 2.2). We examined the role of seasonality, permafrost extent, and incubation design (effect of inoculation) on metrics of BDOC and recommend a protocol for future BDOC incubations. A meta-analysis of the combined results of our standardized circumpolar incubations and literature synthesis allowed us to identify temporal and landscape-scale patterns in BDOC across Arctic regions. This study represents the first to include both soils (soil leachates) and aquatic systems (streams, lakes, rivers) to explore geographical and seasonal patterns of BDOC in the Arctic.

2 Methods

2.1 Literature synthesis

We gathered and analysed data from permafrost-region BDOC studies that met the following criteria: (1) located in the Arctic Ocean watershed (including the Yukon River watershed); (2) used DIC production (CO\(_2\) evasion) or DOC loss over time to assess biodegradability (we excluded studies based on O\(_2\) loss due to complicating factors such as res-
piratory coefficients); and (3) incubation was performed in the dark to avoid autotrophic effects or photodegradation.

A total of 14 studies with experimental data on BDOC were found (Michaelson et al., 1998; Kawahigashi et al., 2004; Wickland et al., 2007, 2012; Holmes et al., 2008; Balcarczyk et al., 2009; Roehm et al., 2009; Kiikkilä et al., 2011; Mann et al., 2012; Olefeldt et al., 2013a, b; Vonk et al., 2013a, b; Abbott et al., 2014). All time steps from the incubations were treated as single data points, thus not just the final DOC loss (e.g. if DOC concentration was measured at days 2, 7, and 14, we included the three points individually).

We categorized the data (Table 1 and Fig. 2) by permafrost zone (no permafrost, discontinuous, or continuous), seasonality (day of year), filter pore size (0.22, 0.45, or 0.7 µm), BDOC method (DIC production or DOC loss), incubation time/duration (days), incubation temperature, use of inorganic nutrient additions (yes or no), sample agitation during the incubation (yes or no), incubation bottle size (ranging from 40 to 3000 mL), inoculum addition at start of experiment (yes or no), and oxygen availability (for soil incubations: oxic or anoxic; all aquatic incubations were performed oxic). When an incubation was performed at “room temperature” we assumed 20 °C. For watersheds crossing permafrost boundaries we chose the spatially dominant permafrost type.

We sorted the data into soil leachate and aquatic incubations, with subclasses (for our categorical purposes) for the aquatic data: “lakes”, “streams” (< 250 km²), “large streams” (250 to 25 000 km²), “rivers” (25 000 to 500 000 km²) and “large rivers” (> 500 000 km²).

2.2 Circum-arctic standardized incubation experiment

In June to September of 2013 we performed BDOC experiments with leachates from three soil cores (from near Toolik Field Station, Alaska), water from two streams (Richardson Creek, Alaska; Y3, Siberia), and water from three major Arctic rivers (Yukon, Mackenzie and Kolyma Rivers; Fig. 1). Soil leachates were performed by adding 500 mL DI water to soil volumes of ca. 2 L, letting this stand for 24 h, and extracting using a pore water sampler measuring total leachate volume extracted. Water samples were collected from the surface in pre-cleaned, pre-rinsed containers and transported (dark and cool) to filtration facilities within 12 h. We developed an incubation methodology adapted for implementation at remote field sites to assure applicability to future work.

We measured DOC loss over time rather than O₂ loss or DIC production, as it did not require specialized supplies or instrumentation in the field. All samples were filtered through pre-combusted Whatman GF/F filters (nominal pore size 0.7 µm), which are commonly used throughout the literature and can be pre-cleaned through combustion (450 °C > 4 h). We set up triplicate incubations with three different treatments to test the effects of bacterial inoculation: (1) no inoculum, (2) 1% inoculum by volume, (3) 10% inoculum by volume. Inocula consisted of 1.2 µm filtered water (using pre-combusted (450 °C > 4 h) Whatman GF/C filters, 1.2 µm nominal pore size) that was added to sample waters (filtered at 0.7 µm) to the specified ratio.

We added 30 mL aliquots of sample into pre-combusted (550 °C > 4 h) 40 mL glass incubation vials and stored them at 20 °C in the dark, with no nutrient amendment. To ensure oxic conditions we left vial caps loose and shook samples once a day. The incubated samples were re-filtered through 0.7 µm filters (using pre-combusted glass filter tower units with 25 mm GF/F filters or a cleaned syringe filter assembly) to remove flocculation after 0, 2, 7, 14 and 28 days (using separate vials, in triplicate, for each time step). Re-filteration removes the majority of the microbial biomass, resulting in a measured DOC loss including both DOC mineralization and assimilation. Samples were immediately acidified with 30 µL of concentrated HCl (high quality grade; to pH ≤ 2). Acidified sample vials were capped and stored refrigerated in the dark until analysis within 3 months. At the time of analysis, acidified samples were sparged with CO₂ free air for 8 min at 75 mL min⁻¹ and run as non-purgeable organic carbon (NPOC) on either a Shimadzu TOC-V or TOC-L analyzer. DOC was calculated as the mean of between three and seven injections and the coefficient of variance was always ≤ 2%. BDOC is reported in percent loss at time point x (2, 7, 14 or 28 days) according to:

\[
\text{BDOC(%)}_{T=x} = \left( \frac{\text{DOC}_{T=0} - \text{DOC}_{T=x}}{\text{DOC}_{T=0}} \right) \times 100 \%
\]

2.3 Statistical analyses

We combined the literature meta-analysis of 14 papers (n = 551) with data from our circum-arctic incubation experiment (n = 192). Each of the studies identified used different methods for assessing BDOC, complicating and limiting possible analyses. To examine trends across the total data set (n = 743) we performed categorical principle component analysis (CATPCA) via optimal scaling. This approach allowed us to compare the effect of multiple variables with mixed measurement levels (scalar, nominal, ordinal). We then performed a standard principle component analysis (PCA) using the optimally scaled results to aid in data interpretation. Data normality was assessed using the Shapiro-Wilk test (p > 0.05). The data were normal and did not require transformation. Separate CATPCA and PCA analyses were performed on the aquatic and soil leachate data sets, as well as for methodological and environmental parameters (Table 1). Validity of each PCA was tested using the Barlett tests of sphericity (p < 0.001) and Kaiser-Meyer-Olkin measures of sampling adequacy. Direct oblimin rotation was applied and rotated scores used throughout, allowing for correlation between scores (Manisera et al., 2010). CATPCA runs assigned measures from scalar data (initial DOC, BDOC (%), latitude, longitude, Julian day, bottle size, incubation time, and incubation temperature), nominal data (method of C loss, shack-
Table 1. List of methodological and environmental parameters we included in our meta-analysis. Variables are classified as scalar (no symbol), nominal (*) and ordinal (**). For scalar parameters we have listed the data range, for categorical (nominal and ordinal) data we have listed the number of categories along with their definition.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Unit</th>
<th>Type of data and range or categories</th>
</tr>
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<tbody>
<tr>
<td></td>
<td></td>
<td>Scalar</td>
</tr>
<tr>
<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BDOC %</td>
<td></td>
<td>0–67</td>
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<tr>
<td>Nutrients</td>
<td>–</td>
<td></td>
</tr>
<tr>
<td>Filter pore size</td>
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<td>3</td>
</tr>
<tr>
<td>Inoculation</td>
<td>–</td>
<td>2</td>
</tr>
<tr>
<td>Shaking</td>
<td>–</td>
<td>2</td>
</tr>
<tr>
<td>Oxygen</td>
<td>–</td>
<td>2</td>
</tr>
<tr>
<td>Bottle size</td>
<td>mL</td>
<td>40–3000</td>
</tr>
<tr>
<td>Method of analysis</td>
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<tr>
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<td>days</td>
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<tr>
<td>Permafrost</td>
<td>–</td>
<td>3</td>
</tr>
<tr>
<td>Location in aquatic network</td>
<td>–</td>
<td>6</td>
</tr>
<tr>
<td>Soil or aquatic</td>
<td>–</td>
<td>2</td>
</tr>
<tr>
<td>Latitude</td>
<td>°N</td>
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</tr>
<tr>
<td>Longitude</td>
<td>°E</td>
<td>-162.88 – 161.45</td>
</tr>
<tr>
<td>Julian day</td>
<td>–</td>
<td>12 – 288</td>
</tr>
<tr>
<td>Initial DOC</td>
<td>mg L⁻¹</td>
<td>1.9 – 155</td>
</tr>
</tbody>
</table>

ing, nutrient addition, inoculum, oxygen availability, location in fluvial network) and ordinal data (filter pore size, and permafrost extent). We considered final rotated PCA correlations of > 0.7 as strong, between 0.5 and 0.7 as moderate, and < 0.5 as weak or absent (Quinn and Keough, 2002). Although this approach has drawbacks, in our opinion it proved the most representative methodology given the diverse data set which included repeated measures (i.e. multiple time points) of BDOC (Bradlow et al., 2002). Additionally, we combined data from all studies carried out with incubation temperatures between 15–25 °C and with incubation durations between 28–34 days, which represented the most common temperature and duration in the meta-analysis, to test for environmental trends (Figs. 3, 4, 5). Here we tested for differences among means using analysis of variance (ANOVA). All ANOVA, CATPCA, and PCA analyses were conducted in SPSS 22.

3 Results

3.1 Literature synthesis

The 14 literature studies comprised a total of 551 data points of which 418 were aquatic. Most studies were located in North America (242 data points in Alaska, USA and 227 in Canada; Fig. 2a), and from regions either without permafrost (234), or with continuous permafrost (230; Fig. 2c). The most common incubation temperatures were 17.5 or 20 °C (41 and 36 % of the data, respectively; Fig. 2d). The majority of studies (60 % of data) used 0.7 µm glass fiber filters to determine DOC (Fig. 2f). Half of the BDOC assays were incubated for between 14 and 40 days (Fig. 2e). Furthermore, most incubations in our synthesis were started after addition of an inoculum as described in the individual studies (80 % of aquatic incubations, 97 % of soil leachate incubations).
3.2 Methodological factors affecting BDOC

To examine the effects of inoculum addition and inoculum concentration on BDOC, we compared mean BDOC across our circum-arctic standardized incubation experiment (no inoculum, 1 and 10% inoculum; \( n = 40 \) per treatment). Amount of inoculum (1% or 10%) had no effect on the proportion of BDOC (ANOVA, \( p > 0.9 \)). As the degree of inoculation had no clear systematic effect on BDOC loss (see also methodological PCA results; Sect. 3.2.1) we grouped all inoculated data (independent of concentration), and all non-inoculated data during our ANOVA and environmental PCA analyses. In the sections below we examine the patterns present in the combined analysis of aquatic and soil literature results, including our circum-arctic incubation experiments.

3.2.1 Aquatic BDOC

Three principle components together explained 81% of the variance among all aquatic incubation samples (PC1 = 46%, PC2 = 23, PC3 = 12%; Table 2). The first component did not correlate with BDOC but correlated positively with shaking during incubation (\( r = 0.97 \)), the method used to measure DOC loss (\( r = 0.91 \)), incubation temperature (\( r = 0.84 \)), and correlated negatively with bottle size (\( r = -0.77 \)) and presence of inoculum (\( r = -0.51 \)). Component 2 also did not explain much variation in BDOC, but correlated with filter pore size (\( r = 0.90 \)), nutrient addition (\( r = 0.90 \)), and the use of inoculum (\( r = 0.64 \)). Component 3 explained the greatest proportion of BDOC variance (\( r = -0.83 \)). Component 3 also closely correlated with incubation time (\( r = -0.85 \)) and displayed a negative correlation with bottle size (\( r = 0.54 \)). Effect of oxygen availability was not examined in aquatic incubations, as all previously published experiments were conducted under oxic conditions.

3.2.2 Soil leachate BDOC

Three principle components explained 72% of the variance across all soil incubation samples (PC1 = 34%, PC2 = 21%, PC3 = 16%; Table 2). Component 1 was strongly correlated with BDOC loss (\( r = 0.75 \)), as well as the availability of oxygen in incubations (\( r = 0.94 \)), the method used to measure carbon loss (\( r = 0.87 \)) and whether samples were shaken during incubation (\( r = 0.73 \)). Neither component 2 nor 3 closely correlated with BDOC, but component 2 correlated positively with incubation time (\( r = 0.88 \)), filter pore size (\( r = 0.74 \)) and temperature (\( r = 0.54 \)), and component 3 was
positively correlated to bottle size ($r = 0.74$) and inoculum ($r = 0.57$) and negatively related to temperature ($r = -0.66$) and shaking ($r = -0.57$).

### 3.3 Environmental factors affecting BDOC

Similar to Sect. 3.2, here we present the statistical results of the fully grouped data set (i.e. inoculated and non-inoculated literature synthesis data, combined with the circum-arctic incubation experiment data), concentrating on how environmental variables co-vary with BDOC losses.

#### 3.3.1 Aquatic BDOC

Three components explained 82% of the total variance among environmental parameters from all aquatic incubations ($PC1 = 52\%$, $PC2 = 18\%$, $PC3 = 13\%$; Table 3). The first component was moderately correlated with BDOC ($r = 0.51$) and strongly correlated with location within...
Table 2. Correlations between methodological variables and BDOC for each principle component axis (1, 2, 3) in a structure matrix for aquatic incubations (530 data points) and soil incubations (202 data points). Correlations above 0.7 (in bold) are considered strong, and correlations above 0.5 (italic) as moderate. All aquatic samples were incubated under oxic conditions and so this was excluded from the PCA. Similarly, none of the soil incubations were nutrient-amended so this was excluded from PCA. The parameters are ordered based upon their importance to explaining axis 1. Variables are classified as scalar (no symbol), nominal (*) and ordinal (**).

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<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Shaking*</td>
<td>0.97</td>
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</tr>
<tr>
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<td>0.91</td>
<td>0.09</td>
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<tr>
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<td>0.84</td>
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<td>−0.18</td>
</tr>
<tr>
<td>Bottle size</td>
<td>−0.77</td>
<td>0.08</td>
<td>0.54</td>
</tr>
<tr>
<td>Filter pore size**</td>
<td>0.34</td>
<td>0.90</td>
<td>−0.44</td>
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<td>0.37</td>
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<td>−0.45</td>
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<td>−0.51</td>
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<tr>
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<td>12</td>
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<tbody>
<tr>
<td></td>
<td>1</td>
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<td>O₂ availability*</td>
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<td>0.74</td>
<td>0.25</td>
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<tr>
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<tr>
<td>variance explained</td>
<td>34</td>
<td>21</td>
<td>16</td>
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4 Discussion

4.1 Methodological factors influencing BDOC

Aquatic BDOC losses only showed a strong correlation with incubation time, with higher total BDOC observed in longer experiments (Table 2). This is not surprising yet does point out that the length of the incubation set-up will ultimately be a primary factor determining the BDOC (%), and thus the importance of this consideration for comparison among studies; see also Fig. 3b), and initial DOC ($r = −0.83$). The second component did not correlate with BDOC but was positively correlated to longitude ($r = 0.79$) and sampling period (Julian day; $r = 0.78$).
Table 3. Correlations between environmental variables and BDOC for each principle component axis in a structural matrix for aquatic incubations (505 data points) and soil incubations (165 data points). Correlations above 0.7 (in bold) are considered strong, and correlations above 0.5 (italic) as moderate. The parameters are ordered based upon their importance to explaining factor 1. Variables are classified as scalar (no symbol), nominal (*) and ordinal (**). Location in stream network, i.e. streams, large streams, rivers and large rivers, is indicated as “network”.

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<th>Aquatic</th>
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<td>0.95</td>
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<td>−0.21</td>
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<td>−0.06</td>
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<td>0.93</td>
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<td>−0.07</td>
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<tr>
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</tr>
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</tr>
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<td>−0.05</td>
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<tr>
<td>Julian day</td>
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<td>0.95</td>
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<tr>
<td>% variance explained</td>
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<td>0.97</td>
<td>−0.08</td>
</tr>
<tr>
<td>Permafrost**</td>
<td>0.96</td>
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<td>DOC initial</td>
<td>−0.83</td>
<td>0.30</td>
</tr>
<tr>
<td>BDOC</td>
<td>0.81</td>
<td>0.15</td>
</tr>
<tr>
<td>Longitude</td>
<td>−0.22</td>
<td>0.79</td>
</tr>
<tr>
<td>Julian day</td>
<td>0.06</td>
<td>0.78</td>
</tr>
<tr>
<td>% variance explained</td>
<td>55</td>
<td>22</td>
</tr>
</tbody>
</table>

Despite total DOC loss increasing with longer incubation time, the rate of DOC loss decreases over time.

Soil leachate BDOC was not clearly affected by incubation time across experiments (Table 2). We suggest that the effects of incubation time may have been masked by multiple additional methodological factors significantly influencing the soil BDOC experiments in particular. For example, the presence of O₂ within incubations or regular bottle shaking appeared to play a crucial role in soil BDOC losses (Table 2). As soil extractions typically have higher initial DOC concentrations (despite some degree of dilution applied in the experiment), they may be more susceptible to oxygen drawdown, increasing the importance of regular bottle shaking. Also, the method of assessing carbon loss appeared to play a critical role in the amount of BDOC measured during soil incubations, but not so clearly in aquatic experiments. This finding contradicts with the finding of McDowell et al. (2006) that found largely comparable results between available methods. We compared different methods conducted on different samples, which may explain our contrasting findings.

Figure 4. Aquatic BDOC data for 15–25°C after 28–34 days incubation for streams (<250 km²), large streams (>250 km², <25 000 km²), rivers (>25 000 km², <50 000 km²), and large rivers (>50 000 km²) clustered for (a) discontinuous and (b) continuous permafrost zones. Symbology as in Fig. 3. A plot for “no permafrost regions” is not shown as here only BDOC data for rivers were available (median BDOC = 0.44 %, mean BDOC = 0.69 %; n = 25). The number of data points used are listed below the box plots.
4.2 Environmental factors influencing BDOC

4.2.1 Permafrost extent and longitude

Aquatic and soil BDOC losses were significantly lower in regions without permafrost than in discontinuous or continuous permafrost regions (Fig. 3). This could be explained by shallower hydrologic flow paths in permafrost-affected regions, which would constrain water flow, and DOC origin, to relatively shallow soils. Or, alternatively, the unique dissolved organic matter (DOM) composition of yedoma permafrost (Abbott et al., 2014; Spencer et al., 2015), containing high levels of aliphatics and carbohydrates, could allow for more rapid degradation after thaw. Yedoma permafrost occupies a part of the continuous permafrost domain and its unique composition will therefore contribute to the composition of the DOC release from continuous permafrost. Furthermore, permafrost DOM is relatively well-preserved due to limited processing of organic carbon in soils under long-term frozen conditions (Khvorostyanov et al., 2008; Schuur et al., 2008), though permafrost-derived DOC still shows signs of processing (Wickland et al., 2012; Abbott et al., 2014). Continuous permafrost regions thus seem to receive relatively well-preserved, unique DOC into soil leachates and aquatic systems leading to higher losses, whereas discontinuous permafrost regions and regions without permafrost receive DOC that has already been subject to some degree of degradation. The presence of permafrost also impacts hydrological flow paths and transport times, which may result in a more efficient delivery of relatively less-processed terrestrial DOC to aquatic systems (Striegl et al., 2005; Walvoord et al., 2012). Alternatively, preferential sorption of specific compounds, freeze-thaw effects, or sub-zero metabolism in permafrost could increase DOC biodegradability (Abbott et al., 2014 and references therein). The difference in BDOC with permafrost extent is stronger in soils than in aquatic systems (Table 3, Fig. 3), likely attributable to a fresher, less altered permafrost DOC signature in soils compared to aquatic DOC that has already undergone some processing. Newly leached DOC from yedoma permafrost soils, representing part of our continuous permafrost soil data (Fig. 1), will be subject to more rapid degradation (Spencer et al., 2015).

Aquatic BDOC was negatively correlated with longitude. Judging from the prevailing geographical regions in the data set (Fig. 1) this suggests that aquatic BDOC in Alaska and Canada was on average higher than in Eastern Siberia. This could be related to a combination of the spatial spread in our data set with the distribution of yedoma. Yedoma is Pleistocene-aged permafrost (Zimov et al., 2006) predominantly present in northeast Siberia, but also in Alaska and NW Canada (Kanevskiy et al., 2011), that releases extremely biolabile DOC upon thaw (BDOC between 40–65 % after 30–40 days of incubation, Vonk et al., 2013b; Abbott et al., 2014). In our meta-analysis, most of the aquatic BDOC incubations with yedoma-derived DOC are located in Alaska, which could explain the longitudinal pattern.

Figure 5. Seasonal BDOC losses (shown against Julian day) at 15–25 °C after 28–34 days incubation for (a) soil leachates, (b) streams and (c) clustered large streams, rivers and large rivers for regions without permafrost, discontinuous permafrost and continuous permafrost. Trend lines denote significant relationships where present. Solid line represents linear fit in discontinuous permafrost ($r^2 = 0.33, \ p = 0.0003$) and dashed line continuous permafrost ($r^2 = 0.29, \ p < 0.0001$).
4.2.2 Patterns within the fluvial network

In continuous permafrost regions, aquatic BDOC changes within the fluvial network (Fig. 4). Here, large rivers (defined as watersheds larger than 500,000 km$^2$) showed significantly lower BDOC than streams, large streams, and rivers. We should note here that streams (<250 km$^2$, n = 149) and large rivers (>500,000 km$^2$, n = 60) are over-represented in the continuous permafrost data set, when compared to large streams (250–25,000 km$^2$, n = 46) and rivers (25,000–500,000 km$^2$, n = 18). Nevertheless, this suggests that continuous permafrost regions may release DOC that degrades more rapidly with the movement from headwaters to larger rivers in the fluvial network than DOC that is released from discontinuous permafrost regions or regions without permafrost. Pleistocene yedoma could be such a source, as its strong degradation potential (Vonk et al., 2013a, b; Abbott et al., 2014) leads to preferential utilization in headwater streams (Mann et al., 2015; Spencer et al., 2015).

4.2.3 Seasonality

BDOC decreased with Julian day for large streams, rivers and large rivers (Fig. 5c) in both continuous and discontinuous permafrost regions, whereas streams (Fig. 5b) and soil leachates (Fig. 5a) showed no seasonal pattern. This pattern may be associated with shifts in carbon source (winter and spring DOC in several Arctic rivers is more biolabile than in summer; Wickland et al., 2012; Mann et al., 2012; Holmes et al., 2008) but it is likely more related to a changing hydrologic residence time. In boreal and Arctic systems soil thaw-depth increases throughout the summer, resulting in longer water residence times in soils and headwater streams (Harms and Jones, 2012; Jones and Rinehart, 2010; Koch et al., 2013). This allows more time for biodegradable carbon compounds to be mineralized before reaching the river late in the season, effectively reducing measured BDOC in higher-order streams and rivers later in the season. Increasing water temperature through the season could magnify this effect with little mineralization early in the year when soils and streams are cold but accelerating biolabile carbon removal in summer. Hydrologic connectivity between soils and surface waters is generally weaker later in summer (Striegl et al., 2005; Spencer et al., 2008; Koch et al., 2013), which could explain the absence of seasonal trends for soils and streams (Fig. 5a, b). Furthermore, soil core leachates from a near-surface core that developed fresh plant growth during the growing season showed higher BDOC than cores without fresh plant growth (Fig. 6). These local plant growth-induced spikes in BDOC, likely induced by root exudates (Marschner and Kalbitz, 2003) could also mask seasonal trends in soil leachate BDOC and instead highlight spatial variability.

4.2.4 Other factors affecting BDOC

There are multiple factors that affect in situ BDOC that neither we nor the investigated literature studies have considered. One of these factors is the effect of light. Photochemical processes can lead to rapid DOC losses (up to 30% in 14 days; Mann et al., 2012) and may alter the DOC composition so that it is more susceptible to microbial degradation (Cory et al., 2013; Laurion and Mladenov, 2013). The presence of clay minerals can affect photochemical decomposition of DOC (Tietjen et al., 2005). Furthermore, POC also serves as an important catalyst in DOC biolability (Battin et al., 2008). In this study we do not investigate any potential co-metabolizing effects of POC degradation, or for the biodegradability of POC itself, which could be substantial (Sánchez-García et al., 2011; Richardson et al., 2013).

Something we could not directly address in our synthesis was the effect of DOM composition, which can be related to the depth of the active layer and the associated retention of certain fractions of the DOC pool. For example, sugars and microbially derived organic matter appear more biolabile than plant-derived organic matter (Balcarczyk et al., 2009; Mann et al., 2012). Also, permafrost DOM appears to be enriched in hydrogen-rich, aliphatic compounds that are preferentially degraded in incubation experiments (Spencer et al., 2015). The preferential degradation of biolabile components of the bulk DOC results in an enrichment of more recalcitrant components in soil pore waters (Wickland et al., 2007) and in larger rivers downstream (Spencer et al., 2015).

Another factor that could affect BDOC is nitrogen release from thawing permafrost (Harden et al., 2012; Keuper et al., 2012; Harms et al., 2014). High nitrogen levels have been found to correlate with high BDOC (Holmes et al., 2008; Wickland et al., 2012), although we do not find a strong cor-
Aquatic BDOC in large streams and rivers decreased as the Arctic summer progressed. This pattern was absent for soils and streams. This could be related to a variety of factors such as seasonal shifts in carbon sources, changing DOC residence time related to increasing thaw-depth, increasing water temperatures later in the summer, as well as decreasing hydrologic connectivity between soils and surface waters when the season progresses. Alternatively, the integrating character of rivers and larger streams could mask local-scale heterogeneity that is more apparent in small streams and soil leachates.

4.3.2 Circum-arctic fluxes of BDOC

Evaluating aquatic DOC export fluxes through sampling at river mouth locations near the Arctic Ocean underestimates the importance of the fluvial network for processing DOM. Literature estimates of watershed-scale aquatic C gas fluxes vary widely between 0.5 and 10 g C m$^{-2}$ yr$^{-1}$ (all normalized to catchment area; Striegl et al., 2012; Lundin et al., 2013; Denfeld et al., 2013; Crawford et al., 2013). When extrapolated to the Arctic Ocean watershed (20.5 x 10$^6$ km$^2$; Holmes et al., 2013) this could result in a total gaseous C emission between 10 and 200 Tg C yr$^{-1}$. These estimates seem reasonable compared to an annual Arctic Ocean watershed DOC flux of 34 Tg (Holmes et al., 2012), where 34 Tg is based on river mouth monitoring and ignores processing within the watershed prior to arriving at the river mouth. Also, a significant fraction of the emitted flux originates from weathering and soil respiration sources (Striegl et al., 2005; Humborg et al., 2009).

Wickland et al. (2012) estimated that the combined BDOC exported by the six largest Arctic rivers to the Arctic Ocean is 2.3 Tg C yr$^{-1}$, based on empirical relations between BDOC and DOC : DIN (dissolved inorganic nitrogen) ratios. Importantly, these watershed-scale estimates exclude processing and retention of DOC in soils, prior to delivery to aquatic networks. As we have seen in this study, soil BDOC is on average higher than aquatic BDOC. By using the % permafrost extent in the Arctic Ocean watershed from Holmes et al. (2013), 45 % continuous, 31 % discontinuous (including sporadic and isolated) and 26 % without permafrost, and average soil BDOC values for each permafrost zone (20, 15 and 8 BDOC for continuous, discontinuous and no permafrost regions, respectively; mean values from Fig. 3b) we can calculate the permafrost-normalized average soil BDOC to be 16 %. Inclusion of DOC processing within soils is likely to significantly raise the 2.3 Tg C/yr estimate for aquatic networks alone (Wickland et al., 2012). However, questions about the linkages between soil and stream BDOC with deepening active layer depths remain. Changes in hydrological flow paths associated with deepening active layers could reduce the inputs of DOC due to mineral sorption and additional processing during transport (MacLean et al., 1999; Striegl et al., 2005; O’Donnell et al., 2010) but the net ef-

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**Figure 7.** Conceptual graph of landscape-scale and seasonal trends in % BDOC where the upper blue box represents aquatic systems, and the lower brown box represents soils. Aquatic BDOC increases with decreasing catchment area, and aquatic and soil BDOC increase with increasing permafrost extent in the landscape. Aquatic BDOC in watersheds varies temporally, with more BDOC found in winter and spring than late summer.
fects of permafrost thaw on BDOC inputs to streams are not yet well characterized.

4.4 Method considerations and recommendations

In order to compare BDOC losses across Arctic, and alternate systems, it is crucial to standardize the methods with which biodegradability is assessed. Our meta-analysis highlighted the significant variability in incubation design across the currently available literature making robust comparisons of BDOC across studies challenging. We suggest the following DOC incubation method, which is intentionally kept simple to be feasible at more remote field sites (a more detailed protocol is available in the supplementary information). Additionally, we suggest a few optional protocol steps that could be used to assess further environmental controls on BDOC.

4.4.1 Standardized DOC incubation protocol

- As soon as possible after collection, filter water samples through pre-combusted (450 °C > 4 h) 0.7 µm glass fiber filters and chill (ca. 4 °C) until ready to incubate.

- Rapid incubation setup is strongly recommended since many biolabile DOC compounds have turnover times of hours. We advocate against freezing samples due to DOC flocculation, compositional and structural changes in the DOC, and bacterial viability (Fellman et al., 2008).

- Decant filtrate into triplicate sets of 40 mL pre-combusted (550 °C > 4 h) glass vials, and fill each vial with 30 mL filtrate. Use a triplicate glass vial set for each time point in your incubation. We recommend five time points at which one triplicate set will be consecutively removed from incubation: T = 0, T = 2, T = 7, T = 14 and T = 28 days. Use clean caps with silicone or teflon septa (avoid rubber which can leach DOC). Potentially, a longer time step (T = 90; e.g. Holmes et al., 2008) can be added to assess less labile DOC. In that case, we also recommend assessing DIC production (see additional protocol steps, below) as this method is more sensitive in detecting small changes. We want to point out, however, that the majority of the incubations will respond within 28 days, and longer incubations will introduce issues such as bottle effects.

- Our reasons for recommending 40 mL glass vials are several; they are commonly available, they can be cleaned through pre-ashing, the required total volume per incubation is relatively small but sufficient for analysis, and our analyses suggest that variation in bottle size may affect BDOC results.

- Inoculation of samples is not needed as filtration through 0.7 µm allows for a sufficient amount of bacteria to pass the filter.

- Incubate the vials in the dark (to avoid autotrophic respiration and photodegradation), with loose caps and regular shaking to avoid oxygen-depletion.

- We recommend performing sample incubation at room temperature (20 °C), as this is most common, relatively easy to maintain, and allows comparison between studies. This will provide the potential BDOC as 20 °C is generally above ambient temperature. Document the temperature throughout the experiment precisely.

- If possible, the incubations should be carried out at a stable temperature for example by using an oven or incubator.

- Re-filter the incubated samples through pre-combusted (450 °C > 4 h) 0.7 µm filters (to avoid problems with flocculation and remove most microbial biomass) for each time step. Store the filtered samples in pre-combusted (550 °C > 4 h) 40 mL glass vials, acidify to pH 2 with 30 µL concentrated HCl. Cap tightly and store dark and chilled until analysis.

- For logistical reasons, we recommend assessment of BDOC through DOC loss (see Eq. 1).

- For details regarding DOC analysis, see the supplementary information. Note that samples with low initial DOC concentrations may approach the detection limit of OC analyzers.

4.4.2 Additional protocol steps

- Ambient incubation temperature: incubate at the ambient temperature of the water or soil from where the sample was collected to allow for application of results to ambient conditions. Run control incubations at 20 °C.

- Nutrient amendment: because the effect of nutrients on DOC processing is unclear, we recommend running experiments both with and without added nutrients. Amount of added nutrients should be adapted in relation to initial nutrient concentration according to the Redfield ratio, but in general an amendment of NO3⁻ (to a concentration of 80 µM), NH4⁺ (80 µM) and PO4³⁻ (10 µM; Holmes et al., 2008) is appropriate for aquatic and soil leachates. Run control incubations without nutrient amendment.

- DIC production: if field and laboratory settings allow we recommend also assessing C loss through DIC production, to provide BDOC estimates through two independent methods. We suggest to measure the CO2 concentration in the headspace of the incubation flask and calculate the change in DIC (headspace CO2 plus dissolved CO2, carbonate, and bicarbonate in the aqueous phase). This method is detailed in Kalbitz et al. (2003).
Keep all other parameters (such as filter pore size, incubation temperature, and approximate sample volume) similar to the control incubation that measures DOC loss.

- **Light incubation**: dark incubations eliminate effects of autotrophic respiration and photodegradation; however to simulate realistic DOC drawdown, light is a critical factor (Mann et al., 2012; Cory et al., 2013).

- **DOC “quality” (composition) measurements**: If possible, we recommend assessing DOM compositional information for, at least, initial water samples or soil leachates and, if possible, also on incubated waters and soil leachates (i.e., post-incubation). These measures may include optical properties (specific ultraviolet absorbance, fluorescence excitation-emission matrices), and compound-specific analyses (carbohydrates, amino acids, lignin phenols, Fourier transform ion cyclotron resonance mass spectrometry, etc.). Note that short sample storage times are desirable for most analyses.

### 5 Conclusions

Half of the global belowground soil OC pool is stored in circum-arctic permafrost but little is known about the processes controlling transport and degradation of DOC, a key regulator of the rate of permafrost carbon release from the Arctic watershed to the atmosphere. We synthesized results from 14 BDOC studies from the permafrost region and complemented this with novel BDOC data determined using a standardized method from across the Arctic. We observed a large variability in soil and aquatic BDOC, even under uniform conditions. Despite the significant heterogeneity, we found that both soil and aquatic DOC is more biodegradable in regions with continuous permafrost compared to regions without permafrost. Within continuous permafrost regions, the degradability of DOC decreased from headwater streams to larger river systems, suggesting that permafrost DOC is preferentially utilized within the network. Furthermore, we discovered that aquatic BDOC in large streams and rivers decreased as the Arctic summer progressed, whereas this pattern was absent for soils and small streams.

Based on our synthesis of BDOC studies and additional measurements, we predict that slow future transformation of continuous permafrost into discontinuous permafrost regions could release an initial, relatively short-term, pulse of biodegradable DOC but will on longer timescales possibly lead to the release of DOC that is more recalcitrant. The total gaseous watershed C flux may, however, increase as more DOC could be processed within soils prior to release into aquatic networks due to deeper thaw depths and increasing residence time (Striegl et al., 2005). Furthermore, a lengthening of the arctic summer thaw period could result in lower DOC biodegradability in large streams and rivers, but higher biodegradability in small streams and soils.

The Arctic is changing, and so is the coupling between its carbon and hydrologic cycles. There still are large uncertainties related to processing and transport of DOC, and few data are available from northern Canada and Russia, from discontinuous permafrost regions, and across all seasons. We strongly recommend that future studies of DOC degradability assess BDOC by means of our standardized DOC incubation protocol, to facilitate optimal use and integration of future data sets with existing knowledge.

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