Reduced Skin Blistering in Experimental Epidermolysis Bullosa Acquisita After Anti-TNF Treatment

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Epidermolysis bullosa acquisita (EBA) is a difficult-to-treat subepidermal autoimmune blistering skin disease (AIBD) with circulating and tissue-bound anti-type VII collagen antibodies. Different reports have indicated increased concentration of tumor necrosis factor α (TNF) in the serum and blister fluid of patients with subepidermal AIBD. Furthermore, successful anti-TNF treatment has been reported for individual patients with AIBD. Here we show that in mice, induction of experimental EBA by repeated injections of rabbit anti-mouse type VII collagen antibodies led to increased expression of TNF in skin, as determined by real-time polymerase chain reaction (PCR) and immunohistochemistry. To investigate whether the increased TNF expression is of functional relevance in experimental EBA, we inhibited TNF function using the soluble TNF receptor fusion protein etanercept (Enbrel) or a monoclonal antibody to murine TNF. Interestingly, mice that received either of these treatments showed significantly milder disease progression than controls. In addition, immunohistochemical staining demonstrated reduced numbers of macrophages in lesional skin in mice treated with TNF inhibitors compared with controls. Furthermore, etanercept treatment significantly reduced disease progression in immunization-induced EBA. In conclusion, increased expression of TNF in experimental EBA is of functional relevance, as both the prophylactic blockade of TNF and the therapeutic use of etanercept impaired induction and progression of experimental EBA. Thus, TNF is likely to serve as a new therapeutic target for EBA and AIBDs with a similar pathogenesis.

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INTRODUCTION

Tumor necrosis factor α (TNF) was originally described as a circulating factor that can cause necrosis of tumors, but has since also been identified as a key regulator of inflammatory responses (1). TNF is typically not detectable in the serum and tissue of healthy individuals; however, elevated serum and tissue levels are found in inflammatory and infectious conditions, and serum levels correlate with the severity of infection (2,3). In accordance with this, TNF blockade has been shown to be an effective therapy in various immune-mediated inflammatory diseases, such as rheumatoid arthritis, psoriatic arthritis, plaque psoriasis, inflammatory bowel disease (i.e., Crohn’s disease, ulcerative colitis and intestinal Behçet’s disease), ankylosing spondylitis, axial spondyloarthritis, systemic vasculitis and juvenile idiopathic arthritis (4–8). High levels of TNF also were detected in the wound fluid of chronic nonhealing wounds and induce cytotoxicity (9).

In many chronic inflammatory diseases, TNF inhibition results in the downregulation of abnormal and progressive inflammatory processes, induces rapid and sustained clinical remission, improves quality of life and prevents target organ damage (10). It acts as a potent chemoattractant for neutrophils, induces microvascular leakage and promotes the expression of adhesion molecules on endothelial cells, helping neutrophils to migrate (11,12). Furthermore, TNF is upregulated in activated neutrophils and interacts both synergistically and antagonistically with cytokines of the IL-6 family (13). The subsequent development of biological agents capable of blocking TNF has led to important advances in the pharmacotherapy of such diseases.

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and confirmed the concept of a common pathophysiology among immune-mediated inflammatory diseases, with TNF having a predominant role. Five TNF inhibitors have currently been approved for treatment of 1 or more immune-mediated diseases: adalimumab, etanercept (ETA), golimumab, infliximab and certolizumab pegol (6). Because of the role of TNF blockade in many inflammatory diseases, we evaluated its contribution to another immune-mediated inflammatory disease, epidermolysis bullosa acquisita (EBA), a prototypic antibody-dependent and organ-specific autoimmune blistering skin disease (AIBD) (14–17).

The pathogenic relevance of autoantibodies in EBA has been clearly demonstrated (18,19). These autoantibodies are directed against type VII collagen (COL7), a major component of anchoring fibrils. After binding to its target in the skin, a proinflammatory milieu is generated. In different experimental models of EBA, it has been demonstrated that proinflammatory cytokines such as IL-1, granulocyte macrophage colony-stimulating factor (GM-CSF) and antiinflammatory cytokines such as IL-6 are involved in the pathogenesis of EBA (20,21). Together with complement activation (22), this milieu leads to neutrophil extravasation and activation (23) in an Fcγ receptor-dependent manner (24). Reactive oxygen species and proteolytic enzymes are released by neutrophils, resulting in subepidermal blister formation (23). Increased expression of TNF in skin and/or serum of AIBD patients has long been noted (25). Individual case reports show clinical remission of pemphigoid disease after second-line therapy with etanercept (26,27) and effects in patients with pemphigus vulgaris (PV) (28–31). Functional (26,27) and effects in patients with pemphigus vulgaris (PV) (28–31). Functional 

**Materials and Methods**

**Experiments with Human Biomaterial**

For determination of TNF expression and cryosections assays, normal human skin as well as lesional and nonlesional skin from EBA and bullous pemphigoid (BP) patients was obtained. Diagnosis was established based on clinical presentation, detection of IgG and/or C3 deposits in direct IF microscopy of perilesional skin biopsies, detection of the corresponding circulating autoantibodies or detection of a u-serrated pattern in direct IF microscopy in the case of EBA patients. All experiments using human samples were approved by the local ethics committee (University of Lübeck, Germany, and University of Groningen, the Netherlands) and were performed according to the Declaration of Helsinki. Blood donors and patients provided written informed consent prior to study participation.

**Animal Experiments**

C57BL/6j mice (Charles River) were used for the antibody transfer-induced EBA model with prophylactic application of ETA and monoclonal antibody. B6.SJL-H2s C3c/1Cyj (B6.S) animals were provided by Jackson Laboratories and bred at the University of Lübeck, Germany. Mice were used for experimental EBA models at the age of 8 to 10 wks. Animal experiments were approved by local authorities of the Animal Care and Use Committee (Kiel, Germany) and performed by certified personnel.

**Induction of Experimental EBA and BP**

**Antibody transfer–induced EBA:** Rabbits were immunized with a fragment of murine type VII collagen [mCOL7C]. IgG from immune serum was isolated as previously described (33). Mice were injected intraperitoneally (i.p.) 6× with 5 mg rabbit anti-mCOL7C IgG per mouse for 5 d consecutively. ETA (Enbrel) was administered i.p. (2.5 mg/kg body weight) 2 d prior to the initial anti-mCOL7C IgG injection and then every other day (7× total).

Blocking monoclonal antibody to murine TNF (clone MP6-XT22, eBioscience) or isotype antibody (clone eBRG1, eBioscience) with a dose of 150 μg/mouse was injected i.p. every other day starting 2 d prior to the initial rabbit anti-mCOL7C IgG injection and stopping at d 8 (6× total).

Immunization-induced EBA: B6.S mice were immunized with 120 μg vWFA2 domain of COL7 emulsified (1:2) in TiterMax as described previously, with minor modifications (34,35). Briefly, 60 μL of vWFA2/TiterMax emulsion was injected into the foot pad of each hind leg. Starting 3 wks after immunization, mice were randomly allocated into either TNF blocking or solvent treatment groups if they presented erythema, blisters, erosions, crust or alopecia on more than 2% of their body surface area. Treatment was performed with ETA injected i.p. (2.5 mg/kg body weight) every other day for 6 wks. For clinical score, mice were examined once per week, and body surface areas affected by erythema, blisters, erosions, crust or alopecia were observed. Relative clinical scores were calculated by normalizing the weekly score to the initial clinical score when allocated into treatment groups (weekly clinical score/initial clinical score). Disease severity was defined as the integrated relative clinical score over time (area under the curve).

Local antibody transfer–induced BP: Rabbits were immunized with a fragment of murine type XVII collagen and IgG from immune serum was isolated as previously described (36). Mice were injected once with 1 mg rabbit anti-mCOL7C IgG per mouse into the ear base. ETA (Enbrel) was administered i.p. (2.5 mg/kg body weight) 2 d prior to the initial anti-mCOL7C IgG injection and then every day (4× total). Ear thickness and scoring were performed at d 2 after IgG injection.

**Histopathology and Direct Immunofluorescence Staining**

Biopsies of lesional and perilesional skin were obtained at d 12 of antibody transfer–induced EBA and prepared for
examination by histopathology and IF microscopy, as described previously (33). In brief, the biopsies collected from mice were fixed in 4% phosphate-buffered saline (PBS) and buffered formalin, and subsequently sections from paraffin-embedded tissues were stained with hematoxylin and eosin. IgG and C3 deposits were detected by direct IF microscopy on frozen sections prepared from tissue biopsies using fluorescein isothiocyanate-labeled antibodies specific to rabbit IgG (Dako) and murine C3 (MP Biomedicals).

**Immunohistochemistry and Immunofluorescence**

Immunohistochemical analysis was performed as previously described, with minor modifications (21). Monoclonal antibodies specific for murine TNF (clone MP6-XT22) were purchased from AbD Serotec, anti-human TNF antibody (clone 52B83) was purchased from Abcam and isotype control (mouse reference serum) was purchased from Bethyl Laboratories. Rat monoclonal antibody (clone MOMA-2) for staining of intracellular antigen of mouse macrophages and monocytes was purchased from Acris Antibodies. Serial cryosections (6 μm) of organ tissue samples were fixed in absolute acetone for 10 min at 4°C and air-dried before blocking of nonspecific immunoreactive sites with 3% serum (Sigma) in PBS for 20 min at room temperature. The sections were subsequently incubated with primary antibodies at the appropriate dilution at 4°C overnight. Staining was visualized by addition of secondary antibodies (peroxidase-conjugated goat anti-rat IgG, Dianova) and Histogreen Chromogen (Linaris), and the reaction was terminated by washing in tap water. Samples were counterstained with Meyer’s hematoxylin and mounted with Vectamount (Vector Laboratories). Alternatively, fluorescent-labeled secondary antibodies (Cy5™3-conjugated goat anti-mouse IgG [H + L]) polyclonal antibody, 1/100 in PBS-T, Jackson Laboratories) were used and the sections were embedded using DAPI and Mowiol 4-88 (Sigma).

**Real-time PCR**

Real-time PCR of skin sections was performed as previously described (37). RNA from lesional (n = 4) and nonlesional (n = 3) skin from corresponding anatomical sites was obtained using the innuPREP RNA Mini Kit (Analytik Jena). After reverse transcription, cDNA was added to the qPCR MasterMix Plus (Eurorgenec) and amplified using an SDS ABI 7000 or SDS ABI 7900 system (Applied Biosystems). TaqMan probes and forward and reverse primers were designated with CloneManager (SciEd); MLN-51 was used as a housekeeping gene. The primers used were mMLN-51for (5′ CCA AGC CAG CCT TCA TTC TTG), mMLN-51rev (5′ TAA CGC TTA GCT CGA CCA CTC TG), mTNFfor (5′ CCC TCA CAC TCA GAT CAT CTT CTC) and mTNFrev (5′ TGG CTC AGC ACC TCC AG).

**Bio-Plex**

On d 12 of antibody transfer–induced EBA, serum was obtained from the mice and analyzed for concentrations of cytokines (TNF, IL-6, G-CSF and keratinocyte chemoattractant [KC]). This was performed by a commercial supplier using the Bio-Plex system (Bioglobe GmbH).

**Reactive Oxygen Species Release Assay**

A Lumitrack high-binding 96-well plate (Thermo Fisher Scientific) was coated with immune complexes (ICs) consisting of human Col7E-F antigen at a final concentration of 2.5 μg/mL and anti-human Col7-IgG1 or anti-human Col7-IgA2 antibody at a final concentration of 1.8 μg/mL as described previously (38); 2 × 10^5 cells were added per well. As controls, antigens or antibodies alone were added to the wells. Just before measurement, luminol (Sigma) was added to the wells and chemiluminescence resulting from reactive oxygen species (ROS) production was measured immediately in a luminescence reader (Wallac 1420 Manager, Victor3). The ROS release was measured for 1 s per well 66× for a period of ~3 h at a constant temperature of 37°C (38).

**Human Monocytes and Polymorphonuclear Purification**

Human polymorphonuclear (PMN) leukocytes and peripheral blood mononuclear cells (PBMCs) were isolated from whole blood samples using the PolymorphPrep (Progen) gradient according to the manufacturer’s instructions. In the next step, human monocytes were purified from the isolated PBMCs by the magnetic cell separation method using a Monocyte Isolation Kit II, human (Miltenyi), according to the manufacturer’s instructions. The purity of monocytes and neutrophils was evaluated by fluorescent staining with PE/Cy7 anti-human CD14 antibody (clone HCD14, Biolegend) and fluorescein isothiocyanate anti-human CD16 antibody (BD Biosciences) in a flow cytometer (MACSQuant Analyzer 10, Miltenyi).

**Human Cryosection Assay**

Human breast skin biopsies from healthy donors were cut into 6 μm sections. The slides were incubated in a humidified air incubator containing 5% CO₂ (Memmert) for 1 h at 37°C with 200 μg/mL anti-human Col7-IgA2 antibody or 1 × PBS for the negative controls. Cryosection assay was performed as previously described (38). In short, a chamber of approximately 0.3 mm thickness and 0.25 mL volume was created by covering a slide containing the tissue section with a second slide carrying transparent adhesive tape around its ends and taping them together with Parafilm (Pechiney). Next, 5 × 10^6 monocytes or PMNs were added to the chamber at a final volume of 150 μL. After incubation for 2.5 h at 37°C, the chamber was disassembled. A washing step with 1 × PBS for 15 min followed, and the sections were fixed in formalin and stained with hematoxylin and eosin. Images in bright-field mode were captured using a Keyence BZ-9000 fluorescence microscope and BZ-II Viewer software (Keyence). The length of the slit formation was assessed by 2 independent and blinded observers.
Statistical Analysis

All data are presented as the mean ± standard error of the mean, unless otherwise indicated. GraphPad Prism 5 and 7 were used to determine significant differences. For comparison of differences between two groups, t test was used, and for analysis of more than two groups, one-way analysis of variance with Bonferroni post-test was applied. A p value < 0.05 was considered statistically significant.

RESULTS

TNF Levels Are Increased in the Skin of Experimental and Human AIBDs

To investigate a possible effect of TNF during EBA and other AIBDs, we stained three human lesional and nonlesional skin specimens from EBA and BP patients and three normal human skin specimens using anti-TNF antibody. As expected, only inflamed regions (around the blister) showed clear staining for TNF, whereas normal human skin and nonlesional regions were negative for TNF (Figure 1A). To verify these findings in experimental models of EBA, we performed repeated injections of rabbit anti-mCOL7C IgG in mice (39). To verify these findings in mouse models of AIBD, ear samples were collected from mice injected with anti-mCOL7C IgG and with normal rabbit IgG 12 d after the first injection. By immunohistochemistry staining of the ear skin with rat anti-mouse TNF antibody, we demonstrated increased staining of TNF in skin lesions of diseased mice, while less staining was found in the control skin (Figures 1B, C). Furthermore, TNF mRNA expression in lesional skin of mice with antibody transfer–induced EBA was significantly increased compared to that in healthy skin from the same mice (p = 0.0382, Figure 1D). In contrast, the level of TNF in the serum of mice after antibody transfer–induced EBA was significantly increased compared to that in healthy skin from the same mice (p = 0.0382, Figure 1E). These data suggest that tissue-expressed TNF (especially in lesional skin) but not circulating TNF is increased in experimental EBA and human AIBDs.

Prophylactic TNF Inhibition Reduces Blistering in Antibody Transfer-Induced EBA and BP

Mice treated with TNF blocking antibody (TNF mAb) and subsequently injected with anti-mCOL7C IgG showed a significant difference regarding disease progression at d 8 and 12 when compared with mice treated with an isotype-control antibody (Figures 2A–D) (d 8, p = 0.029; d 12, p = 0.009). Immunohistochemistry staining revealed reduced monocytes/macrophages (anti–MOMA-2) and TNF in lesional skin of the TNF mAb–treated group, while blister formation and IgG/C3 deposition at the dermal-epidermal junction were comparable in both groups (Figures 2F–O).

Currently, the contribution of monocytes/macrophages to the development of skin lesions in EBA, in both patients and experimental models, has not been studied in detail. Here, we show that macrophages constitute a substantial percentage...
TNF INHIBITION IN EXPERIMENTAL EBA

Figure 2. Prophylactic TNF blockade reduced the extent of skin disease in antibody transfer-induced EBA. Mice injected with rabbit anti-mCOL7C IgG and treated with (A,B) an isotype antibody (n = 8) or (C,D) a monoclonal antibody to TNF (TNF mAb, n = 6). 2 d prior to initial anti-mCOL7C IgG injection, followed by five treatments every other day until d 8. Ears and trunks of isotype-treated mice demonstrated erythema and erosions, while less disease was observed in TNF mAb–treated mice. (E) Time course of clinical disease development, shown as the percentage of body surface area affected by blistering (*p < 0.05, **p < 0.01). Representative ear samples from (F–J) isotype-treated and (K–O) TNF mAb–treated mice with EBA were analyzed histopathologically and immunologically. By direct immunofluorescence microscopy, similar (F,K) IgG and (G,L) C3 deposits were observed at the dermal-epidermal junction in both experimental groups. Histopathological analysis of lesional skin demonstrated comparable (H,M) dermal-epidermal separation in both treatment groups, but (I,N) TNF and (J,O) MOMA-2 were detected to a lesser extent in (N,O) TNF mAb–treated mice compared with (J,J) isotype-treated mice. Magnification of all sections is 200×.

of infiltrated leukocytes in lesional skin obtained from mice with experimental EBA (Figure 2). To further investigate this point, we compared monocytes/macrophages based on the possibility of their producing reactive ROS after IC stimulation (Supplementary Figure S1A, S1B) and inducing split formation after immune complex formation in an ex vivo assay with human skin (Supplementary Figure S1C). Indeed, besides the known fact that PMNs contribute to this pathogenic effect in AIBDs, monocytes/macrophages are a second cell type that directly contributes to blister formation.

To further investigate the role of TNF in the context of AIBDs, the impact of ETA with known effectiveness against murine TNF was investigated in antibody transfer–induced EBA. For this purpose, C57BL6/J mice were treated with ETA and subsequently anti-mCOL7C IgG. Although all mice developed clinical symptoms of EBA (Figures 3A–D), the disease was significantly milder in ETA-treated mice compared with the control group (d 8, p = 0.03; d 12, p = 0.005; Figure 3E). In addition, circulating cytokine levels were evaluated in the serum obtained from diseased mice treated with either isotype or ETA and TNF mAb. Although serum levels of TNF were unaltered in the TNF intervention groups compared with untreated mice (Figure 1A), levels of IL-6, G-CSF and KC were reduced after TNF inhibition (Figure 4). To verify the effect of TNF blockage in another mouse model for autoimmune blistering disease, we also injected mice with ETA and subsequently with anti-mCOL17 IgG as an experimental model for BP (40). Again, treatment with ETA showed a significant difference regarding disease progression at d 2 (p = 0.04) (Figures 2F–G).

Therapeutic Treatment with ETA Diminishes the Extent of Blistering in Immunization-Induced EBA

We next evaluated the therapeutic potential of ETA in mice with already established clinical EBA. B6.S mice were immunized with the vWFA2 domain of COL7C for induction of experimental EBA. Mice that presented at least 2% of body surface area affected by blistering were randomly allocated to either the ETA or PBS treatment group. Compared to PBS-treated controls, mice that received ETA showed a clinically significantly reduced extent of blistering (Figure 5), indicating the important role of TNF during the pathogenesis of experimental EBA.

DISCUSSION

In this study, we provide evidence for a proinflammatory role of TNF in experimental models of a prototypic organ-specific autoantibody-mediated disease. First, we observed increased TNF expression in the skin of mice that developed experimental EBA and in human BP and EBA patients. Second, pharmacological blockade of TNF by ETA or a murine TNF-blocking mAb, if applied before the onset of skin blisters, led to significantly milder disease progression in anti-mCOL7C IgG-treated mice compared with control mice. Third, in addition to this prophylactic treatment, we further demonstrated that TNF inhibition effectively improved already established
Taken together, these observations suggest that TNF is significantly involved in the effector phase of experimental EBA. Previously, different experimental studies demonstrated that TNF treatment was also effective in other AIBDs. More specifically, TNF plays a role in the acantholytic process in PV (32,41), and its expression in serum and skin of patients with PV (32,41) and BP (42) was increased. Furthermore, case reports documented the successful use of infliximab and ETA in PV patients (28–31), and in mucous membrane pemphigoid, the use of ETA was suggested for patients not responsive to high-dose intravenous immunoglobulins (26,43).

Interestingly, here we observed increased levels of TNF only at the site of inflammation (i.e., the skin), while TNF concentrations in the serum were identical in mice with or without experimental EBA. The reason for unchanged serum TNF expression in experimental EBA could be either too low concentration in the skin to affect serum expression or retention in the skin by binding to TNF receptors.

For TNF blockade, we employed MP6-XT22, a rat TNF-blocking IgG1 mAb that neutralizes murine TNF and is the standard TNF blocking antibody used in murine studies (44). The human reagent ETA is a TNFR2-Fc fusion protein (soluble p75-TNF receptor-human IgG1) that is also effective at neutralizing TNF in mice and humans (44). Both compounds exhibited the same inhibitory effect on disease progression when applied in our model of antibody transfer–induced EBA. TNF signals via two receptors, TNFR1 and TNFR2. In contrast to TNFR1, which is ubiquitously expressed and mediates proinflammatory processes and cell death, TNFR2 is also involved in several immune diseases and inflammatory processes (10), disease activity in mice as a therapeutic approach. Taken together, these observations suggest that TNF is significantly involved in the effector phase of experimental EBA.

![Figure 3](image)

**Figure 3.** Prophylactic inhibition of TNF using ETA in antibody transfer–induced EBA and BP model reduced disease severity. (A–E) Representative clinical pictures on d 12 after injection of mice with rabbit anti-mCOL7C IgG and treatment with (A,B) isotype control (shared with Figure 2) and (C,D) ETA every other day until d 10 starting 2 d prior to the initial anti-mCOL7C IgG injection. Both groups developed erythema and erosions. (E) Clinical disease score, shown as the percentage of body surface area affected by blistering, was reduced in ETA-treated mice (n = 6) compared to isotype-treated mice with EBA (n = 8) at d 8 and d 12. (F) Representative pictures of mouse ears on d 2 after injection with rabbit anti-mCOL17 IgG and treatment with PBS or ETA every other day starting 2 d prior to anti-mCOL17 IgG injection. (E) Clinical disease score, shown as the percentage of ear surface area affected by blistering, was reduced in ETA-treated mice (n = 6) compared to isotype-treated mice with EBA (n = 8) at d 2 (*p < 0.05, **p < 0.01).

![Figure 4](image)

**Figure 4.** TNF inhibition in antibody transfer–induced EBA was associated with changes in serum levels of IL-6, G-CSF and KC. Circulating IL-6, G-CSF and KC levels were evaluated in murine serum at d 12 of antibody transfer–induced EBA using Bio-Plex. Statistically significant reduction of all three molecules was observed in the serum of mice with blocked TNF function (TNF mAb/ETA, n = 6) compared with isotype-treated animals (n = 8; *p < 0.05, **p < 0.01).
reduces cell infiltration in different autoimmune diseases, such as rheumatoid arthritis (48). In addition, it had been demonstrated that ETA, in contrast to other TNF inhibitors (such as infliximab), exerts its effect not by inducing apoptosis of macrophages (49) but by phosphorylating p38 MAPK and STAT3 and reducing complement-dependent lysis of macrophages (50). The reduced number of macrophages observed after use of TNF-blocking antibodies in antibody transfer–induced EBA may therefore be due to reduced infiltration of these cells.

**CONCLUSION**

In conclusion, increased TNF expression in the skin of mice with experimental EBA suggests that this cytokine may be a new potential therapeutic target. Furthermore, both ETA and TNF-blocking antibody significantly impaired skin blistering in a prophylactic setting of the antibody transfer–induced model of EBA. Moreover, therapeutic intervention of TNF activity was able to reduce disease activity in mice with fully developed skin lesions. Our results suggest blockade of TNF function as a new therapeutic approach for the treatment of EBA. In line with the fact that antibodies like sCD32, anti-Flightless-1 homolog, anti–GM-CSF and anti-FcgRIV have promising inhibitory effects in model systems of pemphigoid diseases, we believe that the therapy options for these difficult-to-treat autoimmune disorders will improve in coming years (20,24,51,52).

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DISCLOSURE

The authors declare that they have no competing interests as defined by Molecular Medicine, or other interests that might be perceived to influence the results and discussion reported in this paper.

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