Managing time in a changing world
Mizumo Tomotani, Barbara

Citation for published version (APA):

Copyright
Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

Take-down policy
If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): http://www.rug.nl/research/portal. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.
Acknowledgements

And so I reach the end of my PhD journey. These four years were intense, to the point of feeling that the expression “blood, sweat and tears” can indeed be pretty literal sometimes. Still, it was an amazing experience that I do not regret at all. And, for a good part, because of the great people who supported me along the way. Simply naming them in this limited space (and risking forgetting a few) will never be representative of how much I owe them for the success of this work and my personal and professional growth.

First of all, I would like to thank my supervisor Marcel: I am extremely grateful for everything. Thank you for giving me a chance to write a proposal to work with you – before even meeting me in person! Also, thank you for supporting me during these nightmarish experiments, always available when problems arose. I remember you “warning” me how steep my learning curve would be and, looking back now, it is crazy to realise how much I learned in these last four years.

Domien, thank you for always having time for a project discussion and for receiving me in Groningen. Also, thank you for all the help with the paperwork issues in these last years (that just kept appearing).

Cynthia and Iván, my fieldwork partners, you were essential to the success of my experiments. Thank you for enduring the long hours of fieldwork and the crazy experiments with me. You taught me so much about studying birds in the field! I am sorry for things being tense sometimes, it was a difficult start for me… But I really hope you enjoyed at least some part of our time in the field. I will definitely keep my share of good memories of it. Also, big thanks to Henri, who was of great assistance during fieldwork and managed to catch those pesky birds that nobody else could. I enjoyed our bird sighting discussions in the few quiet moments of fieldwork, the funny stories involving Easter eggs and golf balls and, of course, our chocolate drawer.

I would also like to thank all the students who worked with me, both in the Hoge Veluwe and indoors, making this project possible; from the first to the last breeding season, thank you, Evert, Ezra, Susanne, Corry, Femke, Emma, Martijn v. O., Charlotte, Julia and Chiel. I hope you enjoyed working on the project and wish you success in your future careers! I also take this opportunity to thank everyone who came to aid my field-labwork for one or more days when things were too busy to handle.

In no particular order, Marylou, Franca, Ruben, Anouk and Coretta, thank you for taking care of my birds; I am well aware that the flycatchers are not easy at all to keep... Also, thank you for helping me during the long hours of laboratory measurements.
Thanks also to everyone involved in the hand-rearing, who took such a good care of the chicks I brought to the institute.

I also would like to thank (once more, in no particular order) Bart v. L., Louis, Janneke, Manon, Piet, Peter, Christa and Agaat for helping out in several parts of my work: field assistance, lab assays, measurements, equipment issues, and entering (and retrieving) data from our database. Thank you for making my experiments run much much smoother! Also, thanks to Nanneke and Chris for the assistance with our animal welfare protocols, which ultimately allowed me to carry out my experiments.

At NIOO, I enjoyed the company of many people as well as great discussions during lunchtime, coffee breaks or beer o’clocks – and, of course, the occasional video game matches. Thank you (again, in no particular order) Arie, Bart N., Kees, Kate, Martijn vd. P., Lyanne, Henk, Callum, Phillip, Kamiel, Jenny, Suvi, Marleen, Raymond, Samuel, Gotz, Erik, Veronika, Antica, Adriaan, Tom, Andrea, Davide D. and, of course, my PhD colleagues, Davide B., Els, Irene, Jip, Jacintha, Lies, Lysanne, Lucia, Maaike, Nina, Rascha and Thomas. Also, thanks to all other researchers, students, visitors and volunteers (I will really forget someone if I try to name you all) for very the nice moments.

Samuel, Kees and Suvi, I also want to thank you for all the tips for keeping the birds in captivity and the help with samplings and measurements. To Kamiel, thanks for the huge support with the collection of activity data in the lab. Phillip, Callum, Kate and Arie, thank you for being always available to help with an analysis or just to discuss some theoretical aspect of statistics. I started my PhD knowing nearly nothing about programming or statistics, but I learned a lot from our discussions. Raymond, Henk and Erik, thanks for the great ringing sessions. In the end, learning to mist net helped me gaining confidence to properly carry my fieldwork. Raymond, thank you very much for your patience in teaching me from the beginning and for all the help with the geolocators. To my PhDs colleagues, who often accompanied me for a coffee break or joined in a random discussion at our busy office, I think there are way too many things that I’m thankful for to be listed here; so, more importantly, you always cheered me up (and also helped me taking care of the shrimps). :-) So thank you! Lucia and Maaike, I am also very grateful to you for showing me around when I arrived; and, Davide B., thank you for being a great housemate. Finally, Thomas and Veronika, thank you for accepting being my paranymphs and giving me your full support in the final steps of my PhD.

I was extremely lucky to work in such a great place as the NIOO, where I had support for varied tasks, from building a flight tunnel to sending geolocators or sorting paperwork. I am grateful to the whole NIOO staff and I just would like to name some people that I constantly went to for help: Gerda, Elly, Gerrie, Wim, Hennie, Jeroen and Gilles. Thank you all!
Florian, thank you for being an amazing co-author, I had much fun working on the flight part with you and learning something completely new. Big thanks also for Remco, who gave support during the experiment and when processing the videos; and to the Experimental Zoology group in Wageningen University, for warmly receiving me when I was processing the videos.

During these years I had the support from other researchers in many other aspects of my project. Thank you, Simone Meddle and Stefania Casagrande, who accepted to analyse my samples, allowing me to include physiological measurements in my project; and Alistair Dawson, who gave advice on moult and Prolactin at early stages of the project. Thanks to the Vogelwerkgroep Arnhem who kindly provided their flycatcher arrival dates. Christiaan Both, Roelof Hut, Janne Ouwehand and Jelmer Samplonius, thank you for always receiving us in Groningen for a chat about the various projects. Janne, I would also like to thank you for the practical geolocator lesson in the middle of your fieldwork. Barbara Helm, I would like to thank you for your continuous support, which actually started before my PhD. Your assistance was vital when we kept and measured the flycatchers in captivity and I greatly enjoyed our discussions when you came to visit. Pepijn Kamminga, thank you for receiving and processing the flycatcher vouchers I deposited in the Naturalis collection. Gisele A. Oda and Luís F. Silveira, thank you for always receiving me in your labs for either an informal chat or a scientific discussion. Finally, thank you, Roelof Hut, Bill Schwartz and Franz Bairlein for accepting being part of my thesis committee, reading and judging this thesis.

My friends in Brazil and abroad, happy to chat (and play), online or in person, when we managed to meet: João Vitor, Sumô, Carla, João Pedro, Zeh (who was actually my neighbour in my first year in the Netherlands), Jana, Paty, Sapuca, Cynthia, Jessica and Potter, thank you all. Many thanks also to Anabele for the nice Brazilian gatherings.

Dear Onno and Marian, thank you for being my second family in the Netherlands – it was thanks to you that my transition to the new life in a new country went smoothly.

Agradeço a minha família por todo o apoio durante esses anos em que estive fora. Obrigada pelo suporte, pelas conversas por Skype e pela compreensão. Éspero que esse livro ajude a mostrar um pouco do que eu me meti nesses últimos anos – e a razão pela qual eu desaparecia entre Abril e Junho.

Rodrigo, my partner in crime in this experience abroad. You were right when you said I would almost need an Acknowledgements section only for you. You not only helped me with fieldwork, revising, copy editing, theoretical and philosophical discussions but was also my source of support and inspiration when things seemed to be completely lost or wrong. Thank you for being with me all this time!

Barbara M. Tomotani