Scientific understanding of students in the picture
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Chapter 2

‘Looking at’ educational interventions
Surplus value of a complex dynamic systems approach to study the effectiveness of a science and technology educational intervention

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Based on:
There is no doubt that a classroom can be conceived of as a complex dynamic system, in that it consists of many interacting components—the students and the teacher—that influence each other’s behavior and characteristics over a wide variety of nested time scales (Lewis, 2002; Smith & Thelen, 2003; Van Geert & Steenbeek, 2005). If one takes, for instance, a science lesson in a classroom consisting of 11-year-old students, then the teacher’s questions during a science activity influence the reactions of the students. The interactions during this activity influence the interaction during the next activity or next lesson.

As this is an example of an educational system, the interactions at the behavioral level of the system are explicitly aimed at durably changing particular properties—such as the students’ knowledge, skills, or understanding about science. Note that at the same time other properties, such as the order in the class or the level of involvement of the students, should be maintained. Modern schools that promote the lifelong learning of the teacher make decisions about programs for teacher professionalization, which are either reluctantly or enthusiastically received by the teachers (Wetzels, Steenbeek, & Van Geert, 2015). Such professional interventions are often presented as fixed protocols, but in reality they unfold as highly idiosyncratic processes. In fact they are emergent processes in which many components—including the written intervention protocol, the coach’s capacities, the unique circumstances of the school and the time and effort invested by the teachers—are dynamically intertwined. Such interventions are in fact forms of perturbation in an existing, self-sustaining pattern of activities which takes place during real-time learning situations. Asking a particular type of questions, performing a particular type of activities or typical reactions of students are examples of such self-sustaining patterns. The aim of perturbations, i.e. the intervention, is to durably change these self-sustaining patterns and replace them by new, more adequate patterns that, once they are established, should also be self-sustaining (Van Geert, 1994; 2003). From a dynamic systems point of view, changing these patterns of action and thinking of the teacher is quite similar to changing the patterns of action and thinking of the students, i.e. those can be indicated as teaching-learning processes.

In order to fully understand the effect of educational interventions on students’ performance, insight is needed in the properties of these teaching-learning processes in individual teacher-student pairs. However, the progress of individual students as a result of an intervention is hardly reflected in effectiveness studies. This is because the effectiveness of interventions is usually studied using standard research practices. This methodological study aims to demonstrate how properties of a complex dynamic systems approach can help gain insight into change in teaching-learning processes due to educational interventions. This will be illustrated by examining a science and technology education intervention, Video Feedback Coaching for teachers (VFCT), aimed at improving the quality of teachers’ questions, and by doing so increasing students’ level of scientific understanding.
Standard research on educational interventions
Assuming that the description given above provides a reasonably realistic picture of education as a complex dynamic system, we may ask ourselves what kind of picture teachers, parents and policymakers get from the standard research on education. Although probably few teachers will read the scientific journals on education science, the standard approach trickles down via various sources, such as via policymakers who have been trained in the standard practice of educational research, or the news media who report about scientific findings on education.

What the standard research practice implicitly or explicitly conveys to educators is, to begin with, the idea that influences of one variable onto another — such as motivation on school science performance — can be meaningfully separated from other influences and then in a sense stitched together again to provide a picture of individual educational processes.

Another idea that educators can get from the research is that effectiveness of an intervention (a curriculum, a teacher training program and so forth) resides in the intervention itself, i.e. that effectiveness is like an intrinsic causal force present in the intervention. In addition, the effectiveness of an intervention is something that is seen as applicable to particular kind of persons, i.e. to particular populations, such as the population of primary school teachers.

Another idea that the standard research practice in education conveys to educators is that knowledge and skills are internal properties of individuals, internal representations, internally represented schemes of action and so forth that are transmitted from a teacher or a curriculum to an individual student. These internal skills or levels of knowledge can best be measured by validated, normed and relatively objective measurement instruments that express the internal skill or knowledge by means of a single number, i.e. a test score on a science test (Borman, Gamoran, & Bowdon, 2008; Penuel, Gallagher, & Moorthy, 2011; Simsek & Kabapinar, 2010). Though, a more proximal measure, at the behavioral level, like the quality or complexity of the answers may be a better indicator of, for instance, a student’s scientific understanding level compared to a more distal measurement, like paper and pencil tests — as paper-and-pencil tests require other skills like reading as well (Van der Steen, Steenbeek, Van Dijk, & Van Geert, 2015). In addition, several studies report that interaction is essential to stimulate students’ performance (Vygotsky, 1986). More specific, both Chin (2006) and Oliveira (2010) state that asking thought-provoking, student-centered, questions is a key element to stimulate students to reason with longer sentences and on higher levels of understanding.

Standard educational research also conveys the idea that what actually matters is the real or true skill, level of knowledge or ability, and that this real or true skill or ability can best be represented by averaging over individual fluctuations or individual variability (for more information see Rosmalen, Wenting, Roest, De Jonge, & Bos, 2012). The message is that these fluctuations or variability are in fact purely random variations around the true skill, level of knowledge or ability, and that they reflect
purely accidental influences. For that reason, such fluctuations or variability within individuals are not intrinsically interesting, and should thus be averaged out. Preferably this is done by averaging over many individuals who, together, constitute a representative sample of the unit of analysis that really matters, namely the unit of populations characterized by a particular natural property, such as ‘typically developing students’ or ‘dyslexia’.

In this standard approach, there is of course room for interaction, for context, for individual variation, for change over time and so forth. These aspects are, however, viewed from a perspective that is different from the perspective of complex dynamic systems. In the latter, they are like the primary givens, the starting point of theory formation and research (Fogel, 2011; Thelen, 1992; Van Geert, 2003), whereas in the more standard picture they are like secondary aspects, inferred from the primary aspects of research as discussed above.

How should educational research be transformed in such a way that it can convey to educators a picture of education that comes closer to the reality of education as a complex dynamic system? In the remainder of this chapter, we shall first discuss how properties of a complex dynamic systems approach can be applied to study the effect of educational interventions, such as the Video Feedback Coaching program for teachers. This approach will then be further illustrated by discussing an example of educational research, which uses properties from complex dynamic systems thinking in order to examine the effect of an intervention.

**Intervention assessments**

In order to assess the effectiveness of such interventions several guidelines are frequently used. Veerman and Van Yperen (2007), for instance, describe an often used classification scheme for assessing the effectiveness of youth care interventions as evidence-based practice. This scheme consists of four stages from potential effective interventions to efficacious interventions. An intervention is considered effective when the causality between the intervention and the outcome can be determined. Large-scale experimental research, multiple case-studies and norm related research are considered as ways to accomplish these causal relations.

Another way to establish the effectiveness of an intervention has been described by Boelhouwer (2013; as adapted from Lichtwarck-Aschoff, Van Geert, Bosma, & Kunnen, 2008). Boelhouwer proposes a taxonomy using four dimensions—which are grounded in the complex dynamic systems approach—to address the effectiveness of an intervention. Boelhouwer stresses the importance of using observational data and studying mutual causality. The four dimensions are:

1. **the static versus dynamic dimension** pertains to the dimension of analysis. Respectively, data are aggregated over many individuals versus data are displayed as a process over many time points. The *static dimension* can be used to analyze the complexity level of scientific understanding as a combination of factors in a large sample. The effect of an intervention can, for instance, be
assessed by focusing on the difference-score between premeasure and postmeasure, in which half of the participants receive an intervention while the other half does not (control condition). A dynamic dimension, on the other hand, can be used to depict the process of change. Time series are used to depict how the changes emerge in and over time (Velicer, 2010).

2. the micro versus macro time-scale refers to the time-dimension. Respectively, a student’s performance in real-time (i.e. the micro time-scale of seconds, minutes or hours (Lewis, 1995)) versus learning and development over several lessons or years (i.e. the macro time-scale of weeks, months or years (Lewis, 1995)). Analysis can be situated on different time scales at which the micro level is at the one end of the continuum and the macro level on the other end of that continuum. At the micro level, scientific understanding can be captured in one specific situation, in which action sequences are studied. An example is a conversation during a science and technology lesson, consisting of one or several action-reaction sequences. At the macro level scientific understanding can be captured over a longer period of time, for instance a series of science and technology lessons. The change in students’ scientific understanding due to the implementation of an intervention is in this study an example of a macro time-scale.

3. the distinction between direct and indirect assessment refers to the dimension of information sources, respectively the assessed person him or herself or a third-party assessor. A researcher can use several sources of information when evaluating an intervention program. One way is using direct measures, which means information from those persons who actively participate in the intervention. In a professionalization trajectory for teachers, the teacher would be a direct source of information when (s)he is observing own behavior and reports about that, for instance by means of a questionnaire. Indirect assessment might refer to scientists who report about behavioral change.

4. the distinction between short-term effects versus long-term effects refers to the dimension of behavioral change due to—the effects of—an intervention. The short-term effects of an intervention can be seen as a change in observable behavior right after or eventually during the intervention lessons. The long-term effects refer to maintaining effects that are still observable a long time after the intervention, which can be visualized at follow-up or post-measurements (Boelhouwer, 2013; Steenbeek & Van Geert, 2015).

Using a complexity approach to map change: How to apply the properties
The complex dynamic systems approach offers tools to focus on properties of development and learning as dynamic processes (Steenbeek & Van Geert, 2013; Van Geert, 1994), which lie beneath the aforementioned dimensions. Using this approach is a way to study how learning occurs in interaction with the material and social context by focusing on those processes during real-time and frequent observations, i.e. during actual lessons (Granott & Parziale, 2002; Van Geert, 1994; Van Geert & Fischer, 2009). In order to understand the dynamics of a complex
system, such as a teacher’s practice in the context of a group of developing students, the assessment should also focus on the dynamic character of learning, i.e. how a student’s performance emerges in interaction with the context (see Steenbeek & Van Geert, 2013; Wetzels, Steenbeek, & Van Geert, 2016). Observational methods, i.e. video recordings, are considered essential to be able to capture the developments on these real-time (micro) timescales and to preserve the complexity of the process of learning. Several properties of learning — such as change, nonlinearity, iteration and self-organization, variability, and the transactional nature of learning — as a result of an intervention must accordingly be taken into account. Mapping these properties is important to explain average group-based findings and provide insight into the underlying processes of learning and subsequent performance of individual students (Van Geert, 2004) and the quality of a science education intervention (Wetzels et al., 2015). The relevance of a complex dynamic systems approach, for intervention studies, demonstrates itself in offering possibilities for answering different research questions.

In the next section we will discuss three important properties of a complex dynamic system for the context of learning. This is a background for understanding the need for a process-based methodology. For this reason, we will describe how underlying properties of Boelhouwer’s (2013) dimensions can be integrated in educational intervention studies as an essential addition to group-based analyses.

The role of time in change has a prominent role in Boelhouwer’s taxonomy: in the time-dimension (micro vs. macro) as well as the behavioral change-dimension (short-term vs. long-term intervention effects). Velicer (2010) states that a time series analysis can help to understand the underlying naturalistic process and patterns of change over time, or to evaluate the effects of an intervention. For instance, time provides valuable information about the dependency between all measurements. As Steenbeek and Van Geert (2005) state, behavior of the student —which can be as small as an utterance— at a certain point in time affects the subsequent activity of the teacher —also known as iteration. Since changes in the micro-timescale —short-term effects— are intertwined with long-term effects, analyzing student’s actions during real-time interactions might be helpful in understanding change (Steenbeek, Jansen, & Van Geert, 2012).

As an illustration, let us return to a science class in an upper grade elementary classroom. The teacher’s questions influence the reactions of the students in the form of answers, signs of interest or of avoidance, which on their turn influence the subsequent questions and reactions of the teacher following the reactions of the students. Students hear other students giving an answer, or see them performing particular activities, and this influences their own potential answers to questions asked by the teacher. The effect of the interactions takes place on various, nested timescales (e.g. Van der Steen, Steenbeek, & Van Geert, 2012). There is, for instance the short-term time scale of a particular science class, which involves the dynamics on the level of activities, solving problems and formulating explanations. There is also the long-term timescale of changes in the nature of the answers or the
probabilities of high-level reasoning that develops as a consequence of the short-term interactions. As is typical of a complex dynamic system, events on these various timescales affect one another, that is to say there is mutual influence and reciprocal causality (Steenbeek et al., 2012). Another example is the short-term timescale of asking a particular kind of questions by the teacher and the long-term timescale of eventual changes in the nature of the questions asked by the teacher, for instance as a consequence of an intervention aimed at teacher professionalization (e.g. Wetzels et al., 2015). A class of students with their teacher tend to evolve towards particular, class-specific patterns of activity, that is to say towards a typical pattern of asking questions, giving assignments, giving answers, showing interest or boredom and many other properties. These patterns form some sort of complex attractor state (e.g. Steenbeek & Van Geert, 2005) that is typical of the teacher-class system in question. These attractor patterns are in a sense self-sustaining, for instance the nature of the questions habitually asked by the teacher influences the nature of the answers habitually given by the students, and these answers are likely to sustain the nature of the questions asked by the teacher. In addition, the attractor patterns, i.e. few variability is visible in the teacher-student interaction patterns, are relatively resistant to change.

A focus on variability provides information about inter-individual variability and intra-individual variability. Bassano and Van Geert (2007) state that ‘variability is informative on the nature of developmental change’. The dynamic dimension in Boelhouwer’s taxonomy (2013) allows further for possibilities to map inter-individual variability, variability among students, teachers or groups. This might be done to compare several individual teachers to find out whether one teacher’s intervention trajectory is more effective compared to a similar intervention trajectory of another teacher. Questions might focus on whether the pathways of all students are equivalent, i.e. did they develop in similar ways? A change in student’s complexity level of scientific understanding might be found in trajectories in which a teacher seems capable of adjusting his/her questions to a student’s level of functioning and thinking, while the less effective trajectories remain in a fixed pattern of non-differeniating interactions (Ensing, Van der Aalsvoort, Van Geert, & Voet, 2014). Variability at the micro level (adjusting to the level of students) might, in this case, be an important element accounting for the variability between the teachers. Inter-individual variability can provide important information about underlying dynamics of (less) effective intervention trajectories. Each trajectory —either an intervention or another developmental trajectory— takes the form of a dynamic pathway, constructed as real-time iterative processes, which emerges through interaction with the context (Fischer & Bidell, 2006). As each student starts an intervention at their own level and masters science and technology to the best of his/her capabilities, each trajectory is unique and should be analyzed as such to provide insight in the variability.
Intra-individual variability is defined as ‘differences in the behavior within the same individual, at different points in time’ (Van Geert & Van Dijk, 2002). By looking at multiple measures of individuals it is possible to see how the change and development proceeds (e.g. Van der Steen, Steenbeek, Van Dijk, & Van Geert, 2014). Van der Steen and colleagues (2014), for instance, showed that a student’s performance changed over several science activities. By focusing on intra-individual variability, a change in interaction between a student and a researcher was found. At the start of the learning trajectory, the teacher took initiative by asking thought-provoking questions during inquiry activities (state 1); the student followed the level of the teacher. At the third lesson, a change in interaction pattern was found, in that the student took initiative (state 2) and seemed to have initialized the process of inquiry. In between these two states, some form of “chaos”, in this case increased variability, was found in which the researcher and student did not seem to adapt to each other as well as before (state 1) and after (state 2). Transitions from one state to another are often accompanied by qualitative indicators, but also by increased variability or critical slowing down of variability (e.g. Bassano & Van Geert, 2007).

The surplus value of focusing on variability is that it yields information about the differences in underlying characteristics leading to differences between lessons or participants. Specifically, this might show whether there are behavioral characteristics accounting for why a trajectory seems to yield more positive change for one subgroup than another or how one state changes into another (concerning development - Lichtwarck-Aschoff et al., 2008; education – Steenbeek et al., 2012; sports – Den Hartigh, Gernigon, Van Yperen, Marin, & Van Geert, 2014).

The transactional nature provides insight into how the learning gains of students can be understood, i.e. how is performance (co-) constructed during actual lessons, why is the intervention for some classes or students more effective than others? Learning can be seen as a dynamic and distributed, transactional process (Steenbeek, Van Geert, & Van Dijk, 2011). Students do often not come to a conclusion spontaneously. Teacher support is essential to reach a higher level of performance (Van de Pol, Volman, & Beishuizen, 2011). Teaching and learning are dynamic processes that are constantly adapting to changing needs and opportunities. It is therefore important to focus on the dynamics of reaching a performance by studying interactions, i.e. what the teacher's contribution is in students’ performance. The unit of analysis ought to be the dyad of a teacher and the students, and not the individual student on its own (Cook & Kenny, 2005). Knowing more about how teachers stimulate students toward higher levels of scientific understanding might provide valuable information about how to optimize inquiry-based learning situations (Van der Steen et al., 2014).

Note that although the three properties describe distinct mechanisms, during teaching-learning processes, they all work simultaneously. Boelhouwer’s (2013) observational dimensions might be seen as different levels of analyses and can show increasingly detailed information about how well the averaged findings (static) represent the variability in individual trajectories (dynamic) in (micro) and over time.
(macro). For the purpose of this article, the properties are presented (and analyzed) in such a way that the surplus value compared to the classical approach is stressed (table 2.1). However, we do not intend to give the impression that this classification is the ultimate way to study interventions. The principles of variability can, for instance, be very well applied at the micro level to find change points in the transactional nature of learning trajectories over several lessons (e.g. Steenbeek et al., 2012).

Table 2.1 Combination of complexity properties and dimensions as formulated in Boelhouwer’s taxonomy (2013)

<table>
<thead>
<tr>
<th>Goal</th>
<th>(possible) Research question</th>
<th>Dimensions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premeasure vs. Postmeasure</td>
<td>Generalization - Insight into whether there is an effect or not.</td>
<td>Indirect Group</td>
</tr>
<tr>
<td>Role of time in change</td>
<td>Map development - help to understand the underlying naturalistic process and patterns of change over time, important to evaluate the effects of an intervention.</td>
<td>Indirect Group</td>
</tr>
<tr>
<td>(intra-individual) Variability</td>
<td>Map temporal change - information about the quality of interventions.</td>
<td>Indirect Classroom</td>
</tr>
<tr>
<td>Transactional nature</td>
<td>Map co-construction - insight into how the learning gains of students can be understood.</td>
<td>Indirect Individual Dyad</td>
</tr>
</tbody>
</table>

The current study

In this study, we aim to demonstrate the contribution of a complex dynamic systems approach when assessing the effectiveness of a science and technology education intervention. We illustrate this by presenting data from the Curious Minds Video Feedback Coaching program for teachers (Appendix C). By doing so, we intent to provide a more thorough and multifaceted view of the process of studying the effectiveness of an intervention, compared to standard evaluations. By starting with the more classical group-based analysis, we aim to demonstrate that each remaining analysis — increasingly more process-based — can provide more understanding of the effectiveness. Hence, information about students’ performance (static and dynamic) and the development of students’ scientific understanding during one lesson (micro) and over several lessons (macro) will be presented. In addition, the role of the teacher in this process (micro-dynamic) can be shown during the intervention (short-term effects) and a few weeks after the intervention (long-term effects).
METHOD

Rationale for the teaching intervention
The Video Feedback Coaching program for upper grade teachers is a professionalization trajectory designed to support teachers in improving the quality of science and technology education lessons in their classroom. More specifically, this pedagogical-didactic intervention was developed to stimulate change in teacher-student interactions, i.e. changing the discourse from mostly teacher-centered into a more stimulating student-centered discourse (Wetzels et al., 2016). By doing so, teachers enhance the quality of students’ scientific understanding by establishing a series of inspiring teachable science moments (Bentley, 1995; Hyun & Marshall, 2003). The way teachers interact with students was regarded as a key to quality of the science lessons (Barber & Moursched, 2007). The intervention contained the following evidence-based key elements: (1) improving teachers’ knowledge about teaching science and scientific skills, (2) establishing behavioral change by improving teachers’ instructional skills by means of (a) VFCt and (b) articulating personal learning goals.

The first element was reflected in an interactive educational session about knowledge of teaching science and scientific skills for participating teachers. Osborne (2014) defined these skills as knowledge about the process of science – including knowledge about the empirical cycle - and the skills needed for performing an actual scientific inquiry – such as higher order thinking skills. During this educational session information was provided and the features important for science learning were discussed: the use of the empirical cycle (De Groot, 1994), use of thought-provoking questions (Chin, 2006; Oliveira, 2010), scaffolding (Van de Pol et al., 2011), and science and technology-education in general (Gibson & Chase, 2002). According to Lehmann and Gruber (2006) expertise can best be acquired through case-based learning, including authentic cases which are embedded in naturalistic contexts. Therefore, several best-practice video fragments of teacher-student interactions during science lessons were shown to illustrate the transactional nature of performance; i.e. the importance and effect of high quality interactions during science and technology-activities.

The second element referred to the aim to establish —durable— behavioral change. A promising method for implementing evidence-based instructional strategies, i.e. establishing behavioral change, is providing feedback on real-time behavior (Noell et al., 2005; Reinke, Sprick, & Knight, 2009). Teachers instructional quality can be greatly increased by offering video feedback on own classroom behaviors (see also Mortenson & Witt, 1998; Seidel, Stürmer, Blomberg, Kobarg, & Schwindt, 2011; Wetzels et al., 2015). As a rule, the effect of feedback is best when a 3 to 1 ratio is used (Fredrickson, 2015), i.e. three positive fragments were discussed and one fragment that showed an example of teacher’s practice that could be improved. In order to stimulate teachers to fully understand the behavioral patterns and consequences of those interactions for students’ performance, the coaching focused on the transactional nature of learning by reflecting on teacher’s own specific
practice and interactions at the micro-timescale and was conducted immediately after each lesson, as immediate feedback is most beneficial for learning (Fukkink, Trienekens, & Kramer, 2011). Note that aside from this practical application, these videotapes were used as the primary source to evaluate the effectiveness of the intervention.

In addition, goal setting at the beginning of a coaching trajectory is an effective way to achieve results (Hock, Schumaker, & Deschler, 1995), i.e. behavioral change, as they ensure feelings of autonomy (Pintrich, 2000). By formulating learning goals that reflect teacher’s personal professionalization goals, teacher’s feelings of autonomy were respected and teachers were provided with opportunities to monitor and control their motivation and behavior. Another way to ensure teacher’s feelings of autonomy and thus to create more responsibility for their own learning process, was by encouraging them to prepare science and technology-lessons to his or her own liking (table 2.2). Teachers were allowed to choose a topic and an instructional method (for instance: experiments or a design assignment) suitting their own and students’ interest. The table shows that the first lesson of class 6 mainly focused on experiments and the topic was air pressure. The main focus of the next lesson was on using laptops to search for information about satellites.

**Table 2.2** Type and topic of lessons as provided by each teacher

<table>
<thead>
<tr>
<th></th>
<th>Premeasure</th>
<th>Lesson 1</th>
<th>Lesson 2</th>
<th>Lesson 3</th>
<th>Lesson 4</th>
<th>Post-measure</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Class 1</strong></td>
<td>Experiments: air pressure</td>
<td>Classical experiment: air pressure</td>
<td>Classical experiment: air pressure</td>
<td>Classical experiment: air pressure</td>
<td>-</td>
<td>Classical experiment: air pressure</td>
</tr>
<tr>
<td><strong>Class 2</strong></td>
<td>Experiments: air pressure</td>
<td>Experiments: surface tension</td>
<td>Design: planetarium</td>
<td>Drawing: rainbow</td>
<td>Experiments: gravity</td>
<td>Experiments: air pressure</td>
</tr>
<tr>
<td><strong>Class 3</strong></td>
<td>Experiments: air pressure</td>
<td>Experiments: gravity</td>
<td>Experiments: gravity</td>
<td>Experiments: balance</td>
<td>Experiments: air pressure</td>
<td></td>
</tr>
<tr>
<td><strong>Class 4</strong></td>
<td>Experiments: air pressure</td>
<td>Classical experiment: air pressure</td>
<td>Classical experiment: air pressure</td>
<td>Classical follow-up discussion: air pressure</td>
<td>Classical experiment: air pressure</td>
<td></td>
</tr>
<tr>
<td><strong>Class 5</strong></td>
<td>Design: Barometer</td>
<td>Experiment: air pressure</td>
<td>Classical experiment: air pressure</td>
<td>Experiment: water</td>
<td>-</td>
<td>Classical experiment: air pressure</td>
</tr>
<tr>
<td><strong>Class 6</strong></td>
<td>Experiment: air pressure</td>
<td>Laptop: satellite</td>
<td>Design: balloon rocket</td>
<td>Experiment: blending</td>
<td>Design: &quot;Techniektoren*4</td>
<td>Experiments: air pressure</td>
</tr>
</tbody>
</table>

**Participants**

Six upper grade teachers (two men and four women) and their students (M<sub>age</sub>: 11.2, 9 to 12 year olds) from the North of the Netherlands participated in the study in school year 2013/2014. Their teaching-experience ranged from six to 18 years in regular elementary education. The average class consisted of 28 students (49% girls, 51% boys).

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*4 The ‘Technique Towers’ are lockers shaped as towers with 80 lesson-boxes inside; 10 lessons for each year of Dutch elementary education. Each box is focused on a specific aspect within a domain of technology, for instance construction or making soap. Each box has a step-by-step manual which can be used by a small group of students, without a teacher. This manual guides them through the activity.
Procedure
Six science- and technology-lessons and an educational session were conducted in a period of three months: one premeasure, four lessons immediately followed by a VFCt session led by a trained coach (first author) and one post-measure, on average 4.5 weeks, after the end of the VFCt. Although the intervention was intended as adaptive support and was highly idiosyncratic, some standardization was implemented during data collection. That is, the same coach provided identical information during the introductory session, videotaped all lessons, and was responsible for the guided reflection after each lesson. In addition, teachers were asked to use the following guidelines: provide six lessons using a fixed format: introduction (plenary introduction), middle part (students work on their own or in groups), and end (plenary discussion). Furthermore, they were asked to teach lessons about the earth and space-system—such as weather, air pressure, gravity, or the positions of the moon. Lastly, the teachers were instructed to focus on air pressure and aim at learning students about high and low pressure during the premeasurement and post-measurement.

Materials and variables
Ten minutes of the middle part of the lessons were coded, because in this part a relatively larger amount of rich, interactive interaction was present. For further data analysis, the class of students as a whole was taken as the unit of analysis, which means that the individual case is always consisting of a group of individuals. However, in contrast with the classical group approach of looking at the performance of independent individuals, which most studies use to calculate averages, this group is conceived of as a collection of interdependent individuals interacting with each other. In line with that, the previous utterance of the teacher or a fellow student was taken into account when scoring students’ level of scientific understanding.

Students’ scientific understanding was measured by quantifying verbal utterances (see Appendix B; codebook 2), using a scale based on skill theory (Meindertsma, Van Dijk, Steenbeek, & Van Geert, 2012; Parziale & Fischer, 1998; Van der Steen, Steenbeek, Wielinski, & Van Geert, 2012). The dynamic skill theory (Fischer, 1980) is a cognitive developmental theory focusing on how skills—which are considered complex and variable— are constructed in specific domains. These skills can be captured by focusing on those skills as they emerge in interaction with the context. This scale has proven useful for task-independent measures in the analysis of student’s scientific explanations. Students’ utterances were scored on complexity using a 10-point scale, divided in three tiers (sensory-motor, representations, and abstractions). The first tier (level 1 to 3) consists of sensorimotor observations and explanations, which mean simple observable connections, are given. Level 1 means the least complex utterance, a single sensorimotor aspect (e.g. an expression of what they see, e.g. the student says: “It [the balloon] is white”). At level 2, the sensorimotor mapping level, the student is able to combine to single sensorimotor aspect into one mapping (e.g. the student says: “It is white and that one is yellow”). The second tier (level 4 to 6) comprises representational predictions and explanations, which means
that students use higher order thinking skills that go beyond simple perception-action couplings. The student understands that an object has a specific characteristic, outside the present situation. (S)he can, for instance, make a prediction about what is going to happen when you put salt into a water/oil fluid—without directly seeing it. The third tier (level 7 to 9) constitutes abstract explanations; students are capable of generalizing ideas about the object outside specific situations. A student might for instance explain that “the molecules in the water are strongly drawn towards each other... probably leading to surface tensions... the water and oil cannot blend because of that” or “the density of the water is higher compared to the density of the oil, the fluid with lower density floats”. Level 10 could be scored when students expressed understanding about global laws and principles (e.g. the abstract principles of thermodynamics can be applied to the situation at hand). Ten to twelve-year olds are expected to be capable of reaching the seventh level of understanding (Fischer & Bidell, 2006). They could express abstract thinking skills (e.g. relate abstract concepts to the situation at hand).

Coding was done by means of the program Mediacoder (Bos & Steenbeek, 2009). To establish the inter-observer reliability for the application of the coding scheme, the inter-observer agreement was determined in advance by the first author and an independent coder. With an agreement ranging from 79 – 83%, Cohen’s kappa of .76, the interobserver agreement was considered substantial.

Data analysis
Excel was used for descriptive analysis and to display patterns in the data. As the collected data consisted of a small group of participants, dependency between variables, and multiple measures, a nonparametric test (Monte Carlo analyses) was used to test differences in the complexity of students’ scientific understanding level over several lessons. This random permutation test was used to test the empirical results in relation to a statistically simulated baseline of random patterns, using Poptools (Hood, 2004). This means that the non-parametric test statistically simulated the null hypothesis that the probability of the relationship or property was based on chance alone. For instance, the scientific understanding levels data were randomly shuffled (values were randomly drawn from the data without replacement), and the same average and difference score was calculated for the statistical simulation of the null hypothesis. This random shuffling, i.e. data generated on the basis of the null hypothesis model that there was no effect of the intervention, was permutated 10000 times in order to calculate whether the empirically found difference between premeasure and post-measure could be expected to occur on the basis of chance. When the finding was smaller than .05, the test statistic was considered significant. This means that when we speak about significantly different, we mean a considerable difference that has applied meaning (for instance a difference that is big enough, 1 complexity level, for the teacher to be observed in the real world). A significance score between .05 and .1 is considered as a trend, i.e. non-randomness (see for a discussion about cut-off scores of p-values and the use of confidence intervals: Cumming, 2014; Kline, 2004; Lambkin, 2012).
Premeasure vs. post-measure

All task-related student utterances were coded on complexity level. Subsequently, we calculated the average complexity level of all students over all classes at premeasure and post-measure, and computed the difference between the two. In addition, as significance scores are not directly linked to practical significance (Sullivan & Feinn, 2012) the effect size was calculated using Cohen’s D. Following Sullivan and Feinn, an effect size of .2 is considered small, .5 medium, .8 large and 1.3 or higher very large.

The role of time in change

The long-term effects were operationalized as the effects that were still observable, 4.5 weeks, after the intervention. These were assessed by comparing students’ scientific understanding level at the intervention-lessons with students’ scientific understanding at the post-measure. Therefore, we calculated the average complexity score of each lesson. The same was done for the statistical simulation of the null hypothesis. Short-term effects were assessed by focusing on scores during the intervention.

Variability

Again, all students in the class are taken as unit of analysis, and focusing on the class performance level. While doing so, the focus is on variability in the sense of differences between the various classes (inter-individual variability) and of differences over time within classes (intra-individual variability). The variability of each class was computed and compared with the variability between lessons of that class. The same analysis was done on the group level, in that the variability was computed of all classes and the variability of each class was compared with the overall —averaged— variability. This analysis can be the basis to find intra-individual variability which might show the properties of effective and less effective trajectories. In order to actually study the process, you must study the process on the individual case level. Second, in an attempt to generalize, or more precisely to find similarities between individual cases, clustering techniques may be used (e.g. clustering of students working on science activities; Van der Steen et al., 2015). As an illustration a simple example of looking for groups of cases, of which the averages are clearly different, will be presented. The quantitative findings were supplemented with qualitative findings, derived from video fragments, to show possible explanations for variability between and within classes (mixed method; Johnson, Onwuegbuzie, & Turner, 2007). Significant differences were used as a starting point for examining the data in a qualitative manner.

Transactional nature of learning

In order to be able to make a comparison with the first, group-based analysis, the focus of this representative case is again on the premeasures and post-measures. Variables which were assessed (over time) concerned task-related utterances: the number and types of questions asked by the teacher, the complexity of students’ utterances, and the occurrence of coherent ‘action-reaction chains’ in teacher-student
interaction. Therefore, for the teacher variable the utterances were coded on an ordinal scale of ‘level of stimulation’ (based on the ‘openness-scale’ of Meindertsma, Van Dijk, Steenbeek, & Van Geert, 2014; see Appendix B, codebook 1); i.e. utterances intended to stimulate students’ (higher order) scientific understanding. The scale ranged from giving instructions, providing information, asking a knowledge-based question, asking a thought-provoking question, posing encouragements, to posing a task-related follow-up. Giving an instruction is considered as least stimulating, i.e. the smallest possible chance of invoking a high level of scientific understanding as an answer. With a Cohen’s kappa of .72 the inter-observer agreement was considered substantial.

First, the interactional space, i.e. the amount of utterances, covered by the teacher and students was computed to gain insight into the general distributions of turns during the lesson. Note that the non-task related utterances are removed from this graph. Next, a graph showing the temporal sequence of the interaction is displayed (with the program Excel), as an alternative to the state space grid method (Hollenstein & Lewis, 2006). Both the graph and a state space grid use two axes to display the interaction between variables. A state space grid is a useful way to depict attractor states. However, for the purpose of answering the research question about how scientific understanding is co-constructed an excel graph is, in this particular case, a more accessible application. Lastly, a transition diagram (e.g. Ensing et al., 2014; Steenbeek et al., 2012) was used to study the micro dynamics of the transaction between students (as a class) and the teacher. Transition diagrams were made to reveal pattern characteristics, which provide insight into the number and types of questions and potentially how the difference between premeasure and post-measure can be explained. These diagrams show the succession of variables. The observed differences between the premeasure and post-measure regarding the percentages were statistically tested based on the null hypothesis that the observed differences were accidental. For the transition diagrams the follow-ups were summarized in non-stimulating reactions — instructions, providing information — and stimulating reactions — thought provoking questions and comments and encouragements.

RESULTS

Premeasure vs. post-measure – static-macro dimension
To answer the research question on whether there is an effect of the VFCt on students’ complexity of scientific understanding, the observational data of the premeasure and post-measure is aggregated over all classes. Note that premeasure and post-measure had the same teaching goal in all groups, i.e. teaching students about high and low (air) pressure. The scores during these lessons can therefore be compared validly.

Students performed on average better during the post-measure, $M = 4$, compared to the premeasure, $M = 3.25$ ($p < .05$; Cohens $d = 1.6$, very large). Results show an expected intervention effect, i.e. students’ complexity level of scientific
understanding increased. This static macro dimension is the standard answer to questions about effectiveness of an intervention; most researchers are confining themselves to this single static macro evaluation. However, more insight can easily be gained by knowing how these average class complexity levels are constructed. In this particular case, the lower complexity levels of scientific understanding (1, 2, 3) are, for instance, more apparent during the premeasure (PreM = 52; PostM = 25), while the higher complexity levels (5, 6, and 7) of scientific understanding (PreM = 17; PostM = 36) are manifested more during the post-measure (resp. $p < .05$ and $p < .01$). Looking at all measurements provides more information about the question what happens during the intervention-lessons.

**Time – short and long term effects**

To answer the question about development; how can we characterize students’ scientific understanding on the group level during the VFCt trajectory, the solid black-diamonds line in figure 2.1 represents the average score of students’ scientific understanding level over all classes over time.

The solid line in figure 2.1 depicts that students display higher levels of scientific understanding at the post-measure compared to the other measurements ($\text{PreM} = \text{VFC1} = \text{VFC2} = \text{VFC3} = \text{VFC4} < \text{PostM}, p < .01$). We thus see a long-term effect for this variable and the level of scientific understanding seems rather stable on group level from the premeasure to the lessons during the VFCt. This is already one step forward in comparison to the static macro comparison of the premeasure and posttest. However, since the black line represents the average of the levels for all the classes, it is still the representation of a pseudo process (as a sequence of averages over independent cases it is not a real process). Based on this notion of a pseudo process, in order to actually see the process of change, analysis should focus at the process on the individual level, which in this case is the class level. Note that this is, in turn, a pseudo-process for the individual trajectories.

**Variability – dynamic-macro dimension**

Next, there is a need to know the performance level of each class and how this changes (dynamic) over time (macro) under influence of the VFCt. Figure 2.1 depicts considerable variation in the level of scientific understanding between classes (dashed lines), but also within a class over time.

With regard to inter-individual variability: In Figure 2.1, all observations over the six classes in the post-measurement case are very close to one another, whereas almost all the preceding measurements show quite considerable variation between individual classes. This shows, for instance, that during post-measure the average complexity level of students’ level of scientific understanding of all classes is closer to each other compared to the premeasure ($p = .1$). Furthermore, quite considerable differences were found in the amount of task-related utterances among classes. For instance, class six’s first scientific understanding level is based on five task-related utterances ranging from complexity level one to four, while class one’s level is based upon 54 task-related utterances ranging from complexity level one to seven. In
addition, as an illustration of the clustering of individual cases: two subgroups were found in the level of variability (\(VFC_1\text{ variability} = .4\) and \(VFC_2\text{ variability} = 1.3, p < .01\)). Class 1, 3 and 4 showed a rather stable level of scientific understanding level over the lessons (\(M\text{ variability} = .4\)), while class 2, 5 and 6 showed considerable variability (\(M\text{ variability} = 1.3, p < .01\)).

**With regard to intra-individual variability:** Intra-individual variability is visible in all classes (see Figure 2.1, dashed lines), but most clearly in classes 2, 5, and 6 (note that this is one of the two subgroups mentioned above). When we zoom in at the development of class 6, the difference between the first and second lesson in students’ scientific understanding level is 1.91 complexity level. \(VFC_1 (p < .01)\) and \(VFC_4 (p < .01)\) are different from the other lessons in that the average scientific understanding level is lower. During both lessons only a handful task-related utterances could be scored, and 75-80% of those utterances were on the lowest complexity level. Looking back, these results may be explained by the content of lesson 1 and 4 (Table 2.2 – method section). In both cases, the students were not allowed to experiment and the material was less provoking (note that the same variation in lessons applies for class 2 and 5). This suggests that the type of lesson and material used influences the —amount of— emergent complexity levels of students’ utterances.

![Figure 2.1](image.png)

**Figure 2.1** Scientific understanding of students of all classrooms during all measurements

**Transactional nature of learning – micro-dynamic and long-term effects**

Due to the labor-intensive nature of the observations, the following illustrations focus on one representative case; one teacher and her students. Class 3 could be used as representative case in that preliminary analyses of teacher’s practice showed that the behavior of the teacher represented the general interactional patterns in the classes best —i.e. starting the intervention by predominantly using instruction towards a more thought provoking teaching style at the end of the intervention—, the teacher neatly followed the guidelines, students’ average age closely resembled the average age of all participating students, and all measures were available of this class.
Figure 2.2 depicts the quantified interaction during ten minutes of the middle part of the premeasure and post-measure of class 3. The figure depicts different interaction patterns during premeasure and post-measure. During post-measure there is in general much more interaction, mainly at the higher (more stimulating and complex) side of the graph. This type of display is a way to represent the nature of the process of interaction between the teacher and the students. On the x-axis the temporal sequence of the interaction is displayed. Each number represents an utterance of either the teacher or the student. On the left y-axis the task-related teacher utterances (diamonds) are categorized according to the degree of stimulation, while on the right y-axis the complexity level of task-related student utterances (squares) are depicted. Blank spaces represent a non-task related utterance. For purposes of illustration and as a guide how to read the graph, part of a literal translated transcript of an experiment ‘blow a paper wad in a bottle’ will be described. Starting from utterance 57 (the grey square in Fig. 2.2, on the top): the teacher starts with a knowledge-based question: ‘I think… What’s in there?’ followed by self-iterated information giving ‘There is still moisture in it’. Next the student
answers by formulating what he sees: ‘Yes, it is red’. The teacher continues with providing information ‘And then the paper sticks, that’s a shame’. She offers a possibility for why the moisture has an effect on the outcome ‘This bottle is dry…’ and offers a new bottle with the instruction to retry the experiment: ‘Try this [dry] one.’

The level of stimulation: Figure 2.2, on the top, depicts that the teacher occupies most interactional space (75%) during the lesson, more specifically most of her utterances are on the lowest level of the stimulation scale, namely to instruct students (41% of her utterances). The transcript described above is an example of that type of interaction. During the premeasure most of the utterances were teacher-centered (56%), i.e. focusing on what students need to do and on knowledge by instructing, providing information, and asking knowledge-based questions, while 44% were student centered utterances, i.e. stimulating utterances focusing on students’ thinking process – thought provoking questions, encouragement and follow-ups.

In contrast, although the teacher still occupies most of the interactional space (67%) during post-measure, we can now see reciprocity between teacher utterances and student utterances which seem to emerge in higher levels of complexity (Fig. 2.2, bottom). Compare for this the upper side (on the teacher axis stimulating question, encouragement and follow-up) of the premeasure graph with the upper side of the post-measure graph. During post-measure there is much more interaction at the higher (more stimulating and complex) side of the graph. The teacher asks more questions, poses more encouragements and students reason on higher levels of complexity (4 to 7). In addition, compared to the pre measure a reversed pattern was found in teacher style, meaning that 29% was teacher-centered (least stimulating) and 71% consisted of stimulating utterances during post-measure. Fragment 2.1 describes an interaction during the post-measure showing how this was seen during the activity. Here, the teacher starts the interaction with a thought-provoking question, followed by a student answer that shows understanding of the experiment. The teacher continues with encouragements and rephrases student answers.

To conclude, by comparing the premeasure and post-measure, the quantitative data shows an emerging pattern in which the teacher uses higher levels of stimulation during post-measure. The teacher asks more stimulating questions or poses encouragements to reason further (compared to preM; \( p < .05 \)), students answer more often (preM = 20; postM = 36) and on a higher level of complexity (\( p < .01 \)).

Action-reaction sequences: Figure 2.3 shows transition diagrams of both lessons. Both the type and number of teacher and student utterances change. During the premeasure, students answer a teacher initiation question in only 31% of the cases and the teacher answers her own question or continues herself in 15% of the utterances. A student’s answer is in 20% of the cases followed by a non-stimulating teacher response (like providing information or instruction) and in 44% of the cases by a stimulating follow-up (encouragement, question or a note to encourage reflection). A significantly different interaction pattern is found between premeasure and post-measure (\( p < .01 \)) in that during the post-measure an initiation question of
the teacher is often (in 77% of the cases) directly followed by a task-related student utterance. Next, a student utterance is most often followed by a stimulating follow-up of the teacher. This seems to indicate better attuned interactions, i.e. stimulating interactions, possibly emerging into higher levels of student complexity.

<table>
<thead>
<tr>
<th>Teacher</th>
<th>Student(s)</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>What do you think [will happen] [***]?</td>
<td>When you put the glass over [the candle]... the water comes up and... because of the water the candle goes out.</td>
<td>Thought provoking initiation question</td>
</tr>
<tr>
<td>Ok... hmm...</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ok, you think the candle extinguishes because of the water.</td>
<td>When you put the glass... the fire causes vapor... when that comes down the candle stops burning.</td>
<td>Student is capable of formulating a representation in which insight into a natural phenomenon is represented.</td>
</tr>
<tr>
<td>Who has another idea?</td>
<td>Hmm... Basically you make rain...</td>
<td>Inviting other students to formulate a hypothesis</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>What do you think [***]?</td>
<td>I think there will be no more oxygen</td>
<td>Invite another student to formulate a hypothesis</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No more oxygen... Where?</td>
<td></td>
<td>Teacher uses a follow-up question to make the student elaborate on her answer.</td>
</tr>
</tbody>
</table>

Fragment 2.1 Literal translated transcript of the experiment: 'candle and lemonade', starting from utterances 38 (square in bottom figure 2.2) and further during the post-measure

Figure 2.3 Transition diagrams pre (left) and post-measure (right) of Teacher initiation (T), Student task-related utterance (S), Teacher's stimulating response (T st) and teacher's non-stimulating response (T N-st)
CONCLUSION AND DISCUSSION

From a content-based perspective, the surplus value of a complex dynamic systems approach was illustrated by analyzing the (effect of) the Video Feedback Coaching program for teachers intervention, in which complexity properties were intertwined in design, data collection, and analysis.

When looking at the aggregated and static data, the results showed a positive intervention effect on the macro level of students’ scientific understanding. The question arose about the practical significance of this result. An average increase of 1 complexity level seemed trivial. The effect size ($d = 1.6$) showed that this effect can be considered very large. However, this number does not provide practical tools for teachers. By using a process-based intervention study the surplus value of applying the properties became clear:

1. By incorporating time serial aspects of change, the intervention effect could be further explained. The average trajectory of all classes over several lessons (dynamic) showed a rather stable level during the intervention. The effect of the intervention on students’ performance only became apparent at post-measure.
2. By focusing on intra-individual variability, however, it became clear that the average findings underestimated the variability present in individual trajectories. Half of the classes showed a rather stable trajectory, while the other half represented variability. None of the classes showed a clear positive intervention effect on students’ scientific understanding level during the intervention sessions. However, previous research indicated that before a new state (i.e. higher level of performance) can be reached, a period of ‘increased variability’ appears (Bassano & Van Geert, 2007; Van der Steen et al., 2014; Van Geert & Van Dijk, 2002). These suggestions can be further analysed by focusing on micro-dynamic processes in all lessons, in order to find out whether there is more variability leading to a new state at the micro level during the lessons of the intervention period. Another explanation for the, in this case rather high variability might be found by focusing on lesson characteristics. When teachers provide lessons mainly focussing on following the steps on a worksheet, a different interactional quality might be expected compared to lessons in which students have more degrees of freedom to experiment. Note that the transactional nature might be used to further interpret qualitative findings.
3. By examining the transactional nature, it became apparent that the higher performance seems to be achieved by a mutual investment of teacher and students and that a change in interaction patterns seems to underlie this phenomenon. The representative case showed that an increase in students’ understanding is accompanied by a change in interactional quality and that the students’ scientific understanding level fluctuates in interaction with the teacher. During the post-measurement, teacher and students seem more attuned to each other, in that a teacher’s question is twice as often followed by a student answer compared to the premeasurement measurement. Students seem more capable of using complex terms to express their thinking processes, as is
expressed in the higher complexity scores. In addition, during post-measurement, the student utterance is only followed by a stimulating response, while during premeasure, non-stimulating utterances were apparent. Based on the micro-dynamic data, we therefore suggest that the higher performance during the post-measurement can be explained by interactions of higher quality in which the teacher poses more stimulating questions and that the students reason on higher scientific understanding levels.

The point of this type of analysis is not to pretend that these percentages apply to the population, as an average level. We aimed to depict a technique of representation that shows the time serial nature of the process. It goes without saying that the structure of these processes may be quite different for one case in comparison to another, but the nature of the representation, in terms of a transition diagram, in principle applies to all possible forms of interaction in classes. By choosing a different way of representing the interaction in the class, namely by means of these transition diagrams, the emphasis which is traditionally put on static measures, is now replaced by a dynamic representation, which in some cases may be of quite considerable complexity. Especially for teachers, the latter might be a more accurate reflection of the teacher’s real time experiences as teachers are “aware” – usually without being familiar with the technical terms- that they are working within a complex dynamic system.

To summarize, the surplus value of the analysis is that it illustrates how a complex dynamic systems approach can be used to describe the processes underlying static group-based average educational intervention effects, and provide information about the quality of that intervention. By using a process-based methodology, we were able to show that average results can be deepened by focusing on several complexity properties. We suggested answers to the question of why the VFCt intervention worked and why it seemed to work better during some lessons compared to other lessons within one class (i.e. type of questions, attuned interactions, using active participation during experiments versus classical experiment lessons). In addition, insight was provided into the actual changes during lessons and how interaction proceeded. This information cannot be found in conventional longitudinal studies, but are essential for teachers as this might more accurately reflect what they experience during their lessons and gives insight into how teachers can optimize their lessons – compared to standard evaluations.

From a methodological point of view, we would like to make a distinction between ‘hard’ complex dynamic systems research and ‘soft’ complex dynamic systems research in education. The distinction might be somewhat exaggerated and is rather a matter of degree, but we think it is important to discuss it in order to put much of the complex dynamic systems research that is currently being done in education in the right perspective.
By ‘hard’ complex dynamic systems research, we mean the research that focuses on typical complex dynamic systems properties and which is based on very dense time series. Examples are studies of attractors and discontinuities, for instance by means of cusp catastrophe models (Van der Maas & Molenaar, 1992), or studies of the statistical structure of time series revealing properties such as pink noise in rower’s coordination of ergometer strokes (Den Hartigh, Cox, Gernigon, Van Yperen, & Van Geert, 2015) or studies using techniques such as recurrence quantification analysis that try to reconstruct the complexity of the state space that underlies the attractors of the system (Wijnants, Bosman, Hasselman, Cox, & Van Orden, 2009).

By ‘soft’ complex dynamic systems research, in contrast, we mean educational research inspired by basic, qualitative features of a complex dynamic systems view on education and which is rooted in educational practice, as the VFCt. Some examples which would typically qualify as ‘soft’ complex dynamic systems research are presented by Steenbeek and colleagues (2012): research on learning that focuses on individual trajectories and on intra-individual variability, on the transactional and iterative nature of the teaching-learning process and on the relationship between the short-term time scale of learning activities and the long-term time scale of development. It is a kind of research that describes how such patterns are self-sustaining and hard to change, i.e. tends to show considerable resistance to change and thus have the qualitative properties of attractor states.

**Scientific implications for intervention studies**

Especially evaluation studies of — applied — educational interventions are fruitful areas for a ‘soft’ complex dynamic systems approach. As performance is usually constructed in interaction between a more knowledgeable partner and a student (Steenbeek & Van Geert, 2013; Van de Pol et al., 2011), observational classroom studies provide rich information. Analyses on the micro-level show whether the effect of an intervention can be found on the level where interventions focus at, in this case on interactions of higher quality. For a complete understanding of the process of teaching students a particular way of reasoning, an intensive study of a teacher’s – in combination with the students’- behavior over several lesson will reveal important insights. Focusing on the ‘how’ an intervention works is a way of describing why one state changes into another, and in fact implies a way of describing what can be done to make the state change into another one (Van Geert & Steenbeek, 2005). Furthermore, the case study findings can be supported by findings of a multiple case study. These findings can then be used to generalize findings and by that strengthen evidence-based practice.

**Practical implications**

The results of process analysis can be used in two different ways, as both scientific and practical purposes can be highlighted. First, the results add to fundamental knowledge about how scientific understanding is (co-)constructed in real-time (Meindertksma et al., 2014) and how the effect of a teaching intervention emerges during actual science and technology lessons. Second, the results can be used for
educational purposes. This approach provides accessible practice-based tools for best practice, or perhaps more importantly, familiar examples which can be used for (in-service) teacher professionalization (Wetzels et al., 2015). The micro-dynamic analysis might map the most interesting information for educational practitioners as it yields practice-based results.

**Further analyses**
An important next step for the study of interventions is to map the teacher-student interactions of individual teachers in order to study whether inter-individual variability can be further explained on the micro-level (chapter 4). The analyses of the empirical example as presented in this paper may be not more than only the first steps towards a complex dynamic systems approach. More information can be extracted by repeating similar analyses for teacher variables, by focusing on all lessons of individual teachers, by comparing micro and macro findings, or by comparing two extreme cases on the micro level (e.g. Steenbeek et al., 2012).

To conclude, interventions should be studied as emerging processes on various, intertwined time scales taking place in individual cases, and not as isolated causal factors, with an intrinsic effectiveness, applying to a specific population category. We, therefore, stress the importance of using variables that capture the transactional character of interventions, specifically when they are aimed at improving interaction patterns in the naturalistic classroom situation. For future research we like to state that it is essential to look more closely at what the intervention is aiming at and what the role of the immediate context/proximal factors are in this process. When more understanding is gained about what happens during the intervention, for instance about stability or change in interaction patterns, intervention programs can be specifically attuned to supporting high quality interaction patterns in the class and students can thus be stimulated to perform optimally.