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Mental health from a life-course perspective

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About the author



Karin Veldman was born on August 15th, 1982 in Voorthuizen, the Netherlands. She studied Applied Psychology at the Saxion University of Applied Sciences in Deventer. After obtaining a first-year diploma she moved to studying Sociology at the University of Groningen. She obtained her Bachelor's degree in 2008, and her Master degree in 2010. In her master thesis she examined associations between bullying, behavioral problems and social support of parents, teachers and peers. For her master thesis she used data of the TRacking Adolescents' Individual Lives Survey (TRAILS). After finishing her master, she worked as a research assistant at different longitudinal research projects. She became enthusiastic for scientific research and had the opportunity to write a PhD thesis on TRAILS data. She started her PhD project in 2010 at the department of Health Sciences at the University Medical Center Groningen. Since September 2016, she works at Tinten welfare organization. Here she initiates and develops new projects and policies.