

University of Groningen

## Dynamics of the human stress system in depression

Booij, Sanne

**IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.**

*Document Version*

Publisher's PDF, also known as Version of record

*Publication date:*

2015

[Link to publication in University of Groningen/UMCG research database](#)

*Citation for published version (APA):*

Booij, S. (2015). Dynamics of the human stress system in depression: A combined population- and person-based approach to assess long-term changes and daily life fluctuations. [Groningen]: University of Groningen.

**Copyright**

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

**Take-down policy**

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

# Curriculum Vitae

## CURRICULUM VITAE

Sanne Booij was born on November 20th, 1985 in Hoogeveen, The Netherlands. She graduated from pre-university education (VWO) in 2005 at the Roelof van Echten college in Hoogeveen. She then moved to Zwolle, and a year later to Amsterdam, to obtain her bachelor Health and Life Sciences at the Free University of Amsterdam - Zwolle. Her bachelor thesis concerned the influence of prenatal maternal attachment style on child's postnatal cognitive development, and the underlying biological mechanisms. This thesis marked the start of her scientific interest in psychoneuroendocrinology. She thereafter enrolled in the behavioral neuroscience track of the research master Behavioral and Cognitive Neurosciences (BCN) at the University of Groningen. She graduated in 2010 (cum laude). At the end of 2010, she obtained a grant from the BCN graduate school of the University of Groningen to carry out a PhD project at the Interdisciplinary Center Psychopathology and Emotion regulation (ICPE), University Medical Center Groningen. Among other things, she set up a replicated time-series study in individuals with and without depression, called the Mood and Movement in Daily life (MOOVD) study. During her PhD project, she also became a mother (2012).

Sanne is currently working on a new project as a postdoctoral researcher at the ICPE. In addition, she works as a researcher at the Center for Integrative Psychiatry, Lentis, Groningen.

### *List of publications*

- Booij, S.H.**, Bouma, E.M., de Jonge, P., Ormel, J., & Oldehinkel, A.J. (2013). Chronicity of depressive problems and the cortisol response to psychosocial stress in adolescents: The TRAILS study. *Psychoneuroendocrinology*, *38*, 659-666.
- van de Werken, M., **Booij, S.H.**, van der Zwan, J.E., Simons, M.J., Gordijn, M.C., & Beersma, D. G. (2014). The biological clock modulates the human cortisol response in a multiplicative fashion. *Chronobiology international*, *31*, 572-580.
- Bouwman, M.E.J., Bos, E.H., **Booij, S.H.**, van Faassen, M., Oldehinkel, A.J., & de Jonge, P. (2015). Intra- and inter-individual variability of longitudinal daytime melatonin secretion patterns in depressed and non-depressed individuals. *Chronobiology international*, *32*, 441-446.
- Booij, S.H.**, Bos, E.H., Jonge, P., & Oldehinkel, A.J. (2015). Markers of stress and inflammation as potential mediators of the relationship between exercise and depressive symptoms: Findings from the TRAILS study. *Psychophysiology*, *52*, 352-358.
- Booij, S.H.**, Bos, E.H., Bouwman, M.E.J., van Faassen, M., Kema, I.P., Oldehinkel, A.J., & de Jonge, P. (2015). Cortisol and  $\alpha$ -amylase secretion patterns between and within depressed and non-depressed individuals. *PloS one*, *10*, e0131002.
- van Ockenburg, S.L., **Booij, S.H.**, Riese, H., Rosmalen, J.G.M., & Janssens, K.A.M. (2015). How to assess biomarkers for idiographic research? *Psychoneuroendocrinology*, *62*, 189-199
- Stavrakakis, N.\* , **Booij, S.H.\***, Roest, A.M., de Jonge, P., Oldehinkel, A.J., Bos, E.H. Temporal dynamics of physical activity and affect in depressed and non-depressed individuals. *Health Psychology*, accepted for publication.
- Snippe, E., Simons, C.J.P., Hartmann, J.A., Lothmann, C., Kramer, I.M.A., **Booij, S.H.**, Viechtbauer, W., Delespaul, P. Myin-Germeys, I., Wichers, M. Change in daily life behaviors and depression: within-person and between-person associations. *Health Psychology*, accepted for publication.

\*Authors have equally contributed.