Appendix

Items used in the survey:

**Self-rated health** (SF-36, Ware et al., 1993)
Item: In general, would you say your health is:
Answer: excellent (1), very good (2), good (3), fairly good (4), bad (5).

**Health complaints** (Bothmer & Fridlund, 2003)
Item: Have you during the last month been bothered by any of the following symptoms?
- Headache
- stomach ache
- cold
- flu
- symptoms from muscles
- back-pain
- anxiety
- coughing
- fatigue
- sleeplessness
- stress
- constipation
- diarrhoea
- allergy
- others
Answer: yes, no

**Healthcare use**
Items: 1. Have you had to see a doctor during the last month because of serious sickness?
2. Have you been in hospital during the last year?
Answer: yes, no

**Accidents and Injuries**
Items: 1. Have you burnt yourself so badly that you had to see a doctor during the last year?
2. Have you cut yourself by accident so badly you had to see a doctor during the last year?
3. Have you broken a bone during the last year?
Answer: yes, no
Mental and Behavioral Health (Strengths and Difficulties Questionnaire, Goodman, 1998)

Items:
1. I try to be nice to other people. I care about their feelings
2. I am restless, I cannot stay still for long
3. I get a lot of headaches, stomach-aches or sickness
4. I usually share with others (food, games, pens etc.)
5. I get very angry and often lose my temper
6. I am usually on my own. I generally play alone or keep to myself
7. I usually do as I am told
8. I worry a lot
9. I am helpful if someone is hurt, upset or feeling ill
10. I am constantly fidgeting or squirming
11. I have one good friend or more
12. I fight a lot. I can make other people do what I want
13. I am often unhappy, down-hearted or tearful
14. Other people my age generally like me
15. I am easily distracted, I find it difficult to concentrate
16. I am nervous in new situations. I easily lose confidence
17. I am kind to younger children
18. I am often accused of lying or cheating
19. Other children or young people pick on me or bully me
20. I often volunteer to help others (parents, teachers, children)
21. I think before I do things
22. I take things that are not mine from home, school or elsewhere
23. I get on better with adults than with people my own age
24. I have many fears, I am easily scared
25. I finish the work I’m doing. My attention is good

Answer: not true (1), somewhat true (2), certainly true (3)

Social Desirability (SDRS-5, Hays et al., 1989)

Items:
1. I am always courteous even to people who are disagreeable.
2. There have been occasions when I took an advantage of someone.
3. I sometimes try to get even rather than forgive and forget.
4. I sometimes feel resentful when I don’t get my way.
5. No matter who I’m talking to, I’m always a good listener.

Answer: definitely true (1), mostly true (2), don’t know (3), mostly false (4), definitely false (5)

Discrimination (ISRD questionnaire, Zhang et al., 2000)

Item: Have you ever treated you badly because of your religion or the language you speak, or the colour of your skin?

Answer: No, never (1), once (2), sometimes (3), often (4)

Hopelessness Scale (Brief hopelessness scale, Bolland, 2003)

Items:
1. All I see ahead of me are bad things, not good things.
2. There is no use in really trying to get something I want because I probably won’t get it
3. I might as well give up because I can not make things better for myself

Answer:
Self-reported health and health risk behaviour of Roma adolescents in Slovakia

4. I do not have good luck now and there is no reason to think I will when I get older
5. I never get what I want, so it is dumb to want anything
Answer: agree, disagree

**Satisfaction with Life** (Satisfaction with Life Scale, Diener et al., 1985)
**Items:**
1. In most ways my life is close to my ideal.
2. The conditions of my life are excellent.
3. I am satisfied with my life.
4. So far I have gotten the important things I want in life.
5. If I could live my life over, I would change almost nothing.
**Answer:** strongly agree (1), agree (2), slightly agree (3), neither agree nor disagree (4), slightly disagree (5), disagree (6), strongly disagree (7)

**Aggressive Behavior** (The Aggression Questionnaire, Nakano, 2001 (orig. Buss & Perry, 1992))
**Items:**
1. Once in a while I can’t control the urge to strike another person
2. Given enough provocation, I may hit another person
3. If somebody oneys, I hit back
4. I get into fights a little more than the average person
5. If I have to resort to violence to protect my rights, I will
6. There are people who pushed me so far that we came to blow.
7. I can think of no good reason for ever hitting a persona
8. I have threaten people I know
9. I have become so mad that I have broken things
10. I am sometimes eaten up with jealousy
11. At times I feel I have gotten a raw deal out of life
12. Other people always seem to get the breaks
13. I wonder why sometimes I feel so better about things
14. I know that “friends” talk about me behind my back
15. I am suspicious of overly friendly strangers
16. I some times feel that people are laughing ony behind my back
17. When people are especially nice, I wonder what they want
**Answer:** extremely uncharacteristic of me (1) up to extremely characteristic of me (5)

**Delinquency** (Zhang et al., 2000)
**Items:**
1. Did you ever damage on purpose something, such as a bus shelter, a window, a car or a seat in the bus or train?
2. Did you ever steal something from a shop or a department store?
3. Did you ever break into a building with the purpose to steal something?
4. Did you ever steal a bicycle, moped or scooter?
5. Did you ever steal something out or from a car?
6. Did you ever snatch a purse, bag or something else from a person?
7. Did you ever carry a weapon, such as a stick, knife, or chain (not a pocket-knife)?
8. Did you ever threaten somebody with a weapon or to beat them up, just to get money or other 9. things from them?
9. Did you ever participate in a group fight on the school playground, a football stadium, the streets or in any public place?
11. Did you ever intentionally beat up someone, or hurt him with a stick or knife, so bad that he had to see a doctor?
Answer: Never (1), yes but longer than 12 months ago (2), yes, during last 12 months once (3), two times (4), three times and more (5)

**SUBSTANCE USE**
Item: Have you ever smoked a cigarette? (Tuinstra et al., 1998)
Answer: no never (1), yes, I have tried it (2), yes, I used to smoke but I have quit (3), yes, I smoke occasionally but not daily (4), yes, I smoke every day (5)

Item: Have you been drunk during the last 4 weeks?
Answer: no (1), 1-2 times (2), 3 times and more (3)

Item: Have you ever tried any other drugs?
Answer: yes, no

**PHYSICAL INACTIVITY**
Item: How often do you have physical activity per week? (Physical activity is a sporting activity longer than 20 minutes; do not include physical education in school)
Answer: never (1), once a week (2), at least 2-3 times a week (3), every day (4)

**PERCEIVED SOCIAL SUPPORT FROM PARENTS** (items adapted from the ‘Spouse/partner perceived social support’ subscale of PSSS, Turner & Marino, 1994)
Items: 1. I feel very close to my mother.
2. My mother would always take the time to talk over my problems, should I want to.
3. My mother often lets me know that she thinks I’m a worthwhile person.
4. When I am with my mother I feel completely able to relax and be myself.
5. No matter what happens I know that my mother will always be there for me should I need her.
6. I know that my mother has confidence in me.
7. I feel very close to my father.
8. My father would always take the time to talk over my problems, should I want to.
9. My father often lets me know that he thinks I’m a worthwhile person.
10. When I am with my father I feel completely able to relax and be myself.
11. No matter what happens I know that my father will always be there for me should I need him.
12. I know that my father has confidence in me.
Answer: fully agree (4), agree (3), disagree (2), fully disagree (1).
**PERCEIVED SOCIAL SUPPORT FROM SIGNIFICANT OTHER**  (Significant others’ subscale of the Multidimensional Scale of Perceived Social Support, Blumethal et al., 1987)

**Items:**
1. There is a special person who is around when I am in need.
2. There is a special person with whom I can share joys and sorrows.
3. I have a special person who is a real source of comfort to me.
4. There is a special person in my life who cares about my feelings.

**Answer:** Very Strongly Disagree (1), Strongly Disagree (2), Mildly Disagree (3), Neutral (4), Mildly Agree (5), Strongly Agree (6), Very Strongly Agree (7)