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Assessing the Public Health Risk of Shiga Toxin-Producing Escherichia coli by Use of a Rapid Diagnostic Screening Algorithm

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Shiga toxin-producing Escherichia coli (STEC) is an enteropathogen of public health concern because of its ability to cause serious illness and outbreaks. In this prospective study, a diagnostic screening algorithm to categorize STEC infections into risk groups was evaluated. The algorithm consists of prescreening stool specimens with real-time PCR (qPCR) for the presence of stx genes. The qPCR-positive stool samples were cultured in enrichment broth and again screened for stx genes and additional virulence factors (escV, aggR, aat, bfpA) and O serogroups (O26, O103, O104, O111, O121, O145, O157). Also, PCR-guided culture was performed with sorbitol MacConkey agar (SMAC) and CHROMagar STEC medium. The presence of virulence factors and O serogroups was used for presumptive pathotype (PT) categorization in four PT groups. The potential risk for severe disease was categorized from high risk for PT group I to low risk for PT group III, whereas PT group IV consists of unconfirmed stx qPCR-positive samples. In total, 5,022 stool samples of patients with gastrointestinal symptoms were included. The qPCR detected stx genes in 1.8% of samples. Extensive screening for virulence factors and O serogroups was performed on 73 samples. After enrichment, the presence of stx genes was confirmed in 65 samples (89%). By culture on selective media, STEC was isolated in 36% (26/73 samples). Threshold cycle (C\textsubscript{T}) values for stx genes were significantly lower after enrichment compared to direct qPCR (P < 0.0001). In total, 11 (15%), 19 (26%), 35 (48%), and 8 (11%) samples were categorized into PT groups I, II, III, and IV, respectively. Several virulence factors (stx\textsubscript{1}, stx\textsubscript{2}, toxB, eae, efa1, cif, espA, tcpP, espP, nleA, and/or nleB, tir cluster) were associated with PT groups I and II, while others (stx\textsubscript{1}, eaaA, mch cluster, ireA) were associated with PT group III. Furthermore, the number of virulence factors differed between PT groups (analysis of variance, P < 0.0001). In conclusion, a diagnostic algorithm enables fast discrimination of STEC infections associated with a high to moderate risk for severe disease (PT groups I and II) from less-virulent STEC (PT group III).

Shiga toxin-producing Escherichia coli (STEC) is a zoonotic pathogen frequently identified as causative agent of acute diarrheal disease in humans. The outcomes of STEC infections may range from asymptomatic carriage and mild diarrhea to severe disease, such as hemorrhagic colitis (HC) and hemolytic-uremic syndrome (HUS) (1–3).

Based on pathogenic properties, a subgroup of STEC is also designated enterohemorrhagic E. coli (EHEC); this subgroup of stx-positive strains also contains the locus of enterocyte effacement (LEE) pathogenicity island (4). EHEC belongs to certain O-negative strains also contains the locus of enterocyte effacement syndrome (HUS) (1–3). EHEC belongs to certain O-negative strains also contains the locus of enterocyte effacement syndrome (HUS) (1–3). However, due to increased surveillance with tests able to target all E. coli was proposed by Karmali et al. (5), based upon the reported frequency of STEC serotypes in human illness, their known association with outbreaks, and the severity of the outcome. Serotypes classified as SPT A (O157:H7 and O157:nontmotile [NM]) or SPT B (O26:H11/NM, O103:H2, O111:NM, O121:H19, and O145:NM) have been associated with outbreaks and severe disease; however, SPT A is more frequently reported. SPT C comprises serotypes (e.g., O91:H21, O113:H21, O5:NM, O104:H21, O121:NM, and O165:H25) that have been associated with sporadic cases of severe disease but not with outbreaks. SPT D includes STEC serotypes reported to cause sporadic disease that are associated with diarrhea but not severe disease. Serotypes included in SPT E have not been associated with human illness.

The identification of non-O157 EHEC serotypes remains challenging because of a lack of phenotypical characteristics that can distinguish these strains from less-virulent STEC serotypes and other E. coli that share the same environment. Furthermore, of all confirmed STEC infections in the European Union during 2007 to 2010, more than 85% of the isolates were not fully serotyped (9).
As SPT classification requires fully serotyped isolates, the identification of non-O157 EHEC serotypes proves to be a major obstacle. Also, the 2011 O104:H4 EHEC outbreak has demonstrated that the emergence of new virulent strains is another limitation of the SPT classification proposed by Karmali et al., as these strains cannot be assigned to a specific SPT group (10, 11).

While it remains unclear which virulence factors (VF) precisely define STEC pathogenicity, the STEC serotypes that carry VF genes in addition to stx genes are more likely to be associated with HC and HUS (9, 12). These strains usually carry the LEE, a pathogenicity island (PAI) containing genes responsible for the characteristic attaching and effacing (A/E) lesions (4, 13). In addition, they can be characterized by non-LEE-encoded effector (nle) genes, which are harbored on other PAIs in the bacterial chromosome (5, 14, 15), and virulence plasmids encoding EHEC-hemolysin (EHEC-hlyA) that are widely distributed among EHEC of different serotypes (16–18). Enterohaemagglutinaing E. coli (EAEC)-STEC hybrid strains of serotypes other than O104:H4, such as O111:H2, O86:NM, O59:NM, and Orough:NM, have also been associated with sporadic cases and outbreaks of HUS and (bloody) diarrhea, advocating the incorporation of EAEC virulence markers for the categorization of STEC (19–21).

However, no single VF or combination of virulence factors precisely defines the potential of a STEC strain to cause more severe disease. While the stx subtypes stx2a and stx2c and the LEE-positive strains are associated with a high risk of more serious illness (9, 22–24), other virulence gene combinations (even in E. coli strains that lack the stx genes) may also be associated with severe disease, including HC and HUS (12, 25–27). Furthermore, patient characteristics and infectious diseases also determine the outcome of disease (28).

Although the current approaches for detecting STEC in clinical microbiology laboratories still mainly rely on a conventional culture (e.g., sorbitol MacConkey agar [SMAC] or cefixime tellurite [CT-SMAC]) and to a lesser extent on Stx toxin-based assays, a trend toward PCR-based methods for the rapid detection of STEC (stx, and stx2 genes) has been observed in recent years, resulting in improved detection rates (29, 30). Enhanced detection and reporting of STEC infections have as a drawback an increased workload for community health services, and the clinical and public health relevance of PCR findings solely based on the detection of the stx genes is unclear (31). Therefore, diagnostic approaches that can categorize STEC while avoiding the limitations of the SPT classification of Karmali et al. are needed.

In this study, we describe a rapid screening algorithm, including both molecular and conventional methods, to determine the pathogenic potential of STEC. The aim is to discriminate infections with less-virulent STEC from those with clinical relevance and risk for public health.

**MATERIALS AND METHODS**

**Patient specimens.** Our laboratory serves a population of about 1 million inhabitants, including both community-based and hospitalized patients. From September 2012 through December 2012 a total of 5,022 stool samples were prospectively screened for the presence of enteric bacterial, protozoan, and viral pathogens. The samples originated from patients (n = 4,714) with infectious gastroenteritis (IG) included in their differential diagnosis. The mean age was 39 years (range, 0 to 101 years), and 1,985 (42.1%) patients were male. Clinical information addressing symptoms, use of antibiotics, and traveling history were obtained from the request form filled out by physicians. On receipt, all stool specimens were routinely examined by molecular methods (real-time PCR [qPCR]) for the presence of Campylobacter jejuni, Salmonella enterica, Shiga toxin-producing Escherichia coli (STEC), Shigella spp., enteroinvasive E. coli (EIEC), Cryptosporidium parvum, C. hominis, Dientamoeba fragilis, Giardia lamblia, and Entamoeba histolytica. Upon specific request of physicians, an examination for the presence of adenovirus (by enzyme immunassay [EIA]), rotavirus (by EIA), norovirus (by qPCR), and Clostridium difficile toxins A and B (by EIA) was also performed.

**Design of the diagnostic algorithm and STEC risk assessment.** The algorithm consists of qPCR for the detection of the stx genes (stx1 and stx2) on stool samples, as described previously (30). The qPCR stx-negative stool samples were regarded as STEC negative. In case of a stx-positive result on qPCR, the stool sample was enriched in brilliant green bile (BGB) broth, followed by DNA extraction and multiplex qPCR for the detection of VF (stx1, stx2, esCV, aggR, and aat genes), and O-serogroup determination (wzxO129, wzxO130, wzxO140, wbdO111, wzxO121, ihpO143, and rfbO1157). In order to obtain an isolate, the qPCR positive samples were cultured directly and after enrichment on STEC-selective media. Virulence determinants and O serogroups were confirmed by qPCR on suspicious colonies (or streaks) grown on STEC-selective media, and by seroagglutination. Attempts to obtain an isolate were made up to a maximum of 5 colonies per agar plate. A schematic overview of the diagnostic algorithm is presented in Fig. 1.

The risk assessment of STEC infection was performed using a molecular approach, as described previously (9). It delivers a scheme that describes the presumptive categorization of STEC according to the potential risk, using the presence of genes encoding VF in addition to the presence of the stx genes. Categorization of stx-positive PCR samples is based on the presence of the VF esCV (LEE-positive) and/or aggR and/or aat (PAA-positive) and on the detection of O serogroups that are most frequently associated with severe human disease and outbreaks, e.g., O26, O103, O104, O111, O121, O145, and O157. The potential risk for diarrhea and severe disease has been categorized into pathotype (PT) group I (high risk for diarrhea and severe disease) to PT group IV (moderate risk for diarrhea/low risk for severe disease), while PT group IV consists of stx-positive PCR samples that are not confirmed after enrichment (Table 1). In case an isolate was obtained and fully serotyped, a classification of the STEC isolate into a seropathotype (SPT) was made, as described previously (3). The stx subtyping and genetic characterization of cultured isolates were performed in order to confirm the validity of the proposed molecular-based PT approach for the risk assessment of STEC infections.

**PCR-guided culture.** For culture of STEC, the selective media SMAC and CHROMagar STEC (CHROMagar Microbiology, Paris, France) were used directly (24 h at 35°C) and after enrichment in BGB broth for approximately 16 h at 35°C. Identification of STEC- and/or EHEC O157-suspicious colonies (non-sorbitol-fermenting colonies on SMAC and muave nonfluorescent colonies on CHROMagar STEC) and STEC and/or EHEC non-O157 (muave fluorescent colonies on CHROMagar STEC) was carried out by the detection of virulence genes and serogrouping with qPCR, performing an indole reaction and serological typing (serogroup O157 only). All genotypically/biochemically identified E. coli strains were confirmed using the Vitek 2 system (bioMérieux, Biotec, The Netherlands). All culture and identification media were produced by Mediproduts BV (Groningen, The Netherlands), whereas the E. coli O157 agglutination serum was from Oxoid (Basingstoke, Hampshire, England). Resistance profiling was performed with the Vitek 2 system. Furthermore, of qPCR positive samples with a threshold cycle (Ct) value of <35, five E. coli colonies cultured on SMAC agar were subcultured and sent to the National Institute for Public Health and the Environment (RIVM, Bilhoven, The Netherlands) for genotyping (stx1, stx2, stx2a, stx2b, aae, EHEC-hlyA, and O157) and O:H-serotyping of the isolates as part of STEC national surveillance.

**Molecular assays.** (i) Specimen preparation and DNA extraction. Specimen preparation followed by DNA extraction using the automated NucliSens easyMag (bioMérieux, Biotec, The Netherlands) according to the manufacturer’s instructions was performed as previously described.
Briefly, for the DNA extraction from stool, 100 μl fecal suspension and 50 μl of enriched selenite broth were used as input. For DNA extraction from enriched BGB broth, 100 μl was used as input. In addition, approximately 6,000 copies of the Phocine herpesvirus 1 (PhHV), which served as the internal control (IC), were copurified. DNA was eluted in 110 μl of elution buffer.

For confirmation of suspicious colonies by qPCR, the DNA from isolates was extracted by heat lysis for 10 min at 95°C in the NucliSens easyMag elution buffer. For genetic characterization by microarray, the DNA extraction was performed using a DNeasy blood and tissue kit (Qiagen, GmbH, Germany) from the overnight culture of the pure isolates, according to the manufacturer’s instructions.

(ii) Real-time PCR. Real-time amplification was carried out on an AB 7500 sequence detection system (Applied Biosystems, Nieuwerkerk a/d IJssel, The Netherlands), as described previously (30). Each 25-μl reaction mixture consisted of 2.5 μl PCR buffer 10× (Qiagen), 1 μl MgCl₂ 25 mM (Qiagen), 0.5 μl dNTP mix10 mM (Applied Biosystems), 0.25 μl HotStar polymerase 5 U/μl (Qiagen), 2 μl each of the two primers for stx₁a, 1 μl each of the four primers for stx₁c and stx₃ (stock solution of all primers was 5 μM), and 5 μl template DNA.

(iii) stx subtyping. DNA isolates of the BGB broth and/or confirmed STEC isolates were sent to the University Medical Center Groningen (UMCG; Groningen, The Netherlands) for stx subtyping. Subtyping of the stx₁ and stx₂ genes was performed as described previously (32). Briefly, for stx₁ subtyping, a triplex PCR was performed, and each 25-μl reaction mixture consisted of 2.5 μl PCR buffer 10× (Qiagen), 1 μl MgCl₂, 25 mM (Qiagen), 0.5 μl dNTP mix10 mM (Applied Biosystems), 0.25 μl HotStar polymerase 5 U/μl (Qiagen), 2 μl each of the two primers for stx₁a, 1 μl each of the four primers for stx₁c, and stx₁d (stock solution of all primers was 5 μM), and 5 μl template DNA.

FIG 1 The STEC diagnostic algorithm consists of both molecular and conventional methods; when stx genes are detected with direct qPCR, the stool sample is enriched. DNA is isolated from the enriched broth and screened for the presence of stx genes and additional VF and O serogroups. VF and O serogroups are confirmed by qPCR on suspicious colonies grown on selective media and by seroagglutination. STEC isolates were fully serotyped (O:H typing) at the RIVM.

TABLE 1 Proposed molecular approach for the presumptive categorization of STEC based on enriched BGB PCR results

<table>
<thead>
<tr>
<th>PT group</th>
<th>Direct PCR stx genes present</th>
<th>Enriched BGB PCR stx genes present</th>
<th>Additional genes¹</th>
<th>Serogroup(s)</th>
<th>Potential risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>Yes</td>
<td>Yes</td>
<td>escV positive or aggR and/or aat positive</td>
<td>O26, O103, O104, O111, O121, O145, O157</td>
<td>High</td>
</tr>
<tr>
<td>II</td>
<td>Yes</td>
<td>Yes</td>
<td>escV positive or aggR and/or aat positive</td>
<td>Any other serogroup</td>
<td>High</td>
</tr>
<tr>
<td>III</td>
<td>Yes</td>
<td>Yes</td>
<td>escV negative and aggR and/or aat negative</td>
<td>Any serogroup</td>
<td>Moderate</td>
</tr>
<tr>
<td>IV</td>
<td>Yes</td>
<td>No</td>
<td>NA</td>
<td>NA</td>
<td>Low</td>
</tr>
</tbody>
</table>

¹ escV gene, marker for presence of the LEE PAI; aggR and/or aat gene, markers for the presence of the pAA plasmid carried by EAEC; NA, not applicable.
For stx, subtyping PCR, each 20-μl reaction consisted of 2.5 μl PCR buffer 10× (Qiagen), 0.8 μl MgCl2, 25 mM (Qiagen), 0.4 μl dNTP mix 10 mM (Applied Biosystem), 0.2 μl HotStar polymerase 5 U/μl (Qiagen), 1.25 μl each of the primers, and 5 μl template DNA. The stx1 and stx2 subtyping PCR was performed as a duplex PCR as well as with stx1 and stx2. Reactions were run under the following conditions: 95°C for 15 min followed by 35 cycles of 94°C for 50 s, 64°C (hybridization was at 66°C for stx2) for 40 s, and 72°C for 60 s, with a final extension at 72°C for 5 min.

(iv) Genetic characterization by DNA microarray. Confirmed STEC isolates were sent to the University Medical Centre Groningen for genetic characterization using an E. coli genotyping combined assay kit according to the manufacturer’s protocol (CLONDiag, Alere Technologies, GmbH, Jena, Germany). The E. coli oligonucleotide array strips contain gene targets for the identification of virulence genes, antimicrobial resistance, and DNA-based serotyping genes. Briefly, multiplex linear DNA amplification and labeling were performed in a total volume of 10 μl containing 3.9 μl of 2× labeling buffer, 1 μl E. coli labeling primer mix, 0.1 μl DNA polymerase, and 5 μl genomic DNA (100 to 200 ng/μl). Reactions were run under the following conditions: 96°C for 5 min followed by 45 cycles of 50°C for 20 s, 72°C for 30 s, and 96°C for 20 s.

The hybridization and washing steps were performed using the Hybridization Plus kit according to the manufacturer’s protocol. Visualization of hybridization was achieved using the ArrayMate instrument (CLONDiag, Jena, Germany), and signals of the array spots were analyzed automatically. Ambiguous-called signals were rechecked visuually in order to obtain a definite interpretation when possible. In case any signal remained inconclusive, they were regarded as negative.

Statistical analysis. We used the Fisher exact method to test if the presence or absence of VF was associated with certain PT groups and whether growth of suspicious colonies on CHROMagar STEC was associated with certain PT groups. For all tests, statistical significance was indicated by a two-tailed P value of <0.05.

Furthermore, cluster analysis of VF with construction of dendrograms was performed with Bionumerics version 4.6 (Applied Maths NV, Sint-Martens-Latem, Belgium) using the dice correlation and the unweighted-pair group method using average linkages (UPGMA).

RESULTS

Detection frequency of stx genes in patient specimens. A total of 5,022 stool specimens from 4,714 patients were examined using direct qPCR for the detection of the stx genes. In total, 90 samples (84 patients) were positive for the stx genes (1.8%). The diagnostic algorithm was applied on all samples, but all screening data were positive in 84 patients) were positive for the stx genes (1.8%). The diagnostic algorithm was applied on all samples, but all screening data were positive.
ence of the additional virulence factor bfpA and on screening of VF in the cultured isolates, a total of 5 samples (7%) were reclassified from PT group II to PT group III; 4 STEC isolates (O91:NM, O117:H7, O128:H2, and ONT:H31) did not contain the escV gene, and there was no correlation in the CT value of one sample for stx (39) and the other VF escV (19) and bfpA (18). The final risk categorizations were 11 samples (15%), 19 samples (26%), 35 samples (48%), and 8 samples (11%) for PT groups I, II, III, and IV, respectively (Table 2). The presence of stx genes for samples categorized in PT group IV could not be confirmed after enrichment, thereby excluding them from further analysis.

The studied virulence factors (VF) differed with respect to their distribution among the different pathotype groups (Table 3). Compared to the PT group that is associated with a moderate risk for diarrhea and low risk for severe disease (III), PT groups that are associated with a high risk for diarrhea and higher risk for severe disease (I + II, combined) exhibited a significantly higher prevalence of various analyzed VF (specifically, stx2, stx2a, stx2c, toxB, eae, efa1, cif, espA, tccP, espP, nleA and/or nleB, and the tir cluster). Although not significant, stx2c was more prevalent in PT groups I + II (odds ratio [OR], 4.1; 95% confidence interval [CI] = 0.7 to 32.7). Inversely, stx1, the mch cluster, ireA, and eaaA were significantly more prevalent in PT group III (Table 3). Interestingly, the adhesion-encoding gene iha was present in almost all PT group I isolates and in almost all isolates in PT group III (92%); however, there was no significant association between the presence of iha and the PT groups. Furthermore, all LEE-positive STEC isolates contained the EHEC-hlyA gene, with the exception of the two stx2f STEC isolates. Of note, certain VF were also highly associated with PT group I (specifically, stx2c, toxB, eae, efa1, cif, tccP, nleA and/or nleB, katP, and the tir cluster).

The total number of VF present in the STEC isolates also showed a significant, nonrandom distribution between PT groups (Table 2); the number of VF differed significantly between PT group I (VFmean = 31; 95% CI = 27 to 35), PT group II (VFmean = 25; 95% CI = 21 to 30), and PT group III (VFmean = 11; 95% CI = 8 to 13) (ANOVA, P < 0.0001, F = 38.5). Interestingly, the total number of VF present in the two cultured stx2f STEC isolates (O63:H6 and O125:H6) that were categorized in PT group II were considerably lower than the other 4 STEC isolates categorized in this PT group (Table 2). By cluster analysis of potential VF, escV-

FIG 2 Direct comparison of stx CT values for direct qPCR versus stx CT values for enriched BGB PCR (A). The solid line represents the hypothetical identical performance between both methods. The stx CT values for enriched BGB PCR were significantly lower (Wilcoxon rank sum, P < 0.001). Distribution of CT values for STEC isolates that were positive according to enriched BGB qPCR (B). The black bars represent the number of stool specimens positive in the PCR-guided culture. The dashed bars represent the additional qPCR-positive stool specimens.
positive and escV-negative isolates were separated into two main clusters (Fig. 3). The escV-negative cluster included all PT group III isolates and a stx-negative isolate, EAEC O104:H4 (PT group IV). The escV-positive cluster included all PT groups I + II isolates and two stx-negative EPEC isolates (O88:H25 and ONT:H31) that clustered in a distinct branch with the two stx$_{2f}$-positive STEC isolates.

**Clinical symptoms of patients.** Diarrhea was reported by 80%,
44%, 57%, and 75% of patients in PT groups I, II, III, and IV, respectively. Bloody diarrhea was reported by 20%, 6%, 3%, and 0% of patients in PT groups I, II, III, and IV, respectively. Patients in PT group I presented significantly more often with (bloody) diarrhea compared to PT groups II + III (Fisher exact test, \( P = 0.006 \)). One patient categorized in PT group I developed HC (serotype O26:H11), and family members of another patient categorized in PT group I (serotype O26:H11) also had gastrointestinal complaints. Interestingly, symptoms reported by patients that are not associated with acute disease, such as persistent diarrhea and/or abdominal complaints without loose stools, were absent in patients categorized in PT group I (0%) but present in patients in PT groups II, III, and IV (44%, 57%, and 25%, respectively). The age distribution of patients did not differ between PT groups (PT group I: mean age = 27 years; 95% CI = 10 to 44 years; PT group II: mean age = 36 years; 95% CI = 23 to 48 years; PT group III: mean age = 41 years; 95% CI = 32 to 50 years) (ANOVA, \( P = 0.33; F = 1.1 \)), although the median age of patients in PT group I was considerably lower (15 years) compared to PT group II (33 years) and PT group III (39 years).

### DISCUSSION

We here present the first prospective study that uses a diagnostic algorithm directly applied on stool samples of patients presenting with gastrointestinal complaints to assess the public health risk of STEC. Although the disease severity and incidence of STEC are not based solely on the pathogenic potential of the organism but also on host-associated and environmental factors, enough information has accumulated that the presence of virulence factors is strongly associated with disease. Especially in the Netherlands (30, 37). The diagnostic algorithm enabled the categorization of STEC infections into 4 pathotype (PT) groups. The majority of the initial stx-positive PCR samples (48%) were categorized in PT group III, while 15% and 26% of stx-positive PCR samples were categorized in PT group I and PT group II, respectively; both PT groups I and II had high risks for diarrhea and severe disease.

### TABLE 3 Pathotype distribution of virulence factors and stx subtypes

<table>
<thead>
<tr>
<th>Enriched BGB broths (n = 65)</th>
<th>No. (%) of isolates or enriched BGB broths for PT:</th>
<th>Statistical comparison of PT I + PT II vs PT III&lt;sup&gt;a&lt;/sup&gt;</th>
<th>( P )</th>
<th>OR (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>stx&lt;sub&gt;1&lt;/sub&gt; (all)</td>
<td>6 (55)</td>
<td>25 (71)</td>
<td>0.021</td>
<td>0.3 (0.08–0.9)</td>
</tr>
<tr>
<td>stx&lt;sub&gt;1a&lt;/sub&gt;</td>
<td>6 (55)</td>
<td>18 (51)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>stx&lt;sub&gt;1c&lt;/sub&gt;</td>
<td>0</td>
<td>5 (14)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>stx&lt;sub&gt;2&lt;/sub&gt; (all)</td>
<td>8 (73)</td>
<td>13 (37)</td>
<td>0.006</td>
<td>4.7 (1.4–15.6)</td>
</tr>
<tr>
<td>stx&lt;sub&gt;2a&lt;/sub&gt;</td>
<td>3 (27)</td>
<td>0</td>
<td>0.003</td>
<td>( \approx (1.7–\infty) )</td>
</tr>
<tr>
<td>stx&lt;sub&gt;2b&lt;/sub&gt;</td>
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<td>7 (20)</td>
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<td>stx&lt;sub&gt;2c&lt;/sub&gt;</td>
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<td>1 (3)</td>
<td></td>
<td></td>
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<tr>
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<td>0</td>
<td></td>
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<tr>
<td>stx&lt;sub&gt;2f&lt;/sub&gt;</td>
<td>9 (47)</td>
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<tr>
<td>stx&lt;sub&gt;2a&lt;/sub&gt; or stx&lt;sub&gt;2c&lt;/sub&gt;</td>
<td>7 (64)</td>
<td>2 (6)</td>
<td>0.002</td>
<td>11.0 (2.0–80.5)</td>
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<tr>
<td>Isolates (n = 26)</td>
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<td></td>
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<tr>
<td>astA</td>
<td>7 (27)</td>
<td>3 (50)</td>
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<td></td>
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<tr>
<td>EHEC-hlyA</td>
<td>20 (77)</td>
<td>4 (67)</td>
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<td>toxB</td>
<td>7 (27)</td>
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<td>mch cluster</td>
<td>9 (35)</td>
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<td>ireA</td>
<td>8 (31)</td>
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<td>eae</td>
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<tr>
<td>tir cluster</td>
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<td>6 (47)</td>
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<sup>a</sup> Total no. of enriched BGB broths: PT I, 11; PT II, 19; PT III, 35. Total no. of isolates: PT I, 7; PT II, 6; PT III, 13.
<sup>b</sup> PT I and II combined (associated with high risk for diarrhea and high/moderate risk for severe disease) are compared to PT III (lower risk for diarrhea and severe disease).
<sup>c</sup> OR values (from the Fisher exact test) are shown only if the \( P \) value was <0.05.

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The presence of stx genes could not be confirmed after enrichment in 11% of samples, and these were categorized in PT group IV. The stx subtyping and genetic characterization were performed in order to confirm the validity of the proposed categorization of STEC infections. Previous studies have indicated that the subtype of Shiga toxin produced may influence the clinical outcome of STEC infections (23, 24). STEC harboring stx2a or stx2c are associated with HUS and bloody diarrhea, while strains carrying stx1c or stx2b have often been isolated from patients with milder infections (38). Although STEC strains carrying stx2d usually predict a milder disease, strains that produce elastase-activatable stx2d may predict a severe clinical outcome of the infection (39). Other variants, such as stx2e and stx2f, have been associated with animals and are rarely isolated from humans (24, 40).

In our study, there was a strong association between the presence of stx2, in particular stx2a or stx2c, and samples categorized in PT groups I + II (LEE-positive), while the presence of the stx1 gene was associated with samples categorized in PT group III. Similar to a previous study performed in Belgium, stx1a was the most detected subtype (41). Furthermore, the detection frequency of the stx2v gene in our study (12.3%) was comparable with previous studies (41, 42). stx2v was, together with stx2h, the first-most detected stx subtype among samples that were serogroup O157 negative on PCR in this study. Similar to previous studies, all stx2v-positive PCR samples also contained the escV gene (LEE-positive) (41–43). With the exception of stx2h, the detection frequencies of subtypes stx1c (9%) and stx2e (3%) that are associated with milder disease or asymptomatic carriage were similar to the incidence detected in Belgium (41).

Furthermore, cluster analysis of VF clearly showed a separation into an escV-negative cluster (PT group III) and escV-positive cluster (PT groups I + II), with a significant difference in the number of accessory virulence factors (VF) present between these PT groups. Furthermore, VF that play an important role in toxin production and attachment to host cells were highly associated with PT groups I + II or PT group I alone, while other VF were associated with PT group III. Previous studies also reported that the number of VF present in STEC isolates increases the pathogenic potential of STEC and the strong association of certain accessory VF with severe illness and outbreaks (12, 17, 22, 27, 33, 34, 36, 44). Interestingly, the accessory virulence gene content of the stx2f-positive STEC isolates that clustered in a distinct branch with two stx-negative EPEC isolates was lower than the other STEC isolates categorized in PT group II. Others have also reported that stx2f STEC isolates form a distinct group within STEC with regard to virulence genes and their association with a relatively mild disease (41, 42).

Our findings with respect to the main clinical features of STEC infection are consistent with those of others (9, 40). Patients with STEC infections categorized in PT group I presented significantly more often with (bloody) diarrhea, suggesting that the pathogenic potential of STEC in this group is higher than that of STEC categorized in PT groups II + III, as was confirmed by stx subtyping and genetic characterization. Although there was no clear association between patient age and PT groups in our study, the age distribution of patients in PT group I was considerably lower than that of patients categorized in PT group II and PT group III. Others also reported a close relation between a patient’s young age and infection with more virulent (LEE-positive) STEC strains (40).
Furthermore, this study revealed a high number (45%) of other enteric pathogens detected in individual stx-positive PCR samples (data not shown). However, the clinical relevance of these mixed infections was beyond the scope of this study.

Although stx subtyping and genetic characterization confirmed the validity of the PT classification, categorization with this molecular-based PT approach should be regarded as presumptive. Additional subtyping of stx genes, genetic characterization, and O:H serotyping of STEC isolates will provide a clearer assessment of the potential public health risk. Hence, a high culture yield remains important for facilitating these laboratory procedures.

An important step in the diagnostic algorithm is the use of an enrichment step, which was performed on the initial stx-positive PCR stool samples. Performing this step has several advantages. First, confirmation by performing PCR on the enrichment broth increases the positive predictive value for the detection of STEC; 89% of the initial stx-positive PCR results could be confirmed. In the majority of the samples (85%), the stx CT values were lower after enrichment, which suggests the presence of viable STEC. In a part of the samples (11%) no stx genes could be detected after enrichment (PT group IV). The stx CT values for direct qPCR were relatively high in all of these samples, which was suggestive for the presence of low loads of nonviable STEC or free stx DNA. Another possibility would be the detection of free stx phages in the stool of these patients, which has been described previously in stool of healthy individuals (45).

Second, stx subtyping was performed directly from the DNA isolate obtained from the enriched broth. To our knowledge, subtyping of stx genes is only being performed on STEC isolates, which will take additional time for obtaining final subtyping results. Third, although not statistically proven, culture yield will improve using enrichment; in the majority of the initial stx-positive PCR samples, the stx gene load increased after enrichment, which is suggestive for the presence of viable STEC. Larger amounts of STEC bacteria in the background of intestinal flora will increase the odds of isolation by culture. The culture yield in our study (38%) was lower than other studies (24, 41). However, the amount of colonies screened with PCR (maximum of 10) in our study was considerably lower than those studies. Hence, increasing the total amount of colonies screened, and routinely screening DNA isolated from a loopful of bacteria growth from the first streaking area of culture plates (as was performed for two samples in this study), would increase the probability of obtaining an isolate or at least would confirm the growth of STEC.

Furthermore, due to easier identification of suspicious colonies, the CHROMagar STEC medium proved to be an effective supplemental medium for isolation, especially of more virulent (LEE-positive) STEC serotypes, as described previously by others (46–48). The medium also supported the growth of EAEC (O104:H4) and EPEC (O88:H25 and ONT:H31), suggesting that it could also be a useful tool for the support of EAEC and EPEC isolation, as described previously (49).

Unfortunately, our diagnostic algorithm only includes direct molecular screening for the stx genes, rendering the detection of Shiga-toxin-lost (STL) EHEC impossible (25, 26, 50). Another limitation of this study was the concise amount of clinical information that was available on request forms that may have influenced clinical associations. Furthermore, the number of STEC isolates that were characterized was limited.

In conclusion, the proposed diagnostic algorithm for risk categorization of STEC infection offers a rapid testing format that could be easily implemented in laboratories that already perform qPCR-based detection of STEC. It enables stx-positive PCR stool samples to be categorized for the potential risk to public health. This risk assessment may provide valuable information to aid community health services in estimating the level of action required (with regard to source/contact tracing and intervention measures to minimize secondary transmission) to address the potential threat and may be a useful tool for public health surveillance. However, the proposed risk categorization should be regarded as presumptive and interpreted with care, as infections with STEC serotypes categorized in PT group III, such as O117:H7, can still pose a public health concern, as has been shown recently (51). Currently, a multicenter, prospective, cohort study is being conducted that will verify the performance of the proposed molecular-based pathotyping approach on a larger scale in order to justify its application in the case of STEC infections for determining if swift action by community health services is warranted or not.

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