Discovery of prognostic markers in laryngeal cancer treated with radiotherapy

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Chapter 4

PTEN is associated with worse local control in early stage supraglottic laryngeal cancer treated with radiotherapy

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ABSTRACT

Objectives: The aim of this study was to establish the prognostic value of the epidermal growth factor receptor (EGFR) and phosphatase and tensin homolog deleted on chromosome 10 (PTEN) expression on local control in patients with early stage supraglottic laryngeal squamous cell carcinoma (LSCC) treated with radiotherapy only.

Methods: Immunohistochemical staining for EGFR and PTEN was performed on pre-treatment biopsies of a selected well-defined homogeneous group of 52 patients with T₁-T₂ supraglottic LSCC treated with radiotherapy between 1990 and 2008. Kaplan-Meier analysis, univariate and multivariate Cox regression analysis were performed to correlate clinical data and expression levels of EGFR and PTEN with local control.

Results: Kaplan-Meier survival analysis and Cox regression analysis showed a significant association between PTEN expression and local control (hazard ratio (HR) = 3.26, 95% confidence interval (CI) = 1.14-9.33, p = 0.027) and between lymph node status and local control (HR = 3.60, 95% CI = 1.26-10.31, p = 0.017). Both were independent prognostic factors in a multivariate analysis (HR = 3.28, 95% CI = 1.14-9.39, p = 0.027 and HR = 3.62, 95% CI = 1.26-10.37, p = 0.017, respectively). There was no significant association between EGFR expression and local control (HR = 1.32, 95% CI = 1.17-10.14, p = 0.79).

Conclusion: This study showed an association between both high PTEN expression and the presence of lymph node metastasis and deteriorated local control in early stage supraglottic LSCC treated with radiotherapy.
INTRODUCTION

Most early stage (T1-T2) laryngeal squamous cell carcinomas (LSCC) are treated with radiotherapy only. The 5-year local control rates after radiotherapy vary between 43%-95% and 41%-58% for glottic and supraglottic T1–T2 LSCC, respectively\(^1\,^2\). Currently, besides sublocation and stage of the primary tumor, no suitable markers are available for predicting prognosis. Cell biological markers may be helpful to select patients who may benefit from additional treatment and identify new potential targets for therapy\(^3\).

In cancer, activation of signaling pathways, including the PI3K/AKT antiapoptotic and proliferation pathway could contribute to tumorigenesis and hence a worse prognosis\(^4\,^5\). The PI3K/AKT pathway can be triggered by activation of the epidermal growth factor receptor (EGFR), a transmembrane glycoprotein consisting of an extracellular ligand binding domain, a transmembrane region, and an intracellular tyrosine kinase domain. Upon binding of the specific ligand, phosphorylation of the intracellular tyrosine kinase occurs, activating the PI3K/AKT pathway\(^4\,^7\). More than 80% of the head and neck squamous cell carcinomas (HNSCC) show EGFR overexpression\(^8\). It has been suggested that EGFR plays an important role in response to radiotherapy, resulting in decreased local control\(^9\,^10\). The last decade EGFR has become an important target in cancer therapy with the use of cetuximab, an anti-EGFR antibody\(^4\). In HNSCC, the use of cetuximab is approved by the FDA in combination with radiotherapy for patients with locally advanced nonmetastatic HNSCC in case chemoradiation is not feasible\(^13\). Unfortunately, EGFR expression does not appear to be predictive for response to EGFR inhibitors\(^4\).

Another mechanism for PI3/AKT pathway activation is the loss of PTEN (phosphatase and tensin homolog deleted on chromosome 10 (PTEN), a tumor suppressor gene which opposes PI3K/AKT activation\(^5\,^6\). PTEN is the second most mutated tumor suppressor gene after p53 and mutations in PTEN are found in a variety of primary tumors including HNSCC\(^7\,\,^{15\:-\,18}\), while germline mutations in PTEN cause Cowden syndrome, characterized by hamartomas and predisposition of breast and thyroid tumors\(^5\,^6\). Besides the role of PTEN in tumorigenesis as an antagonist in the PI3K/AKT pathway, PTEN has also been associated with genome stability including DNA double strand break (DSB) repair by regulating the protein RAD51\(^15\,^{19\:-\,20}\). Theoretically, tumors with loss of function of PTEN are less able to repair damage caused by radiotherapy. Furthermore, effect of radiotherapy is based on the high proliferation rate of tumors in relation to normal tissue.
Consistent with this we previously found overexpression of PTEN was associated with increased radioresistance in a cohort of HNSCC patients postoperatively treated with radiotherapy. The present study was primary designed to evaluate this association and to establish the prognostic value of EGFR and PTEN expression on local control in an independent well-documented homogeneous series of early stage supraglottic laryngeal squamous cell carcinomas treated with radiotherapy only. Secondary we evaluated whether also other patient and tumor characteristics were associated with local control in this series.

**MATERIALS AND METHODS**

**Patients**
The study population of the present study was composed of a selected well-defined homogenous group of patients with stage T1-T2 histologically confirmed squamous cell carcinoma of the supraglottic larynx treated with radiotherapy with curative intent. This study was restricted to this cohort of supraglottic tumors since previous studies showed differences in biological behavior between glottic and supraglottic tumors. The same cohort of patients was described in detail previously. Between 1990 and 2008, 1286 patients were diagnosed with and/or treated for a laryngeal malignancy in our institute. Of all patients, demographic and clinicopathological data such as gender, age, T-status, N-status were retrospectively collected by reviewing the patient charts. The inclusion criteria for this study were (1) histologically proven squamous cell carcinoma; (2) localized in the supraglottic larynx; (3) staged cT1 and cT2; (4) with no evidence for distant metastasis (cM0); (5) were curatively treated with radiotherapy alone, and (6) received no other previous or concurrent treatment modalities. In total 247 patients with T1-T2 LSCC were retrieved in our database. Because of second primary tumors or previous chemo- and/or radiotherapy, 10 patients were excluded. From these 237 patients, formalin-fixed, paraffin-embedded pre-treatment biopsies taken at our institute were collected and revised by an experienced pathologist. Tissue specimens with sufficient neoplastic cells for immunohistochemical staining were available from 141 patients of which 52 were supraglottic tumors. All data from the 52 patients considered appropriate for immunohistochemistry after the exclusionary process were retrieved and collected in an anonymous database. All patients gave approval to use tissue samples for research.
**Treatment**

All patients were treated with primary radiotherapy as reported previously\textsuperscript{21,22}. In short, in stage T\textsubscript{1} tumors, a total dose of 66 Gy, using 2 Gy fractions, five times weekly were given. Stage T\textsubscript{2} tumors were generally treated with six fractions weekly, to a total dose of 70 Gy within six weeks. In the case of elective radiotherapy to the neck nodes, a total dose of 46 Gy was given to the primary planning target volume, with an additional boost of 70 Gy to the primary tumor and pathologic lymph nodes. In all patients, a planning-CT scan was made in supine position. The target volumes were delineated as described in previous reports\textsuperscript{23}. All patients were treated with 3D-conformal radiotherapy. After completion of treatment, patients were followed at the outpatient clinic for five years.

**Immunohistochemistry**

EGFR and PTEN protein expression was respectively detected using Novocastra monoclonal antibody clone 113 against EGFR (Leica Biosystems, Newcastle, United Kingdom; Cat\# NCL-L-EGFR, RRID:AB_563696) and a monoclonal antibody clone 6H2.1 against PTEN (Cascade BioScience, Winchester, United States; Cat\# ABM-2052, RRID:AB_2335636). Immunostaining was performed on 4 \(\mu\)m paraffin sections. Antigen retrieval was achieved by heating in a microwave in preheated Tris-HCL buffer (EGFR) and citrate buffer (PTEN). Endogenous peroxidase was blocked by incubation with 0.3% hydrogen peroxidase for 30 minutes.

Slides were stained for 1 hour with the antibody against EGFR (1:100) and PTEN (1:50). Secondary rabbit anti-mouse antibody was diluted 1:100 in 1% bovine serum albumin in phosphate buffered saline complemented with 1% human AB serum and applied for 30 minutes at room temperature. Tertiary, goat anti-rabbit antibody was diluted 1:100 and applied for 30 minutes at room temperature. Staining was visualized with 3,3'-diaminobenzidinetetrahydrochloride and counterstained with hematoxylin.

**Evaluation of immunostaining**

Scoring was performed by two independent teams without knowledge of clinical data. The discordant cases were reviewed and scores were reassigned on consensus of opinion. For both antibodies staining intensity was semi-quantitatively scored as negative (-), weak positive (+/-), positive (+) and strong positive (++). For PTEN the percentage of positive cells was scored as well. For statistical analysis, any positive EGFR staining above background was considered as high (+/-, + and ++)\textsuperscript{19}. For PTEN, tumors were considered high in case of >7.5% positive (+ or ++) cytoplasmic staining\textsuperscript{19}.
Statistical analysis
Statistical analysis was performed with IBM SPSS Statistics 23 for Windows. Follow-up time was calculated from the day of diagnosis until the date of the last follow-up. Local recurrence was defined as tumor recurrence at the primary tumor site within five years, and was calculated from the date of diagnosis until the day of local recurrence or lost to follow-up. Relations (Hazard ratio (HR) and 95% Confidence Interval (95% CI)) between recurrence and immunostaining and other clinicopathological characteristics were calculated using univariate Cox proportional hazard analysis and Kaplan-Meier analysis. For multivariate Cox regression, only the variables that appeared statistically significant in univariate analysis were included. P values of <0.05 were considered statistically significant.

RESULTS

Patient and immunohistochemical characteristics
The population showed a preference for the male sex, T2 and lymph node negative tumors (for details, see Table 1). Almost all tumors showed high expression of EGFR (92%). Thirteen (25%) patients had a high expression of PTEN with immunohistochemistry. In slides with high expression for PTEN, the median percentage of positive neoplastic cells was 28% (range: 10-85).

Table 1. Patient and tumor characteristics of all patients (n=52)

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>No. of patients (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age – years</td>
<td>63 (33-95)</td>
</tr>
<tr>
<td>Gender</td>
<td>11 (21.2)</td>
</tr>
<tr>
<td>cT-stadium</td>
<td>15 (28.8)</td>
</tr>
<tr>
<td>cN-stadium</td>
<td>39 (75.0)</td>
</tr>
<tr>
<td>EGFR expression</td>
<td>4 (7.7)</td>
</tr>
<tr>
<td>PTEN expression</td>
<td>39 (75.0)</td>
</tr>
</tbody>
</table>

T = tumor; N = node; EGFR = epidermal growth factor receptor; PTEN = phosphatase and tensin homolog deleted on chromosome 10.

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No relation between EGFR expression and local control

Fourteen patients (26.9%) developed a local recurrence after radiotherapy. Kaplan-Meier and Cox regression analysis did not show a significant relation between EGFR expression and local control in our series of 52 supraglottic laryngeal carcinomas (HR = 1.32, 95% CI = 1.17-10.14, p = 0.79) (Table 2 and Figure 1A).

Table 2. Patient characteristics, tumor characteristics, EGFR expression and PTEN expression in relation to local recurrence (n=14)

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>No. of patients with local recurrence (%)</th>
<th>Univariate HR (95% CI)</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age – years</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;65</td>
<td>8/32 (25.0)</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>≥65</td>
<td>6/20 (30.0)</td>
<td>1.51 (0.52-4.36)</td>
<td>0.45</td>
</tr>
<tr>
<td>Gender</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>2/11 (18.2)</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>12/41 (29.3)</td>
<td>1.81 (0.40-8.09)</td>
<td>0.44</td>
</tr>
<tr>
<td>cT-stadium</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>T1</td>
<td>3/15 (20.0)</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>T2</td>
<td>11/37 (29.7)</td>
<td>1.63 (0.46-5.86)</td>
<td>0.45</td>
</tr>
<tr>
<td>cN-stadium</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>N0</td>
<td>7/39 (17.9)</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>N+</td>
<td>7/13 (53.8)</td>
<td>3.60 (1.26-10.31)</td>
<td>0.017*</td>
</tr>
<tr>
<td>EGFR</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low</td>
<td>1/4 (25.0)</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>High</td>
<td>13/48 (27.1)</td>
<td>1.32 (1.17-10.14)</td>
<td>0.79</td>
</tr>
<tr>
<td>PTEN</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Low</td>
<td>7/39 (17.9)</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>High</td>
<td>7/13 (53.8)</td>
<td>3.26 (1.14-9.33)</td>
<td>0.027*</td>
</tr>
</tbody>
</table>

EGFR = epidermal growth factor receptor; PTEN = phosphatase and tensin homolog deleted on chromosome 10; HR = Hazard ratio; CI = Confidence Interval; T = tumor; N = node
* Signifies statistically significant relation.

PTEN overexpression and lymph node status are associated with local control

In the population with high PTEN expression (n=13), seven patients (54%) developed a local recurrence, in contrast to 18% in patients with low PTEN expression. Cox regression revealed a significant association between high PTEN expression and local control (HR = 3.26, 95% CI = 1.14-9.33, p = 0.027). (Table 2 and Figure 1B)

In the population with positive lymph node status (N+), seven out of 13 patients (54%) had a local recurrence. In the population with no lymph node metastasis, this percentage was 18%. Cox regression revealed a significant association between N+ and local control (HR = 3.60, 95% CI = 1.26-10.31, p = 0.017). (Table 2 and Figure 1C).
Figure 1. Kaplan-Meier curves for the relation of EGFR expression (A), PTEN expression (B), and lymph node (N) status (C) with local control. EGFR = epidermal growth factor receptor; PTEN = phosphatase and tensin homolog deleted on chromosome 10.

Multivariate Cox regression showed that high PTEN expression and lymph node status were independent prognostic factors in a multivariate analysis (HR = 3.28, 95% CI = 1.14-9.39, p = 0.027 and HR = 3.62, 95% CI = 1.26-10.37, p = 0.017, respectively) (Table 3).
DISCUSSION

Previously, we reported that overexpression of PTEN was associated with increased radioresistance in a cohort of HNSCC patients postoperatively treated with radiotherapy\(^9\). In this study, we evaluated the prognostic value of PTEN expression on local control in an independent well-documented homogeneous series of early stage supraglottic LSCCs all treated curatively with radiotherapy only. In this homogeneous cohort of 52 patients, a significant association between PTEN expression and local control was observed.

The last decade the PI3K/AKT signaling pathway has become an important target in cancer therapy including HNSCC with the use of cetuximab, an anti-EGFR antibody applied in advanced nonmetastatic HNSCC in combination with radiotherapy or as a single agent in patients who have had prior platinum-based therapy\(^3\). EGFR status as a specific predictive marker for response to EGFR inhibitors is controversial\(^4\). Numerous studies reported on the prognostic value of immunohistochemical EGFR expression in different tumor types\(^10,19,24\). In our homogeneous cohort consisting of early stage supraglottic laryngeal squamous cell carcinomas treated with radiotherapy alone, no significant relationship between EGFR expression and local control was found. Conflicting results have been published earlier concerning EGFR overexpression and association with local control in HNSCC. For instance, Ang et al. reported worse local control and overall survival in a group of 155 advanced HNSCCs treated with radiation therapy overexpressing EGFR\(^10\). In contrast, Eriksen et al. failed to show a significant relationship between EGFR overexpression and local control in a group of 336 HNSCCs treated with conventional or accelerated radiation therapy\(^24\). There are different reasons for these conflicting results. First, the prognostic significance of EGFR has been investigated in heterogeneous HNSCC populations treated with different treatment modalities. Second, there is no general consensus regarding the staining protocols and scoring methods of EGFR\(^9\). The interpretation of the
results in our study is difficult since there were only four cases with low EGFR expression. Compared to other studies on EGFR expression in HNSCC, we found a high percentage of high EGFR cases (92%) versus 53-88% in HNSSC described in literature. There is only one other study concerning EGFR expression in supraglottic laryngeal carcinomas, showing high EGFR expression in 83% and 70% of T1 and T2 tumors, respectively. However, they used a different primary antibody and scoring criteria, which makes it difficult to compare. We also performed EGFR immunostaining on a well-defined series of early stage (T1-T2) glottic laryngeal squamous cell carcinomas treated with radiotherapy only and found significantly more tumors in the supraglottic group with high EGFR expression compared to the glottic group (92% vs. 53%) (Wachters et al., Laryngoscope 2020). This suggests also an association between EGFR expression levels and different tumor locations and supports our decision to restrict our analysis to a homogeneous series of supraglottic laryngeal squamous cell carcinomas only.

Besides activation of EGFR, another mechanism for PI3/AKT pathway activation is the loss of PTEN expression. Previously, PTEN expression has been linked to therapeutic outcome in HNSCC. In this study, we showed a significant relation between high PTEN expression and worse local control. Low PTEN expression by immunostaining was observed in 75% of patients similar as we observed earlier in HNSCC. Lower percentages of 33-56% using the same antibody were reported as well, in which supraglottic LSCC appeared to have less often loss of expression than glottic LSCC. This is possibly explained by the more often raised disease of supraglottic LSCC. This percentages are corresponding to mutations and loss of heterozygosity of PTEN gene found in 23-33% and 10-40% of HNSCC, respectively. However, a study in non–small-cell lung cancer showed that neither methylation nor loss of heterozygosity was a significant predictor of PTEN protein expression with immunohistochemistry. Among several types of commercially available PTEN monoclonal antibodies, PTEN monoclonal antibody clone 6.H2.1 was the only one associated with PTEN molecular alterations.

The results of this study confirmed previously found relation between high expression of PTEN and worse local control in a series of squamous cell carcinomas of the larynx, hypopharynx, oropharynx and oral cavity treated with primary surgery and postoperative radiotherapy. The explanation for this association was that PTEN functions in double strand break (DSB) repair. Cells have evolved several protective responses to counteract the harmful effects of DNA-damage including homologous recombination and nonhomologous end-joining for DSB.
Homologous recombination ensures accurate DSB-repair mediated through the so-called RAD52 group of proteins which includes RAD51. RAD51 is regulated by PTEN. We speculate that tumors with low function of PTEN are less able to repair damage caused by radiotherapy. Other studies on PTEN expression in relation with prognosis in HNSCC have linked, on the contrary, low PTEN to worse prognosis of disease in both surgery and radiotherapy. An explanation for this observation is the counteracting function of PTEN on the PI3K/AKT antiapoptotic and proliferation pathway that could contribute to tumorigenesis and worse prognosis. Positive lymph node status was associated with the development of local recurrence. This was an unexpected outcome because regional metastasis is not a known risk factor for developing local recurrence and suggests the higher aggressiveness of these tumors in general. It was not in relation with tumor size because there was no difference in outcome between T1 and T2 tumors. The relation of regional metastasis and deteriorated local control should be evaluated in larger series of early stage supraglottic LSCC.

This study was weakened by its small series of only 52 patients. On the other hand, the great strength of this study was the composition of a well-defined homogeneous cohort consisting of supraglottic LSCCs treated with radiotherapy alone. The relevance to distinguish between supraglottic and glottic LSCC evaluating (prognostic) immunohistochemical expression of antibodies has become clear from previous studies. Although we performed EGFR immunostaining on a series of early stage glottic LSCC as well, we did not perform PTEN immunostaining on this glottic LSCC series. One of the reasons for radioresistance in HNSCC is accelerated repopulation of tumor cells after exposure to ionizing radiation. One of the mechanisms contributing to this repopulation is activation of the EGFR/PI3K/AKT pathway. Binding of cetuximab to the EGF receptor leads to internalization and degradation of the antibody-receptor complex, downregulating EGFR expression. In SCC cell lines, Bonner et al. showed that the combination of cetuximab and radiation resulted in decreased cellular proliferation. Bonner et al. showed that among patients with stage III-IV HNSCC, the addition of cetuximab to radiotherapy resulted in a significant improvement of locoregional control and survival as compared to radiotherapy alone, without enhancing radiation-induced toxicity. Based on the results of this study, cetuximab is now increasingly used in combination with...
definitive radiotherapy in locally advanced disease in particular for patients in which concurrent chemoradiation is considered not feasible. So far, no studies have been published which compared concomitant cetuximab and radiotherapy in combination with EGFR levels in early stage laryngeal carcinoma.

This study showed a potential role in diagnostic and prognostic terms for PTEN immunohistochemical evaluation in supraglottic LSCC. In which patients with supraglottic LSCC with a high PTEN immunohistochemical expression might benefit from altered radiotherapy schedules or additional PTEN inhibiting drugs. Because of the antagonize behavior of PTEN on the P13/AKT pathway most of the strategies to target PTEN are focused on PTEN-deficient cancers utilize inhibitors of kinases that lie at the level of PI3K/AKT pathway. Furthermore, due to the activation of the EGFR/P13/AKT pathway, PTEN inactivation could theoretically lead to resistance to EGFR inhibitors. Frattini et al. showed in a series of colorectal cancer patients that loss of PTEN expression by immunohistochemistry distinguished responder from nonresponder patients to cetuximab. Studies in prostate cancer cells showed a comparable relation and PTEN reintroduction restored the cell response to cetuximab. This supports the suggestion that supraglottic LSCC patients with high PTEN expression might benefit from adding cetuximab to radiotherapy.

CONCLUSION

This study confirmed earlier found association between high PTEN expression and local control in HNSCC. The worse local control found in cases with high PTEN expression might suggest the importance of PI3K-AKT independent functions of PTEN such as DNA-damage repair in radioreponse. PTEN status could have an additive value in determining the prognosis of early stage supraglottic laryngeal carcinomas, next to the already used clinical factors as lymph node status. These patients might benefit from an alternated radiation schedule, drugs interfering with DNA-damage repair or adding cetuximab.
EGFR and PTEN in LSCC in correlation with local control

REFERENCES

Chapter 4


