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### The ripple effect in family networks

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# Propositions

Accompanying the dissertation

## The ripple effect in family networks

Relational structures and well-being in divorced and non-divorced families

by

**Vera de Bel**

1. Studying the consequences of parental divorce for nuclear and extended family members requires a multi-actor family network approach. (This thesis)
2. Sibling relationships are strongest when siblings have equally strong relationships with their parents. (Chapter 2)
3. Ambivalent triads exhibiting balance and preventing a diffusion of stress positively affect well-being. (Chapter 3)
4. Family members of divorced families have less contact with each other compared to family members in non-divorced families. (Chapter 4)
5. Less contact on one side of the family goes together with more contact with equivalent family members on the other side of the family. (Chapter 4)
6. Collecting multi-actor family network data is worth the large effort it requires. (Chapter 5)
7. Multi-functional family relationships contribute to family members' well-being. (Chapter 6)
8. The consequences of parental divorce for the family network resemble a ripple effect.
9. Studying only one triad in families is like eating one piece of Toblerone: it is better to break down the whole thing.