Interim Results from the IMPACT Study

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Prostate Cancer

Interim Results from the IMPACT Study: Evidence for Prostate-specific Antigen Screening in BRCA2 Mutation Carriers


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See Appendix 1.

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1. Introduction

It is well established that BRCA2 gene mutations cause a higher risk of prostate cancer (PrCa), with an estimated relative risk of 2.5–8.6-fold by age 65 yr [1,2], and are associated with earlier-onset, clinically significant disease. A number of retrospective studies report higher rates of lymph node involvement, distant metastasis at diagnosis, and higher mortality rates in mutation carriers [3–6]. Germline BRCA2 mutation status is reported to be an independent prognostic factor for poorer outcome [3]. Furthermore, tumours of BRCA2 mutation carriers with localised PrCa have been demonstrated to exhibit genomic instability more typically seen in metastatic castration-resistant PrCa [7].

There is debate about whether there is an increased risk of PrCa for BRCA1 mutation carriers, with an estimated relative risk of 1.8–3.75-fold by age 65 yr [8] and some evidence of more clinically significant disease [3,9]; however, this warrants further research. It is hypothesised that targeted screening in BRCA1/2 carriers facilitates early detection.

The controversies of using prostate-specific antigen (PSA) screening in the general population are well documented, but PSA remains the most effective PrCa biomarker currently available [10–12]. Efforts to improve sensitivity and specificity of PSA by incorporating other biological markers, such as the 4 kallikrein (4 K) marker panel [13,14], PrCa risk calculators [15,16], magnetic resonance imaging (MRI) [17,18], and genetic markers [19,20], into screening algorithms are under evaluation.

The IMPACT study (Identification of Men with a genetic predisposition to ProstAte Cancer: Targeted screening in men at higher genetic risk and controls; http://impact.icr.ac.uk/) is an international, multicentre study evaluating targeted PrCa screening in men with BRCA1/2 mutations. IMPACT aims to evaluate the utility of PSA screening in detecting clinically significant PrCa (defined as intermediate- or high-risk disease using the National Institute for Health and Care Excellence [NICE] guidelines [21]), PrCa incidence, positive predictive value (PPV) of biopsy using a PSA threshold of 3.0 ng/ml, and tumour characteristics in order to establish whether PSA screening detects clinically significant disease in this population compared with the noncarrier control group.

An analysis of the baseline screen for nearly 2500 men enrolled in IMPACT supported the use of targeted PSA screening in men with a family history of BRCA1/2 mutations.
screening in \textit{BRCA1/2} mutation carriers, suggesting that screening detects a high proportion of clinically significant tumours [22]. Moreover, we have also demonstrated that PSA is more predictive of PrCa in \textit{BRCA1/2} carriers than in noncarriers [23]. It has been reported that men with germline \textit{BRCA1/ BRCA2} mutations, on active surveillance for low-risk PrCa, are at a higher risk of reclassification to higher-grade PrCa than noncarriers [24].

National Comprehensive Cancer Network guidelines advise PrCa screening to begin at 45 yr for male \textit{BRCA2} carriers, consider the same for \textit{BRCA1} carriers, and perform routine \textit{BRCA1/2} testing for men with high-risk PrCa, family history, or metastatic disease [25,26].

The aims of this study were to evaluate the utility of PSA screening, by assessing PrCa prevalence/incidence, PPV of biopsy, and tumour characteristics. A secondary aim was to evaluate the addition of 4K markers to the algorithm predicting biopsy outcome (full details of this analysis can be found in the Supplementary material).

2. Patients and methods

The IMPACT study design has been reported previously [22,27,28] and is summarised in Fig. 1. The protocol was approved by the West-Midlands Research and Ethics Committee in the UK (reference: 05/MRE07/25) and subsequently by each participating institution’s local committee. All participants provided written consent, and interim analyses are presented to the Independent Data and Safety Monitoring Committee biannually.

The target sample is 500 \textit{BRCA1} and 350 \textit{BRCA2} mutation carriers, and a control group of 850 men who have undergone predictive testing and tested negative for a pathogenic \textit{BRCA1/2} mutation known to be present in their family. IMPACT has been powered to detect a two-fold PrCa risk over 5 yr of screening, with 80% power at the \(p < 0.01\) level.

Between October 2005 and February 2013, men aged 45–69 yr in The Netherlands and 40–69 yr in all other countries were recruited from families with known pathogenic \textit{BRCA1} or \textit{BRCA2} mutations. Further detail of the inclusion criteria were described previously [22,27,28]. Participants were screened annually in all centres except for those in The Netherlands, which screened biennially in accordance with local regulations. Recruitment was extended to December 2015, and a subset of 95 \textit{BRCA2} noncarriers was sequenced for \textit{BRCA1/2} mutations and used as the control group to cover the loss of numbers that resulted in removing The Netherlands cohort from cumulative analyses and include them as \textit{BRCA1} noncarriers.

All participants underwent annual PSA testing for four screening rounds. If PSA was >3.0 ng/ml, transrectal ultrasound–guided prostate biopsy (PB) was recommended. Decision to biopsy was based on this single PSA level; PSA was not repeated prior to biopsy unless clinically indicated. Centres were requested to follow a standard biopsy protocol, consisting of 10 and 12 biopsy cores taken from specific locations within the prostate gland. Individuals with a benign PB continued annual PSA follow-up. A repeat PB was recommended if PSA was >50% of the pre-PB PSA [29] (Fig. 1). The local histopathologist at each centre reported the biopsy results to guide treatment in accordance with local guidelines. Cancers were defined using the NICE criteria, and were deemed “clinically significant” if classified as of intermediate or high risk according to these guidelines [21]. Whenever high-grade prostate intraepithelial neoplasia or atypical small acinar proliferation was detected, the biopsy was repeated within 3–6 mo.

The IMPACT results have been compared with the Göteborg cohort of the ERPSC study. This Swedish general population cohort of men aged 50–64 yr was offered biennial PSA screening with further investigations for PSA >3.0 ng/ml and therefore were the closest general population group available for comparison.

2.1. Statistical analysis

Statistical analyses were undertaken using Stata 14.2 Stata-Corp. 2015. \textit{Stata Statistical Software: Release 14}. College Station, TX: StataCorp LP and GraphPad QuickCalcs Website: https://www.graphpad.com/quickcalcs (accessed August 2019).

PrCa prevalence for individuals with PSA > 3.0 ng/ml at the first PSA test was calculated. The cumulative incidence was calculated at the fourth screening round, stratified by age group, tumour-node-metastasis stage, and Gleason score, and compared by mutation status using Poisson regression offset by person-year follow-up, adjusted for age, ethnicity, and country. Proportions of screen-detected disease and PPV of PB were compared between groups using the chi-square test. Fisher’s exact and Kruskal-Wallis tests were used to compare median age, PSA, and tumour characteristics between groups.

Analyses were performed on the whole cohort and by \textit{BRCA} status. Secondary analyses were conducted excluding prevalent cancers (cancers diagnosed within <12 mo of enrolment). A \(p\) value of <0.05 was considered statistically significant.

3. Results

3.1. Study population

A total of 3027 persons (2932 unique individuals) were recruited from 65 centres in 20 countries over 120 mo (Supplementary Table 1): 919 \textit{BRCA1} carriers, 709 \textit{BRCA1} noncarriers, 902 \textit{BRCA2} carriers, and 497 \textit{BRCA2} noncarriers. Ninety-five \textit{BRCA2} noncarriers sequenced for both \textit{BRCA1/2} mutations were included in both control cohorts. The cohorts were overrecruited, as advised by the study’s Independent Data Monitoring Committee. The rationale was that overrecruitment would only strengthen the data and would compensate for any participants who withdrew from the study.

The majority of participants were Caucasian (97%), highly educated, and in work (Supplementary Table 2); median enrolment age was 54 yr; 24% of men reported urinary symptoms and 36% previously had at least one PSA test; and 31% reported a family history of PrCa. No statistically
SUBJECT: from family with known mutation, 40-69 years, no previous history of PrCa, no previous prostate biopsy for raised PSA

Fig. 1 – Study design algorithm.
ASAP = atypical small acinar proliferation; FU = follow-up; MRI = magnetic resonance imaging; PIN = prostate intraepithelial neoplasia; PrCa = prostate cancer; PSA = prostate-specific-antigen; Re-BX = repeat biopsy.
significant differences were observed in sociodemographic variables, symptoms, or previous screening between groups.

### 3.2. PrCa detection rates after 3 yr of screening and PPV of biopsy

At baseline, 2932 participants had a PSA test, 228 (7.7%) had PSA > 3.0 ng/ml, and 69 (2.4%) had cancers diagnosed from 195 biopsies.

Cumulatively, after four PSA screens, 527 individuals (18%) had PSA > 3.0 ng/ml and 112 cancers diagnosed from 357 biopsies. In the BRCA2 cohort, 47 (5.2%) cancers were diagnosed in carriers and 15 (3.0%) in noncarriers; 31 cancers (3.4%) were diagnosed in BRCA1 carriers compared with 19 (2.7%) in noncarriers (Table 1 and Fig. 2).

Overall PrCa detection rate was 3.8% (112/2932), and the cancer incidence rate per 1000 person years was 15. The cancer incidence rates were 19 and 12 in BRCA2 carriers and...
noncarriers, respectively (incidence rate ratio [IRR] = 1.95, 
\(p = 0.031\)), and 14 and 11 in \(BRCA1\) carriers and noncarriers, respectively (IRR = 1.36, 
\(p = 0.3\)).

Overall, PPV of PB was 31%, with 39% and 28% in \(BRCA2\) carriers and noncarriers, respectively (\(p = 0.17\)), and 32% and 20% in \(BRCA1\) carriers and noncarriers, respectively (\(p = 0.065\)).

The overall PPV of PSA > 3.0 ng/mL was 21%, with 31% and 18% in \(BRCA2\) carriers and noncarriers, respectively (\(p = 0.025\)), and 23% and 15% in \(BRCA1\) carriers and noncarriers, respectively (\(p = 0.13\)).

To compare results with the population-based Göteborg cohort [30, we restricted the IMPACT cohort to entry ages 50–64 yr (Supplementary Table 3). The Göteborg study report 2.5% PrCa incidence (confidence interval [CI]: 2.2%, 2.8%) after 4 yr [30,31] compared with 5.3% (CI: 4.2–6.5) in IMPACT.

PPV for PB is 30% in the Göteborg cohort and is 26% for PSA (above threshold). PPV for PB is 33% in IMPACT, restricted to the Göteborg age range, and 24% for PSA > 3.0 ng/mL. When comparing PPVs in the Göteborg cohort with IMPACT for clinically significant disease, we see a higher incidence in the \(BRCA2\) carriers for both PSA (\(p \leq 0.001\)) and PB (\(p = 0.001\)).

As a sensitivity analysis, analyses were repeated excluding centres in The Netherlands (Supplementary Table 4) that screened patients biennially. No differences in the distributions of cancer incidence, incidence rate, or PPV of PB were observed. To rule out the \(BRCA2\) control group being an outlier, the analyses were repeated combining the control groups, and all significant differences remained.

Analyses were repeated removing cancers diagnosed within < 12 mo of study entry (Supplementary Table 5). These analyses show increased PrCa incidence in \(BRCA2\) carriers; however, these analyses are currently underpowered.

During the first four screening rounds, the biopsy compliance rate for raised PSA (>3) was 73% in \(BRCA2\) carriers, 60% in \(BRCA2\) noncarriers, 67% in \(BRCA1\) carriers, and 71% in \(BRCA1\) noncarriers. From the 357 biopsies performed including repeat biopsies, the median age at biopsy of \(BRCA2\) carriers was 60 yr, compared with 64 yr in \(BRCA2\) noncarriers (\(p < 0.001\)). No differences were observed in the \(BRCA1\) cohort (Table 2). When comparing by genetic status, no differences were seen in median PSA, which triggered biopsy, time (in days) between PSA test and biopsy, age at biopsy, and number of diagnostic cores taken at biopsy.

### 3.3. Cancer characteristics

Table 3 and Supplementary Table 6 show the characteristics of all screen-detected PrCa cases diagnosed in patients with a PSA level of >3.0 ng/mL during the first four screening rounds.

The median age at PrCa diagnosis was 61 yr (interquartile range [IQR]: 56, 64) in \(BRCA2\) carriers and 64 yr (IQR: 60, 66) in \(BRCA2\) noncarriers (\(p = 0.044\), Kruskal-Wallis). In the
BRCA1 cohort, there was no difference in median age at diagnosis (p = 0.33).

Looking at the overall risk category, 37/48 (77%) BRCA2 carriers had intermediate- or high-risk PrCa (clinically significant disease), compared with six/15 (40%) BRCA2 noncarriers (p = 0.011, Fisher’s exact). There were no statistically significant differences between BRCA1 carriers (70%) and noncarriers (80%; Fig. 3).

Limiting to incident cases, 48 cancers were diagnosed: 23 in BRCA2 carriers, eight in BRCA2 noncarriers, 10 in BRCA1 carriers, and seven in BRCA1 noncarriers; there is no significant difference by carrier status. No significant difference was also seen when limiting to incident cases and excluding men who had had a previous benign biopsy (n = 9).

After four screening rounds, no deaths from PrCa were reported in the IMPACT study participants.

4. Discussion

The IMPACT study is the only international prospective PrCa screening study conducted exclusively in families with BRCA1/2 mutations. IMPACT will screen all but the Dutch patients for a total of five screening rounds, and collect cancer incidence and mortality data for a further 5 yr.

Controversy about PSA level that used to trigger PB continues, and we have demonstrated that using a PSA level of >3.0 ng/ml, after four screening rounds, 13% of the total cohort was recommended to have a PB with a 3.8% cancer detection rate. The IMPACT study continues to collect screening data, and a further component of the protocol is to offer men the option of undergoing PB after the completion of five screening rounds, irrespective of the PSA level. This will provide the opportunity to evaluate the number of clinically significant cancers missed in carriers and noncarriers when using a PSA threshold of 3.0 ng/ml.

We have demonstrated that the trends reported after the baseline screen are strengthened after 3 yr of follow-up. The PPV of PSA > 3.0 ng/ml was significantly higher in BRCA2 mutation carriers (31%) compared with noncarriers (18%; p = 0.025). When compared with the Göteborg cohort, the PPV of PB in BRCA2 carriers was 41% compared with 30%, therefore biopsying fewer men unnecessarily. As previously
reported, no significant differences were detected between BRCA1 carriers and noncarriers [19].

After four screening rounds, BRCA2 carriers have a statistically significantly higher cancer incidence rate (19) per 1000 person years compared with noncarriers (12; \( p = 0.03 \)). With a higher number of cancers detected than reported previously [22], we have confirmed that BRCA2 carriers are diagnosed at a younger age (\( p = 0.044 \)) than BRCA2 noncarriers and that a significantly greater proportion of cancers were intermediate- or high-risk disease (\( p = 0.011 \)). Overall, 77% of cancers diagnosed in BRCA2 carriers were clinically significant, compared with 49% in the general population [11]. The youngest age of diagnosis of clinically significant disease was 41 yr for BRCA2 carriers and 43 yr for BRCA1 carriers, which may suggest screening from an early age. Regarding the number of men needed to screen to detect one clinically significant PrCa after four screening rounds, screening 60 BRCA2 carriers aged 40–54 yr and 13 carriers aged 55–69 yr will detect one clinically significant PrCa, respectively. Eventually, long-term follow-up data on the clinical benefit of early detection are needed to determine the best starting age.

Analyses of the cancer detection rates, PPV, and characteristics were repeated excluding prevalent cancers (PrCa diagnosed within 12 mo of baseline PSA). It was found that whilst not statistically significant, there was greater PrCa incidence in BRCA2 carriers than in noncarriers (9.1 vs 6.4), and substantially higher numbers of intermediate- and high-risk cancers were detected in BRCA2 carriers than in noncarriers (\( p = 0.074 \)). Owing to the relatively small number of cancers diagnosed in the BRCA2 noncarriers, we also re-ran these analyses combining the two noncarrier control groups, and statistically significant differences in tumour characteristics remained. In addition, clinically significant cancers were diagnosed at every screening round, supporting the use of systematic PSA screening. After 3 yr of follow-up, it is possible that disease was present, but not detectable by PSA, at study entry. A further aim of the IMPACT study is to offer PB to all men after five screening rounds, to evaluate the utility of a baseline biopsy irrespective of the PSA level with respect to cancer prevalence and tumour characteristics. However, it is reassuring to see from the data presented that using a cut-off of 3 ng/ml, the majority of the tumours detected were at an early stage.

No statistically significant differences were detected in age of onset or cancer characteristics between BRCA1 carriers and noncarriers. Further follow-up is required to conclude the clinical management of BRCA1 carriers.

Similar to our report for the IMPACT baseline screen [22], the ProtecT score using the 4 K panel (Supplementary material) was able to predict PB outcome, with a discrimination of 0.73 for high-grade disease. This adds further evidence to support the use of additional biological markers, such as the 4 K panel in improving the detection of clinically significant PrCa.
4.1. **Limitations**

A limitation of IMPACT is that not all men comply with the study protocol, and therefore cancers may be missed either in men who refuse PB, or in men who are advised locally to have MRI or repeat PSA instead of a PB. Genetic status may play a role in protocol compliance with fewer noncarriers, particularly *BRCA2* noncarriers, proceeding with a PB (73% vs 60%). This differential biopsy rate is likely to have underestimated the PrCa incidence in both *BRCA2* carriers and noncarriers. Complete data would be expected to strengthen the power to detect the difference in clinically significant disease between these groups. As follow-up will continue for a further 5 yr, these data will become available as part of future analyses. The higher observed biopsy rate within *BRCA2* carriers could represent variation in how health professionals counsel men with high PSA levels, with a bias towards encouraging biopsy in *BRCA2* carriers. Of note, no variation was seen between the number of cores taken at biopsy and mutation status. Variation was observed between sites and across the course of the study as the protocol increased from 10 to 12 biopsy cores as standard practice changed.

Given the rarity of *BRCA1/2* mutations, it was not possible to restrict the protocol to those with no prior urinary symptoms or PSA testing. Those with a prior PB were excluded. There was no difference in cancer incidence rates in those with symptoms or prior PSA testing.

In comparing with the Göteborg cohort, we acknowledge that this general population cohort is not stratified for *BRCA* status; however, the population frequency of *BRCA1/2* mutations is low. This study also used biennial rather than yearly PSA and was restricted to sextant PB, and therefore cancer detection rates at PB may be lower than that in IMPACT.

IMPACT started in 2005, prior to the implementation of multiparametric MRI in PrCa screening [17,18]. Without a systematic evaluation of the use of MRI in men at genetically high risk, it is difficult to extrapolate general population data to this setting and needs further research.

The Dutch protocol, as outlined above, screened men every 2 yr, and also included digital rectal examination and PCA3 in the algorithm of whether to proceed to biopsy or not. Therefore, some men with PSA < 3.0 ng/ml were biopsied, some of whom were diagnosed with cancer. However, despite this differing protocol in this cohort, sensitivity analyses excluding the Dutch data demonstrate that this approach did not affect the overall results.

A challenge of a longitudinal study such as IMPACT is in balancing the standardisation of procedures and changes in practice. For example, there have been changes in PB during the course of this study; the protocol has been updated to increase the number of diagnostic cores from 10 to 12 during the study’s duration. Some centres have used the transperineal approach in line with local practice guidelines.

5. **Conclusions**

We demonstrate that, after four annual PSA screening rounds, *BRCA2* mutation carriers have a higher incidence of PrCa, are diagnosed at a younger age, and present with more clinically significant tumours than *BRCA2* noncarriers. Further follow-up is required to assess the role of screening in *BRCA1* mutation carriers. Therefore, these data support the use of systematic PSA screening in male *BRCA2* carriers.

**Author contributions:** Rosalind A. Eeles had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

**Study concept and design:** Aaronson, Ardern-Jones, Bancroft, Bangma, Castro, Dearnaley, Eccles, Evans, Eyfjord, Falconer, Foter, Gronberg, Hamdy, Johannsson, Khoo, Kote-Jarai, Lilja, Lindeman, Lubinski, Mahle, Mikropoulos, Mitra, Moynihan, Page, Rennert, Suri.

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