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APPENDIX 1.

Pilot study:
Percentile-scores of Cognitive Variables at first testing, adjusted to a normal population (n=8).
Results printed boldface are above normal medium.

<table>
<thead>
<tr>
<th>Variable</th>
<th>Percentile-Score</th>
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</thead>
<tbody>
<tr>
<td>STROOP</td>
<td>24.3</td>
</tr>
<tr>
<td>TRAIL-B</td>
<td>29.3</td>
</tr>
<tr>
<td>MAZE-T</td>
<td>31.4</td>
</tr>
<tr>
<td>MAZE-F</td>
<td>24.3</td>
</tr>
<tr>
<td>WAIS-PA</td>
<td>51.7</td>
</tr>
<tr>
<td>GIT-VC</td>
<td>50.0</td>
</tr>
<tr>
<td>RALT-C</td>
<td>34.3</td>
</tr>
<tr>
<td>RALT-R</td>
<td>38.6</td>
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<tr>
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<td>67.9</td>
</tr>
<tr>
<td>RCF-R</td>
<td>28.6</td>
</tr>
<tr>
<td>WAIS-DS</td>
<td>26.6</td>
</tr>
<tr>
<td>GIT-WF1</td>
<td>28.8</td>
</tr>
<tr>
<td>GIT-WF2</td>
<td>31.3</td>
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</tbody>
</table>
APPENDIX 2.

Pilot study:
Correlation Coefficients of the Cognitive Variables used in the Pilot-Study (n=8).

<table>
<thead>
<tr>
<th></th>
<th>STROOP</th>
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<th>MAZES-T</th>
<th>MAZES-F</th>
<th>GIT-WF1</th>
</tr>
</thead>
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<td>.10</td>
<td>-.33</td>
<td>.03</td>
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<td>TRAIL-B</td>
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<td>.15</td>
<td>.17</td>
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<td>MAZES-T</td>
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<td>.11</td>
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<tr>
<td>MAZES-F</td>
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<td>.46</td>
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<td></td>
<td>1.00</td>
<td></td>
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</tr>
</tbody>
</table>

<table>
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<tr>
<th></th>
<th>GIT-WF2</th>
<th>RALT-C</th>
<th>RALT-R</th>
<th>RCF-R</th>
<th>WAIS-DS</th>
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<tbody>
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<td>STROOP</td>
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<td>-.41</td>
<td>-.18</td>
<td>.51</td>
</tr>
<tr>
<td>TRAIL-B</td>
<td>.93**</td>
<td>.18</td>
<td>.12</td>
<td>.03</td>
<td>.83*</td>
</tr>
<tr>
<td>MAZES-T</td>
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<td>.52</td>
<td>.25</td>
<td>-.29</td>
<td>.57</td>
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<tr>
<td>MAZES-F</td>
<td>.46</td>
<td>.56</td>
<td>.58</td>
<td>-.26</td>
<td>.33</td>
</tr>
<tr>
<td>GIT-WF1</td>
<td>.42</td>
<td>-.15</td>
<td>.26</td>
<td>-.39</td>
<td>.24</td>
</tr>
<tr>
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<td>.39</td>
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<td>.80*</td>
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<tr>
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<td>.17</td>
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<td>1.00</td>
<td>.59</td>
<td>.15</td>
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<tr>
<td>RCF-R</td>
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<td></td>
<td></td>
<td>.19</td>
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<tr>
<td>WAIS-DS</td>
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<td>1.00</td>
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</table>

Significance:  * = p < .01  ** = p < .001
### APPENDIX 3.

Mean Scores (and standard deviations) of Cognitive Variables used in the Pilot-Study (n=7 / T1-T2 n=9).

<table>
<thead>
<tr>
<th></th>
<th>T0</th>
<th>T1</th>
<th>T2</th>
<th>T3</th>
<th>F.U.</th>
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<tr>
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<td>C.S.T.</td>
<td>S.S.T.</td>
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<td></td>
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<tr>
<td>STROOP</td>
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<td>24.3 (29.4)</td>
<td>** 54.3 (43.9)</td>
<td>50.0 (29.4)</td>
<td>42.9 (38.6)</td>
</tr>
<tr>
<td></td>
<td>n=9</td>
<td>44.4 (42.8)</td>
<td>42.2 (29.9)</td>
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<td></td>
</tr>
<tr>
<td>MAZES-T</td>
<td>n=7</td>
<td>31.4 (26.7)</td>
<td>28.6 (26.7)</td>
<td>** 42.9 (35.9)</td>
<td>32.9 (36.8)</td>
</tr>
<tr>
<td></td>
<td>n=9</td>
<td>24.4 (24.6)</td>
<td>42.2 (34.6)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAZES-F</td>
<td>n=7</td>
<td>24.3 (23.0)</td>
<td>21.4 (15.7)</td>
<td>* 38.6 (33.9)</td>
<td>28.6 (33.4)</td>
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<td></td>
<td>n=9</td>
<td>18.9 (14.5)</td>
<td>38.9 (35.0)</td>
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<tr>
<td>GIT-WF1</td>
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<td>30.0 (20.8)</td>
<td>31.4 (12.2)</td>
<td>37.1 (11.1)</td>
<td>31.6 (22.5)</td>
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<tr>
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<td>n=9</td>
<td>28.9 (11.7)</td>
<td>35.6 (11.3)</td>
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<tr>
<td>RALT-C</td>
<td>n=7</td>
<td>34.3 (28.8)</td>
<td>** 68.6 (38.5)</td>
<td>82.9 (22.2)</td>
<td>* 57.1 (35.9)</td>
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<tr>
<td></td>
<td>n=9</td>
<td>55.6 (42.2)</td>
<td>** 75.6 (26.0)</td>
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<tr>
<td>RCF-R</td>
<td>n=7</td>
<td>28.6 (9.5)</td>
<td>35.7 (13.4)</td>
<td>** 67.9 (23.8)</td>
<td>50.0 (28.9)</td>
</tr>
<tr>
<td></td>
<td>n=9</td>
<td>33.3 (12.5)</td>
<td>** 61.1 (25.3)</td>
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<tr>
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<td>28.6 (18.0)</td>
<td>39.1 (29.0)</td>
<td>* 21.3 (14.6)</td>
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<tr>
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<tr>
<td>TOTCOG</td>
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<td>38.4 (12.1)</td>
<td>** 51.2 (17.6)</td>
<td>* 37.8 (8.2)</td>
</tr>
<tr>
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<td>n=9</td>
<td>33.6 (14.3)</td>
<td>** 48.0 (18.2)</td>
<td></td>
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</tr>
</tbody>
</table>

* = Two-Tailed-Probability < .10 (Wilcoxon Signed Ranks Test)
** = Two-Tailed-Probability < .05 (Wilcoxon Signed Ranks Test)
C.S.T. = Cognitive Skills Training
S.S.T. = Social Skills Training
F.U. = Follow Up