

Summer school HEALTHY AGEING: from cell to society, 3 July – 7 July 2017

Programme committee: Prof. dr. Monique Lorist, Dr. Amalia Dolga, Dr. Andrea de Winter, Dr. Sanne Visser, Prof. dr. Judith Rosmalen (chair)
 Student committee: Patricia Ots (master Clinical and Psychosocial Epidemiology), Layla Dijkerman-Mounji (Medicine), Rianne Golbach (master Human Movement Sciences), Jan Pieter van Veen (Medicine)

Monday 3 July UMCG/Allersmaborg	Tuesday 4 July Allersmaborg	Wednesday 5 July Allersmaborg	Thursday 6 July Allersmaborg	Friday 7 July Allersmaborg/UMCG
Introduction	Biological aspects	Societal aspects	Functional aspects	Tours, presentations & closing lecture
Daychair: Sanne Visser	Daychair: Amalia Dolga	Daychair: Andrea de Winter	Daychair: Monique Lorist	Daychair: Judith Rosmalen
8.00-9.00 Breakfast at UMCG	9.00-9.45 Lecture 1: Prof. Peter De Deyn (UMCG) . Aging and Neurodegeneration.	9.00-9.45 Lecture 1: Dr. Klaske Wynia (Public Health UMCG) . Embrace, an effective integrated care model for community living older adults.	9.00-9.45 Lecture 1: Prof. Monique Lorist (Experimental Psychology RUG) . Healthy ageing and cognition.	Checking out at Allersmaborg Bus to UMCG
09.00-10.00 Opening ceremony Dr. Martin Smit (Director Graduate School of Medical Sciences UMCG and Programme Manager Life Sciences at Healthy Ageing Network) .	10.00-10.45 Lecture 2: Prof. Richard Oude Voshaar (UCP, UMCG) . Frail or depressed?	10.00-10.45 Lecture 2: Prof. Ute Bultmann (UMCG) . Work, health and society: a lifecourse perspective.	10.00-10.45 Lecture 2: Dr. Marieke van Heuvelen (Center for Human Movement Sciences RUG) . Aging, physical activity and cognition.	10.00-11.00 Tour UMCG
	11.00-11.15 Break	11.00-11.15 Break	11.00-11.15 Break	
10.00-12.00 Introductory activity	11.15-12.00 Lecture 3: Prof. Sabeth Verpoorte (Faculty of Science and Engineering RUG) . Organ-on-a-chip in studying aging.	11.15-12.00 Lecture 3: Dr. Jaap Koot (UMCG) . Strategies of change, smart thinking in public health in improving health literacy.	11.15-12.00 Lecture 3: Dr. Peter Meerlo (GELIFES, RUG) . The importance of sleep for brain function, cognition and healthy ageing.	11.00-11.30 Lecture ERIBA: Dr. Michael Chang (UMCG)
12.00-12.30 Bus to Allersmaborg	12.00-12.30 What did we learn so far?	12.00-12.30 What did we learn so far?	12.00-12.30 What did we learn so far?	11.30-12.00 Lecture Lifelines: Drs. Ilse Broeders Lifelines
13.00-14.00 Lunch	12.30-13.30 Lunch	12.30-13.30 Lunch	12.30-13.30 Lunch	12.00-13.00 Lunch
14.00-14.45 Lecture 1: Drs. Nico van Nimwegen (NIDI) . Population ageing: drivers, trends and impacts.	13.30-17.30 Small group assignment: Prepare a TED-talk	13.30-17.30 Small group assignment: Dr. Andrea de Winter (Public Health,UMCG) . Development of a fotonovela to promote healthy ageing.	13.30-14.30 Introduction into Scientific writing. Prof. Martin Goedhart (Education and communication of Mathematics and Science RUG) .	13.00-15.00 Ethical aspects of healthy ageing : debate Dr. Els Maeckelberghe (Medical Education, RUG) .
15.00-15.45 Lecture 2: Prof. Fanny Janssen (Demography RUG) . Causes of increasing life expectancy.			14.30-15.00 Break	15.00-15.30 Break
15.45-16.15 Break			15.00-17.30 Small group assignment: Write an abstract	15.30-16.30 Closing activity
16.15-17.30 Introductory activity: What is ageing?				16.30-17.30 Evaluation and Certificate
17.30-18.00 Break	17.30-18.00 Break	17.30-18.00 Break	17.30-18.00 Break	17.30-18.00 Break
18.00 Dinner - Pubquiz	18.00 Dinner - Surprise	18.00 Dinner – Dutch evening	18.00 BBQ - Hiking	18.30-21.30 Dinner