

PhD Support Group

'Sometimes I go home and think: what have I really done today?'

What is it about?

Are you writing your PhD thesis and could you use some inspiration, support or encouragement? Or do you want to learn how to work a little less intensely? Are you unsure about your progress? Then this group may be just what you need.

Every two weeks we meet up to plan the next two weeks. Your plans will always be based on your long-term plan for the entire PhD program. This will make it easier to monitor your progress, your plans will be more realistic and match your way of working. In addition to time management, we will also address other factors of your working life: your work relationship with your colleagues, supervisor and tutor, preparation for presentations, and your future as an academic or in a completely different profession.

Trainer/Coach

The PhD group sessions are led by an experienced trainer/coach. Each meeting is divided into two parts. During the first part we will discuss your planning and reflect on the past two weeks. During the second part of the session the participants are asked to propose topics. The trainer will suggest certain topics as well.

When and where?

The meetings take place every two weeks, throughout the entire academic year. You can participate in the PhD group for a maximum of one year. The sessions will be in English.

Practical information

Continuous support group (you can register and join the group at any time); Every two weeks on Monday between 13.30 – 15.00 p.m. The training fee is EUR 40 per semester.

Location

Student Support and Career Services
Uurwerkersgang 10, 9712 EJ, Groningen

Register at: Career Services RUG (Workshops – Studieloopbaan) or contact Karen Huizing (k.huizing@rug.nl)

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