**Abbreviations**

BRS = baroreflex sensitivity  
BMI = body mass index  
BP = blood pressure  
BPV = blood pressure variability  
HF = high frequency  
HR = heart rate  
HRV = heart rate variability  
IBI = inter-beat-interval  
LF = low frequency  
RSA = respiratory sinus arrhythmia  
SBP = systolic blood pressure