Cytokine production induced by non-encapsulated and encapsulated Porphyromonas gingivalis strains

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ABSTRACT

Objective: Although the exact reason is not known, encapsulated gram-negative Porphyromonas gingivalis strains are more virulent than non-encapsulated strains. Since difference in virulence properties may be due to difference in cytokine production following recognition of the bacteria or their products by the host inflammatory cells, we compared cytokine production following stimulation with bacteria or lipopolysaccharides (LPS) of a non-encapsulated and an encapsulated P. gingivalis strain (K1 and K1).

Design: Tumour necrosis factor-alpha (TNF-α) production following stimulation of the cell-line Mono Mac 6 with bacteria or LPS of both P. gingivalis strains was determined using flow cytometry. Furthermore, we investigated the effects of the two P. gingivalis strains or their LPS on TNF-α and Interleukin (IL-1β, IL-6, IL-12 and IL-10) production in whole blood using Luminex. In both experiments, Escherichia coli bacteria and LPS were used as a reference.

Results: Both P. gingivalis strains induced lower cytokine production than E. coli with the exception of IL-6. P. gingivalis K1 bacteria elicited a higher overall cytokine production than P. gingivalis K1 LPS. In contrast, P. gingivalis K1 LPS stimulation induced a lower cytokine production than P. gingivalis K1 LPS.

Conclusions: Our findings suggest that the encapsulated P. gingivalis K1 bacteria induce higher cytokine production than the non-encapsulated P. gingivalis K1. This was not due to its LPS. The stronger induction of cytokines may contribute to the higher virulence of P. gingivalis K1.

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1. Introduction

Periodontitis is a multifactorial, polymicrobial infection of the tissues surrounding the teeth, caused by a mixed microflora consisting of gram-negative and gram-positive micro-organisms. It is a chronic inflammatory disease involving complex interactions between the micro-organisms and immune response of the host and is characterised by collagen destruction and alveolar bone resorption.1

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2. Materials and methods

2.1. Experimental design

Experiment 1: The first aim was to compare the pro-inflammatory properties of P. gingivalis K', P. gingivalis K1 and E. coli bacteria on monocytes per se. Therefore, we first evaluated the production of TNF-α after stimulation of MM6 cells with the bacteria using flow cytometry. To study whether differences in virulence are the result of differences in pro-inflammatory potency of their LPS, we also determined TNF-α production by MM6 cells after stimulation with LPS of P. gingivalis (K' and K1) as well as with E. coli LPS.

Experiment 2: Since in experiment 1 we found differences in TNF-α production by MM6 cells after stimulation with the LPS of the two P. gingivalis strains, we continued to study the production of other pro- and anti-inflammatory cytokines, now using whole blood, which simulates the in vivo situation better. For this experiment, whole blood of 15 healthy individuals was stimulated with bacteria as well as with LPS of P. gingivalis K', P. gingivalis K1 and E. coli. The production of TNF-α, IL-1β, IL-6, IL-12 and IL-10 was measured using the LumineX system.

2.2. Bacterial strains and growth conditions

E. coli ATCC 25922 was grown on 5% sheep blood agar plates (Mediaproducts, Groningen, The Netherlands) in air with 5% carbon dioxide (CO₂) at 37 °C for 1 day. Bacterial strains of P. gingivalis ATCC 33277 (K'), which has been shown to be non-encapsulated19 and P. gingivalis W50 (K1), which has been shown to have a capsule,5,20 were generously provided by A.J. van Winkelhoff (Department of Oral Microbiology, Academic Centre for Dentistry Amsterdam, The Netherlands). P. gingivalis K' and K1 were grown on Brucella blood agar (Mediaproducts, Groningen, The Netherlands), supplemented with 5% sheep blood, 5 mg/l hemin and 1 mg/l menadione in an anaerobic chamber with an atmosphere of 5% CO₂, 10% H₂ and 85% N₂ at 37 °C. After 4–7 days, one bacterial colony per strain was incubated in Todd–Hewitt broth (BBL Microbiology Systems), supplemented with hemin (5 mg/l), menadione (5 mg/l) and glucose (2 g/l) for one week. The bacterial cultures were harvested by centrifugation at 2773 × g for 10 min at 4 °C. The supernatant was decanted and the bacterial pellet was washed twice in phosphate-buffered saline (PBS). The number of bacteria was evaluated by means of a microscope after gram-staining and resuspended in PBS at a number corresponding to approximately 1 × 10⁸ bacteria/ml. All cultures were stored at –20 °C until used.

Lipopolysaccharides derived from E. coli 055:B5 (BioWhittaker, Walkersville, MD, USA); P. gingivalis ATCC 33277 (UltraPure, Cat. #: thl-pgps, Lot. #: 28-06-PGLPS, InvivoGen, San Diego, USA) and P. gingivalis W50, a generous gift from M.A. Curtis (The Institute of Cell and Molecular Science, Barts and The London School of Medicine and Dentistry, UK) were used.

2.3. Cell line and culture

The MM6 cell line was cultured in RPMI (Complete Roswell Park Memorial Institute) 1640 medium (Invitrogen, California, USA) with 10% foetal calf serum (FCS), supplemented with 1% L-glutamine, 1% Na-pyruvate, 0.1% BME (2β-mercaptoethanol), 0.6% gentamycin sulfate and 0.05% fungizone (amphotericin B). Cell-suspensions were cultured at 37 °C with a 5% CO₂ humidified atmosphere and diluted 1:5 in the culture medium for every 3–4 days.

2.4. Experiment 1: TNF-α production after stimulation of MM6 cells

Before stimulation, MM6 cells were counted and diluted in RPMI to a cell concentration of 4 × 10⁶ cells/l. 2 × 10⁵ MM6 cells/l were...
supplemented with 9% FCS and 2 ng/ml monensin (Sigma Aldrich, St. Louis, MO, USA) to inhibit intracellular transport of TNF-α through the ER-Golgi complex. Immediately prior to use, the stocks of 1 × 10^8 bacteria/ml of E. coli, P. gingivalis K- and P. gingivalis K1 were thawed and used undiluted or diluted in PBS (10, 100 and 1000 times). 250 μl of bacterial suspensions was added to 50 μl of the MM6 suspension to reach a final bacterial concentration in the tubes of 8.3 × 10^7, 8.3 × 10^6, 8.3 × 10^5 and 8.3 × 10^4 bacteria/ml respectively. All cultures were incubated for 4 h at 37 °C in a 5% CO₂ humidified atmosphere. Similarly, MM6 cells were incubated with increasing concentrations (0.005, 0.05, 0.25, 0.5, 1.0, 1.5 and 2.5 μg/ml) of P. gingivalis K- LPS, P. gingivalis K1 LPS or with E. coli LPS. For negative control (unstimulated MM6 cells), MM6 cells were incubated in the absence of bacterial or LPS challenge.

2.4.1. Sample labelling
After incubation, 200 μl of both stimulated and unstimulated MM6 cells were fixed in 1 ml 2% paraformaldehyde (PFA) in PBS for 5 min. Then, after centrifugation at 467 × g for 5 min, the pellet was resuspended in 1 ml 0.1% saponin solution (Sigma Aldrich, St. Louis, MO, USA) in washing buffer (PBS with 0.5% bovine serum albumin (BSA) and 0.1% sodium azide) for 5 min in order to permeabilise the MM6 cells. After centrifugation (5 min at 467 × g) and aspiration, the cells were incubated with PE-labelled mouse-anti-human TNF-α antibody (BD Pharmingen, San Diego, USA), 1:10 diluted with 0.1% saponin solution in washing buffer for 30 min at room temperature in the dark. The MM6 cells were then washed again with 1 ml 0.1% saponin solution in washing buffer, and after centrifugation and aspiration, the cells were fixed with 200 μl 0.5% PFA in PBS and were kept in the dark at 4 °C until measured by flow cytometry, within 24 h after labelling.

2.4.2. Flow cytometry
MM6 cells were analysed using the FACS Calibur flow cytometer (Becton Dickinson, NJ, USA). Flow cytometry results were analysed using Winlist 6.0 software (Verity Software House, Topsham, ME, USA).

2.4.3. Intracellular cytokines
Five thousand MM6 cells were acquired by live gating on the total MM6 population using forward- and sidescatter characteristics. This gate was copied to a single parameter histogram, to determine intracellular TNF-α production of the MM6 cells. Using the unstimulated control sample, a linear gate was set in the histogram so that at least 99% of the unstimulated MM6 cells were negative for TNF-α production. This gate was then copied to the histogram for stimulated MM6 cells. The percentage of positive cells was evaluated from the histogram of the stimulated cells. Results are expressed as percentage of TNF-α positive cells.

2.5. Experiment 2: cytokine production after stimulation of whole blood
Whole blood samples were obtained by venous puncture from 15 healthy females. Protocols for this study were approved by the local ethics committee and a written informed consent was obtained from each subject before participation. Since males and females do respond differently to endotoxin, in order to obtain a homogenous study-population, only Caucasian women between 20 and 40 years of age, with no known systemic diseases, were included in this study. Moreover, female hormonal fluctuations during the different phases of the ovarian cycle influence the sensitivity of monocytes to endotoxin, therefore, for all individuals, blood was drawn in the follicular phase of the menstrual cycle. Immediately after blood sampling, all participants were submitted to a periodontal examination by a certified dental hygienist (A.K.) using the Dutch Periodontal Screening Index (DPSI) to establish the periodontal condition. To avoid the risk of including participants with a generalised inflammatory response due to periodontitis, we excluded subjects with a DPSI score of 3+ or 4, which is indicative for destructive periodontal disease. Blood samples (10 ml) were collected in vacutainer tubes containing lithium heparin (Becton Dickinson, Rutherford, NJ, USA). The stock bacterial cultures were thawed. Immediately after sampling, 250 μl of undiluted stock bacterial cultures of E. coli, P. gingivalis K- or P. gingivalis K1 were mixed with 250 μl of heparinised blood (final numbers: 5 × 10^7 bacteria/ml). Furthermore, 250 μl of heparinised whole blood was mixed with 250 μl RPMI and LPS of E. coli, P. gingivalis K- or P. gingivalis K1 was added (2 μg/ml). Negative controls were incubated in the absence of bacterial or LPS challenge under similar circumstances. All samples were incubated for 24 h at 37 °C in a 5% CO₂ humidified atmosphere. After stimulation, all samples were pipetted into 1.5 ml Eppendorf tubes and centrifuged for 10 min at 316 × g (4 °C). The plasma was then pipetted into new 1.5 ml Eppendorf tubes and centrifuged again for 5 min at 1972 × g (4 °C). Supernatants were frozen at ~80 °C until cytokine concentrations were measured using Luminex.

2.5.1. Determination of extracellular cytokine production in whole blood
Cytokine levels in whole blood were measured using a Bio-Plex™ premixed cytokine assay, human 5-plex group I; Cat. #: M50019PLLCLV, control 5016683 (Bio-Rad Laboratories, Hercules, USA). This customised kit simultaneously measured human TNF-α, IL-1β, IL-6, IL-10 and IL-12 (p70). Standard curves for each cytokine were generated using the reference cytokine concentrations supplied in this kit. Assay buffer, plasma and duplex standards were pipetted into the wells according to the manufacturers’ instruction manual. In brief, after prewetting the wells of a 96-well filter plate with assay buffer, 50 μl of coupled beads were added to the wells and washed twice with assay buffer using a vacuum manifold (Millipore, MA, USA). 50 μl of 1:3 diluted plasma (sample diluent supplied in the kit) and standards were pipetted into the wells and incubated for 30 min with the coupled beads. The wells were then washed three times and 25 μl of detection antibody was subsequently added. After 30 min incubation, the wells were again washed three times and incubated for 10 min with 50 μl streptavidin-PE. After 10 min of incubation, the wells were washed three times in order to remove the unbound streptavidin-PE. Finally, 125 μl of assay buffer was added to each well after which the beads were analysed using the Luminex LX100™ multiplex assay detection system. Raw data (mean fluorescence intensity, MFI) were analysed using STarStation V2.3.
2.6 Data analysis

Statistical analysis was performed using GraphPad Prism 5 for Windows (Graphpad Software, San Diego, CA, USA). Normality tests were performed using the Shapiro–Wilks test. Values were given as mean ± standard error of the mean (SEM) for normally distributed variables. Not normally distributed data were presented as box and whisker plots showing the median values, interquartile and full ranges of value. Outliers were defined as data points greater than 1.5 the interquartile range from the median value. To evaluate differences between the dose response curves of the various bacterial and LPS stimulations, we calculated the area under the curve (AUC). Statistical comparisons between the AUCs after the various bacterial and LPS stimulations were performed using the unpaired Student’s t-test with Bonferroni’s correction. Differences in cytokine concentrations in plasma after stimulation with the different bacterial species as well as after the different LPS stimulations were evaluated by using Wilcoxon’s Signed Rank test with Bonferroni’s correction. Pro- or anti-inflammatory ratios were calculated by dividing the pro-inflammatory cytokine production (TNF-α and IL-12) by the anti-inflammatory cytokine production (IL-10). The ratios between the various bacterial and LPS stimulations were evaluated by using Wilcoxon’s Signed Rank test with Bonferroni’s correction. For all experiments, a p-value of <0.05 was accepted as statistically significant.

3. Results

3.1 Experiment 1: TNF-α production after stimulation of MM6 cells

MM6 cells exposed to only medium showed no TNF-α producing MM6 cells. Stimulation with increasing numbers of bacteria of P. gingivalis K− and P. gingivalis K1 showed a dose-dependent increase in the percentage of TNF-α positive monocytes (Fig. 1a). Differences in dose response curves after the various bacterial stimulations were calculated using the AUC (Fig. 1a, inset). A significantly higher AUC was observed after stimulation with bacteria of E. coli as compared with P. gingivalis K− and P. gingivalis K1 (p < 0.05). No differences in the AUC between P. gingivalis K− and P. gingivalis K1 stimulation were observed. The percentages of TNF-α positive MM6 cells increased after stimulation with 0.005 μg/ml E. coli LPS, and then remained constant following stimulation with higher concentrations (Fig. 1b). Stimulation with increasing concentrations of P. gingivalis K− LPS and K1 LPS induced a dose-dependent increase of TNF-α positive MM6 cells, starting at concentrations higher than 0.05 μg/ml LPS. As can be depicted from Fig. 1b (inset), a significantly higher AUC was observed after E. coli LPS stimulation as compared with both P. gingivalis strains (p < 0.05). Also, a significantly higher AUC after stimulation with LPS of P. gingivalis K− as compared with P. gingivalis K1 was observed (p < 0.05).

3.2 Experiment 2: cytokine production after stimulation of whole blood

No cytokines were detected in plasma from unstimulated blood samples (data not shown). Apart from IL-6 production after P. gingivalis K1 stimulation, stimulation with E. coli induced an overall higher cytokine production as compared with P. gingivalis K− and P. gingivalis K1 stimulation (p < 0.05) (Fig. 2). Furthermore, stimulation with P. gingivalis K− resulted in a significantly lower overall cytokine production than P. gingivalis K1 (p < 0.05, for all cytokines tested).

Cytokine production was higher after whole blood stimulation with E. coli LPS, as compared with the LPS of P. gingivalis K− and P. gingivalis K1 (p < 0.05, for all cytokines tested) (Fig. 3). Stimulation with P. gingivalis K− LPS induced a significant

![Fig. 1](a) Mean ± SEM percentages of TNF-α positive MM6 cells after stimulation with increasing numbers of bacteria from P. gingivalis K− (Pg K−) or P. gingivalis K1 (Pg K1), with E. coli (Ec) as reference strain and (b) mean ± SEM percentages of TNF-α positive MM6 cells after stimulation with increasing concentrations of LPS from Pg K−, Pg K1 and from Ec as reference strain. Insets: mean area under the curve (AUC) ± SEM of TNF-α positive MM6 cells after stimulation with increasing numbers of bacteria from Pg K−, Pg K1 and Ec, or with increasing concentrations of LPS from Pg K−, Pg K1 and Ec. (*) Significantly different (unpaired Student’s t-test with Bonferroni’s correction; p < 0.05).
higher overall cytokine production than *P. gingivalis* K1 LPS (p < 0.05, for all cytokines tested).

3.2.1. Pro-/anti-inflammatory ratios

We observed that cytokine production was induced differently following exposure to the various bacteria or LPS. Therefore, we determined the ratio between pro-inflammatory and anti-inflammatory cytokines after the various stimulations.

The TNF-α/IL-10 ratios after both *P. gingivalis* bacterial stimulations were lower than after *E. coli* stimulation (p < 0.05) (Fig. 4(a)). There were no differences in the TNF-α/IL-10 ratios between the two *P. gingivalis* bacterial strains. Fig. 4(b) shows the TNF-α/IL-10 ratios after the various LPS stimulations. No differences in the TNF-α/IL-10 ratios were observed between stimulation with LPS of *E. coli* as compared with both *P. gingivalis* strains. However, a higher TNF-α/IL-10 ratio was
Fig. 4 - Median, 25th and 75th percentiles and 1.5 interquartile range (error bar) of TNF-α/IL-10 ratios: (a) following stimulation with $5 \times 10^7$ bacteria/ml of E. coli (Ec), P. gingivalis K− (Pg K−) or P. gingivalis K1 (Pg K1) and (b) after stimulation with 2 μg/ml LPS of Ec, Pg K− or Pg K1. Outlier values are represented as individual points: ●. (*) Significantly different (Wilcoxon’s Signed Rank test with Bonferroni’s correction; p < 0.05).

observed after P. gingivalis K− LPS stimulation as compared with P. gingivalis K1 (p < 0.05).

IL-12 is an important pro-inflammatory cytokine associated with aggressive periodontal disease,27 forming a link between innate and adaptive immunity.26 Therefore, we calculated the ratios of IL-12/IL-10 after the various stimulations. A significantly higher IL-12/IL-10 ratio was seen after stimulation with E. coli bacterial stimulation as compared with both P. gingivalis strains (p < 0.05) (Fig. 5(a)). No significant differences in the IL-12/IL-10 ratios between the two P. gingivalis strains were observed after bacterial stimulation. Fig. 5(b) shows the IL-12/IL-10 ratios after the various LPS stimulations. There were no differences in the IL-12/IL-10 ratios between the various stimulations.

4. Discussion

This study was undertaken to investigate whether differences in virulence properties between P. gingivalis K− and P. gingivalis K1 may be due to differences in their capacities to induce cytokine production by monocytes. As expected, we showed that bacteria and LPS of both P. gingivalis strains were less potent inducers of cytokines as compared with our reference strain E. coli. In line with our hypothesis, we found prominent differences in cytokine production following incubation with P. gingivalis K− vs. P. gingivalis K1 bacteria or LPS. P. gingivalis K− bacteria in general induced a lower cytokine production as compared with P. gingivalis K1. This difference cannot be due

Fig. 5 - Median, 25th and 75th percentiles and 1.5 interquartile range (error bar) of IL-12/IL-10 ratios: (a) following stimulation with $5 \times 10^7$ bacteria/ml of E. coli (Ec), P. gingivalis K− (Pg K−) or P. gingivalis K1 (Pg K1) and (b) after stimulation with 2 μg/ml LPS of Ec, Pg K− or Pg K1. Outlier values are represented as individual points: ●. (*) Significantly different (Wilcoxon’s Signed Rank test with Bonferroni’s correction; p < 0.05).
to differences in cytokine stimulation by their LPS, since *P. gingivalis* K– LPS induced a higher cytokine production as compared with LPS of *P. gingivalis* K1.

The minor differences in results between experiments 1 and 2 can be explained by the use of different experimental protocols, i.e. use of MM6 vs. whole blood, use of intracellular cytokine production vs. extracellular production, 4 h stimulation vs. 24 h. Despite these minor differences, in both experiments, we found a higher overall cytokine production and higher TNF-α/IL-10 and IL-12/IL-10 ratio after *E. coli* bacterial stimulation as compared with *P. gingivalis* bacterial stimulation. This higher pro-inflammatory cytokine production following *E. coli* stimulation was expected, since it is a well-established fact that *E. coli* is a more potent inducer of pro-inflammatory cytokines than *P. gingivalis* both in vivo and in vitro. The production of IL-6, however, appeared to be much more similar between *E. coli* bacteria and the *P. gingivalis* species. This may have an in vivo relevance, since IL-6 plays an important role in regulating the immune response and leucocyte recruitment. It also stimulates bone resorption by stimulating the formation and activation of osteoclasts. IL-6 may therefore play an important role in the pathogenesis of periodontal diseases.

In addition, the overall decreased production of all cytokines by inflammatory cells after bacterial stimulation with *P. gingivalis* K– as compared with *P. gingivalis* K1 is in line with previous findings. The higher total cytokine production may play a role in the more invasive character of the infection following *P. gingivalis* K1 infection in vivo. Increased cytokine production may enhance the spreading of the infection by activating other leucocytes in the environment and by attacking these cells to the site of infection. Various bacterial substances may be responsible for the differences in cytokine induction after *P. gingivalis* K– compared with *P. gingivalis* K1 stimulation. The type of fimbria of *P. gingivalis* K1 (type IV fimA) has been reported to induce a much stronger systemic inflammation in a mouse model as compared with the type of fimbria of *P. gingivalis* K– (type 1 fimA). Differences in cysteine proteinase structure may also have accounted for the observed variety in cytokine production between the two *P. gingivalis* strains. Furthermore, the presence of capsular polysaccharides in the bacterial suspension of *P. gingivalis* K1 could have contributed to the observed differences between the bacterial strains. The capsule of *P. gingivalis* K1 has been shown to reduce phagocytosis in vivo, providing the bacterium with a mechanism to evade internalisation and clearance by host inflammatory cells. A decreased phagocytosis of these bacteria may result in increased numbers of bacteria which can be recognised by monocytes, leading to increased cytokine production. However, recent studies looking at cytokine production by inflammatory cells after stimulation with encapsulated *P. gingivalis* and non-encapsulated mutants have shown higher cytokine production in the non-encapsulated mutant. Additional in vivo studies are thus needed to elucidate the role of the capsule of *P. gingivalis* in host recognition and subsequent inflammatory responses. Differences in chemical characterisation and biologic properties of the LPS may also have played a role, since the LPS is considered as one of the most important pro-inflammatory molecules of gram-negative bacteria. Although *E. coli* LPS and *P. gingivalis* LPS differ in chemical structure of the lipid A species, and signal through different Toll-like receptors (TLR2 for LPS of *P. gingivalis* and TLR4 for LPS of *E. coli*), we found no differences in the IL-12/IL-10 and TNF-α/IL-10 ratio between *P. gingivalis* LPS vs. *E. coli* LPS. Our results are thus not in line with the suggestion that TLR2 is a weak inducer of pro-inflammatory cytokines. It, however, corroborates the suggestion that TLR2 activation may also induce strong type 1 helper T cell (Th1) responses and indicates that TLR2 activation may induce pro-inflammatory or immunomodulatory signalling.

From our results, it is unlikely that LPS of the *P. gingivalis* strains is responsible for the observed differences in cytokine production following stimulation with *P. gingivalis* K– and K1 bacteria. In contrast to *P. gingivalis* bacterial stimulation, we observed a higher overall cytokine production after incubation with *P. gingivalis* K– LPS versus incubation with *P. gingivalis* K1 LPS and a higher TNF-α/IL-10 ratio. Our results are in agreement with a study of Bramanti et al. who also showed higher TNF-α and IL-1β production after stimulation of inflammatory cells with LPS of *P. gingivalis* K– compared with LPS of *P. gingivalis* K1. This may be due to differences in the chemical properties of the LPS between these two *P. gingivalis* strains, since variations in carbohydrate and galactosamine composition and lipid A proportion between the strains have been observed. Therefore, our findings do not support the idea that the LPS of *P. gingivalis* plays an important role in the observed variations in virulence properties between the species. Other bacterial products than LPS seem to be responsible for the higher cytokine production following stimulation with *P. gingivalis* K1 bacteria compared with *P. gingivalis* K– bacteria.

In summary, although *E. coli* bacteria were more potent inducers of cytokine production in whole blood, we also observed differences in cytokine production after stimulation with *P. gingivalis* K– vs. *P. gingivalis* K1: stimulation of whole blood with the encapsulated *P. gingivalis* K1 bacteria resulted in an overall higher cytokine production. This may be related to the increased virulence of the encapsulated *P. gingivalis* strain, since a higher cytokine production may result in the attraction of more and other leucocytes and increase the spreading of the inflammatory response. The reason why *P. gingivalis* K1 induced a higher cytokine production remains elusive from the present study, since the most obvious cytokine inducing substance from gram-negative bacteria and thus *P. gingivalis*, its LPS, did not induce a higher cytokine production as compared with LPS from *P. gingivalis* K–. Therefore, future studies need to be directed towards identifying this mechanism as well as towards revealing a causal relationship between the higher cytokine production of *P. gingivalis* K1 and its higher virulence properties.

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**Competing interest:** None declared.

**Ethical approval:** The protocol for the whole blood experiments was approved by the local ethics committee (METc UMCG, approval no. 2008/168).
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